



## The UPDATED Michigan Team Nutrition

# BOOKLIST

An annotated list of over 400 books with positive food, nutrition and physical activity messages for children in grades K-2

*Read...  
Learn...  
& Grow!*

**Download this booklist, and the  
Michigan Team Nutrition Preschool Booklist at:  
[www.tn.fcs.msue.msu.edu](http://www.tn.fcs.msue.msu.edu)**



The books on this booklist were reviewed for accuracy of content and according to specific criteria. See the introduction for more information.

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# Welcome to the **Updated** Michigan Team Nutrition Booklist

## ABOUT THIS RESOURCE

The Updated Michigan Team Nutrition Booklist contains the annotations for over 400 books about food, nutrition, healthy eating, and physical activity for children that are in grades K-2. Many of the books on this list are also appropriate for children that are older or younger; it's up to you to decide, teachers and educators know their students best!

If you're reading this introduction, chances are you're probably interested in nutrition, physical activity, reading or a combination of all three. That's great. Teaching children to read, how to choose and eat healthy foods, and how to have fun being physically active are very important jobs. Thanks for your commitment!

**Nutrition educators and teachers can use the Updated Michigan Team Nutrition Booklist to locate and learn about books with positive food and physical activity messages that will help them...**

- Expand on and teach to the nutrition lessons of the *Michigan Model for Health* and the National Health Education Standards;
- Create enthusiasm for learning about and tasting new foods;
- Explain and describe where foods come from and how foods grow;
- Teach children about the food, food customs, and physical activity habits of others;
- Motivate children to be physically active and to enjoy physical activity;
- Nurture healthy habits, while at the same time help children develop and improve their reading skills.

## WHO IS THE BOOKLIST FOR?

This booklist is for classroom teachers, health educators, school health coordinators, Extension staff members, dietitians, nutritionists, health educators, school nurses, librarians, parents, foodservice staff members or anyone interested in reading, learning about healthy foods, and growing up healthy.



*Read On!*



# Why Link Nutrition and Physical Activity with Reading?

There is a natural link between nutrition, physical activity, and reading. Children are particularly interested in stories that describe or depict things that are connected to their own everyday lives such as food, eating, gardening, grocery shopping, cooking, being active with friends, and family mealtime. Reading books that focus on preparing and eating healthy foods and being physically active can motivate children to adopt positive food and physical activity behaviors that can last a lifetime.

## How Were the Books Chosen for This List?

Each book on this list has been reviewed using the following process and according to the criteria below, to see that it contains accurate nutrition content and positive food and physical activity messages:

1. Books about food, nutrition, healthy eating, and physical activity were selected for review.
2. Books were read by the reviewers and once out loud to children.
3. Books were screened to see if they met specified criteria using the following checklist. It was required that all boxes (see below) be checked.
 

<ul style="list-style-type: none"> <li><input type="checkbox"/> Appropriate for children in grades K-2.</li> <li><input type="checkbox"/> Promotes or supports one or more of the Team Nutrition messages.</li> <li><input type="checkbox"/> No negative messages or illustrations about any one food or group of foods. If the phrase “junk food” is mentioned at all, minimal reference is made to “junk food.” Book retains the overall theme: <b>All Foods Can Fit.</b></li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> No negative messages or illustrations about body size or body image.</li> <li><input type="checkbox"/> No negative messages, illustrations, or stereotypes about other cultures or ethnicities.</li> <li><input type="checkbox"/> Physical activity (if mentioned) is referenced and depicted in a positive, not negative, way.</li> </ul>
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## How Were the Books Rated?

**Books were rated to make it easy for educators to identify those with the strongest nutrition and physical activity messages. Books were categorized into the following three categories and assigned a rating of a 1, 2, or 3:**

- #1 Easily identifiable, positive nutrition, food, and physical activity message(s) that focus on increasing children's' knowledge about nutrition and improving their eating and/or physical activity habits.
- #2 Positive nutrition, food, and physical activity messages and themes to help children gain awareness about, and increased exposure to, a variety of nutritious foods and physical activity behaviors.
- #3 Positive nutrition, food, and physical activity underlying themes but no specific message.

### IMPORTANT NOTE:

Many of the books on this list received a rating of 2 or 3. All of the books on this list can be used effectively to teach nutrition and/or physical activity concepts when properly linked to the Dietary Guidelines, MyPyramid for Kids, or the Team Nutrition messages.



# How is the Michigan Team Nutrition Booklist Organized?

**There are two different ways to search for a book using the Updated Michigan Team Nutrition Booklist: “Search by Theme” and “Search by Title.”**

The first section, “Search by Theme,” enables you to search for books that are associated with a specific theme, e.g. Fruits and Vegetables, MyPyramid, Physical Activity and more. Many books are listed under more than one theme. There are 41 different themes. The themes are:

ABC’s	Food Poetry	Other Cultures
African-American Food & Family	Food Safety	Food & Customs
Body Parts	Fruits and Vegetables	Pasta
Books with Recipes	Fun with Food	Physical Activity
Bread	Gardening	Pizza
Breakfast	Girls and Sports	Potluck
Cooking	Grains	Read and Move
Counting and Math	Growing Fruit	Sandwiches
Dairy	Honey	Seasons and Weather
Dental Health	Intergenerational	Shopping
Eating Out	Keeping Clean	Spanish Translations
Fall Harvest	Making Soup	Special Diets
Farm to Table	Manners	Taste Something New
Food Art	Michigan Agriculture	
	MyPyramid	

The second way you can search for a book is to “Search by Title”. This section is organized alphabetically and contains short annotations for each book. In addition to the annotations this section also contains the following information for each entry:

- Author
- Publisher and date published\*
- F (fiction) or N (non-fiction)
- Rating
- Team Nutrition Message Number: There are five Team Nutrition messages. Each book has been assigned one primary Team Nutrition message, however, many books on this list support/promote more than one Team Nutrition message. A few books on this list have been assigned NA which means they do not directly support one of the TN messages but do support/promote other areas related to child health such as hand washing or dental care.

***The Team Nutrition messages are:***

1. Eat a variety of foods.
2. Eat more fruits, vegetables and whole grains.
3. Eat lower fat foods more often.
4. Get your calcium-rich foods.
5. Be physically active.

\*The publisher and the date published information for each book on our booklist are subject to change. Books frequently go in or out of print, and publishers and publishing dates change. The best way to find and purchase a book you read about in this booklist is to search for it on the Internet by title and/or author, or to contact a local bookstore or bookseller.



# Why are Some Books Missing from the List?

Reviewing books for the Updated Michigan Team Nutrition Booklist is an on-going process. A book might be missing from our list because it is one we have not reviewed yet, or it may have been excluded because it did not meet our criteria. If you know of a good book that you think should be on our list, please send an e-mail to Chris Flood, Updated Michigan Team Nutrition Booklist Coordinator, at: [floodc@msu.edu](mailto:floodc@msu.edu).

## Downloading the Booklist

You can download all or part of the Updated Michigan Team Nutrition Booklist or the Michigan Team Nutrition Preschool Booklist, at the Michigan Team Nutrition Web site: [www.tn.fcs.msue.msu.edu](http://www.tn.fcs.msue.msu.edu)

**To find out more about Team Nutrition go to the Michigan Team Nutrition Web site: [www.tn.fcs.msue.msu.edu](http://www.tn.fcs.msue.msu.edu) or the National Team Nutrition Web site: [www.fns.usda.gov/tn](http://www.fns.usda.gov/tn)**

## There has Never Been a Better Time to Link Nutrition and Physical Activity Education with Reading

When you read books from the Updated Michigan Team Nutrition Booklist to or with children, they will learn basic nutrition and physical activity concepts and beginning reading and literacy skills – at the same time!

Teaching children to read and to eat healthy is a big job, but an extremely important one. By reading the books on this list to or with school-age children you can help them develop a love for reading, beginning reading skills, and important nutrition and physical activity habits and attitudes that could have a long-lasting effect on their eating habits, physical activity habits and reading habits.

# *Happy Reading!*



Title

**ABC'S**

- 26 Big Things Small Hands Do
- Alligator Arrived with Apples:  
A Potluck Alphabet Feast
- Alphabet Salad: Fruits and Vegetables  
from A to Z, An
- Alphabet Soup: A Feast of Letters
- Animal Action ABC
- Apple Pie, A
- Bouncing, Dancing, Galloping ABC, The
- Eating the Alphabet: Fruits and Vegetables  
from A to Z
- Edible Alphabet, An
- Food for Thought: The Complete Book of Concepts  
for Growing Minds
- Mott's A is for Apple: and all things that grow!
- Pilobolus: The Human Alphabet
- Potluck
- Spice Alphabet Book, The

**AFRICAN-AMERICAN FOOD & FAMILY**

- Cherries and Cherry Pits
- Chicken Sunday
- City Green
- Color of Us, The
- For My Family, Love, Allie
- Full, Full, Full of Love
- I Smell Honey
- In My Momma's Kitchen
- Just Right Stew
- Little Bit of Soul Food, A
- My Body, Head to Toe
- Shaina's Garden
- Sunday
- We Had a Picnic This Sunday Past
- Why Should I Eat Well?

**BODY PARTS**

- Achoo! The most interesting book you'll ever  
read about germs
- Bend and Stretch: Learning About Your  
Bones and Muscles
- Bones

Title

- Burp! The most interesting book you'll ever read  
about eating
- Busy Body Book: A Kid's Guide to Fitness, The
- Clarabella's Teeth
- Dem Bones
- Froggy Goes to the Doctor
- From Head to Toe: The Amazing Human Body  
and How It Works
- I Can Move
- I'm Growing
- It's Disgusting and We Ate It! True Food Facts  
From Around the World and Throughout History
- Me and My Amazing Body
- My Body, Head to Toe
- My Two Hands/My Two Feet
- Parts
- Staying Safe
- Tooth Decay and Cavities
- What Makes You Cough, Sneeze, Burp, Hiccup,  
Blink, Yawn, Sweat, and Shiver?
- Why Do People Eat?
- Why I Sneeze, Shiver, Hiccup, and Yawn

**BOOKS WITH RECIPES**

- Alvie Eats Soup
- Apple Farmer Annie
- Apple Picking Time
- Apples
- Applesauce
- Beekeeper's Year, A
- Blue Potatoes, Orange Tomatoes
- Carlos and the Cornfield
- Carlos and the Squash Plant
- Carlos Digs to China
- Chicks and Salsa
- Cook-A-Doodle-Do!
- Dinosaur Pizza
- Dumpling Soup
- Eating Fractions
- Everybody Brings Noodles
- Everybody Cooks Rice
- Everybody Serves Soup



## SEARCH BY THEME

### Title

Everyone Bakes Bread  
Extra Cheese, Please  
For My Family, Love, Allie  
George Washington Carver: The Peanut Wizard  
Giant Carrot, The  
Growing Vegetable Soup  
Honey Cookies  
Hooray for Dairy Farming!  
Hooray for Orchards!  
How Do You Raise a Raisin?  
How My Family Lives in America  
How to Make an Apple Pie and See the World  
It's Disgusting and We Ate It! True Food Facts  
From Around the World and Throughout History  
Jalapeño Bagels  
Making Minestrone  
Oh, No, Toto!  
Out and About at the Dairy Farm  
Peanut Butter Party  
Pie in the Sky  
Pigs in the Pantry: Fun with Math and Cooking  
Pizza  
Pizza at Sally's  
Pizza That We Made, The  
Popcorn Book, The  
Pumpkin Fiesta  
Pumpkin Soup  
Seasons of Arnold's Apple Tree, The  
Story of Noodles, The  
Sun Bread  
Taking Food Allergies to School  
This is the Way We Eat Our Lunch  
Thunder Cake  
Ugly Vegetables, The  
Veggie Soup  
Warthogs in the Kitchen

### BREAD

Biggest Sandwich Ever, The  
Bread and Jam for Frances  
Bread Bread Bread



### Title

Bread Is For Eating  
Carla's Sandwich  
Everyone Bakes Bread  
From Wheat to Bread  
Good Bread, A Book of Thanks  
Jalapeño Bagels  
Little Red Hen, The  
Loaves of Fun  
Mr. Belinsky's Bagels  
Out and About at the Bakery  
Peanut Butter and Jelly  
Runaway Tortilla, The  
Sun Bread  
Tortilla Factory, The  
Unbeatable Bread, The  
Walter the Baker  
Wheat  
Where on Earth Is My Bagel?

### BREAKFAST

Aliens for Breakfast  
Curious George Makes Pancakes  
Froggy's Day with Dad  
George Washington's Breakfast  
Good Morning, Let's Eat!  
If You Give A Pig A Pancake  
Max's Breakfast  
Miss Mabel's Table  
Mr. Belinsky's Bagels  
My Breakfast: A Book About a Great Morning Meal  
Noisy Breakfast  
Pancakes for Breakfast  
Pancakes, Crakers, and Pizza  
Pancakes, Pancakes!  
Sunday  
Two Eggs, Please  
We're Making Breakfast for Mother

### COOKING

Angelina of Italy  
Apple Farmer Annie

**Title**

Applesauce  
 Brave Potatoes  
 Chef Ki Is Serving Dinner!  
 Chicks and Salsa  
 Cook-A-Doodle-Do!  
 Cooking with the Cat  
 Dim Sum for Everyone!  
 Dinosaur Pizza  
 Experiments with Foods  
 Fannie in the Kitchen  
 Froggy's Day with Dad  
 George Washington's Breakfast  
 I Smell Honey  
 In the Kitchen  
 Little Bit of Soul Food, A  
 Little Red Hen Makes a Pizza, The  
 Little Red Hen Makes Soup  
 Marge's Diner  
 Pancakes for Breakfast  
 Pancakes, Pancakes!"  
 Pigs in the Pantry: Fun with Math and Cooking  
 Pizza  
 Pizza at Sally's  
 Pizza Party!  
 Pizza That We Made, The  
 Pumpkin Soup  
 Seven Silly Eaters, The  
 Soup  
 Stone Soup  
 Sun Bread  
 Thunder Cake  
 Unbeatable Bread, The  
 Walter the Baker

**COUNTING AND MATH**

Alice in Pastaland: A Math Adventure  
 Apple Fractions  
 Apples  
 Bearobics: A Hip-Hop Counting Story  
 Eating Fractions  
 Eating Pairs: Counting Fruits and Vegetables by Twos  
 Feast for 10

**Title**

Food for Thought: The Complete Book of  
 Concepts for Growing Minds  
 From the Garden: A Counting Book About  
 Growing Food  
 Game Time!  
 Greatest Gymnast of All, The  
 Hidden Cherries  
 How Hungry Are You?  
 Lunch Line, The  
 One Potato  
 One Watermelon Seed  
 One, Two, Three!  
 Pigs in the Pantry: Fun with Math and Cooking  
 Pizza Counting  
 Soccer Counts!  
 Spaghetti and Meatballs for All!  
 Warthogs in the Kitchen

**DAIRY**

Big Cheese for the White House, A  
 Cow  
 Eating Well  
 Extra Cheese, Please  
 Foods from the Farm  
 From Cow to Ice Cream  
 From Milk to Ice Cream  
 Hooray for Dairy Farming!  
 Ice Cream Including Great Moments in  
 Ice Cream History  
 Kiss the Cow!  
 Make Me a Peanut Butter Sandwich and a  
 Glass of Milk  
 Milk Group, The  
 Milk Makers, The  
 Milk to Ice Cream  
 Milk: From Cow to Carton  
 Monster Health Book: A Guide to Eating Healthy,  
 Being Active & Feeling Great for Monsters  
 & Kids!, The  
 My Amazing Body: A First Look at Health  
 and Fitness  
 My Breakfast: A Book About a Great Morning Meal  
 Out and About at the Dairy Farm



## SEARCH BY THEME

### Title

Raising Cows on the Koebels' Farm  
What's for Lunch? Milk  
Why Do People Eat?

### DENTAL HEALTH

Danny Goes to the Dentist  
Dental Care  
Mabel the Tooth Fairy and How She Got Her Job  
Make Way for Tooth Decay  
My Dentist is Not a Monster  
My Wobbly Tooth Must Not Ever Never Fall Out

### EATING OUT

Apple Pie 4th of July  
Dim Sum for Everyone!  
Fast Food! Gulp! Gulp!  
Food and Eating Long Ago  
Froggy Eats Out  
Miss Mabel's Table  
School Lunch  
Sheep Out to Eat  
Two Eggs, Please

### FALL HARVEST

Apple Farmer Annie  
Apple Picking Time  
Apple Pie Tree, The  
Apples  
Apples and Pumpkins  
Apples, Apples  
Applesauce  
Autumn Equinox, The: Celebrating the Harvest  
Autumn is for Apples  
Crooked Apple Tree, The  
Farmer's Market: Families Working Together  
Harvest Home  
Harvest Time  
Hooray for Orchards!  
How Do Apples Grow?

### Title

Picking Apples & Pumpkins  
Pumpkin Day, Pumpkin Night  
Pumpkin Patch, The  
Red Are the Apples  
Seasons of Arnold's Apple Tree, The  
Too Many Pumpkins

### FARM TO TABLE

Apples  
Apples, Apples  
Bananas!  
Bananas: From Manolo to Margie  
Big Cheese for the White House, A  
Cow  
Extra Cheese, Please  
Farmer's Market: Families Working Together  
Farming  
Foods from the Farm  
From Cow to Ice Cream  
From Flower to Honey  
From Milk to Ice Cream  
From Shoot to Apple  
From Wheat to Bread  
From Wheat to Pasta  
George Washington Carver: The Peanut Wizard  
Good Bread, A Book of Thanks  
Harvest Home  
Harvest Time  
Harvest Year  
Honey Cookies  
Hooray for Dairy Farming!  
How Do You Raise a Raisin?  
Make Me a Peanut Butter Sandwich and a  
Glass of Milk  
Milk Makers, The  
Milk to Ice Cream  
Milk: From Cow to Carton  
Out and About at the Apple Orchard  
Pizza at Sally's  
Pumpkin Patch, The  
Raising Cows on the Koebels' Farm  
Tortilla Factory, The



**Title**

Treats from a Tree  
 Vegetable Friends  
 What's for Lunch? Milk  
 Wheat  
 Where on Earth Is My Bagel?

**FOOD ART**

Baby Food  
 Burger and the Hot Dog, The  
 Cherries and Cherry Pits  
 Dog Food  
 Food for Thought: The Complete Book of Concepts  
 for Growing Minds  
 Gino Badino  
 Gus and Button  
 How Are You Peeling? Foods with Moods  
 One Potato  
 Peanut Butter Party

**FOOD POETRY**

Annie Pitts, Artichoke  
 Beastly Feast, The  
 Yummy Rhymes

**FOOD SAFETY**

Achoo! The most interesting book you'll ever read  
 about germs  
 Burp! The most interesting book you'll ever read  
 about eating  
 Food and Eating Long Ago  
 Food Safety  
 Food Safety  
 Germs! Germs! Germs!  
 Why Do People Eat

**FRUITS AND VEGETABLES**

Alphabet Salad: Fruits and Vegetables from A to Z, An  
 Apple Farmer Annie  
 Apple Fractions  
 Apple Picking Time  
 Apple Pie Tree, The

**Title**

Apple Pie, A  
 Apples  
 Apples  
 Apples and Pumpkins  
 Apples to Oregon  
 Apples, Apples  
 Apples, Apples, Apples  
 Applesauce  
 Baby Food  
 Bad Case of the Stripes, A  
 Banana!  
 Bananas!  
 Bananas: From Manolo to Margie  
 Bitter Bananas  
 Blue Potatoes, Orange Tomatoes  
 Blueberries for Sal  
 Book of Fruit, A  
 Carlos and the Cornfield  
 Carlos and the Squash Plant  
 Carlos Digs to China  
 Carrot Seed, The  
 Cherries and Cherry Pits  
 City Green  
 Crooked Apple Tree, The  
 Dog Food  
 Eat Your Peas, Louise!  
 Eating Pairs: Counting Fruits and Vegetables by Twos  
 Eating the Alphabet: Fruits and Vegetables  
 from A to Z  
 Eating Well  
 Edible Alphabet, An  
 Enormous Carrot, The  
 Enormous Potato, The  
 Farmer's Market: Families Working Together  
 Father's Rubber Shoes  
 Food and Eating Long Ago  
 Food for Thought: The Complete Book of Concepts  
 for Growing Minds  
 Frannie's Fruits  
 From Shoot to Apple  
 From the Garden: A Counting Book About  
 Growing Food



## SEARCH BY THEME

### Title

Fruit & Vegetable Man, A  
Fruit Group, The  
Fruit is a Suitcase for Seeds, A  
Fruits and Vegetables  
Giant Carrot, The  
Grandpa's Garden Lunch  
Growing Colors  
Growing Vegetable Soup  
Gus and Button  
Handa's Surprise  
Harvest Year  
Hidden Cherries  
Hooray for Orchards!  
How Are You Peeling? Foods with Moods  
How Do Apples Grow?  
How Do You Raise a Raisin?  
How to Make an Apple Pie and See the World  
I Am an Apple  
I Want My Banana!  
Icy Watermelon  
I'm a Seed  
Inch by Inch: The Garden Song  
Jamie O'Rourke and the Big Potato  
Jody's Beans  
June 29, 1999  
Life and Times of the Apple, The  
Little Apple: A Book of Thanks  
Lunch  
Making Minestrone  
Monster Health Book: A Guide to Eating Healthy,  
Being Active & Feeling Great for Monsters  
& Kids!, The  
Mott's A is for Apple: and all things that grow!  
My Amazing Body: A First Look at Health and Fitness  
My Breakfast: A Book About a Great Morning Meal  
No More Vegetables!  
Oh Say Can You Seed?  
Oliver's Fruit Salad  
Oliver's Vegetables  
One Bean  
One Potato  
One Watermelon Seed

