



Targeted Teaching Topic

Author: Judy Stewart
School: Hemingford Schools

Summary of Topic:

Nutrition

Main Curriculum Tie:

Nutrition.

Required Materials for Lesson:

- Pineapple.
- Nutrition information.
- Food safety materials (gloves, hand washing, sanitizer).

Background for Teacher:

Knowledge about food safety and learn how to cut a pineapple.

Student Prior Knowledge:

Pineapple- Where is it grown? What food group?

Intended Learning Outcome:

Students will understand the healthy nutritional benefits of pineapple.

Instructional Procedure:

- Review nutrition label for pineapple on overhead / smart board.
- Cut pineapple.
- Hand washing.
- Eat Pineapple.

How to Measure Outcome:

Correct answers.