



## Targeted Teaching Topic

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**Summary of Topic:**

Review of Muscles

**Main Curriculum Tie:**

Muscles of the body (structure and function).

**Required Materials for Lesson:**

Sticky notes with the major muscles written on each one (one muscle per sticky note).

**Background for Teacher:**

Major muscles of the human body (descriptions and locations).

**Student Prior Knowledge:**

Major muscles of the human body (descriptions and locations).

**Intended Learning Outcome:**

Review the muscles of the human body to reinforce student's knowledge.

**Instructional Procedure:**

- The teacher will place a sticky note with a name of a muscle on each student's back.
- The student will mingle around the room asking other students questions about the muscle on their sticky note.
- The students will try to figure out which muscle they have based on the answers given to them by the other students.
- At the end, each student will find out which muscle they had.

**How to Measure Outcome:**

Did each student guess the right muscle on their sticky note? Students' ability to guess the correct muscle based on the description given by other students.