### Title

Orange Juice  
Our Community Garden  
Out and About at the Apple Orchard  
Pick, Pull, Snap!  
Picking Apples & Pumpkins  
Pie in the Sky  
Pumpkin Circle: The Story of a Garden  
Pumpkin Day, Pumpkin Night  
Pumpkin Fiesta  
Pumpkin Patch, The  
Rabbit Food  
Red Are the Apples  
Round the Garden  
Runaway Orange, The  
Scarlette Beane  
Seasons of Arnold's Apple Tree, The  
Soup for Supper  
Stella and the Berry Thief  
Stone Soup  
Story of Johnny Appleseed, The  
Surprise Garden, The  
To Market, To Market  
Too Many Pears  
Too Many Pumpkins  
Tops and Bottoms  
Trouble with Cauliflower, The  
Ugly Vegetables, The  
Vegetable Friends  
Vegetable Group, The  
Vegetable Show, The  
Vegetable Soup  
Vegetables in the Garden  
Veggie Soup  
Very Smart Pea and the Princess-To-Be, The  
Visit to the Farmers' Market, A  
We Can Eat the Plants  
What's So Terrible About Swallowing an Apple Seed?  
Why Do People Eat?  
Zieglers and Their Apple Orchard, The



## Title

**FUN WITH FOOD**

Angelina of Italy  
 Annie Pitts, Artichoke  
 Apple Pie, A  
 Baby Food  
 Banana!  
 Biggest Sandwich Ever, The  
 Brave Potatoes  
 Burp! The most interesting book you'll ever read  
 about eating  
 Carla's Sandwich  
 Cat Who Came for Tacos, The  
 Chewy Chuckles: Deliciously Funny Jokes About  
 Food  
 Chicks and Salsa  
 City Chicken  
 Cloudy with a Chance of Meatballs  
 Cooking with the Cat  
 Crunch Munch  
 Dog Food  
 Experiments with Foods  
 Food for Thought: The Complete Book of Concepts  
 for Growing Minds  
 Hidden Cherries  
 June 29, 1999  
 Kitchen Science  
 Little Bit of Soul Food, A  
 Loaves of Fun  
 More Spaghetti, I Say!  
 Peanut Butter and Jelly  
 Peanut Butter Party  
 Peanut Butter, Apple Butter, Cinnamon Toast:  
 Food Riddles for You to Guess  
 Pickles to Pittsburgh  
 Popcorn  
 Popcorn Shop, The  
 Spaghetti Eddie  
 Stop That Pickle!  
 Trouble with Cauliflower, The  
 Vegetable Show, The  
 Very Smart Pea and the Princess-To -Be, The  
 What's Cooking, Jenny Archer?  
 Yummy Riddle

## Title

**GARDENING**

Blue Potatoes, Orange Tomatoes  
 Carlos and the Cornfield  
 Carlos and the Squash Plant  
 Carlos Digs to China  
 Carrot Seed, The  
 City Green  
 Enormous Carrot, The  
 Enormous Potato, The  
 From the Garden: A Counting Book About  
 Growing Food  
 Fruit is a Suitcase for Seeds, A  
 Giant Carrot, The  
 Grandpa's Garden Lunch  
 Growing Vegetable Soup  
 How a Seed Grows  
 I'm a Seed  
 Inch by Inch: The Garden Song  
 Jamie O'Rourke and the Big Potato  
 Jody's Beans  
 No More Vegetables!  
 Oh Say Can You Seed?  
 Oliver's Vegetables  
 One Bean  
 One Watermelon Seed  
 Our Community Garden  
 Pick, Pull, Snap!  
 Pizza at Sally's  
 Pumpkin Circle: The Story of a Garden  
 Pumpkin Fiesta  
 Round the Garden  
 Scarlett Beane  
 Stella and the Berry Thief  
 Surprise Garden, The  
 Tops and Bottoms  
 Ugly Vegetables, The  
 Vegetable Friends  
 Vegetables in the Garden  
 Very Smart Pea and the Princess-To-Be, The  
 We Can Eat the Plants



## SEARCH BY THEME

### Title

#### GIRLS AND SPORTS

All-American Girls Professional Baseball League, The  
America's Champion Swimmer: Gertrude Ederle  
Big-Enough Anna: The Little Sled Dog Who  
Braved the Arctic  
Dirt on Their Skirts: The Story of the Young Women  
Who Won the World Championship  
Girl Wonders: A Baseball Story in Nine Innings  
Greatest Gymnast of All, The  
Hoop Queens  
Hoops with Swoopes  
Mia Hamm: Winners Never Quit!  
Mighty Jackie: The Strike-Out Queen  
Storm Run: The Story of the First Women to Win  
the Iditarod Sled Dog Race  
Venus & Serena Williams  
Wilma Unlimited: How Wilma Rudolph Became the  
World's Fastest Woman

#### GRAINS

Alice in Pastaland: A Math Adventure  
Biggest Sandwich Ever, The  
Bread and Jam for Frances  
Bread Bread Bread  
Bread Is For Eating  
Carlos Digs to China  
Eating Well  
Everybody Brings Noodles  
Everybody Cooks Rice  
Everyone Bakes Bread  
Food and Eating Long Ago  
From Wheat to Bread  
From Wheat to Pasta  
Gino Badino  
Good Bread, A Book of Thanks  
Grain Group, The  
Harvest Home  
It's Disgusting and We Ate It! True Food Facts From  
Around the World and Throughout History  
Jalapeño Bagels  
King of Pizza, The

### Title

Little Nino's Pizzeria  
Little Red Hen Makes a Pizza, The  
Little Red Hen, The  
Loaves of Fun  
Magda's Tortillas, Las tortillas de Magda  
Miss Mabel's Table  
Monster Health Book: A Guide to Eating Healthy,  
Being Active & Feeling Great for Monsters  
& Kids!, The  
More Spaghetti, I Say!  
Mr. Belinsky's Bagels  
My Amazing Body: A First Look at Health and Fitness  
My Breakfast: A Book About a Great Morning Meal  
Out and About at the Bakery  
Pancakes for Breakfast  
Pancakes, Crakers, and Pizza  
Pancakes, Pancakes!  
Peanut Butter and Jelly  
Popcorn  
Popcorn Book, The  
Popcorn Shop, The  
Rice Is Life  
Runaway Rice Cake, The  
Runaway Tortilla, The  
Story of Noodles, The  
Sun Bread  
Tortilla Factory, The  
Unbeatable Bread, The  
Walter the Baker  
Wheat  
Where on Earth Is My Bagel?  
Why Do People Eat?

#### GROWING FRUIT

Apple Farmer Annie  
Apple Picking Time  
Apples  
Apples to Oregon  
Apples, Apples  
Apples, Apples, Apples  
Autumn is for Apples  
Bananas: From Manolo to Margie



**Title**

Blueberries for Sal  
 Book of Fruit, A  
 Crooked Apple Tree, The  
 Farmer's Market: Families Working Together  
 Foods from the Farm  
 Frannie's Fruits  
 From Shoot to Apple  
 Fruit is a Suitcase for Seeds, A  
 Growing Colors  
 Handa's Surprise  
 Harvest Year  
 Hooray for Orchards!  
 How Do Apples Grow?  
 How Do You Raise a Raisin?  
 I Am an Apple  
 Life and Times of the Apple, The  
 Little Apple: A Book of Thanks  
 One Watermelon Seed  
 Orange Juice  
 Our Community Garden  
 Out and About at the Apple Orchard  
 Pick, Pull, Snap!  
 Stella and the Berry Thief  
 Story of Johnny Appleseed, The  
 What's So Terrible About Swallowing an Apple Seed?  
 Zieglers and Their Apple Orchard, The

**HONEY**

Bee Tree, The  
 Beekeeper's Year, A  
 From Flower to Honey  
 Honey Cookies  
 Magic School Bus Inside a Beehive, The  
 Taste of Honey, A

**INTERGENERATIONAL**

Angelina of Italy  
 Bee Tree, The  
 Chicken Sunday  
 City Green  
 Dumpling Soup  
 Fruit & Vegetable Man, A

**Title**

Grandpa's Garden Lunch  
 Honey Cookies  
 Icy Watermelon  
 Just Right Stew  
 Little Bit of Soul Food, A  
 Oh, No, Toto!  
 Oliver's Vegetables  
 Our Community Garden  
 Sunday  
 Tangerines and Tea: My Grandparents and Me  
 Thanksgiving at Obaachans's  
 Thunder Cake  
 Why Should I Eat Well?

**KEEPING CLEAN**

Achoo! The most interesting book you'll ever read about germs  
 Clarabella's Teeth  
 Germ Busters, The  
 Germ Zappers  
 Germs Are Not for Sharing  
 Germs Make Me Sick!  
 Germs on their Fingers!  
 Germs! Germs! Germs!  
 Tooth Decay and Cavities

**MAKING SOUP**

Alphabet Soup: A Feast of Letters  
 Alvie Eats Soup  
 Brave Potatoes  
 Chicken Soup with Rice  
 Dumpling Soup  
 Everybody Serves Soup  
 Group Soup  
 Growing Vegetable Soup  
 Just Right Stew  
 Little Red Hen Makes Soup  
 Making Minestrone  
 Pumpkin Soup  
 Soup  
 Soup for Supper  
 Stone Soup  
 Stone Soup



## SEARCH BY THEME

### Title

To Market, To Market  
Tumbleweed Stew  
Ugly Vegetables, The  
Vegetable Soup  
Veggie Soup

### MANNERS

Cat Who Came for Tacos, The  
Foods from the Farm  
Germs Are Not for Sharing  
How Hungry Are You?  
Sheep Out to Eat

### MICHIGAN AGRICULTURE

Apple Picking Time  
Apple Pie Tree, The  
Apples  
Apples  
Apples and Pumpkins  
Apples, Apples  
Apples, Apples, Apples  
Applesauce  
Autumn is for Apples  
Blueberries for Sal  
Carrot Seed, The  
Cherries and Cherry Pits  
Cow  
Crooked Apple Tree, The  
Enormous Carrot, The  
Enormous Potato, The  
Extra Cheese, Please  
Farmer's Market: Families Working Together  
Foods from the Farm  
From Cow to Ice Cream  
From Shoot to Apple  
Giant Carrot, The  
Harvest Home  
Harvest Time  
Hooray for Dairy Farming!  
Hooray for Orchards!

### Title

How Do Apples Grow?  
How to Make an Apple Pie and See the World  
I Am an Apple  
Jamie O'Rourke and the Big Potato  
Jody's Beans  
Kiss the Cow!  
Life and Times of the Apple, The  
Little Apple: A Book of Thanks  
Milk Makers, The  
Milk to Ice Cream  
Milk: From Cow to Carton  
One Bean  
Out and About at the Apple Orchard  
Out and About at the Dairy Farm  
Pick, Pull, Snap!  
Picking Apples & Pumpkins  
Pumpkin Circle: The Story of a Garden  
Pumpkin Day, Pumpkin Night  
Pumpkin Patch, The  
Pumpkin Soup  
Raising Cows on the Koebels' Farm  
Red Are the Apples  
Seasons of Arnold's Apple Tree, The  
Thunder Cake  
Too Many Pumpkins  
Treats from a Tree  
Vegetable Friends  
Vegetables in the Garden  
Visit to the Farmers' Market, A  
What's for Lunch? Milk  
Zieglers and Their Apple Orchard, The

### MyPYRAMID

Being Active  
Drinking Water  
Eating Well  
Fruit Group, The  
Grain Group, The  
Healthy Snacks  
Meat and Beans Group, The  
Milk Group, The



**Title**

Monster Health Book: A Guide to Eating Healthy,  
Being Active & Feeling Great for Monsters  
& Kids!, The  
Vegetable Group, The

**OTHER CULTURES FOOD & CUSTOMS**

Apple Pie 4th of July  
Bananas: From Manolo to Margie  
Bitter Bananas  
Bread Bread Bread  
Bread Is For Eating  
Carlos and the Cornfield  
Carlos and the Squash Plant  
Carlos Digs to China  
Char Sui Bao Boy  
Chato and the Party Animals  
Chato's Kitchen  
Chicks and Salsa  
Children Around the World  
Come and Play with Us!  
Come Out and Play  
Dim Sum for Everyone!  
Dumpling Soup  
Everybody Brings Noodles  
Everybody Cooks Rice  
Everybody Serves Soup  
Everyone Bakes Bread  
Family  
Farmer's Market: Families Working Together  
Father's Rubber Shoes  
Food  
For My Family, Love, Allie  
Fruit & Vegetable Man, A  
Good Morning, Let's Eat!  
Halmoni and the Picnic  
Handa's Surprise  
How My Family Lives in America  
How My Parents Learned to Eat  
How to Make an Apple Pie and See the World  
Icy Watermelon Other Cultures Food & Customs  
Jalapeño Bagels  
Just Right Stew

**Title**

Let The Games Begin!  
Let's Eat!  
Magda's Tortillas, Las tortillas de Magda  
Market Day  
Mr. Belinsky's Bagels  
Oh, No, Toto!  
Our Community Garden  
Popcorn Book, The  
Rice Is Life  
Runaway Rice Cake, The  
Runaway Tortilla, The  
Saturday Market  
Spoon for Every Bite, A  
Stone Soup  
Story of Noodles, The  
Thanksgiving at Obaachan's  
This is the Way We Eat Our Lunch  
Thunder Cake  
To Be a Kid  
Too Many Tamales  
Tortilla Factory, The  
Ugly Vegetables, The  
Way We Do It In Japan, The  
What You Never Knew about Fingers,  
Forks, & Chopsticks  
Where on Earth Is My Bagel?  
Yoko

**PASTA**

Alice in Pastaland: A Math Adventure  
Everybody Brings Noodles  
From Wheat to Pasta  
Gino Badino  
Spaghetti Eddie  
Story of Noodles, The

**PHYSICAL ACTIVITY**

26 Big Things Small Hands Do  
All-American Girls Professional Baseball League, The  
America's Champion Swimmer: Gertrude Ederle  
Animal Action ABC



## SEARCH BY THEME

### Title

April Showers  
Bearobics: A Hip-Hop Counting Story  
Bee Tree, The  
Being Active  
Bend and Stretch: Learning About Your Bones and Muscles  
Bicycle Book  
Big-Enough Anna: The Little Sled Dog Who Braved the Arctic  
Bouncing, Dancing, Galloping ABC, The  
Bug Dance  
Busy Body Book: A Kid's Guide to Fitness, The  
Clap to the Music  
Clap Your Hands  
Clara's Dancing Feet  
Come and Play with Us!  
Come Out and Play  
Dem Bones  
Dirt on Their Skirts: The Story of the Young Women Who Won the World Championship  
Elympics  
Field Day  
Franklin Plays the Game  
Frog Legs: A Picture Book of Action Verse  
Froggy Plays Soccer  
Froggy Rides a Bike  
Froggy's Day with Dad  
Giraffes Can't Dance  
Girl Wonders: A Baseball Story in Nine Innings  
Good for Me and You  
Greatest Gymnast of All, The  
Hockey Hero  
Hoop Queens  
Hoops  
Hoops with Swoopes  
Hop Jump  
How Can You Dance?  
I'm Growing  
It's Just a Game  
Let The Games Begin!  
Let's Get the Rhythm  
Mia Hamm: Winners Never Quit!

### Title

Mighty Jackie: The Strike-Out Queen  
Monster Health Book: A Guide to Eating Healthy, Being Active & Feeling Great for Monsters & Kids!, The  
My Amazing Body: A First Look at Health and Fitness  
My Body, Head to Toe  
NBA All-Time Super Scorers  
One, Two, Three!  
Pilobolus: The Human Alphabet  
Play It Safe  
Pretend You're A Cat  
Princess Fidgety Feet  
Rabbit Food  
Racing Around  
Rap A Tap Tap: Here's Bojangles - Think of That!  
Shimmy Shake Earthquake: Don't Forget to Dance Poems  
Slip! Slide! Skate!  
Soccer Counts!  
Soccer Game!  
Staying Safe  
Storm Run: The Story of the First Women to Win the Iditarod Sled Dog Race  
To Be a Kid  
Venus & Serena Williams  
Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman

## PIZZA

Angelina of Italy  
Dinosaur Pizza  
Extra Cheese, Please  
How Pizza Came to Queens  
King of Pizza, The  
Little Nino's Pizzeria  
Little Red Hen Makes a Pizza, The  
Pancakes, Crakers, and Pizza  
Pizza  
Pizza at Sally's  
Pizza Counting  
Pizza Party!  
Pizza That We Made, The



**Title****POTLUCK**

Alligator Arrived with Apples: A Potluck  
Alphabet Feast  
Alphabet Soup: A Feast of Letters  
Animal Picnic, The  
How Hungry Are You?  
Potluck  
We Had a Picnic This Sunday Past

**READ AND MOVE**

26 Big Things Small Hands Do  
Bend and Stretch: Learning About Your Bones  
and Muscles  
Bug Dance  
Clap Your Hands  
Dinosaurumpus!  
Hop Jump  
How Can You Dance?

**SANDWICHES**

Biggest Sandwich Ever, The  
Bread and Jam for Frances  
Carla's Sandwich  
Char Sui Bao Boy  
How Hungry Are You?  
Loaves of Fun  
Make Me a Peanut Butter Sandwich and a  
Glass of Milk  
Peanut Butter and Jelly

**SEASONS AND WEATHER**

Apple Pie Tree, The  
Apples  
Autumn Equinox, The: Celebrating the Harvest  
Chicken Soup with Rice  
Cloudy with a Chance of Meatballs  
Crooked Apple Tree, The  
Farming  
Harvest Home

**Title**

Hooray for Orchards!  
How Do Apples Grow?  
Jody's Beans  
Pick, Pull, Snap!  
Pickles to Pittsburgh  
Round the Garden  
Seasons of Arnold's Apple Tree, The

**SHOPPING**

At the Grocery Store  
Bebe Goes Shopping  
Busy Day at Mr. Kang's Grocery Store, A  
Farmer's Market: Families Working Together  
Father's Rubber Shoes  
Frannie's Fruits  
Fruit & Vegetable Man, A  
Just Enough Carrots  
Market Day  
Markets  
Runaway Orange, The  
Saturday Market  
Supermarket  
To Market, To Market  
Vegetable Friends  
Visit to the Farmers' Market, A

**SNACKING**

Finn Cooks  
Lima's Red Hot Chili

**SPANISH TRANSLATION**

Bebe Goes Shopping  
Bread Is For Eating  
Carlos and the Cornfield  
Carlos and the Squash Plant  
Carlos Digs to China  
Cat Who Came for Tacos, The



## SEARCH BY THEME

### Title

Fruits and Vegetables  
I Want My Banana!  
Lima's Red Hot Chili  
Magda's Tortillas, Las tortillas de Magda

### SPECIAL DIET

Burp! The most interesting book you'll ever read about eating  
Taking Diabetes to School  
Taking Food Allergies to School  
Why Do People Eat?

