



Targeted Teaching Topic

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Summary of Topic:

Develop a Supplement Brochure

Main Curriculum Tie:

Pros and cons of use of supplements (example: magnesium).

Required Materials for Lesson:

Computer.

Background for Teacher:

Explain supplements.

Student Prior Knowledge:

Intended Learning Outcome:

Be aware of pros and cons of supplement use.

Instructional Procedure:

- List common name.
- Health benefits versus consequences.
- Evaluate supplement use versus good nutrition.

How to Measure Outcome:

Quality of brochure.