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Department of Health & Human Services













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# SUICIDE AWARENESS/ PREVENTION

FOR SCHOOL PERSONNEL NEBRASKA LB 923 FIVE YEAR PLAN





suicide prevention lifeline.org



## SUICIDE AWARENESS/PREVENTION

### FOR SCHOOL PERSONNEL | NEBRASKA LB 923 FIVE YEAR PLAN

**PER LB 923:** At least 1 hour of suicide awareness and prevention training each year.

**INTENT OF THE LAW:** To equip school personnel with information that could save the life of a student; recognizing signs and symptoms of suicidal behaviors and methods of responding to students in crisis. School personnel are critical components of a suicide prevention plan.

TARGET AUDIENCE: Any school staff member having contact with students (i.e. In addition to required audience, para-professionals, administrative/secretarial staff, bus drivers, custodians, kitchen staff, etc.)

**LB 923 REQUIRED AUDIENCE:** *All* public school nurses, teachers, counselors, school psychologists, administrators, school social workers, and any other appropriate personnel are legislatively mandated to participate.

School Year	Prevention Program	Cost to District	Method
2015-2016	KOGNITO High School Middle School Elementary	\$0 District cost Training cost provided by SAMHSA Grant through DHHS	On-line Available Aug. 1, 2015
2016-2017	Making Educator Partners in Youth Suicide Prevention	\$0 District cost	On-line 2016-17 version Available Aug. 1, 2016
2017-2018	Question Persuade Respond (QPR)	Details pending	On-line Available Aug. 1, 2017
2018-2019	Lessons Learned Postvention Prevention Impact	\$0 District cost	On-line Available Aug. 1, 2018
2019-2020	KOGNITO High School Middle School Elementary	\$0 District cost Training cost provided by SAMHSA Grant through DHHS	On-line Available Aug. 1 - Sept. 30, 2019

Specific suicide prevention training information can be found at www.education.ne.gov. Click on the A to Z List and scroll to "S". Web page available July 1, 2015.

#### **Rationale for System Approach:**

- Provide equal access to quality training for all school staff members statewide.
- Create statewide focus of training toward suicide prevention. As teachers move to different schools, new districts can be assured teachers have previously received adequate training in suicide awareness/prevention.
- Afford teachers and staff opportunity to enhance assets for personal resume.
- Construct systems across public and non-public schools, also including education majors in higher education across our state.
- Collect statewide data to support and inform future decisions about youth suicide awareness/ prevention training.
- Select statewide training emphasis based on Nebraska needs and data.
- Create common suicide prevention language.

#### **Selection of Programs:**

- Programs with an evidence-base are priority for inclusion. The requirement for inclusion is to be listed on the National Registry for Evidencebased Programs and Practices (NREPP), the National Suicide Prevention Resource Center (SPRC) Best Practice Registry or recommended for use by the Nebraska DHHS Division of Behavioral Health and approved by the National Suicide Prevention Resource Center (content) and NDE (process).
- Data and plan will be evaluated and revised at the end of five years to include additional programs with an approved evidence base and capacity for delivery to all Nebraska schools during the designated 15 day in-service time frame.

#### For more information contact:

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