### TASTE SOMETHING NEW

Alvie Eats Soup  
Animal Picnic, The  
Bad Case of the Stripes, A  
Beastly Feast, The  
Bread and Jam for Frances  
Carla's Sandwich  
Children Around the World  
D.W. the Picky Eater  
Eat Your Peas, Louise!  
Everybody Brings Noodles  
Everybody Serves Soup  
Father's Rubber Shoes  
Food Is Fun!  
Green Eggs and Ham  
Gregory, the Terrible Eater  
I Smell Honey  
I Will Never Not Ever Eat a Tomato  
Let's Eat!  
Little Bit of Soul Food, A  
Little Pea  
Lunch  
Lunch Box Surprise, The  
Max and Ruby's Midas  
Max's Breakfast

### Title

Oliver's Fruit Salad  
Oliver's Vegetables  
Pickles in My Soup  
Rabbit Food  
Seven Silly Eaters, The  
Story of Noodles, The  
Taste  
Thanksgiving at Obaachan's  
Today Is Monday  
Very Hungry Caterpillar, The  
Way We Do It In Japan, The  
What's Cooking, Jenny Archer?  
Why Should I Eat Well?  
Yoko



Title	TN Message	Rating	F/N
<p><b>26 Things Small Hands Do</b> Paratore, Collen Free Spirit Publishing, 2004 From A to Z, children's hands make things and perform actions that represent a word for each letter. This delightful picture book is a celebration of many things children can do. Large, colorful illustrations enhance this appealing book which can be used to teach children how to use their hands to be physically active.</p>	5	3	N
<p><b>Achoo! The most interesting book you'll ever read about germs</b> Romanek, Trudee Kids Can Press, 2003 Part of the Mysterious You series for ages 9-14, this book provides a wealth of information about germs and how they can sometimes make us sick, how our bodies battle illnesses, and how vaccinations protects us. Written in a lively manner with interesting examples that relate to youngsters, this book also includes activities and fascinating facts. Colorful, cartoon-style illustrations add to its appeal.</p>	1	3	N
<p><b>Alice in Pastaland: A Math Adventure</b> Wright, Alexandra Charlesbridge Publishing, 1997 This clever parody of Lewis Carroll's fantasy, Alice in Wonderland, has Alice landing at the bottom of the rabbit hole with a plop—in Pastaland. The book takes her on a humorous journey filled with mathematical adventures and pasta varieties as she tries to help the White Rabbit solve a problem.</p>	2	3	F
<p><b>Aliens for Breakfast</b> Spinner, Stephanie and Jonathan Etra Random House, 1988 Richard hates cereal until he discovers an intergalactic special agent in his cereal box. Aric, the special agent, joins Richard to save the Earth from an alien takeover. An award winning, Stepping Stone chapter book, this novel is full of humor and zany one-liners. A great springboard to a cereal-tasting experience.</p>	1	3	F
<p><b>All-American Girls Professional Baseball League, The</b> Scott, Daisy McGraw-Hill School Division, 2003 This engaging book tells the story of the first female professional baseball league. Formed during WWII the "All-American Girls Softball League" exceeded expectations and drew large crowds. The players' successes, challenges and obstacles are described. The last page provides questions and an activity.</p>	5	3	N
<p><b>Alligator Arrived with Apples: A Potluck Alphabet Feast</b> Dragonwagon, Crescent Macmillan Publishing Company, 1987 Alligator arrived with apples and allspice while Zebra zipped over a zaftig zucchini. This colorful, lively alphabet book uses rhymes and alliteration to celebrate a Thanksgiving feast that goes from A-to-Z.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Alphabet Salad: Fruits and Vegetables from A to Z, An</b> Schuette, Sarah L. Capstone Press, 2003 This alphabet book consists of large, colorful photographs of a fruit or vegetable for each letter of the alphabet with accompanying information. It includes fruit and vegetable facts, a vocabulary list with definitions, a bibliography of print and web site resources, and an index. Note: the outdated Food Guide Pyramid appears in the back of the book. For information on the new MyPyramid, go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a> .	2	1	N
<b>Alphabet Soup: A Feast of Letters</b> Gustafson, Scott Calico Books, 1990 When Otter moves to a new house, he discovers a big soup pot and invites 26 of his closest friends to a potluck party. From A-to-Z, armadillo-to-zebra, each one brings food to add to the pot. Using alliterative language and detailed illustrations this book could be used as a model for students to create their own books using a food, nutrition, or physical activity theme.	1	3	F
<b>Alvie Eats Soup</b> Collins, Ross Scholastic Press, 2002 No matter what his parents say or do, Alvie will only eat soup. To make matters worse, his granny, a world famous chef, is coming to visit. This witty picture book with whimsical illustrations that contribute to its delightful tongue-in-cheek humor, will appeal to all ages and is a good springboard for a soup-making or soup-tasting experience.	1	3	F
<b>America's Champion Swimmer: Gertrude Ederle</b> Adler, David Harcourt, Inc., 2000 Gertrude "Trudy" Ederle swam the English Channel which is 21 miles of stormy water separating England from France. Not only did Trudy successfully swim the Channel, she beat the men's record by almost two hours. This picture book captures the spirit, endurance, and determination of a world-class swimmer. Large, folk art illustrations enhance this true story. The book concludes with notes from the author.	5	2	N
<b>Angelina of Italy</b> Rockwell, Lizzy Random House, 2004 One of the books in Maya's World, this story takes us to Italy where we meet Angelina and her family. Angelina loves pizza and is upset when Uncle Armando talks about the leaning tower of Pisa and how it will surely fall. Angelina thinks he is talking about an actual tower made up of pizzas and wants to save it. This clever and witty story is enhanced with colorful illustrations and has a paper doll of Angelina attached to the back cover.	1	3	F
<b>Animal Action ABC</b> Pandell, Karen Scholastic Inc., 1996 Photographs of both animals and children enhance this lively ABC book. Each letter of the alphabet introduces an action such as "howl," "kick," and "yawn" accompanied by a short rhyming verse. The end of the book contains five pages of "Nature Notes for Older Readers" about the animals and their habitats.	4	3	N



Title	TN Message	Rating	F/N
<p><b>Animal Picnic, The</b> Perkins, Leslie D. Scholastic Inc., 1994 Part of the Beginning Literacy Series, this witty story tells how the animals gather to have a picnic with a child. Rhyming is used to describe what each animal brought, such as "The cheetahs brought pitas. The mice brought rice." Beginning readers will enjoy this humorous book and find it easy to read.</p>	1	3	F
<p><b>Annie Pitts, Artichoke</b> deGroat, Diane SeaStar Books, 2001 Third-grader Annie Pitts views herself as a talented actress even though others don't share this opinion. Annie expects a major part in the school play about nutrition, but when she smacks a classmate with a fish while on a trip to the grocery store, she is cast as an artichoke. The story only gets funnier as Annie proceeds through a series of merry misadventures until it reaches a crashing conclusion. Diane deGroat's line drawings add witty appeal to this hilarious story.</p>	1	3	F
<p><b>Apple Farmer Annie</b> Wellington, Monica Puffin Books, 2001 This simple story about Annie, an apple farmer, provides young children with basic information about where apples come from and ways they can be eaten, from cider to apple muffins. Brightly colored folk-art illustrations contribute to its appeal. It concludes with two pages of recipes that children could make with adult help.</p>	2	3	F
<p><b>Apple Fractions</b> Pallotta, Jerry Scholastic Inc., 2002 This informational picture book cleverly teaches children about apples and fractions. Various kinds of apples are introduced along with basic concepts about fractions. Large, brightly-colored illustrations enhance the clearly-written text.</p>	2	2	N
<p><b>Apple Picking Time</b> Slawson, Michele Benoit Crown Publishers, 1993 It's autumn and all over the valley, families rise early and head out to the orchards to pick apples. Anna, along with her parents and grandparents, pick all day long with time out for a picnic. This charming celebration of apples, family, community and autumn is illustrated with appealing oil paintings.</p>	2	2	F
<p><b>Apple Pie 4th of July</b> Wong, Janet S. Harcourt, Inc., 2002 Chinese food on the Forth of July? The Chinese-American girl in this picture book is embarrassed that her parents have prepared Chinese food to sell in their store on this American holiday. She worries that no one will buy them. She's in for a pleasant surprise that demonstrates and celebrates the multicultural nature of our country.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Apple Pie Tree, The</b> Hall, Zoe Scholastic Inc., 1996 Two sisters describe how their tree “grows the best part of apple pie.” Through simple text and paper collage illustrations, the reader can follow the apple tree through the seasons until the apples are picked, and the sisters bake a pie with their parents’ help. A recipe to make their apple pie is included along with details about how bees pollinate the apple blossoms.	2	2	F
<b>Apple Pie, A</b> Spirin, Gennady - artist Philomel Books, 2005 A Apple Pie is a traditional English alphabet nursery rhyme that can be traced back to 1671 and has been published in many variations. Award-winning artist, Gennady Spirin, beautifully illustrates this version in gentle, muted tones that evoke the Victorian era. We follow a group of lively children in their many adventures with a famous apple pie. Each painting is detailed and offers opportunities to explore and appreciate outstanding art and a timeless story that appeals to all ages.	2	3	F
<b>Apples</b> Gibbons, Gail Scholastic, Inc., 2000 Full of fascinating tidbits, this picture book provides clear, concise information about apples; including their growth cycle, history, varieties, and uses. A simple recipe for apple pie is included. The illustrations are large and appealing.	2	1	N
<b>Apples</b> Berger, Samantha and Betsey Chesson Scholastic Inc., 1999 This unique picture book shows classic apple paintings by famous artists such as Picasso, Cézanne, and Warhol. A simple counting book, it can be used for advanced readers to find all the apples in the artwork and to compare the different artistic ways of painting apples. The book concludes with brief information about the artists and their paintings; some discussion questions are included.	2	3	N
<b>Apples and Pumpkins</b> Rockwell, Anne Scholastic Inc., 1989 With colorful illustrations and simple text, this book describes a family’s trip to Comstock Farm to pick apples and pumpkins. After their day at the farm, they return home to carve the pumpkins into jack-o-lanterns and pass out apples on Halloween night.	2	2	F
<b>Apples to Oregon</b> Hopkinson, Deborah Atheneum Books for Young Readers, 2004 Although told as a tall tale, this story is loosely based on historical fact: a pioneer brings his large family and young fruit trees from Iowa to Oregon in the mid 1800s, establishing Oregon’s first orchard. The hilarious, courageous, and outrageous adventures of this journey are told through the eyes of a young girl named Delicious. The folk art illustrations convey the setting and the humorous style of storytelling.	2	3	F



Title	TN Message	Rating	F/N
<p><b>Apples, Apples</b>            Zoehfeld, Kathleen Weidner            Harper Collins Publishers, 2004            This sturdy board book for young children takes them on a trip with the bear family to an apple farm. They pick apples and return home to bake delicious goodies. Rhyming language and colorful illustrations add to the book's appeal.</p>	2	2	F
<p><b>Apples, Apples, Apples</b>            Wallace, Nancy Elizabeth            Winslow Press, 2000            The Rabbit family has fun visiting an orchard where they play and learn about apples. Factual information about apples is interwoven within the story line. Bright, cut-out illustrations add to the appeal of this story. The book also provides a recipe for making applesauce, directions for apple prints, a list of apple sayings, and music for an apple song.</p>	2	2	F
<p><b>Applesauce</b>            Kurtz, Shirley            Good Books, 1992            One night, a family eats the last of their applesauce. When Mother decides they need to make enough to last them all winter, the whole family gets involved. Witty folk art illustrations complement this warm family story. The last two pages contain directions for canning applesauce "Mother's Way."</p>	2	3	F
<p><b>April Showers</b>            Shannon, George            Greenwillow Books, 1995            It's a rainy day and everyone is restless. Push back the chairs, it's time to dance! This colorful book with lively frogs dancing in the rain will have your class or family dancing, too. A repeated refrain makes this a great book for class participation and to read aloud.</p>	4	3	F
<p><b>At the Grocery Store</b>            Greene, Carol            The Child's World, Inc., 1998            Large, color photographs and simple text in this informative young children's book explain the products and services at a grocery store. A small cartoon on each page provides more information. A glossary and index are included; this book might be helpful for new immigrants or children learning English as a second language because of the definitions of simple terms.</p>	1	2	N
<p><b>Autumn Equinox, The: Celebrating the Harvest</b>            Jackson, Ellen            The Millbrook Press, 2000            This book begins with scientific information that explains the autumn equinox. Then, it describes how different world cultures celebrate harvests past and present. The next section is fiction, "An Autumn Story," adapted from a Sauk legend. Five pages of instruction for classroom activities, a bibliography, and information about the author and illustrator make it a useful classroom reference. Teachers may want to read sections aloud to the class over several days rather than reading it all at once since it is filled with information.</p>	1	3	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Autumn is for Apples</b> Knudsen, Michelle Random House, 2001 Told in rhyming verse, this picture book celebrates autumn and apples. A family travels to an apple orchard, picks apples, and enjoys their juicy, crispy flavor. Returning home, they enjoy their favorite fruit in many different ways.	2	2	F
<b>Baby Food</b> Freymann, Saxton and Joost Elffers Arthur A. Levine Books, 2003 Fruits and vegetables are carved and cleverly arranged to look like different animal babies, including a human baby. This book, with colorful, bold photographs and simple captions; is an amusing way to help children identify fruits and vegetables and may spark their own artistic creativity or interest in trying a new fruit or vegetable.	2	3	N
<b>Bad Case of the Stripes, A</b> Shannon, David Scholastic Inc., 1999 Camilla loves lima beans but never eats them because her friends hate them and she doesn't want to be different. Camilla wants to fit in so much that she frets about everything she does, until one morning she wakes up and is completely covered with stripes. What happens next makes a delightfully witty story with an important lesson about being true to yourself. Bold super-realistic illustrations add to the charm and appeal of this clever story.	1	3	F
<b>Banana!</b> Allen, Jonathan Boxer Books, 2006 What happens when a mischievous monkey, a jungle full of animals, and bunches of bright yellow bananas that make the animals trip and slip, come together in one boldly illustrated book? Lots of fun and action for everyone! This book could be a wonderful springboard to a new food-tasting experience involving bananas and other fruits.	2	3	F
<b>Bananas!</b> Farmer, Jacqueline Charlesbridge Publishing, 1999 Did you know that bananas are America's most popular fruit and that each person eats an average of 28 pounds of bananas a year? That's just a sample of the fascinating facts in this book. It contains recipes, jokes, and limericks about bananas. Bright, lively illustrations and clearly written text make this an excellent resource for learning about bananas.	2	1	N
<b>Bananas: From Manolo to Margie</b> Ancona, George Clarion Books, 1982 This book takes you on a trip to Manola's homeland, a banana plantation in Honduras, where you will learn how bananas are grown, harvested, and shipped to countries around the world, including the United States, where Margie can buy them at the corner store. The writing style of this book is uneven, often appearing like a textbook. A teacher might use this book as a reference, but it would be important to check the accuracy of the facts due to its 1982 publication date. The author uses black-and-white and full-color photos to tell the story and provides a glossary of Spanish words.	2	2	N



Title	TN Message	Rating	F/N
<p><b>Bearobics: A Hip-Hop Counting Story</b>  Parker, Vic  Viking, 1996  Push back the chairs and make room for children to enjoy these lively rhymes. Children will shake and strut their stuff just like the animals in the colorful illustrations! After the “bearobic” workout, this book can be used as a springboard for children to write their own rhymes.</p>	4	3	F
<p><b>Beastly Feast, The</b>  Goldstone, Bruce  Henry Holt and Company, 1998  The beasts are having a feast and animals arrive with delicious food to share. Mosquitoes bring burritos and puffins bring muffins. This delightful picture book is a treat for both ears and eyes. Zany illustrations add to the appeal of the rhyming text.</p>	1	3	F
<p><b>Bebe Goes Shopping</b>  Elya, Susan Middleton  Harcourt, Inc., 2006  With rhyming text and Spanish words, this charming picture book takes us on a trip to the grocery store (supermercado) with a mother (mama) and her baby (bebe). Mama tries to shop, but the bebe keeps distracting her. Throughout, Spanish words are used in context so it is easy to determine their meaning. Colorful, cartoon-style illustrations add to the fun of grocery shopping and learning new Spanish words. The book concludes with a glossary of the Spanish words with their pronunciation and definitions in English.</p>	1	3	F
<p><b>Bee Tree, The</b>  Polacco, Patricia  The Trumpet Club, Inc., 1993  When Mary Ellen complains to her Grampa that she is tired of reading, he takes her on an exciting adventure to find a bee tree. They collect an extraordinary group of friends and neighbors who join them in pursuing the bee. Together they harvest the honey and throw a party with baking powder biscuits, fresh brewed tea, honey, music, dancing, and laughter. Grampa uses the experience to teach Mary Ellen an important lesson about books and life. This wonderfully illustrated, intergenerational book is set in Michigan and is based on the author’s childhood.</p>	1,4	3	F
<p><b>Beekeeper’s Year, A</b>  Johnson, Sylvia A.  Little, Brown and Co., 1994  This informative book for upper-elementary students takes the reader through the four seasons of beekeeping. Engaging photographs show how new queen bees are introduced, how beehives are maintained, and how honey is harvested. Beekeeping terms and honey recipes are included.</p>	1	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Being Active</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes different ways to be active and why it's good for us to exercise. This book supports the physical activity component of MyPyramid.	5	1	N
<b>Bend and Stretch: Learning About Your Bones and Muscles</b> Nettleton, Pamela Hill Picture Window Books, 2004 This informational book clearly describes bones and muscles and explains how they function in our bodies. Large, clear illustrations accompany the explanations. The book concludes with additional information, a glossary, a bibliography of print and web resources and an index	5	1	N
<b>Bicycle Book</b> Gibbons, Gail Scholastic Inc., 1995 For almost all kids, learning to ride a bike is a milestone. This informational book provides succinct information about the history of bicycles, various kinds of bikes and how they work, safety guidelines, and maintenance suggestions. It concludes with two pages of interesting, little-known facts. Large, colorful illustrations complement the text.	5	2	N
<b>Big Cheese for the White House, A</b> Fleming, Candace DK Publishing, Inc., 1999 Based on an actual event in our nation's history, this fictionalized account combines fact with humor to tell how Cheshire cheese came to be served by President Jefferson in the White House. The whimsical illustrations enhance the witty story and help to place it within the context of the early 1800s. The author provides additional information in "A Note About The Text and A Final Word About Those Curds."	1	2	F
<b>Big-Enough Anna: The Little Sled Dog Who Braved the Arctic</b> Flowers, Pam with Ann Dixon Alaska Northwest Books, 2003 Arctic adventurer Pam Flowers tells the story of Anna, the smallest dog on her team of sled dogs. Pam planned a 2,500 mile dogsled expedition which would make her the first woman to mush alone across the Arctic. Anna was small but worked hard and when danger threatened she demonstrated her ability to lead and survive under the most challenging circumstances. Large paintings illustrate this exciting and inspiring tale.	5	3	N



Title	TN Message	Rating	F/N
<p><b>Biggest Sandwich Ever, The</b>            Gelman, Rita Golden            Scholastic Inc., 1980            A man who is building the biggest sandwich imaginable joins two children on a picnic. The rhythmic text and whimsical illustrations will make children laugh as they listen to or read this fanciful book. It can be used for creative drama as children retell the story. It also can be a springboard to creative writing and art activities as children design their own "biggest food ever."</p>	1	2	F
<p><b>Bitter Bananas</b>            Olaleye, Isaac            Boyds Mill Press, Inc., 1994            In an African village, young Yusuf faced a perplexing problem--baboons were stealing the palm sap, his favorite drink. Yusuf tries many solutions until he finally finds one that works. With cut-paper illustrations and repeated refrains, this picture book engages children as they learn how creativity and determination can be used to solve problems. This picture book could be adapted easily for choral reading or creative drama.</p>	1	3	F
<p><b>Blue Potatoes, Orange Tomatoes</b>            Creasy, Rosalind            Sierra Club Books for Children, 1994            Written by a leading authority on edible landscaping, this book is useful as a classroom reference on growing a rainbow garden. Written for middle- or upper-elementary children, it can also be used with younger children because of Ruth Heller's brightly colored illustrations. The book includes a table of contents, informational text, recipes, and an index; it would be a great resource for school garden projects.</p>	2	2	N
<p><b>Blueberries for Sal</b>            McCloskey, Robert            Scholastic Inc., 1948            This classic picture book stands the test of time as a warm, loving story of the parallels between humans and animals. Sal and her mother go blueberry picking to find berries to can for winter meals. Little Bear and his mother also go hunting for blueberries to eat and store for winter. What happens when both Sal and Little Bear are separated from their mothers still delights today's young children.</p>	2	3	F
<p><b>Bones</b>            Krensky, Stephen            Random House, 1999            Using simple vocabulary and colorful illustrations, this easy, informational book introduces young children to how bones help us move. The book describes basic concepts such as the skeleton, muscles, and joints. A Step 1 Book in the Step into Reading series, this book could be used as a read-aloud or read independently by children reading at first-grade level.</p>	4	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Book of Fruit, A</b> Lember, Barbara Ticknor & Fields Books for Young Readers, 1994 Beautifully illustrated with hand-tinted photographs, this picture book presents 14 fruits and how and where they grow. Most of the photos are common fruits that children view close up and then in the environment where they grow. This book could be used as an introduction for a fruit-tasting party. For older students, it could lead to a photography project or an art activity.	2	2	N
<b>Bouncing, Dancing, Galloping ABC, The</b> Doyle, Charlotte G. P. Putnam's Sons, 2006 This ABC book is full of action words for each letter of the alphabet. Colorful, vibrant illustrations and lively rhyming text bring this book alive as children dance, gallop, jump, and zoom their way through the alphabet.	5	1	F
<b>Brave Potatoes</b> Speed, Toby and Barry Root Puffin Books, 2000 With rhythm, humor and imaginative language, this picture book spins a wild tale about how prize potatoes at the county fair foil the attempts of the chef to turn them into chowder. Along the way, we meet a variety of other vegetables. This read-aloud book is a celebration of creativity, imagination and the power of words.	2	3	F
<b>Bread and Jam for Frances</b> Hoban, Russell Scholastic Inc., 1964 All Frances wants to eat is bread and jam—nothing else. But when her parents give her what she wants, Frances tires of it. This classic picture book makes a wonderful read-aloud and introduces children to the importance of trying and eating a variety of foods.	1	2	F
<b>Bread Bread Bread</b> Morris, Ann Scholastic Inc., 1989 Photographs from around the world show types of bread that people eat and enjoy. Using simple text, it introduces children to different eating customs. An index provides information about each photo, including the country where it was taken. This book can serve as a springboard for children to share their family's eating customs.	2	1	N
<b>Bread Is For Eating</b> Gershator, David and Phillis Trumpet Club, 1995 When her son leaves bread on his plate, Mamita tells him that bread is for eating and then sings a song to him in Spanish. This sets the stage for a delightful picture book that traces bread's production from planting seeds to baking the loaves. The lyrical prose and multicultural illustrations emphasize the universal nature of bread. Music and words in both English and Spanish are included.	2	2	F



Title	TN Message	Rating	F/N
<p><b>Bug Dance</b>                      Murphy, Stuart                      Harper Collins Publishers, 2002                      The bugs in Coach Caterpillar’s gym class discover that knowing basic directions helps them learn a new dance. Part of the MathStart series at level 1 for ages 3 and up, the concept covered in this informational book is direction (right, left, backward and forward). With clever text and humorous illustrations, this book entertains as it teaches and includes words and music to “The Bug Dance”. An excellent book to get kids up and moving.</p>	5	3	F
<p><b>Burger and the Hot Dog, The</b>                      Aylesworth, Jim and Stephen Gammell                      Atheneum Books for Young Readers, 2001                      Short, snappy poems express the humor in a world peopled with food folks. Funny, sometimes silly, and always clever, the poetry and accompanying illustrations tickle the imagination. This collection could serve as a springboard for creative writing and artistic endeavors.</p>	1	3	F
<p><b>Burp! The most interesting book you’ll ever read about eating</b>                      Swanson, Diane                      Kids Can Press, 2001                      Part of the Mysterious You series for ages 9-14, this book provides a wealth of information about the digestive system. Written in a lively manner with plenty of interesting examples that relate to youngsters, this book also includes activities to do and fascinating factoids. Colorful, cartoon-style illustrations add to its appeal. The book has a table of contents and index.</p>	1	1	N
<p><b>Busy Body Book: A Kid’s Guide to Fitness, The</b>                      Rockwell, Lizzy                      Crown Publishers, 2004                      This lively and appealing book describes how our bodies move and things we can do to keep our bodies healthy. It includes simple information about the skeleton, muscles, brain, nerves, lungs, heart, stomach and intestines using large, well-labeled illustrations. It concludes with suggestions for physical activities and a letter to parents and teachers. Educators reading to preschoolers might need to skip sections depending on the attention span and maturity of the children.</p>	5	1	N
<p><b>Busy Day at Mr. Kang’s Grocery Store, A</b>                      Flanagan, Alice K.                      Children’s Press, 1996                      Part of the Our Neighborhood series, this book features a Korean American family and the neighborhood grocery store they own. The family left Korea six years ago and came to America to start their own business. Large, colored photos and simple text describe the long hours they work to make their grocery store a success.</p>	1	3	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Carla's Sandwich</b> Herman, Debbie Flashlight Press, 2004 Carla likes unique sandwiches and she brings them to school every day. The other children call Carla's sandwiches "gross," "disgusting" and "sick"; but Carla doesn't mind. When Buster forgets his sandwich on the day of the class picnic, Carla finds a way to change everyone's mind about her creative food choices. This delightful book can serve as a springboard for encouraging children to try new foods. The whimsical illustrations of children add to the book's humorous appeal and reflect ethnic diversity.	1	2	F
<b>Carlos and the Cornfield</b> Stevens, Jan Romero Rising Moon, 1995 Written in both English and Spanish, the Carlos stories follow the adventures of a young boy who lives in New Mexico. Carlos loves corn, all kinds of corn dishes and he is very eager to help when his father promises him \$5.00 for planting corn seeds. But Carlos learns an important lesson about "reaping what you sow." At the back of the book is a recipe for Cornmeal Pancakes, Panques De Maiz.	1	3	F
<b>Carlos and the Squash Plant</b> Stevens, Jan Romero Scholastic Inc., 1993 Carlos loves helping his family in the garden, but he hates taking baths. His mother warns him that a squash plant will grow in his ear if he doesn't wash it. When Carlos deceives his mother about taking a bath, something green starts growing out of his ear. This imaginative picture book is written with English and Spanish on each page. A recipe for Carlos' favorite dish, "Calabacitas," is included	1	2	F
<b>Carlos Digs to China</b> Stevens, Jan Romero Rising Moon, 2001 Written in both English and Spanish, the Carlos stories follow the adventures of a young boy who lives in New Mexico. Carlos and his classmates learn about China in school and then enjoy delicious Chinese food when their teacher takes them to a local Chinese restaurant. Carlos likes the food so much he decides to dig a hole to China so he can have more Chinese food rather than his usual food. His digging project attracts a lot of attention, but fame is short-lived when he reaches a surprise destination. At the back of the book is a recipe for Sweet Rice/Arroz Dulce.	1	3	F
<b>Carrot Seed, The</b> Krauss, Ruth Scholastic Inc., 1945 This classic picture book tells the story of a boy who plants a carrot seed and faithfully tends it, although no one else in his family believes it will grow. And, then, one day a carrot comes up. Intended for young children, beginning readers will also enjoy the simple text. Originally published in 1945, this book stands the test of time and still appeals to children.	2	3	F



Title	TN Message	Rating	F/N
<p><b>Cat Who Came for Tacos, The</b>            Helmer, Diana Starr            Albert Whitman &amp; Co., 2003            Senor Tomas and Senora Rosa welcome a stray cat into their home, but insist that he use good table manners. All goes well until the cat decides that tacos, green peas, and chocolate cake are not for him. Spanish words and phrases are effectively interspersed throughout the text.</p>	1	3	F
<p><b>Char Sui Bao Boy</b>            Yamate, Sandra S.            Polychrome Publishing Co., 1991            Char siu bao is Charlie's favorite food, but all the other kids at school think it is terrible and make fun of him. Charlie tries to eat what they like, but he misses his delicious Chinese sandwich. Finally, Charlie finds a way to get them to try char siu bao, and they discover how good it really is. This is a good book to use as a lead-in to a multicultural, food-tasting activity.</p>	1	2	F
<p><b>Chato and the Party Animals</b>            Soto, Gary            G. P. Putnam's Sons, 2000            Chato, the cool cat introduced in Chato's Kitchen, is back! With vivid illustrations and lively characters, readers visit el barrio (the neighborhood) where Chato plans a birthday fiesta complete with refritos, guacamole, fresh salsa, and tortillas. But will the guest of honor ever arrive? As in the first book, a glossary of Spanish words used in the story is included. This is a good book to use with a Cinco de Mayo fiesta.</p>	1	3	F
<p><b>Chato's Kitchen</b>            Soto, Gary            Scholastic Inc., 1995            Chato, a cat, invites his mouse family neighbors over for dinner. Not wanting the mice to know they are the main item on the menu, Chato and his friend, Novio Boy, prepare a delicious meal of arroz, fajitas, enchiladas, frijoles, carne asada, chilies rellenos, flan, and more. But, the mice have a surprise for Chato. A glossary of Spanish words and Chato's menu appear in the book. The vivid illustrations and lively characters create a picture book with strong appeal.</p>	1	2	F
<p><b>Chef Ki Is Serving Dinner!</b>            Duvall, Jill D.            Children's Press, 1997            Part of the Our Neighborhood series, this book features two restaurants owned and run by a Korean American man and his wife in Virginia. Large, colored photos and simple text describe how the food is prepared and served to their customers. It also emphasizes that the chef keeps learning and trying new things in his cooking.</p>	1	1	N
<p><b>Cherries and Cherry Pits</b>            Williams, Vera B.            Scholastic Inc., 1986            Bidemmi loves to draw, and she makes up stories to tell her friend who always brings her new markers. All of Bidemmi's stories have an element in common: cherries and cherry pits. Creative and imaginative, this picture book could serve as an effective springboard for children to make up their own stories using another food as the common element. The colorful illustrations encourage children to express themselves through drawing.</p>	2	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Chewy Chuckles: Deliciously Funny Jokes About Food</b> Dahl, Michael Picture Window Books, 2003 What could be more fun for children than silly jokes about food? Written in a familiar question and answer format, the jokes rely upon puns and word play and are accompanied by cartoon-style illustrations that help convey the humor.	1	3	F
<b>Chicken Soup with Rice</b> Sendak, Maurice Scholastic Inc., 1962 This classic picture book written by the award winning author and illustrator, Maurice Sendak, is a charming book of months. Each month has a verse with the theme of eating chicken soup with rice and an illustration. The entire book can be sung, and children can use it as a model to create their own verses.	1	3	F
<b>Chicken Sunday</b> Polacco, Patricia Scholastic Inc., 1992 Noted author and illustrator, Patricia Polacco, has created a heart-warming story that demonstrates the power of accepting differences and working together to overcome negative impressions. Skillfully weaving multicultural and intergenerational elements with ethnic traditions, this book has a life-affirming lesson, not only for elementary schoolchildren, but people of all ages.	1	3	F
<b>Chicks and Salsa</b> Reynolds, Aaron Bloomsbury Publishing, 2005 The chickens on the Huthatcher Farm are tired of chicken feed, so the rooster decides to do something about it. After watching a cooking show on TV from the farmhouse window, the rooster creeps into the garden to gather tomatoes and onions and make salsa. Then the ducks, fish, and the rooster join in. This delightful tale continues as more and more animals want to try new dishes. Witty and imaginative with bold illustrations, this picture book concludes with several recipes children can prepare with an adult's help. And the back side of the book jacket is an attractive poster.	2	3	F
<b>Children Around the World</b> Montanari, Donata Kids Can Press, 1998 This fascinating, informational book introduces us to how children live and play around the world. Using a first-person writing style, twelve children describe their families, homes, and daily activities. Large, attractive illustrations and simple but lively text makes this a splendid book for classroom use.	1	3	N
<b>City Chicken</b> Dorros, Authur Harper Collins Publishers, 2003 Henry, short for Henrietta, is a chicken who lives in the city and doesn't know anything about country life or country animals. She lays blue eggs and eats people food like pizza, watermelon, and waffles. Lucy, the cat, teases Henry until she decides to go to the country herself to find out what it's like. But, Henry is in for many surprises before she decides that city life is the life for her.	3	3	F



Title	TN Message	Rating	F/N
<p><b>City Green</b>                      DiSalvo-Ryan, DyAnne                      Scholastic Inc., 1994                      When the city tears down an empty building and leaves a vacant lot, it looks like it will become another junk-filled eyesore. Then, Marcy and her friend, Miss Rosa, organize their neighbors to take action, rent the lot from the city, and turn it into a community garden. This multicultural, intergenerational picture book conveys how “something good for nothing can be turned into nothing but good.” Information on starting a community garden and the address of the American Community Gardening Association are included.</p>	2	3	F
<p><b>Clap to the Music</b>                      Horn, Nancy                      McGraw-Hill, 1998                      Part of the Spotlight on Literacy series for kindergartners, each page of this eight-page book has a simple four-word sentence with an accompanying illustration related to a music and movement theme. Using patterns and repetition, beginning readers could read this book independently as they clap and move along with the story.</p>	4	3	N
<p><b>Clap Your Hands</b>                      Cauley, Lorinda Bryan                      Scholastic, 1992                      Colorful and whimsical illustrations of children and animals spring to life as they hop, jump, spin, roar and twirl in this adorable, beautifully illustrated read and move rhyming book.</p>	5	3	F
<p><b>Child’s Play! Clarabella’s Teeth</b>                      Vrombaut, An                      Clarion Books, 2003                      What could be more fun than brushing your teeth with a crocodile named Clarabella and her animal friends? Lively language, repetition and vivid, imaginative illustrations make this witty picture book about good dental hygiene one that children will want to hear or read over and over again.</p>	1	3	F
<p><b>Clara’s Dancing Feet</b>                      Richardson, Jean and Joanna Carey                      G. P. Putnam’s Sons, 1986                      Clara loves to dance, anywhere and everywhere. But, when she takes dance lessons, something strange happens to her feet. This heart-warming tale about overcoming shyness makes everyone want to get up and dance. It also offers a good opportunity to discuss similar experiences with shyness that children may have had and how they overcame them.</p>	4	2	F
<p><b>Cloudy with a Chance of Meatballs</b>                      Barrett, Judi                      Scholastic Inc., 1978                      Chewandswallow is very much like any other small town, except that in this whimsical tall tale, there is no need for any food stores. All the food falls from the sky. But, when the weather takes a turn for the worse, strange things begin to happen. This story makes an excellent read-aloud and springboard to discussions about weather and creative activities.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Color of Us, The</b> Katz, Karen Henry Holt and Company, 1999 How many shades of brown are there? Seven-year old Lena discovers a rich variety of skin tones when she walks through her multicultural neighborhood. She likens the colors of her friends to some of her favorite foods and spices such as cinnamon, chocolate, honey, pizza crust, and coffee toffee. This picture book with its bright, bold illustrations is a positive affirmation of our diversity.	1	3	F
<b>Come and Play with Us!</b> Oxfam Child's Play, 1995 This Discovery Flaps book presents children from around the world playing and being active in a variety of ways. Each two-page layout has a combination of both narration and information to interest the reader and also has a flap to lift to see more illustrations. The book concludes with a map of the world and a list of questions to encourage discussion.	5	2	N
<b>Come Out and Play</b> Ajmera, Maya and John D. Ivanko Charlesbridge Publishing, 2001 Kermit the Frog provides a lively foreword to this attractive book. Large, colorful photographs accompanied by brief text show children from around the world involved in play. The last two pages describe the many things kids have in common when they play no matter where they live. This book could serve as an excellent springboard for class discussion or a model for a school photo album.	4	2	N
<b>Cook-A-Doodle-Do!</b> Stevens, Janet and Susan Stevens Crummel Harcourt Brace & Company, 1999 Big Brown Rooster is sick of chicken feed and wants something new. He remembers the story of his famous great-grandmother, Little Red Hen. What happens next is a hilarious adventure as Big Brown Rooster, Pig, Turtle, and Iguana work together to make strawberry shortcake. Most pages have basic information about ingredients, and how to measure and bake. The illustrations are big and the authors' comical use of homonyms adds to the fun. The book concludes with a recipe for "Great-Granny's Magnificent Strawberry Shortcake." It makes a good read-aloud and could be used to introduce a class baking project or as a model for writing a class book.	1	2	F
<b>Cooking with the Cat</b> Worth, Bonnie Random House, 2003 The Cat in the Hat is back and wants to cook! Based on the book by Dr. Seuss, this hilarious story takes us through the misadventures of a boy and girl as they cook with the Cat in the Hat, but who will clean up? Rhyming text and colorful Dr. Seuss-style illustrations provide lots of fun for young children and is Step 1, Ready to Read book in the Step into Reading series.	1	3	F



Title	TN Message	Rating	F/N
<p><b>Cow</b> Older, Jules Charlesbridge Publishing, 1997 Beginning with an eye-catching cover and then continuing with witty and light-hearted text, this informational book is a winner! It is full of both ordinary and amazing facts about cows organized in a series of short chapters, accompanied by bold, appealing illustrations. Note: the Food Guide Pyramid, which is now outdated appears in this book. For updated information on the current MyPyramid go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a>.</p>	3	1	N
<p><b>Crooked Apple Tree, The</b> Houghton, Eric Barefoot Books, 1999 Ben and Kate are disappointed when the garden at their new house only has a crooked old tree. But as the seasons pass, the tree changes, and with it, the children learn about imagination. This lovely book with warm, appealing illustrations celebrates the power of nature and imaginative play.</p>	2	3	F
<p><b>Crunch Munch</b> London, Jonathan Harcourt, Inc., 2001 Animals like to eat and so do children. Some nibble, some chew, some peck, and some zap. What do you do when you eat? Witty illustrations and lively rhyming verse will have youngsters giggling as they gobble their way through this funny book.</p>	1	3	F
<p><b>Curious George Makes Pancakes</b> Rey, Margret &amp; H.A. Houghton Mifflin Co., 1998 Children (and adults) who love this inquisitive monkey will delight in his latest escapades. George and the man with the yellow hat go to the annual pancake breakfast, a fundraiser for the children's hospital. Suddenly George finds himself making pancakes, much to the delight of the crowd. But then George gets into trouble. This charming picture book will not disappoint the fans of Curious George as it delivers an important message.</p>	3	3	F
<p><b>D.W. the Picky Eater</b> Brown, Marc Little, Brown and Co., 1995 D.W. has a long list of foods she won't eat. When she throws a tantrum in a restaurant, her family decides to leave her at home with the babysitter the next time. But, when the family tells her they are going to eat out for Grandma Thora's birthday, D.W. decides to change her ways. D.W. is part of the popular Arthur series that has strong appeal in its realistic, yet humorous portrayal of typical childhood experiences.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Danny Goes to the Dentist</b> Robinson, Robert McGraw-Hill Children's Publishing, 2002 Mom takes Emma and Danny to the dentist for a check-up. They both have their teeth cleaned, and the dentist discovers that Danny has a cavity. This story explains each procedure, including filling the cavity; using simple, basic language and full-page illustrations. The illustrations are warm and friendly and contribute to the non-fearful atmosphere the book creates.	1	2	F
<b>Dem Bones</b> Barner, Bob Chronicle Books, 1995 This lively informational book describes the bones in the human body, accompanied by a colorful, paper collage skeleton band singing the traditional African American spiritual, "Dem Bones." Children will discover that learning basic anatomy is not only fun, but also easier to remember while singing and dancing.	4	3	N
<b>Dental Care</b> McGinty, Alice B. The Rosen Publishing Group, Inc., 1998 This informational book provides an overview of our teeth and how to take care of them. Part of the Library of Healthy Living series, it uses succinct text and a combination of photographs and illustrations to help children learn about their primary and permanent teeth, gums, decay, and brushing and flossing. The book has a table of contents, glossary, and index.	1	1	N
<b>Dim Sum for Everyone!</b> Lin, Grace Alfred A. Knopf, 2001 A little girl and her family visit a dim sum restaurant. Using bright illustrations and simple text, this picture book show the family enjoying many different kinds of dim sum. The last two pages provide factual information about the dim sum tradition.	1	2	F
<b>Dinosaur Pizza</b> Wardlaw, Lee Troll Communications, 1998 It's the first day of school—the worst day of school—and Jill is lonely. The Lunch Bunch Club will accept her as a member, but only if she comes up with some creative lunch ideas in a hurry. This Planet Reader Level 2 book introduces children to a variety of foods. They also learn how Jill stands up to group pressure. The recipe for "Dinosaur Pizza" is included.	1	2	F
<b>Dinosaurumpus!</b> Mitton, Tony Scholastic, Inc., 2002 Whimsical dinosaurs romp, stomp, shake, and roar in this colorful picture book. Children are invited to get active and join in the dinosaur romp that lead them through a lively workout ending when the dinosaurs fall asleep and the only sound is dinosaur snoring.	5	3	F



Title	TN Message	Rating	F/N
<p><b>Dirt on Their Skirts: The Story of the Young Women Who Won the World Championship</b></p>	5	2	F
<p>Rappaport, Doreen and Lyndall Callan Dial Books for Young Readers, 2000 Told through the eyes of a young girl who loves baseball, this picture book describes in exciting detail the championship game of the 1946 All-American Girls Professional Baseball League. Based on the memoirs and written accounts of the players and set within the context of a loving family, this story celebrates women who gave their all for baseball. Warm, appealing illustrations enhance the text. The book concludes with an Author's Note and a page of statistics from the actual game in 1946.</p>			
<p><b>Dog Food</b></p>	2	3	N
<p>Freymann, Saxton and Joost Elffers Arthur A. Levine Books, 2002 Fruits and vegetables are carved and cleverly arranged to look like dogs performing a variety of actions. This book, with colorful, bold photographs and simple captions, is an amusing way to help children identify fruits and vegetables and may spark their own artistic creativity or interest in tasting new fruits and vegetables.</p>			
<p><b>Drinking Water</b></p>	1	1	N
<p>Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes the benefits of drinking water and why drinking water is good for us. This book supports MyPyramid.</p>			
<p><b>Active Living for Families Dumpling Soup</b></p>	1	2	F
<p>Rattigan, Jama Kim Little, Brown and Co., 1993 Set in the Hawaiian Islands, this picture book presents a joyful look at the Yang family custom of making dumpling soup to celebrate the New Year. Seven-year-old Marisa gets to help make dumplings for the first time but is worried that hers don't look like the others. Intergenerational love combines with traditions from several cultures to create a warm and caring story about accepting each others' cultures, traditions, and foods.</p>			
<p><b>Eat Your Peas, Louise!</b></p>	2	2	F
<p>Snow, Pegeen Children's Press, 1985 Will Louise ever eat her peas? In this Rookie Reader, beginning readers discover what finally gets Louise to eat her peas. A word list is provided. Children could use this simple book as a model for writing their own story about a food they have to be persuaded to try.</p>			



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Eating Fractions</b> McMillan, Bruce Scholastic Inc., 1991 This book uses appealing, full-page photos of two children and a dog sharing a meal to introduce the concepts of whole, halves, thirds, and fourths. It has a minimum of text, but the lively photography serves as a springboard for discussion. The book has two pages of recipes for the foods with suggestions for additional activities with fractions. It concludes with a page of background information for the teacher about the recipes, using food to teach fractions, and the children and the dog featured in the book.	1	2	N
<b>Eating Pairs: Counting Fruits and Vegetables by Twos</b> Schuette, Sarah L. Capstone Press, 2003 Starting with two heads of cabbage, this picture book not only helps children learn to count by twos, it provides them with basic facts about many fruits and vegetables. Large, bold, brightly-colored illustrations will attract the attention of youngsters. The book concludes with a vocabulary list, recommended books, Internet resources and an index.	2	2	N
<b>Eating the Alphabet: Fruits and Vegetables from A to Z</b> Ehlert, Lois Harcourt Brace Jovanovich, 1989 Lois Ehlert's bold, distinctive illustrations of fruits and vegetables fill the pages of this alphabet book. Each letter has at least one clearly labeled, edible food, and a three-page glossary offers information about each food. This is an excellent picture book to introduce young children to a variety of fruits and vegetables. Older children could use it as a model for writing and illustrating their own alphabet book. It is, also, a good introduction to a food-tasting experience	2	2	N
<b>Eating Well</b> Mitchell, Melanie Lerner, 2006 Colorful multicultural photographs depict young children eating and enjoying a variety of delicious and healthy foods from MyPyramid. General serving sizes are taught for each food group and physical activity is emphasized as well. A good basic introduction to the concepts of MyPyramid.	1	1	N
<b>Edible Alphabet, An</b> Christensen, Bonnie Dial Books for Young Readers, 1994 Detailed wood engravings of edible plants from A- to-Z provides an introduction to familiar and unfamiliar plants from around the world. Each page shows a letter of the alphabet, the name of the plant, and an illustration with children and adults using the plant. The book concludes with two pages of information that describe each plant and how it is used for food.	2	2	N
<b>Elympics</b> Kennedy, X.J. Scholastic Inc., 1999 Divided into two sections, this book of poems celebrates summer and winter Olympic games. The illustrations and unifying theme focus on elephants performing athletic events representative of actual Olympic events, such as sprinting and figure skating. The elephant athletes demonstrate teamwork, perseverance, modesty, and sportsmanship. An "Author's Note" provides information on the history and purpose of the Olympic games.	4	2	F



Title	TN Message	Rating	F/N
<p><b>Enormous Carrot, The</b>  Vagin, Vladimir  Scholastic Press, 1998  Bright, bold illustrations enhance this version of a favorite Russian folktale “The Enormous Turnip,” that demonstrates the benefits of working together to solve a problem. Floyd and Daisy, two rabbits, ask their animal friends for help when they discover that they can’t pull an enormous carrot out of the garden by themselves. The repeating refrain and ongoing action make this an excellent book for a read-aloud, choral reading, or creative drama.</p>	2	3	F
<p><b>Enormous Potato, The</b>  Davis, Aubrey  Scholastic Inc., 1997  How do you get the biggest potato in the world out of the ground? In this retold folktale, it takes a lot of help. A farmer plants a potato eye and the rest is a comical surprise. Big, bold illustrations and repetitive text make this an enjoyable read-aloud. It also lends itself to creative drama.</p>	2	3	F
<p><b>Everybody Brings Noodles</b>  Dooley, Norah  Carolrhoda Books, Inc, 2002  By the same author and illustrator team that created Everybody Bakes Bread, Everybody Cooks Rice, and Everybody Serves Soup; their latest book celebrates a Fourth of July block party in a multicultural neighborhood. All the neighbors bring noodle dishes representing their heritage. The book concludes with noodle recipes.</p>	1	2	F
<p><b>Everybody Cooks Rice</b>  Dooley, Norah  Scholastic Inc., 1992  Dinner is almost ready, and Mother sends Carrie out to look for her younger brother, Anthony. In this multicultural book, each home that Carrie visits represents a different culture with the family preparing a meal typical of that culture. There is one similarity: all the families eat rice in different ways. You will find five pages of recipes using rice from the following cultures: Barbados, Puerto Rico, Vietnam, India, China, Haiti, and Italy.</p>	2	2	F
<p><b>Everybody Serves Soup</b>  Dooley, Norah  Carolrhoda Books, Inc., 2000  It’s almost Christmas and Carrie doesn’t have a gift for her mother, but what she discovers in her neighborhood is better than anything she could buy in a store. Carrie’s multicultural neighborhood is the setting for a delightful story about diversity, culture, sharing food, and giving gifts from the heart. Like the author’s other “Everybody” books, this story concludes with several pages of recipes.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Everyone Bakes Bread</b> Dooley, Norah Carolrhoda Books, Inc., 1996 It's another rainy Saturday, and Mother sends Carrie on a made-up errand to keep her from fighting with her little brother. Carrie visits homes in the multicultural neighborhood and finds that they are all baking or eating bread, but each one is a different kind. The book has five pages of bread recipes including: Coconut, Chapatis, Corn, Pocket, Challis, Pupusas, and Italian Bread. This book illustrates the principle that beneath our differences, we are very much alike. It serves as a springboard to a class project centering on food of various cultures.	2	2	F
<b>Experiments with Foods</b> Tocci, Salvatore Children's Press, 2003 Almost all kids love to cook! This informational book takes that interest and uses it to help youngsters learn important scientific principles through cooking and experimenting in the kitchen. It is clearly written with easy-to-follow directions. Part of the True Books Series, it has lots of illustrations and photographs as well as a table of contents, vocabulary words, and a resource lists of books, organizations, web sites, an index, and author information.	1	3	N
<b>Extra Cheese, Please</b> Peterson, Cris Boyd's Mill Press, Inc., 1994 Almost everyone loves pizza, especially with lots of cheese. But where does cheese come from? This informative book introduces us to Annabelle the cow and takes the reader on the journey her milk takes from farm to table as pizza cheese. Large, color photos show the milking process, transporting the milk to the dairy, and making cheese. A pizza recipe, glossary, and bibliography are included.	1	2	N
<b>Family</b> Monk, Isabell Carolrhoda Books, Inc., 2001 Hope and her parents go to Aunt Poogee's farm for their family's annual summer party. A multicultural gathering of aunts, uncles, and cousins feast on their favorite foods and share laughter and playful teasing. Hope brings a new and unusual dessert, but she is worried the family may not like it. Recipes for "Aunt Frances' Corn Puddin'," "Hope's Sweet and Sour Pickles," and other dishes are provided. This joyous picture book provides a springboard for children exploring new foods.	1	2	F
<b>Fannie in the Kitchen</b> Hopkinson, Deborah Atheneum Books for Young Readers, 2001 This delightfully embellished story of how Fannie Farmer came to write the first modern cookbook is accompanied with quotes from the 1896 and 1906 editions of her book, Boston Cooking School Cookbook. Pen, ink, and watercolor illustrations effectively convey a sense of the late 1800s. The book concludes with more information about Fannie Farmer and the recipe for her "Famous Griddle Cakes."	1	2	F



Title	TN Message	Rating	F/N
<p><b>Farmer's Market: Families Working Together</b>                      Rendon, Marcie R. and Cheryl Walsh Bellville                      Carolrhoda Books, Inc., 2001                      A visit to this farmer's market is almost like visiting a foreign country because families who have recently immigrated from Southeast Asia, Africa, and Mexico sell their fresh produce, flowers, herbs, and baked goods along side families who immigrated many years ago from Germany, Poland, and other European countries. This book provides a look at the lives of two of these farm families, their histories, and the work they perform on their farms. Color photographs, a table of contents, and a glossary are included.</p>	2	2	N
<p><b>Farming</b>                      Gibbons, Gail                      Holiday House, 1988                      This informational book provides an introduction to farms and the work done on them throughout the seasons. Simple text and folk art illustrations combine to make this an engaging picture book. A good book to read before a discussion on where foods come from.</p>	2	3	N
<p><b>Fast Food! Gulp! Gulp!</b>                      Waber, Bernard                      Houghton Mifflin Co., 2001                      Bernard Waber, author-illustrator of favorites such as Lyle the Crocodile and Ira Sleeps Over, takes us on a joyous romp through Fast Food Town. Using cartoon style illustrations and lively rhyming, we experience all kinds of foods being prepared, served, and eaten faster and faster. Finally the cook has had enough and quits to work in a health food place. Waber leaves us with this positive message: "Bon appetit - whatever you eat."</p>	1	2	F
<p><b>Father's Rubber Shoes</b>                      Heo, Yumi                      Orchard Books, 1995                      Yungsu and his family have moved to America, but Yungsu is lonely and wants to return to Korea. His father tries to explain why they are in America, but it is not until his mother's delicious Korean cooking helps Yungsu make a friend that he changes his mind.</p>	1	3	F
<p><b>Feast for 10</b>                      Falwell, Cathryn                      Scholastic Inc., 1993                      This simple counting book tells about an African-American family joyfully engaged in shopping and preparing for a meal. The brightly colored illustrations and brief text lead children in counting from 1 to 10 twice, as they prepare for dinner and share a healthy meal.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Field Day</b> Mayer, Mercer McGraw-Hill Children's Publishing, 2002 This story describes the good times Miss Kitty's class has when she takes them outdoors for field day. The simple text with repetitive language is enhanced with the charming Little Critters' illustrations. The book concludes with seven pages of educational activities and support material. A wonderful book to read before a field day.	5	2	F
<b>Finn Cooks</b> Muller, Birte North-South Books, 2004 Finn really likes to eat candy, chips and sweet stuff instead of the healthy meals his mother prepares. Finally, his frustrated mother lets him shop and prepare anything he wants for one whole day. Finn thinks it is great until he gets a stomachache. This charming picture book tells how Finn learns an important lesson. Large, bold illustrations enhance this story.	1	3	F
<b>Food</b> Hall, Margaret C. Heinemann Library, 2001 Part of the Around the World series that explores basic human needs and activities, this informational book gives an overview of food, why people need it and how food is grown. Large, colorful photographs accompany the clearly-written text. The book also includes a table of contents, additional food facts, a glossary, bibliography, and index.	1	1	N
<b>Food and Eating Long Ago</b> Brooks, Felicity and Shirley Bond Usborne Publishing, 1989 This informational book presents an overview of food and eating habits throughout the years, beginning with food that primitive humans ate. Ample, colorful cartoon-style illustrations are interspersed with the text on each page. Several recipes are also included. Part of the Finding Out About series, this book has a table of contents and an index."	1	3	N
<b>Food for Thought: The Complete Book of Concepts for Growing Minds</b> Freymann, Saxton and Joost Elffers Arthur A. Levine Books, 2005 Freymann uses his signature style of arranging fresh fruits and vegetables in a variety of unusual poses to represent basic concepts: shapes, colors, numbers, letters and opposites. Bold and colorful, these photographs are creative and evoke discussion.	2	3	N
<b>Food Is Fun!</b> Leonard, Marcia Harper Festival, 2000 This simple, but colorful, book is designed for preschool or kindergarten children. Each two-page spread features a short rhyme about some aspect of food accompanied by a photograph of a child with that food on the opposite page. The photographs reflect a multicultural society.	1	3	N



Title	TN Message	Rating	F/N
<p><b>Food Safety</b> Kalbacken, Joan Children's Press, 1998</p> <p>This book takes a comprehensive approach to understanding food safety and illnesses that people can get from food. Part of the True Book series, it includes information about food safety laws, food labels, and chemicals in food. Brightly colored photographs reflecting racial diversity complement the text. The book has a table of contents, vocabulary words, and a list of resources such as books, organizations, and web sites as well as an index and author information.</p>	1	3	N
<p><b>Food Safety</b> Gordon, Sharon Children's Press, 2001</p> <p>Part of the Rookie Read-About Health series, this informational book helps young readers learn how to use their senses to help determine if food is safe to eat or not. It is enhanced with clearly written text and bright, bold photographs, reflecting the diversity of our culture. The book concludes with two pages of important vocabulary, accompanied by photographs and an index.</p>	1	3	N
<p><b>Foods from the Farm</b> Weber, Rebecca Compass Point Books, 2004</p> <p>This informational book describes foods that come from farms and how they are harvested and processed for us to eat. Large print and big, clear photographs enhance the text. The book includes a table of contents, two-pages of fun farm facts, a glossary, web sites, a bibliography, and an index.</p>	1	2	N
<p><b>For My Family, Love, Allie</b> Senisi, Ellen Albert Whitman &amp; Co., 1998</p> <p>Allie's relatives are coming for a big family party, and she wants to give them a present. She finally decides to make a special dessert all by herself. This picture book features photographs of an interracial family. A recipe for peanut butter treats and additional gift ideas are included. The recipe is simple enough that children can make it with a minimum amount of adult help.</p>	1	3	F
<p><b>Franklin Plays the Game</b> Bourgeois, Paulette and Brenda Clark Scholastic, Inc., 1995</p> <p>Franklin loves soccer and wants to be the best player on his team. But he isn't very good and the harder he tries, the worse he plays. Goose, Beaver and his other friends on the team want to score a goal too, but the harder they try, the worse they play. Finally, when they start using teamwork, they begin to score goals and have fun</p>	5	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Frannie's Fruits</b> Kimmelman, Leslie Harper & Row, 1989 This picture book tells the story of a typical summer day in the life of a family who owns a roadside fruit stand. Frannie's Fruits, named after the family dog, sells fresh fruits, vegetables, and pick-your-own flowers. Some customers come every day and buy the same thing. Others add excitement to the family's long day, such as the artist who buys flowers to paint. This book will help children become familiar with a variety of fruits and vegetables	2	3	F
<b>Frog Legs: A Picture Book of Action Verse</b> Shannon, George Harper Collins Publishers, 2000 Do you need a way to engage children in physical activities that also encourage their literacy development and creativity? The verses of this imaginative picture book will make children want to dance, jiggle, jump, hop, run, and race. Energetic frogs decorate the pages and add a comic touch. This lively book has 24 poems that can serve as a springboard for children to create their own action verses using a favorite creature.	4	2	F
<b>Froggy Eats Out</b> London, Jonathan Viking, 2001 Froggy and his parents go to a fancy restaurant to celebrate their anniversary. Froggy tries to behave, but he fidgets and squirms and slurps his spaghetti. But, when he gets embarrassed and hides under the table, things really get out of hand. Finally, his family decides to eat at the "fast flies" place where they happily munch and crunch their dinner.	1	3	F
<b>Froggy Goes to the Doctor</b> London, Jonathan Puffin Books, 2004 Froggy has a doctor's appointment for a check-up but he's afraid the doctor will give him a shot. He tries to persuade his mother that he doesn't need to go but that doesn't work. At the doctor's office, Froggy jumps and leaps and scoots and wiggles. Fortunately he is healthy and doesn't need a shot. And the doctor is happy to send loveable, little Froggy home with his mother!	1	3	F
<b>Froggy Plays Soccer</b> London, Jonathan Scholastic Inc., 2000 Likeable Froggy is back again, and this time he's really excited about playing soccer in the BIG GAME! If his team beats the Wild Things, they will win the City Cup. But Froggy has to remember one important thing: Don't use your hands. Like the other Froggy stories, readers can identify with the successes and mistakes Froggy makes as he behaves in very normal ways and learns from his experiences.	5	3	F
<b>Froggy Rides a Bike</b> London, Jonathan Viking, 2006 What's more exciting than learning to ride a new, shiny two-wheeler bike? Froggy is excited and ready to learn but like most children, he's just a little afraid. Dad helps Froggy and after some mishaps and spills with a few bumps and bruises, lively Froggy masters his bike!	5	3	F



Title	TN Message	Rating	F/N
<p><b>Froggy's Day with Dad</b> London, Jonathan Viking, 2004 Froggy has a special Father's Day planned for his dad from making breakfast all by himself to a trip to the fun park to play miniature golf. But as usual, things don't go quite as planned. Froggy flips and flops his way through another set of hilarious Froggy misadventures with which children and their fathers with readily identify.</p>	5	3	F
<p><b>From Cow to Ice Cream</b> Knight, Bertram T. Children's Press, 1997 This book uses large, colorful photographs and easy-to-understand text to describe how ice cream is made, beginning with diary cows and ending in grocery stores and ice cream shops. It is enhanced by cheerful scenes of smiling, multicultural children enjoying many flavors of ice cream. The last page contains several interesting facts about ice cream such as how and when ice cream cones were invented.</p>	3	2	N
<p><b>From Flower to Honey</b> Taus-Bolstad, Stacy Lerner Publications, 2003 Part of the Start to Finish series, this book describes how honey is made. Using simple language and large photographs, the process is clearly explained. This short informational book also includes a table of contents, glossary, and index.</p>	1	2	N
<p><b>From Head to Toe: The Amazing Human Body and How It Works</b> Seuling, Barbara A Holiday House Book, 2002 This lively book engages children in learning about the human body by comparing it to a machine. Basic information about how our bodies work is cleverly presented with clarity and wit and enhanced by eye-catching illustrations, including comic cartoons.</p>	5	3	N
<p><b>From Milk to Ice Cream</b> Taus-Bolstad, Stacy Lerner Publications, 2003 Part of the Start to Finish series, this title describes how ice cream is made from milk. Using simple language and large photographs, the process is clearly explained. This short informational book also includes a table of contents, glossary and index. A wonderful book to read to children before an ice-cream-making or tasting experience.</p>	3	2	N
<p><b>From Shoot to Apple</b> Taus-Bolstad, Stacy Lerner Publications, 2003 Part of the Start to Finish series, this title describes how apples grow. Using simple language and large photographs, the process is clearly explained. This short informational book also includes a table of contents, glossary and index.</p>	2	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>From the Garden: A Counting Book About Growing Food</b> Dahl, Michael Picture Window Books, 2004 The book begins with mama pulling one fat tomato from the garden and ends with 12 plates of salad, all with ingredients the family has grown and gathered. Large, vivid illustrations add to this counting book's appeal. The book concludes with fun facts, activities, a glossary, web site resources and an index.	2	1	N
<b>From Wheat to Bread</b> Taus-Bolstad, Stacy Lerner Publications, 2003 Part of the Start to Finish series, this title describes how bread is made. Using simple language and large photographs, the process is clearly explained. This short informational book also includes a table of contents, glossary, and index.	2	2	N
<b>From Wheat to Pasta</b> Egan, Robert Children's Press, 1997 Large, color photographs accompany a simple text that describes the steps in making pasta, from growing and harvesting the wheat to making the dough, and packing and shipping the final product. The book shows ideas for alternate ways to use pasta other than eating it and concludes with a page about six different kinds of pasta. This book is part of the Change series.	2	2	N
<b>Fruit &amp; Vegetable Man, A</b> Schotter, Roni Little, Brown and Co., 1993 Day after day, Ruby Rubenstein, a fruit and vegetable man, jumps out of bed and rushes to the market to select the best fruit and vegetables for his store. But, after 50 years, Ruby is getting older and more tired. Sun Ho, a young boy who is new to the neighborhood, watched Ruby and thought he was like a great artist. Soon Ruby begins to teach Son Ho the secrets of being a good fruit and vegetable man. Then one day, Ruby, for the first time, is ill and cannot get out of bed in the morning. Who will bring fruits and vegetables to the store?	2	2	F
<b>Fruit Group, The</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes foods in the Fruit Group, how to make healthier choices within this food group, and how foods in the fruit group are good for us. This book supports MyPyramid.	2	1	N



Title	TN Message	Rating	F/N
<p><b>Fruit is a Suitcase for Seeds, A</b>                      Richards, Jean                      The Millbrook Press, 2002                      This picture book describes the life cycle and purpose of seeds, using the metaphor of fruit as a suitcase for seeds. Full-page water color illustrations and simple text convey the scientific concepts in an attractive and easy-to-understand manner. The final two pages present questions and answers about fruits, vegetables and seeds. A great discussion starter for the topic of where fruits come from.</p>	2	2	N
<p><b>Fruits and Vegetables</b>                      Rosa-Mendoza, Gladys                      me+mi publishing, 2002                      Constructed of heavy cardboard, this book presents fruits and vegetables in English and Spanish. Large, bright illustrations and simple sentences introduce common fruits and vegetables to young children. The last two pages provide a list of the fruits and vegetables and pronunciation guides in both English and Spanish.</p>	2	1	N
<p><b>Full, Full, Full of Love</b>                      Cooke, Trish                      Candlewick Press, 2003                      Jay Jay loves his Grannie and her Sunday dinners which are always full: full of hugs, laughter, good food and family and friends. Using rhythmic language and large, colorful, appealing illustrations, this picture book celebrates the joyous gathering of an African American family.</p>	1	3	F
<p><b>Game Time!</b>                      Murphy, Stuart                      Harper Collins Publishers, 2000                      The Huskies and the Falcons prepare for the big championship game in soccer. Both teams practice long and hard, but which one will win? Part of the MathStart series at level 3 for ages 7 and up, the concept covered is "time", specifically how clocks and calendars represent units of time. With clever text and humorous illustrations, this book entertains as it teaches. It also includes two pages of additional information and activities.</p>	5	2	F
<p><b>George Washington Carver: The Peanut Wizard</b>                      Driscoll, Laura                      Grosset &amp; Dunlap, 2003                      Part of the Smart About ... series, this informational book uses a combination school report and scrapbook format to tell the remarkable story of George Washington Carver. Written in an engaging style with lots of photographs and cartoon-type illustrations, it also involves students with experiments and recipes and provides fascinating facts about peanuts.</p>	1	2	N
<p><b>George Washington's Breakfast</b>                      Fritz, Jean                      The Putnam &amp; Grosset Group, 1969                      George W. Allen is proud that he was named for George Washington and that he has the same birthday. George knows many things about George Washington, but he wants to know what Washington ate for breakfast. His grandmother promises to cook this breakfast if George can discover what it is. Although this book was published in 1969, it stands the test of time. Today's students can compare the ways that are available now to research information with what George W. Allen did.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<p><b>Germ Busters, The</b> Wells, Rosemary Hyperion Books for Children, 2002 The children in Mrs. Jenkins' class sing the Clean Hands song and wash their hands frequently with soap and water. But the Frank twins think hand washing is for sissies and don't keep their hands germ-free. When Nora Frank and her family become sick, the science teacher comes to the rescue by building a Germostat machine that can tell when someone's hands haven't been washed. Will the twins learn their lesson and keep their hands germ-free now?"</p>	1	1	F
<p><b>Germ Zappers</b> Balkwill, Fran and Mic Rolph Cold Spring Harbor Laboratory Press, 2002 Part of the Enjoy Your Cells series, this informational book explains how the body protects itself against sickness and disease. Lively writing and colorful cartoon-style illustrations clearly explain the role of bacteria, viruses, and other germs in our bodies.</p>	1	3	N
<p><b>Germs Are Not for Sharing</b> Verdick, Elizabeth Free Spirit Publishing, 2006 This study board book tells children in a variety of situations how not to spread germs. With simple text and large, colorful illustrations, the book shows a young boy getting a tissue, blowing, wiping, and then tossing it in the trash. The children and adults in this book are ethnically diverse. The last two pages provide tips for parents and caregivers on how to help children stay healthy and not spread germs.</p>	N/A	3	N
<p><b>Germs Make Me Sick!</b> Berger, Melvin Harper Collins Publishers, 1995 We all know that germs can make us sick, but this informational book teaches how they do that and how to prevent this from happening. The book provides clearly-written and succinct descriptions of how bacteria and viruses work, examples that pertain to children's daily experiences, and attractive illustrations that clarify concepts. Part of the Let's-Read-And-Find-Out Science series, Stage 2, it includes hand-on activities that can be done independently.</p>	1	3	N
<p><b>Germs on their Fingers!</b> Ferrin, Wendy Wakefield The Wakefield Connection, Inc., 2001 Two books in one: this story is told in English for half of the book and then it can be flipped over and the story is told in Spanish. A mother finds a clever way to deal with her worries about germs on her children's dirty hands and how to share the solution to others. Bold, colorful illustrations complement the simple text.</p>	N/A	3	F
<p><b>Germs! Germs! Germs!</b> Katz, Bobbi Scholastic Inc., 1996 Germs are everywhere and in this informational book, germs assume a first person stance as they describe what they do, how they multiply and what their enemies are. Part of the Hello Reader Science Series, Level 3, for grades 1 and 2 (although appropriate for preschool), this book presents a brief but engaging overview enhanced with witty cartoon-style illustrations.</p>	1	3	N



Title	TN Message	Rating	F/N
<p><b>Giant Carrot, The</b>            Peck, Jan            Dial Books for Young Readers, 1998            Adapted from a favorite Russian folktale, "The Turnip," this story features a family who plants a carrot seed. Each family member does something to help the carrot grow, but what Little Isabelle does is the most unusual. She dances and sings around the carrot and makes it grow bigger and bigger. This imaginative picture book with folk art illustrations makes an excellent read-aloud. It has a recipe for "Little Isabelle's Carrot Puddin'."</p>	2	3	F
<p><b>Gino Badino</b>            Engel, Diana            Morrow Junior Books, 1991            Gino has a fabulous talent, but his family doesn't think so. The Badino family of mice thinks Gino should help in the family pasta factory instead of playing with dough and sculpting macaroni animals. When the business fails, Gino finds a unique solution to the problems. The light-hearted illustrations show the Badino family specializing in spinach, egg, carrot, and tomato pastas. This picture book could be used as a good springboard to creating dough sculptures. It could also lead to tasting different kinds of pasta.</p>	2	3	F
<p><b>Giraffes Can't Dance</b>            Andreae, Giles            Orchard Books, 2001            Gerald the giraffe longs to dance at the annual African Jungle Dance. But his neck is too long, and his legs are too skinny, and he stumbles and falls. All the other animals laugh at him and call him names until a little cricket helps him find his own special music. This delightful story will amuse and inspire youngsters who have ever felt like they just can't do what others do. Rhyming verse and colorful illustrations convey the wit and charm of this picture book.</p>	5	3	F
<p><b>Girl Wonders: A Baseball Story in Nine Innings</b>            Hopkinson, Deborah            Atheneum Books for Young Readers, 2003            Loosely based on the life of female baseball pioneer Alta Weiss, this delightful picture book tells the story of a young girl who can throw a ball better than most boys. Nicknamed "Girl Wonder," she joins a boys' semipro team at age 17 and becomes their star pitcher, attracting crowds who want to see a girl play baseball. Eye-catching illustrations enhance the lyrical text. This book also has a timeline with highlights of women in baseball. The back cover has a full-page photograph of Alta Weiss from the Baseball Hall of Fame.</p>	5	3	F
<p><b>Good Bread, A Book of Thanks</b>            Weninger, Brigitte            North-South Books, 2003            As a child and her mother bake bread, she learns how grains grow, are harvested, and then ground into wheat. This charming picture book uses simple text and warm, appealing illustrations to tell the story and convey information.</p>	2	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Good for Me and You</b> Mayer, Mercer Harper Collins Publishers, 2004 Little Critter discovers that healthy eating and physical activity are not only good for you, they can be lots of fun! With his family and friends, Little Critter engages in a variety of activities that demonstrate the theme of better living through good food and good exercise. Much of the humor in this book comes from the ironic contrast between the text and the illustrations. Note: the Food Guide Pyramid appears in this book and is now outdated. For information on the new MyPyramid, go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a> .	3	1	F
<b>Good Morning, Let's Eat!</b> Badt, Karin Luisa Children's Press, 1994 Part of the A World of Difference series, this attractive, informative book presents a positive look at the first meal of the day—breakfast. It describes different foods and traditions that make up breakfast customs around the world. Well written with a wealth of informative photos, the book includes a table of contents, glossary, and index. With its well-defined chapters, it could be used effectively as a read-aloud and to promote discussion.	1	2	N
<b>Grain Group, The</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes the Grain Group, how to make healthier choices within this food group, and how foods in the grain group are good for us. This book supports MyPyramid.	2	1	N
<b>Together...Let's Try New Foods</b> Grandpa's Garden Lunch Caseley, Judith Greenwillow Books, 1990 Grandpa likes to work in his garden, and Sarah loves to help him. She learns many things when they work together, and one day he invites her to a special lunch. Everything for lunch has some connection to Grandpa's garden, from the flowers that decorate the table to the zucchini cake for dessert. This picture book, with its attractive, watercolor illustrations, helps young children learn about the pleasure of bringing food from garden to table.	2	2	F
<b>Greatest Gymnast of All, The</b> Murphy, Stuart Harper Collins Publishers, 1998 Zoe demonstrates her understanding of spatial opposites, such as up and down, in and out and forward and backward; as she performs her gymnastic routine. Part of the MathStart series at level 1 for ages 3 and up, the math concept covered is opposites. With clever text and humorous illustrations, this book entertains as it teaches. It also includes two pages of additional information and activities.	5	2	F



Title	TN Message	Rating	F/N
<p><b>Green Eggs and Ham</b>            Seuss, Dr.            Random House, 1960            What could be more fun than Dr. Seuss's Green Eggs and Ham? This classic, with its rhyming text and zany illustrations, delights children of all ages while teaching them the importance of trying new foods.</p>	1	3	F
<p><b>Gregory, the Terrible Eater</b>            Sharmat, Mitchell            Scholastic Inc., 1980            What family hasn't had the problem of a child who is a "terrible eater?" It happens in all families, even goat families! Gregory, a goat, has his family worried because he doesn't like good, goat food such as cans, boxes, and shoes. Instead, he insists on eating awful things like fruits, vegetables, and eggs. How his family solves the problem of a fussy eater makes for a funny, tongue-in-cheek picture book with an important lesson for everyone.</p>	1	3	F
<p><b>Group Soup</b>            Brenner, Barbara            Viking, 1992            The Rabbit children are very hungry and can hardly wait for Mama Rabbit's delicious dinner, but Mama left them a message to make their own dinner. They decide to work together to make soup, except for Rhoda, who finally consents to contribute something to the soup. This book is part of a series by Bank Street College of Education about values and stresses the importance of cooperation and sharing. The first page has words and music for "Count Me In," a song Rhoda made up. This book can be used as a lead to a soup-making project where each child brings an ingredient from home.</p>	2	2	F
<p><b>Growing Colors</b>            McMillan, Bruce            Lothrop, Lee &amp; Shepard Books, 1988            This appealing picture book uses color photographs and one-word captions to introduce 14 fruits and vegetables and their colors. Each two-page spread has a large, close-up photo of a single fruit or vegetable, the color word to describe it, and a smaller photo of the plant. The last two pages serve an index of the fruits and vegetables. Additional pages explain that fruits and vegetables grow in a variety of colors and describe how the plants were photographed. This book can be used as an introduction to colors and fruits and vegetables for young children. It also could be used as a springboard for creative projects for older children such as photography or painting and learning more about the plant varieties.</p>	2	2	N
<p><b>Growing Vegetable Soup</b>            Ehlert, Lois            Scholastic Inc., 1987            Vivid colors and large, bold print make this deceptively simple picture book come alive. Noted author and illustrator, Lois Ehlert, takes children through the steps of growing, harvesting, and preparing vegetables for soup. Although simply written for young children, this book can serve as a catalyst for introducing older school children to a variety of vegetables and how to make soup. A recipe for vegetable soup is included.</p>	2	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Gus and Button</b> Freymann, Saxton and Joost Elffers Arthur A. Levine Books, 2001 Gus, a mushroom person, and his faithful dog, Button, leave their bland, colorless town to see the world. They brave the scary Howling Forest and discover a world of colorful fruits and vegetables and learn an important lesson about life. The imaginative illustrations in this book are created entirely from food.	2	3	F
<b>Halmoni and the Picnic</b> Choi, Sook Nyul Houghton Mifflin Co., 1993 Yunmi's grandmother, Halmoni, has only lived in New York City for two months and is uncomfortable with all the changes. From Korea, Halmoni is having difficulty adjusting to the different customs in America and is reluctant to speak the English words she's learning from Yunmi. This warm-hearted story tells how Yunmi's classmates help her grandma feel accepted and in the process, learn to enjoy new foods from Korea.	1	2	F
<b>Handa's Surprise</b> Brown, Eileen Candlewick Press, 1999 Handa puts seven delicious fruits in a basket, balances it on her head, and starts out for her friend's village. She plans to surprise her friend and wonders which fruit she will like best. But along the way, without Handa knowing it, animals quietly take the fruit piece by piece from her basket. So, how is it that she arrives at the village with a basket full of tangerines? This book, with simple text and large, colorful illustrations, is part of the Reading Together series and features information before and after the story so parents can help their children learn to read. The author also acknowledges the children in the book who are from the Luo tribe of southwest Kenya.	2	2	F
<b>Harvest Home</b> Yolen, Jane Harcourt, Inc., 2002 With lively verse and repeating refrain, award-winning author Jane Yolen celebrates the traditions of the harvest season as a young girl and her family bring in the wheat. The illustrations glow with the golden hues of autumn and the warmth of family and community. This special picture book concludes with information about harvest customs and directions for making a harvest doll.	2	3	F
<b>Harvest Time</b> Mayer, Mercer McGraw-Hill Children's Publishing, 2004 This story describes harvest time at grandpa and grandma's farm where Little Critters pick pumpkins and apples, go on a hay ride, help grandpa with outdoor chores and cook with grandma. The book is further enhanced by charming illustrations. Seven pages of activities, such as sequencing and rhyming words that focus on reading skills, are included in the back of the book.	2	3	F



Title	TN Message	Rating	F/N
<p><b>Harvest Year</b> Peterson, Cris Boyds Mills Press, Inc., 1996 Month-by-month we're introduced to a wide assortment of mouthwatering foods that are harvested throughout the United States. Large, colorful photographs and clear, concise writing enhance the appeal of this stunning picture book. Map inserts show where each food is harvested, providing a geography lesson.</p>	1	2	N
<p><b>Healthy Snacks</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly defines healthy snacks and why eating healthy foods for snacks is good for us. This book supports MyPyramid.</p>	3	1	N
<p><b>Why Snacks?</b> Hidden Cherries Lewis, Anne Margaret and Susan Hammon Mackinac Island Press, 2004 Designated "An Official Children's Book of the National Cherry Festival," this colorful picture book entices us to find Mr. Cherry on every page until, by the end of the book, we have found 100 cherries which make a pound. Along the way, we learn much about this healthy food.</p>	2	3	F
<p><b>Hockey Hero</b> Marzollo, Jean Scholastic, Inc., 1998 Hal is a star hockey player, but when he moves to a new town things change. His new team isn't doing very well and neither is Hal. His coach and his dad help him learn that he can be a star in ways other than scoring goals. Part of the Hello Reader! series, this book is at level 3 for grades 1 &amp; 2.</p>	5	2	F
<p><b>Honey Cookies</b> Hooper, Meredith Frances Lincoln Children's Books, 2004 Ben asks grandma to help him make honey cookies. When he asks her what ingredients are needed, Grandma helps Ben discover much more than how to bake cookies. He learns where milk, eggs, and wheat come from and why "dried bark" (cinnamon) is put in the batter. The book concludes with a recipe for honey cookies. Bold, colorful illustrations and text combines lyrical and the prosaic to give this book the extra ingredient of intergenerational love and warmth.</p>	1	2	F
<p><b>Hoop Queens</b> Smith, Charles R Jr. Candlewick Press, 2003 Acknowledging the influence of rap music, poet Charles R. Smith Jr. creates lively, action-packed poems celebrating the basketball prowess of twelve women who are professional players. Muted photographs of the players in action with bold and varied print size and style makes this a highly unusual and appealing book for youngsters who might otherwise not enjoy poetry. The book concludes with Poem Notes from Smith and briefly describing each player and their influence on the poems.</p>	5	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Hoops</b> Burleigh, Robert Harcourt Inc., 1997 A celebration of basketball told in verse and illustrations. The bold movements and continuous flow of the game are portrayed in this striking picture book.	5	3	F
<b>Hoops with Swoopes</b> Kuklin, Susan Hyperion Books for Children, 2001 Author and photographer, Susan Kuklin, teamed up with basketball star, Sheryl Swoopes, to create this action-filled tribute to basketball. Sparse text combined with dramatic photos of Swoopes playing basketball make this a lively picture book that is likely to inspire youngsters to shoot hoops	5	3	N
<b>Hooray for Dairy Farming!</b> Kalman, Bobbie Crabtree Publishing, 1997 Using a combination of photographs, illustrations, and concise text, this book describes life on a dairy farm. Organized into fourteen short chapters, it provides clear information about the life of cows, bulls, and calves, and the cow's nutritional product, milk. The book includes a recipe for a banana milkshake, a table of contents, vocabulary, and index.	3	1	N
<b>Hooray for Orchards!</b> Kalman, Boobie Crabtree Publishing Company, 1998 This book provides a comprehensive and interesting look at many types of orchards. Clearly written text and a combination of drawings and photographs make this a useful informational book. It includes a table of contents, recipe for apple crisp, vocabulary list with definitions, and an index.	2	2	N
<b>Hop Jump</b> Walsh, Ellen Stoll Harcourt Brace & Company, 1996 What happens when a frog gets bored with hopping and jumping? The answer? Dancing! This delightful picture book with sparse text and whimsical illustrations tells the story of a frog who leads the way to do things a little differently and influence other frogs to give it a try. This book is sure to get youngsters up and moving!	5	3	F
<b>How a Seed Grows</b> Jordan, Helene J. Harper Collins Publishers, 1992 Part of the Let's-Read-And-Find-Out Science series, stage 1, this book describes how seeds grow into plants. It shows different kinds of seeds and demonstrates how to plant bean seeds, care for them, and observe their growth. It includes an interactive format encouraging children to plant bean seeds and compare them to the book's illustrations during different stages of growth. The book concludes with a page of experiments designed to help children learn more about seeds.	2	3	N



Title	TN Message	Rating	F/N
<p><b>How Are You Peeling? Foods with Moods</b>                      Freymann, Saxton and Joost Elffers                      Scholastic Press, 1999                      This clever book about emotions uses common fruits and vegetables sculpted as characters expressing moods and feelings. The photos are humorous and the questions with them encourage a discussion of feelings. A “Note About The Art” is included and could serve as the launchpad for an art activity or creative writing experience.</p>	2	2	N
<p><b>How Can You Dance?</b>                      Walton, Rick                      G. P. Putnam’s Sons, 2001                      This book’s use of rhyming, repetition, and lively language will turn readers into dancers! Quirky, creative illustrations add to the appeal and the desire to move and turn and twist and bend.</p>	5	2	F
<p><b>How Do Apples Grow?</b>                      Maestro, Betsy                      Scholastic, Inc., 2000                      Did you know that when you bite into an apple, you’re eating part of a flower? This and other scientific information, including explanations of the male and female parts of the flower are presented, accompanied by large, labeled illustrations. This informational book is part of the Let’s-Read-and-Find-Out Science series.</p>	2	2	N
<p><b>How Do You Raise a Raisin?</b>                      Ryan, Pam Muno                      Charlesbridge Publishing, 2002                      Where do raisins come from? Who discovered raisins? How many grapes must a farmer raise to make a box of raisins? The answers to these and other intriguing questions about raisins can be found in this book that has attractive illustrations, some historical information and several recipes.</p>	2	1	N
<p><b>How Hungry Are You?</b>                      Napoli, Donna Jo and Richard Tchen                      Atheneum Books for Young Readers, 2001                      A group of cartoon-style animal friends decide to go on a picnic and take a delicious assortment of food with them. But they have a problem—how do they divide the food so everyone gets a fair share? Witty dialogue and colorful, zany cut-paper illustrations combine to introduce simple division concepts and yummy food to the readers.</p>	1	3	F
<p><b>How My Family Lives in America</b>                      Kuklin, Susan                      Bradbury Press, 1992                      Using realistic photographs and informational text, this book tells the story of the everyday life of three American families with diverse ethnic and cultural backgrounds. Told from the perspective of a child in each family, we learn about aspects of their heritage. At least one page is devoted to the food customs of families from Africa, Taiwan, and Puerto Rico. There are recipes and photos for “Sanu’s Tieou Dienn,” “Eric’s Habichuelas,” and “April’s Cold Sesame Noodles.”</p>	1	3	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>How My Parents Learned to Eat</b> Friedman, Ina R. Houghton Mifflin Co., 1984 In this lovely picture book, a little girl tells a story of how her parents met in Japan and learned to eat using each other's family practices. Her father, an American sailor, learned to use chopsticks, and her mother, a young Japanese woman, learned to use a fork, knife, and spoon. Humor and love fill the pages of this multicultural book.	1	3	F
<b>How Pizza Came to Queens</b> Khalsa, Dayal Kaur Clarkson N. Potter, Inc., 1989 What was life like before there was pizza? This delightful story tells how Mrs. Pelligrino, from Italy, came to visit the Penny family in Queens. She speaks little English so no one understands her when she looks around and mournfully says, "No pizza." The Penny children and their next-door neighbor, May, try to cheer her up and to discover what is in her mysterious green package, but nothing works until the girls go to the library to learn about pizza.	1	3	F
<b>How to Make an Apple Pie and See the World</b> Priceman, Marjorie Alfred A. Knopf, 1994 How do you get ingredients for an apple pie if the market is closed? The answer is quite simple: pack your suitcase and travel around the world from Italy to Sri Lanka to Vermont and gather the ingredients. This charming picture book includes a recipe for apple pie. It could serve as a link to geography, nutrition, and literacy, and the children might make maps to show where other foods come from.	1	2	F
<b>I Am an Apple</b> Marzollo, Jean Scholastic Inc., 1997 Using paper-collage illustrations and simple text, this Hello Reader! Preschool – Grade 1 book takes the reader on an apple-growing journey. From bud to ripening apple, through harvest and gathering seeds for future trees, readers learn about the life cycle of an apple. The last page gives children a chance to use the illustrations to retell the story.	2	2	N
<b>I Can Move</b> Suhr, Mandy Wayland Publishers, 1991 Part of the I'm Alive series, this informational book explains how our bones and muscles help us move. It has a two-page drawing of a human skeleton with major bones labeled. With simple text and lively, cartoon-style illustrations, it could be used as a read-aloud or read independently by children reading at the first-grade level. The last page contains information for adults about activities to help children learn more about how we move.	4	2	N
<b>I Smell Honey</b> Pinkney, Andrea & Brian Red Wagon Books, 1997 This sturdy board book shows a young child in the kitchen, helping mama prepare a delicious meal of sweet potato pie, catfish, red beans, and collard greens. Simple text and large, colorful illustrations combine to produce a warm, appealing book.	1	3	F



Title	TN Message	Rating	F/N
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**I Want My Banana!**

Risk, Mary

2

3

F

Barron’s Educational Series, 1996

One of the titles in the I can read Spanish series, this appealing picture book tells a simple story while introducing young children to a foreign language in a relaxed manner. Using one sentence per page written in both English and Spanish, it tells the story of a monkey who lost his banana, but finds it just in time. The book provides information for parents and teachers, a picture dictionary for key words and a simplified guide to pronouncing Spanish.

**I Will Never Not Ever Eat a Tomato**

Child, Lauren

1

2

F

Candlewick Press, 2000

Charlie is supposed to give his little sister, Lola, her dinner, but Lola is a very fussy eater. How Charlie uses his imagination to get Lola to eat makes this a funny and delightful book. Big, bold illustrations accompanied by colorful photos of food add to the appeal. It could serve as a model for creative language activities as children make up other exotic names for ordinary foods just as Charlie did.

**Ice Cream Including Great Moments in Ice Cream History**

Older, Jules

3

3

N

Charlesbridge Publishing, 2002

Divided into three parts, this book is full of fascinating information about a favorite dessert—ice cream! Written in a breezy style and illustrated with large cartoon-style drawings, the parts are: 1) Making It; 2) Great Moments in Ice Cream History; and 3) What Do You Know About Ice Cream? The book concludes with a list of related books and websites.

**Icy Watermelon**

Galindo, Mary Sue

3

3

F

Pinata Books, 2000

Using both English and Spanish words on each page, this intergenerational picture book gives a glimpse of traditions and personal experiences. It shows the love and warmth in their family stories evoked by eating watermelons together. This story could serve as a springboard for children to collect family traditions centering on sharing special foods.

**If You Give A Pig A Pancake**

Numeroff, Laura

1

3

F

Scholastic Inc., 1998

This delightful picture book follows the format made popular in If You Give a Mouse a Cookie and other similar titles. It uses the familiar “if-then” pattern as an adorable pig takes a little girl through a series of hilarious adventures. Clever and witty, it’s a perfect way to help young children understand cause and effect while enjoying an imaginative story and appealing illustrations.



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>I'm a Seed</b> Marzollo, Jean Scholastic Inc., 1996 Part of the Hello Reader, Level 1 Science series, this book features conversations between two seeds as they are growing. As the story unfolds, children can make predictions about each plant based on clues given by the seeds. One is a marigold plant; the other is a pumpkin plant. With appealing cut-paper illustrations and simple text, this picture book could be used as a read-aloud for young children or independent reading for beginning readers."	1	3	F
<b>I'm Growing</b> Aliki Harper Collins Publishers, 1992 "Look at me! I'm growing and growing and growing." In this delightful picture book, a young boy describes how his body is changing and growing and how others, both young and old, change too. The importance of eating healthy food and playing outdoors are also part of his story. The appealing illustrations reflect ethnic diversity and enhance the information about human growth and development.	1	1	N
<b>In My Momma's Kitchen</b> Nolen, Jerdine Lothrop, Lee & Shepard Books, 1999 Centered on the kitchen, this richly illustrated picture book celebrates African-American families. Written as eight short chapters, each describes an experience such as Talking Pots Day when all the aunts gather to make the biggest pot of soup in town, and Corn Pudding Time when Daddy takes over the kitchen. The engaging stories are told through the eyes of a young girl. The illustrations from gold-toned oil paintings convey a sense of family warmth and love that make this a highly appealing book.	1	3	F
<b>In the Kitchen</b> Canizares, Susan and Betsey Chessen Scholastic Inc., 1999 This easy-to-read informational book, part of the Emergent Readers series, asks the question: What happens in the kitchen? It then answers the question using colorful photographs with one-word captions. The book concludes with two pages of more detailed information for the teacher or parent. This format could be easily adapted for the class to make their own informational books about cooking or family mealtime.	1	2	N
<b>Inch by Inch: The Garden Song</b> Mallett, David Harper Collins Publishers, 1995 Simple but colorful illustrations enliven the words to "The Garden Song" that is a joyous celebration of gardening and singing. This picture book could be used by itself or with a gardening project. Illustrations of fruits and vegetables decorate the inside covers. The book includes the music for the song.	2	3	F



Title	TN Message	Rating	F/N
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**It's Disgusting and We Ate It! True Food Facts From Around the World and Throughout History**

Solheim, James Scholastic Inc., 1999	1	2	N
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Want to learn about earthworm soup or bird's-nest soup? This book is full of fascinating facts about the variety of strange and unique foods eaten around the world and over the years. It also has witty poems, maps, and recipes. Organized into three parts, the book has a table of contents, bibliography, and index. Realistic illustrations add to the witty and slightly zany flavor of this book.

**It's Just a Game**

Farrell, John Boyds Mills Press, 1999	5	2	F
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The soccer team is having lots of fun, until the adults get involved and start yelling and criticizing. The kids teach the grown-ups the importance of good sportsmanship and that trying hard and having fun are more important than winning. Rhyming and repetition and appealing illustrations make this book a winner.

**Jalapeño Bagels**

Wing, Natasha Atheneum Books for Young Readers, 1996	2	2	F
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Pablo is supposed to take food to school for International Day that represents his culture, but his mother is Mexican and his father is Jewish. How can he decide what to bring? Although the story is fiction, it's based on an actual Mexican-Jewish bakery in California. Recipes for "Chango Bars" and "Jalapeño Bagels" are included, as well as a glossary of Spanish and Yiddish food terms used in the story.

**Jamie O'Rourke and the Big Potato**

de Paola, Tomie Scholastic Inc., 1992	2	3	F
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This charming Irish folktale is sure to make everyone laugh as it relates the adventures of Jamie O'Rourke, the laziest man in all of Ireland. When Jamie accepts a magic potato seed from a leprechaun instead of a pot of gold, the fun is just beginning. The author provides notes about the story describing his grandfather's influence on his own storytelling.

**Jody's Beans**

Doyle, Malachy Candlewick Press, 1999	2	2	F
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This gentle, intergenerational story tells about Jody and her Grandpa planting runner beans. It shows how they water, stake, pick, cook and eat the beans. Appealing, watercolor illustrations with a timeless quality show the growth of the beans throughout the summer. An index to learning about beans is included, as well as, information about the author and illustrator. This book could serve as directions for children who want to plant and grow their own beans.



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>June 29, 1999</b> Wiesner, David Clarion Books, 1992 Caldecott Award winner David Wiesner takes us on a whimsical adventure when Holly Evans conducts a science experiment to study the effects of extra-terrestrial conditions on vegetables. Full of imaginative word play and fantasy depicted as reality, this picture book views vegetables in a new light that is bound to delight readers and spark creative responses.	1	3	F
<b>Just Enough Carrots</b> Murphy, Stuart J. Harper Trophy, 1997 A MathStart book, this clever story introduces the concepts of fewer, same, and more as a rabbit and his mother go shopping. But why are they shopping for peanuts and worms along with their carrots? The book concludes with two pages of ideas to extend these math concepts.	2	3	F
<b>Just Right Stew</b> English, Karen Boyd's Mills Press, 1998 Told in first person by a young girl, this charming picture book tells the story of a warm and loving African American family trying to prepare a pot of oxtail stew for grandma's birthday dinner that tastes just like how grandma used to make it. Each grown-up daughter tries to outdo the others with a missing ingredient, but finally it is grandma who secretly provides it. Rich oil paintings complement this witty story.	1	2	F
<b>King of Pizza, The</b> Sanzari, Sylvester Workman Publishing, 1995 The king is always hungry even though the best chefs in the world prepare their finest dishes for him. One morning the king decides to disguise himself as a beggar and sets out to learn what his subjects eat. He not only discovers pizza, but also discovers the importance of generosity, love, and caring for those who are less fortunate. The story concludes with the king sending out a royal decree making every Saturday night "Pizza Night at the Palace." At the back of the book is information about King Ferdinand whose real-life story inspired this story and also a recipe for Salvatore's Rainbow Pizza.	1	3	F
<b>Kiss the Cow!</b> Root, Phyllis Candlewick Press, 2000 Mama May has many children, but none is more stubborn and curious than Annalisa. Mama May keeps her family in milk and cheese by singing a lovely song and kissing Luella, the cow, on her velvety brown nose. Annalisa decides to disobey her mother and try to milk Luella by herself with disastrous results. This humorous story is enhanced with charming, colorful illustrations. Note: the Food Guide Pyramid appears in this book and is now outdated. For information on the new MyPyramid, go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a> .	3	3	F



Title	TN Message	Rating	F/N
<p><b>Kitchen Science</b> Halpern, Monica National Geographic Society, 2002 This informational book poses the question: Are you a scientist? Then It helps children answer it by describing processes scientists use—observing, measuring, classifying, predicting, and experimenting—within an ordinary kitchen. Part of National Geographic’s Windows on Literacy series (Level 20: Fluent Plus), it uses photographs of a child conducting science experiments in a kitchen to complement the clearly-written text. Teaching notes for adults are included.</p>	1	3	N
<p><b>Let The Games Begin!</b> Ajmera, Maya and Michael J. Regan Charlesbridge Publishing, 2000 Photographs and quotes from children around the world capture the joy and importance of sports. The accompanying text describes how kids enjoy sports and what they learn from them no matter where they live.</p>	4	1	N
<p><b>Let’s Eat!</b> Zamorano, Ana Scholastic Inc., 1996 Every day Antonio’s Mama prepares a delicious meal such as chickpea soup, empanada, sardinas, gazpacho, or roast pollo for her extended family. But, one day Mama is not there — she has gone to the hospital to have a new baby. When she returns, the entire family celebrates with a feast of prawns, crab, squid, mussels, and saffron rice for paella. Julie Vivas’s distinctive illustrations show the love and warmth the Spanish family shares together with their food. It includes a glossary of Spanish words used in the text.</p>	1	2	F
<p><b>Let’s Eat!</b> Kelley, True E.P. Dutton, 1989 Using simple headings and cartoon-style illustrations, this picture book shows aspects of eating from how people eat to where food comes from, to eating equipment and etiquette. Described as a “buffet-style” book, each page provides detailed illustrations. This book could be used to promote discussion about food and develop vocabulary.</p>	1	2	N
<p><b>Let’s Get the Rhythm</b> Miranda, Anne Scholastic Inc., 1994 This chant engages young children in a series of movements such as snapping, clapping, stamping, and shaking. Lively illustrations demonstrate each one. This book could be used as a read-aloud with an entire class or read independently by beginning readers.</p>	4	3	N
<p><b>Life and Times of the Apple, The</b> Micucci, Charles Orchard Books, 1995 This book provides a wealth of information about apples, including how they grow and are harvested, varieties, uses, and historical facts. Some of the information, such as cross-fertilization and grafting, is quite technical. However, it is presented clearly and with drawings. The book includes a “Table of Contents” and concludes with the “Legend of Johnny Appleseed.”</p>	2	1	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Lima's Red Hot Chilli</b> Mills, David Mantra Publishing, 1999 Written in both Spanish and English, this charming book tells the story of Lima, who comes home hungry and then eats a red hot chilli even though her mother tells her not to. The story cleverly introduces the names of various foods in both English and Spanish. The book is also available in English and numerous other languages.	1	3	F
<b>Little Apple: A Book of Thanks</b> Weninger, Brigitte Scholastic Inc., 2001 This lovely picture book is the English translation of the original written in German and published in Switzerland. Using lyrical language and warm, appealing illustrations, it celebrates the beauty and wonder of apples while providing basic information about how they grow.	2	2	N
<b>Little Bit of Soul Food, A</b> Sanger, Amy Wilson Tricycle Press, 2004 Beginning with biscuits and grits with gravy for breakfast, a young child describes favorite foods of family members. This sturdy board book is colorful and appealing, however the illustrations might be confusing to some children. The food illustrations are made from cut paper and fabric that is then photographed to appear as actual food. The back cover lists the food in the book and explains what they are.	1	3	F
<b>Little Nino's Pizzeria</b> Barbour, Karen Harcourt, Brace & Company, 1987 Tony's dad, Nino, makes the best pizza in the world and Tony likes to help him at their small family restaurant, Little Nino's. But when Nino closes the restaurant so he can open a bigger one and make more money, everything changes, and not necessarily for the better. This appealing picture book with colorful illustrations helps children explore issues of what's truly important."	1	3	F
<b>Little Pea</b> Rosenthal, Amy Krouse Chronicle Books, 2005 In this delightful twist to the age-old dilemma of helping children develop healthy eating habits, Little Pea must eat five pieces of candy before he is allowed to have his favorite dessert of spinach. This charming story is for every family that struggles with getting children to eat their vegetables before having dessert.	1	3	F
<b>Little Red Hen Makes a Pizza, The</b> Sturges, Philemon Scholastic Inc., 1999 In this charming and amusing version of a familiar folk tale, The Little Red Hen decides to make a pizza but finds herself without a pizza pan and the necessary ingredients. As in the original version, duck, dog, and cat are unwilling to help with the work but are very willing to partake of the results. However, this story has a surprise twist at the end. Along the way, children are introduced to a variety of foods, some of which may be new to them.	1	2	F



Title	TN Message	Rating	F/N
<p><b>Little Red Hen Makes Soup</b> Williams, Rozanne Lanczak Creative Teaching Press, 2003 In a simple variation of the folktale, Little Red Hen and her friends make vegetable soup. The story uses repetition and has colorful illustrations. The book concludes with a list of new and review sight words.</p>	1	3	F
<p><b>Little Red Hen, The</b> Downard, Barry Simon &amp; Schuster Books for Young Readers, 2004 New life and humor are infused into this version of the traditional folk tale about the little red hen who asks other animals to help her make bread and gets the same response: "Not I." Large, bold photo collages of animals with human-style props provide a hilarious visual treat.</p>	2	3	F
<p><b>Loaves of Fun</b> Harbison, Elizabeth M. Chicago Review Press, 1997 Take a trip back in time and around the world with this historical look at the importance of bread in ancient and modern civilizations. You'll learn fascinating tidbits of history and experience the thrill of using recipes from other lands and times. Although the book is written for children, it might be more effectively used as a teacher resource and occasional read-aloud. Written in an engaging manner, the book is mostly text with black and white line drawings.</p>	2	2	N
<p><b>Lunch</b> Fleming, Denise Scholastic Inc., 1992 Mouse was so hungry. He ate many fruits and vegetables on the kitchen table. Large, brightly colored illustrations and a simple text engage young children in learning about fruits and vegetables. This picture book lends itself to reading aloud over and over again; let children guess the names of the foods from the word and picture clues.</p>	2	2	F
<p><b>Lunch Box Surprise, The</b> Maccarone, Grace Scholastic Inc., 1995 This Hello Reader, Level 1 book uses simple text to describe what each child brought to school for lunch. But, Sam's mother forgot to pack anything for him, so the other children share with him. The illustrations show a multicultural class with one child in a wheelchair. A beginning reader would be able to read this book independently.</p>	1	3	F
<p><b>Lunch Line, The</b> Nagel, Karen Berman Scholastic Inc., 1996 This book is part of the Hello Reader Math Series, Level 3 for Grades 1 &amp; 2. Using simple text and cartoon-style illustrations, it provides a real life situation where Kim and her friends must decide how to spend their lunch money in the school cafeteria. The book concludes with six pages of suggested math activities based on the story.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Mabel the Tooth Fairy and How She Got Her Job</b> Davis, Katie Harcourt, Inc., 2003 Mabel is the very first tooth fairy ever, but she wasn't always a tooth fairy. First, she was just a regular fairy but she hated brushing her teeth, flossing, and going to the dentist. You can imagine what happened to Mabel's teeth! This witty, clever story tells how Mabel decided to take kids' teeth to replace her own, and the problems that arose from those adventures. Mabel learns important lessons about dental hygiene while still making children happy as the tooth fairy.	1	3	F
<b>Magda's Tortillas, Las tortillas de Magda</b> Chavarria-Chairez, Becky Pinata Books, 2000 It's Magda's seventh birthday, and grandma has promised to give Magda her first tortilla-making lesson. But when Magda's tortillas don't turn out perfectly round, her grandma helps her handle her disappointment by learning to appreciate their creative shapes. This picture book has warm, appealing illustrations and is written in both English and Spanish.	2	2	F
<b>Magic School Bus Inside a Beehive, The</b> Cole, Joanna Scholastic Press, 1996 The ever-popular Magic School Bus series looks at honeybees. In the context of the magical adventures of Ms. Frizzle's class, children learn important facts about bees, how they live and work, and how honey is produced. When Ms. Frizzle's students become bees, they experience the life cycle of a bee and its dangers. With its cartoon-like illustrations and witty humor, this book teaches information in a way that is easy for elementary students to understand and remember.	1	2	F
<b>Make Me a Peanut Butter Sandwich and a Glass of Milk</b> Robbins, Ken Scholastic Inc., 1992 What do a wheat field, a cow, and a handful of peanuts have in common? This informative book answers that question by describing things that result in America's favorite after-school snack—a peanut butter sandwich and a glass of milk. While the snack may seem simple, what it takes to put it on the table is not. Hand-tinted photos highlight clearly written text in this farm-to-table book.	1	2	N
<b>Make Way for Tooth Decay</b> Katz, Bobbi Scholastic, Inc., 1999 Using rhyming verse and cartoon-style illustrations, we learn how bacteria make teeth decay and how to prevent that. Lively and witty, it introduces basic dental hygiene concepts. From the Hello Reader! Science Level 3 series, this book is a read-aloud for young children preceding a discussion or demonstration about how to care for your teeth.	1	2	N



Title	TN Message	Rating	F/N
<p><b>Making Minestrone</b>                      Blackstone, Stella                      Barefoot Books, 2000                      Multicultural illustrations featuring lively children surrounded by friendly animals show them exploring the garden and gathering vegetables to make minestrone soup. The rhyming text celebrates gifts of nature to make a nourishing soup. The recipe, included in this picture book, could be used for a class cooking project.</p>	2	2	N
<p><b>Marge's Diner</b>                      Gibbons, Gail                      Thomas Y. Crowell Co., 1989                      Classified as nonfiction, this picture book tells about a typical day in the life of Marge, her diner, and the people who eat and work there. Open 24 hours a day, the diner is a microcosm of small town life. Teachers could use this book to start a discussion on restaurants and ask students to develop a menu for their own restaurant.</p>	1	3	N
<p><b>Market Day</b>                      Ehlert, Lois                      Harcourt, Inc., 2000                      Using bold, folk art-collage illustrations, author/illustrator, Lois Ehlert, tells the simple story of a family taking its farm produce to market in the town square. This picture book includes a section called "Where did they come from? What are they made of?" It identifies the country of origin and describes the materials that make up the objects in her collage illustrations.</p>	1	3	F
<p><b>Markets</b>                      Chanko, Pamela and Samantha Berger                      Scholastic Inc., 1999                      This easy-to-read informational book, part of the Emergent Readers series, asks the question: What do markets sell? It then answers the question using colorful photographs and simple sentences with repeating phrases. The book concludes with two pages of more detailed information for the teacher or parent. This format could be easily adapted for the class to make their own informational books.</p>	1	2	N
<p><b>Max and Ruby's Midas</b>                      Wells, Rosemary                      Puffin Books, 1995                      Max's big sister is worried because Max loves to eat sweets. She tries to cure him of his sweet tooth by reading an altered version of the Greek myth about Midas and the magic touch. This story of young Prince Midas, who turns healthy foods into delicious desserts, is a delightfully witty fantasy with an important message about healthy eating.</p>	1	3	F
<p><b>Max's Breakfast</b>                      Wells, Rosemary                      Dial Books for Young Readers, 1985                      Constructed of heavy cardboard, this book for young children tells the story of when Max doesn't want to eat his egg for breakfast. Simple text and clever illustrations show how one little rabbit outwits his mother.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Me and My Amazing Body</b> Sweeney, Joan Scholastic Inc., 1999 Written in a lively style and easy to understand, this informational book describes important parts of the body, including skin, bones, muscles, brain, blood, heart, lungs, and stomach. Large, color illustrations aid in explaining how each works and why they are important. The book concludes with two pages of "Amazing Body Facts."	1	1	N
<b>Meat and Beans Group, The</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes the Meat and Beans Group, how to make healthier choices within this food group, and how foods in the meat and beans group are good for us. This book supports MyPyramid.	3	1	N
<b>Mia Hamm: Winners Never Quit!</b> Hamm, Mia Harper Collins Publishers, 2004 As a child, Mia Hamm loved playing soccer with her brothers and sisters, but when she didn't win she became angry and quit. This story tells how she learned the importance of being part of a team, and how to lose gracefully. The book concludes with a personal message from Mia and two pages of personal photographs of Mia playing soccer.	5	2	N
<b>Mighty Jackie: The Strike-Out Queen</b> Moss, Marissa Simon & Schuster Books for Young Readers, 2004 This exciting picture book tells the story of Jackie Mitchell, the first femal professional pitcher, who demonstrated that women could compete in what was considered a man's game. Large, realistic illustrations complement the text and help make the story come alive. The book concludes with an Author's Note about Jackie Mitchell, "The Girl Who Struck Out Babe Ruth."	5	2	N
<b>Milk Group, The</b> Schuh, Mari Capstone Press, 2006 This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes the Milk Group, how to make healthier choices within this food group, and how foods in the milk group are good for us. This book supports MyPyramid.	4	1	N
<b>Milk Makers, The</b> Gibbons, Gail Scholastic Inc., 1985 From dairy cows grazing in a meadow to trucks delivering milk containers to stores, this informative book traces how milk gets to our tables. Illustrations and diagrams describe how the food eaten by cows becomes milk. Vocabulary is introduced such as the scientific names of the parts of a cow's stomach, and it shows breeds of dairy cows. A chart illustrating several types of milk and other dairy products is included.	3	2	N



Title	TN Message	Rating	F/N
<p><b>Milk to Ice Cream</b>                      Snyder, Inez                      Scholastic Inc., 2003                      Part of the Welcome Books series, this informational book features a boy and his dad making ice cream. Using simple text and large photographs, it takes the reader through the process of making ice cream at home. The book has a table of contents, vocabulary list, listing of additional resources and an index.</p>	3	2	N
<p><b>Milk: From Cow to Carton</b>                      Alik                      Harper Collins Publishers, 1992                      Part of the Let's-Read-and-Find-Out Science series, this informative book shows how we get milk. It describes the entire process from farm to dairy, to stores, and to your home. Diagrams with technical vocabulary and cartoons supplement the text. Because of the way it is designed, the book could be used to provide information on several levels, from very basic to more complex.</p>	3	1	N
<p><b>Miss Mabel's Table</b>                      Chandra, Deborah                      Browndeer Press, 1994                      Using repetition and a cumulative counting rhyme, children become familiar with the ingredients for hot, golden pancakes and with the charming, red-headed lady who makes them. Illustrations on alternating pages depict Miss Mabel as she awakens, feeds her cat, and travels to her restaurant on the other side of town. This charming picture book concludes with Miss Mabel serving pancakes at her restaurant to the ten people she met during her morning journey.</p>	1	2	F
<p><b>Monster Health Book: A Guide to Eating Healthy, Being Active &amp; Feeling Great for Monsters &amp; Kids!, The</b>                      Miller, Edward                      Holiday House, 2006                      Both monsters and children need to eat healthy food and engage in plenty of physical activity. This book cleverly uses a big green monster to provide a wealth of information on MyPyramid and other important related topics such as healthy snacks.</p>	1	1	N
<p><b>More Spaghetti, I Say!</b>                      Gelman, Rita Golden                      Scholastic Inc., 1992                      Minnie, the monkey, can do many things with spaghetti, especially when she is trying to avoid playing with Freddy. A humorous Hello Reader! Kindergarten – Grade 2 book that appeals to their sense of humor; children will have fun dramatizing the story and brainstorming other things to do with spaghetti or other foods. Beginning readers, also, will enjoy reading this book independently.</p>	2	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Mott's A is for Apple: and all things that grow!</b> Bryant, Megan E. and Monique Z. Stephens Grosset & Dunlap, 2002 Large, colorful fruits, vegetables and plants illustrate the letters of the alphabet in this engaging picture book for young children. The last two pages of the book provide interesting factual information on each item presented with a letter of the alphabet.	2	1	N
<b>Mr. Belinsky's Bagels</b> Schwartz, Ellen Talewinds Books, 1997 Mr. Belinsky makes the best bagels in town and his loyal customers love and depend upon him. When a fancy new bakery opens across the street, Mr. Belinsky decides to make other baked goods to stay in business. But, success comes with a price that Mr. Belinsky decides is too high. This heart-warming picture book and illustrations can be used to stimulate discussion about Mr. Belinsky's decisions. The book concludes with a page of factual information about the history of bagels.	2	2	F
<b>My Amazing Body: A First Look at Health and Fitness</b> Thomas, Pat Barron's Educational Series, 2000 This colorful picture book informs and celebrates children's amazing bodies. Written in a clear and lively manner, it explores many aspects of health and fitness encouraging children to eat healthy, try new foods, be active and take care of themselves. The book concludes with information for adults, a glossary, a list of organizations and a bibliography of related books.	5	1	N
<b>My Body, Head to Toe</b> Bullard, Lisa Picture Window Books, 2003 Anna learns about her body from her aunt, a doctor, and by playing doctor with her pet cat. The story presents information about the basic parts of the human body and the importance of eating healthy and being active. The illustrations reflect ethnic diversity. The book concludes with activities, vocabulary with definitions, and a bibliography of print and web site resources.	5	2	F
<b>My Breakfast: A Book About a Great Morning Meal</b> Feldman, Heather Rosen Publishing Group, 2000 A young boy describes what he is having for breakfast. Simple text and large, colorful photographs complement each other to produce a positive, enthusiastic message about the importance of a good breakfast. Part of the My World series, this book has a table of contents, pictorial vocabulary list, book and Internet resources, an index and note to librarians, teachers and parents.	1	1	N



Title	TN Message	Rating	F/N
<p><b>My Dentist is Not a Monster</b> Moffatt, Julia School Specialty Children's Publishing, 2004 It is Danny's first trip to the dentist and he is afraid. His brother told him scary stories including that the dentist is a big monster who lives in a cave. Danny hides under his bed but his mother finds him and they go to the dentist. Much to his surprise, the dentist is very nice and Danny has lots of fun. The simple text with bright illustrations convey a positive message about dental hygiene.</p>	1	2	F
<p><b>My Two Hands/My Two Feet</b> Walton, Rick G. P. Putnam's Sons, 2000 This book is written as two-books-in-one. First, you read one story and, then, turn the book over and read the other story. Using rhyming words, two girls describe how they use their hands and feet in their daily activities. This unique picture book has colorful, cut-paper illustrations. It could be used as a read-aloud with the class imitating what each girl does with her hands and feet.</p>	4	3	F
<p><b>My Wobbly Tooth Must Not Ever Never Fall Out</b> Child, Lauren Grosset &amp; Dunlap, 2006 Charlie's little sister does "not ever never want my wobbly tooth to fall out." But when her friend tells her about the tooth fairy, she changes her mind. This quirky story charms the reader with its child's eye view of losing a first tooth and how friends and brothers and sisters interact. Imaginative collage-style illustrations add to the warmth and appeal of the book.</p>	N/A	3	F
<p><b>NBA All-Time Super Scorers</b> Buckley, James Jr. Scholastic Inc., 2001 Part of the Read to Achieve series for ages 7-10, this informational book will intrigue and satisfy young fans of men's professional basketball. Full of photographs, it briefly describes several types of basketball shots as background for portraying the careers of basketball stars.</p>	5	3	N
<p><b>No More Vegetables!</b> Rubel, Nicole Farrar, Straus and Giroux, 2002 Ruthie hates vegetables and refuses to eat them. She even has nightmares about vegetables and makes up silly rhymes about them in school. Her mother tells Ruthie she doesn't have to eat any more vegetables as long as she helps her mom plant and grow vegetables in the family garden. Ruthie agrees, with surprising results. Note: the outdated Food Guide Pyramid appears in this book. For information on the new MyPyramid, go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a>.</p>	2	2	F
<p><b>Noisy Breakfast</b> Blonder, Ellen Scholastic Inc., 1994 The simple sentences on each page describe preparing and eating breakfast. The fanciful illustrations of a mouse and dog entertain the reader. Beginning readers will enjoy reading this picture book independently.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Oh Say Can You Seed?</b> Worth, Bonnie Random House, 2001 This book is subtitled "All About Flowering Plants" from The Cat in the Hat's Learning Library. Told in rhyming text by the Cat in the Hat, it gives an overview of how plants grow and make their own food. Technical terms are defined in a clear, easy-to-understand way with large, well-labeled illustrations. The Cat in the Hat provides a light touch to this information and makes comparisons with familiar things. The book ends with a glossary, bibliography, and index and is a useful resource to learn about plants."	2	3	N
<b>Oh, No, Toto!</b> Tchana, Katrin Scholastic Press, 1997 Toto is an affectionate name for a young child who loves food. In this richly illustrated picture book about life in Cameroon, West Africa, Toto is a lively two-year-old with an insatiable appetite and is full of curiosity. We follow his antics throughout one day as Big Mami, his grandma, takes him to the market where he gets into mischief. The book concludes with information about languages spoken in the Republic of Cameroon, a glossary of Cameroonian foods from the story, and a recipe for "Egussi Soup."	1	2	F
<b>Oliver's Fruit Salad</b> French, Vivian Orchard Books, 1998 In this sequel to Oliver's Vegetables, Oliver goes shopping with his mother to help choose fruits, cut them up, and make fruit salad. But when it's time to eat, Oliver decides he doesn't like fruit, especially if it didn't come from Grandpa's garden. Big, bright illustrations and a clever text make this an excellent book to introduce young children to a variety of fruits and as a lead-in to a fruit-tasting experience.	2	2	F
<b>Oliver's Vegetables</b> French, Vivian Orchard Books, 1995 Grandpa and Oliver have a bargain. Oliver can have French fries only if he finds them in the garden. If not, they will eat whatever Oliver picks. Will Oliver ever find those potatoes? Children will enjoy hearing or reading about Oliver's experiences in this appealing, intergenerational picture book as he tries new vegetables in his quest for French fried potatoes.	2	2	F
<b>One Bean</b> Rockwell, Anne Walker and Company, 1998 This simple, informative book describes starting with one bean and growing a bean plant. Told through the eyes of a child, the text is engaging and the cut-paper illustrations appealing. It could be read aloud to young children as an introduction to a bean growing experience. The last two pages use smaller print to provide more information about beans and suggestions for additional activities.	2	2	N



Title	TN Message	Rating	F/N
<p><b>One Potato</b> Pomeroy, Diana Harcourt Brace &amp; Company, 1996 Using potato print illustrations, this counting book features delicious looking fruits, vegetables, and seeds to count up to 100. Both young and older readers will enjoy looking at the unusual illustrations and then making their own books using potato printing. Directions and ideas for project are included.</p>	2	2	N
<p><b>One Watermelon Seed</b> Lottridge, Celia Barker Oxford University Press, 1986 Max and Josephine plant a garden starting with one watermelon seed and finishing with ten corn seeds. This charming counting book uses brightly colored illustrations and brief text to show children planting and harvesting their garden. In the spring, the seeds and plants are counted one-by-one and in the fall, the produce is counted by tens, concluding with one hundred ears of corn that will become hundreds and thousands of big white crunchy puffs of popcorn.</p>	2	2	N
<p><b>One, Two, Three!</b> Booth, David - Editor The Wright Group, 1995 This collection of four short selections provides counting and rhyming experiences for young readers. Each is accompanied by colorful, whimsical illustrations that add to the appeal of their lively language. Used as jump rope rhymes, the selections are: "One White Sail: A Caribbean Counting Book;" "One, Two, Three!;" "Take Me Out to the Ball Game;" and "The Cat Came Back."</p>	5	3	F
<p><b>Orange Juice</b> Chessen, Betsey and Pamela Chanko Scholastic Inc., 1998 Part of the Emergent Readers series, this easy-to-read book presents basic information about how we get orange juice. It uses colorful photographs and simple sentences with repeating phrases that engage beginning readers. The book concludes with two pages of more detailed information for the teacher and parent.</p>	2	2	N
<p><b>Our Community Garden</b> Pollak, Barbara Beyond Words Publishing, 2004 This delightful story describes the fun and learning that occur as a group of ethnically diverse children play and work in a community garden. Colorful folk art illustrations add appeal to this book. It concludes with web site information about starting a community garden. A salsa recipe is included in this book.</p>	2	2	F
<p><b>Out and About at the Apple Orchard</b> Mayr, Diane Picture Window Books, 2003 Take a field trip to the Shiny Apple Farm, and learn what is involved in growing apples. Part of a series, this book includes a floating fruit experiment, fun facts about apples, a glossary, additional print and Internet resources and an index.</p>	2	2	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Out and About at the Bakery</b> Ericsson, Jennifer A. Picture Window Books, 2003 Take a field trip to Franz's bakery and learn how baked goods are made. Part of a series, this book includes an activity for testing yeast, fun facts about bread, a glossary, additional print and Internet resources and an index.	2	2	N
<b>Out and About at the Dairy Farm</b> Murphy, Andy Picture Window Books, 2003 When a group of children go on a field trip to a dairy farm, they make a list of things to find out. Each two-page spread in this picture book contains basic information on one page and in-depth information on the other. The book concludes with a recipe for easy ice cream, fun facts about cows, vocabulary words, a list of resources and an index.	3	2	N
<b>Pancakes for Breakfast</b> de Paola, Tomie Scholastic Inc., 1978 This delightfully illustrated, wordless picture book takes readers through all the necessary steps to gather the ingredients needed for pancakes. But what happens when the pets eat all the ingredients before breakfast is ready? Children will enjoy telling the story that the illustrations show. Creative drama, problem solving, and writing can easily be incorporated in the lesson by using this book.	1	3	F
<b>Pancakes, Crakers, and Pizza</b> Eberts, Marjorie and Margaret Gisler Scholastic Inc., 2002 A Rookie Reader, this simple book presents Eddy eating foods that represent various shapes, such as triangle for pizza and square for cracker. Simply written and illustrated, this book concludes with a word list.	2	3	F
<b>Pancakes, Pancakes!</b> Carle, Eric Picture Book Studio, 1990 Jack wants to have a pancake for breakfast. But, he must follow his mother's instructions to gather all of the ingredients and necessary utensils, and then help her cook it. Eric Carle's bold illustrations and distinctive story-telling style make this a read-aloud children will want to hear over and over. It also could be used as an introduction to a classroom cooking project.	1	2	F
<b>Parts</b> Arnold, Tedd Scholastic Inc., 1999 A young boy wonders what's happening to his body when he notices such things as pieces of hair in his comb, bits of skin peeling off his toes and a loose tooth. Does this mean that the glue that holds his parts together isn't working anymore?! This picture book cleverly explains that these and other bodily occurrences are normal. Colorful, exaggerated illustrations and witty text are combined to produce an amusing story that addresses some typical childhood fears.	5	3	F



Title	TN Message	Rating	F/N
<b>Peanut Butter and Jelly</b> Westcott, Nadine Bernard Trumpet Club, 1987 How do you make a peanut butter and jelly sandwich? This variation on a popular play rhyme engages children in clapping and hand motions while chanting verses that describe making a peanut butter and jelly sandwich. Whimsical illustrations help make this book a favorite of young children. Beginning readers will enjoy reading independently and children can create more verses to this rhyme.	1	3	F
<b>Peanut Butter Party</b> Charlip, Remy Tricycle Press, 1999 This delightful book is full of creative, practical ideas for peanut butter including parties, games, jokes, riddles, plays, decorations, and songs. Simple recipes, such as peanut butter play dough, and directions for activities that can be done with minimal adult supervision are included. Pages contain clever quotes from kids about peanut butter and could serve as a springboard for activities and creative writing.	1	2	N
<b>Peanut Butter, Apple Butter, Cinnamon Toast: Food Riddles for You to Guess</b> Palacios, Argentina Steck-Vaughn Company, 1992 From the Ready, Set, Read series, this picture book presents food riddles with easy text and appealing illustrations. Children will enjoy guessing the riddles. This book can be used as a read-aloud or as independent reading for beginning readers. It can also serve as a model for children to write their own food riddles.	1	2	F
<b>Pick, Pull, Snap!</b> Schaefer, Lola M. Greenwillow Books, 2003 Lyrical language and gigantic, pastel paintings on foldout pages describe how plants flower, create seeds and bear fruit. The last two pages provide additional information on how pears, raspberries, corn, peaches, peanuts and pumpkins grow from flower to fruit.	2	2	N
<b>Picking Apples &amp; Pumpkins</b> Hutchings, Amy and Richard Scholastic Inc., 1994 Kristy and her friends and family go to an orchard to pick apples and choose pumpkins. This book uses photos of an actual family to convey the fun and warmth involved in doing things together as a family. They also learn about the delicious things that can be made from apples. When they return home, they help Grandma make an apple pie and help Dad carve their pumpkins.	2	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Pickles in My Soup</b> Pearson, Mary Children's Press, 1999 A Rookie Reader Book, this humorous story celebrates a girl who loves pickles and eats them in many unusual combinations with other foods. The cartoon-style illustrations add to the gaiety and sense of fun that will appeal to beginning readers. The last page of the book contains a word list and information about the author and illustrator.	2	3	F
<b>Pickles to Pittsburgh</b> Barrett, Judi Atheneum Books for Young Readers, 1997 In this sequel to Cloudy with a Chance of Meatballs, the town of Chewandswallow continues its crazy weather patterns, but people have found a way to share the excess food with the rest of the world. This book makes an excellent read-aloud and has the additional theme of sharing resources with the world community.	1	2	F
<b>Pie in the Sky</b> Ehlert, Lois Harcourt, Inc., 2004 Do pies grow on trees? A father tells his child that the cherry tree in their backyard is a pie tree, and together they watch the cherries ripen and are ready to be picked. The charming farm to table picture book with collage illustrations in Ehlert's signature style includes a recipe for cherry pie.	2	3	F
<b>Pigs in the Pantry: Fun with Math and Cooking</b> Axelrod, Amy Scholastic Inc., 1997 Need to put some "spice" into teaching measurements to your class? This picture book, with the misadventures of the Pig Family and its recipe for "Firehouse Chili," will have readers laughing while learning the practical application of correct measurements. When Mr. Pig misreads the directions, the result is a comic disaster. The book concludes with a page of measurement facts and some questions that children can answer from the story.	1	2	F
<b>Pilobolus: The Human Alphabet</b> Kane, John - photographer Roaring Brook Press, 2005 Pilobolus is a 35-year-old American dance company with an international reputation. In this creative presentation of the alphabet, the dancers illustrate each letter as their bodies bend, twist and are shaped into ingenious designs. Colorful and joyous, this picture book celebrates creativity, the human body and the alphabet.	5	3	N
<b>Pizza</b> Romay, Saturnino Scholastic Inc., 1994 This short picture book has one word sentences accompanying illustrations of a baker making a pizza. It begins with "Measure." And, concludes with "Eat!" The last page has a recipe for "Easy Pizza," using sliced English muffins, tomato sauce, and shredded mozzarella cheese.	1	2	N



Title	TN Message	Rating	F/N
<p><b>Pizza at Sally's</b> Wellington, Monica Dutton Children's Books, 2006 Sally the pizza maker grows tomatoes in the community garden, buys cheese from the store next door, and orders flour from wheat farms. She cuts, chops, stirs, and simmers to make her famous pizza. Ethnically-diverse customers flock to Sally's Pizzeria to eat pizza. This charming story with its colorful illustrations helps little pizza lovers discover how pizza is made. The book concludes with Sally's Pizza Recipe.</p>	1	2	F
<p><b>Pizza Counting</b> Dobson, Christina Charlesbridge Publishing, 2003 What's more appealing than page after page of mouth watering pizzas? Accompanied by interesting pizza facts and tasty toppings, these colorful pizzas provide opportunities for counting, adding, multiplying, and using fractions in clever ways.</p>	2	2	N
<p><b>Pizza Party!</b> Maccarone, Grace Scholastic Inc., 1994 Appealing multicultural illustrations and a simple text take children through the steps of making a pizza. Beginning readers will enjoy reading this Hello Reader! Preschool – Grade 1 book independently. It can be used as a springboard to a classroom cooking or pizza-making experience.</p>	2	2	F
<p><b>Pizza That We Made, The</b> Holub, Joan Puffin Books, 2001 A Puffin Easy-to-Read book (level 2, grades K-2), this story describes how Suzanne, Max and Jake make a pizza, clean up their mess and eat the yummy pizza. The book concludes with a recipe for pizza. The simple text uses rhyming and repetition enhanced by bright, appealing illustrations.</p>	1	3	F
<p><b>Play It Safe</b> Mayer, Mercer McGraw-Hill Children's Publishing, 2004 A level 2 book, K-1 in the First Reader series, this story describes "bike safety day" at school and the important things Officer Bow Wow teaches the Little Critters. The simple text with repetitive language is enhanced with the charming illustrations. The book concludes with seven pages of educational activities and support material.</p>	5	3	F
<p><b>Popcorn</b> Moran, Alex Harcourt Brace &amp; Company, 1999 This Green Light Reader K - Grade 1 book about popping too much popcorn uses simple text and whimsical illustrations. The rhyming words and short sentences make it fun to use as a chant. Beginning readers will enjoy being able to read it independently. The back cover includes a paragraph titled, "Meet the Illustrator."</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Popcorn Book, The</b> de Paola, Tomie Scholastic Inc., 1978 This picture book is full of fascinating popcorn facts set within a story line of two children making popcorn. Although the book was written before microwave popcorn became popular, it is still appealing and has interesting information. Two recipes for making traditional popcorn are included with a warning to ask a grownup or older child to help.	3	2	F
<b>Popcorn Shop, The</b> Low, Alice Scholastic Inc., 1993 This Hello Reader! Grades 1 & 2 book tells the story of Popcorn Nell and her Popcorn Shop. Nell's popcorn machine makes more popcorn than anyone can eat, and Nell can't stop it. Using repetition and rhyming, this excellent book for reading aloud or independent reading has illustrations that add a lighthearted tone.	1	3	F
<b>Potluck</b> Shelby, Anne Orchard Books, 1991 Alpha and Betty plan a potluck and their friends bring everything from A-to-Z: Acton appeared with asparagus soup, and Zeke and Zelda zoomed in with zucchini casserole. Each character brings a dish that begins with the letter of their name, and they have a feast of flavors. With alliterative language and bright, bold illustrations, this picture book could serve as a model for children to write their own potluck books or plan a potluck party.	1	2	F
<b>Pretend You're A Cat</b> Marzollo, Jean Trumpet Club, 1990 Written with short questions and rhyming text, this picture book leads children through a series of physical movements as they pretend to be animals. It asks children to imagine what else they can do like the animal. Illustrations show both the animal and the children pretending. This creative book can be used in ways including creative drama, chart reading, and a model for children to write and illustrate their own books.	4	2	N
<b>Princess Fidgety Feet</b> Posner, Pat Gingham Dog Press, 2003 Princess Bridget wants to play soccer. Her fidgety feet want to run and hop and leap; but that isn't princess-like behavior. Her mother, the queen, scolds her and her father, the king, hires Miss Posy to teach her what to do with her fidgety feet. But Miss Posey is not exactly who she seems. This delightful, clever story will engage children while teaching them an important lesson.	5	3	F
<b>Pumpkin Circle: The Story of a Garden</b> Levenson, George Tricycle Press, 1999 Using large, colorful photographs and rhyming text, this award-winning picture book chronicles the life cycle of the pumpkin, from seeds to pumpkins and jack-o-lanterns to seeds again. It is based on the award-winning Pumpkin Circle video. The last page of the book provides factual information about pumpkins.	2	2	N



Title	TN Message	Rating	F/N
<p><b>Pumpkin Day, Pumpkin Night</b>            Rockwell, Anne            Walker and Company, 1999            Jeffrey can't wait to go with his mother to the orchard to pick the perfect pumpkin to carve into a jack-o-lantern. While Jeffrey searches for one just the right size, his mother buys ten little pie pumpkins. When they get home, they roast pumpkin seeds and carve Jeffrey's pumpkin. This gentle picture book with paper-collage illustrations celebrates fall and a special day for mother and child.</p>	2	3	F
<p><b>Pumpkin Fiesta</b>            Yacowitz, Caryn            Harper Collins Publishers, 1998            In this humorous pumpkin growing tale, Foolish Fernando spies on Old Juana who always wins the pumpkin crown for the best pumpkins at the annual fiesta. With comic results, he tries to copy her but when that fails, he steals her pumpkins and pretends they are his. Just as Fernando is to be crowned, Juana appears. While this picture book, with its lively illustrations, has a light touch, it conveys important life lessons. Juana's recipe for "Pumpkin Soup" is included, and it would make a good class project.</p>			
<p><b>Pumpkin Patch, The</b>            King, Elizabeth            Dutton Children's Books, 1990            From the time the farmer prepares the soil for pumpkin seeds to harvesting and carving time, the growth cycle of the pumpkin is clearly described. The simple text, accompanied by eye-catching photographs, makes an appealing and informational book.</p>	2	3	N
<p><b>Pumpkin Soup</b>            Cooper, Helen            Doubleday, 1999            Cat, Squirrel, and Duck are good friends and make the best pumpkin soup in the woods. But when Duck decides he wants to be Head Cook, Cat and Squirrel quarrel with him, and he runs away. By the time Duck returns, the three animals have learned an important lesson about friendship and sharing. The book concludes with a "Pumpkin Soup" recipe humans can make.</p>	2	3	F
<p><b>Rabbit Food</b>            Gretz, Susanna            Candlewick Press, 1999            Uncle Bunny comes for the weekend to encourage John to eat his Rabbit Food of celery, tomatoes, peas, mushrooms, and carrots. But is Uncle Bunny a picky eater, too? With its illustrations and humorous text, this tale can be used to encourage children to try new foods.</p>	2	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Racing Around</b> Murphy, Stuart Harper Collins Publishers, 2002 Mike wants to compete in the 15-kilometer bike race, but his brother and sister say he's too young. Mike doesn't give up and learns important lessons along the way. Part of the MathStart series (level 2 for ages 6 and up), the math concept covered is "perimeter", or the distance around a shape. With clever text and humorous illustrations, this book entertains as it teaches. It also includes two pages of additional information and activities.	5	2	F
<b>Raising Cows on the Koebels' Farm</b> Flanagan, Alice K. Children's Press, 1999 Part of the Our Neighborhood series, this book features a contemporary farm family in Michigan. Large, colored photographs and simple text present basic information about how a dairy farm works, especially the care provided to the cows. It describes how farmers use computers to keep important records on the farm.	1	2	N
<b>Rap A Tap Tap: Here's Bojangles - Think of That!</b> Dillon, Leo & Diane Scholastic Inc., 2002 This picture book celebrates the greatest tap dancer of all times, Bill "Bojangles" Robinson. Bold, cut-paper illustrations and simple text with a rhyming refrain dance across the page. The last page provides a brief summary of Robinson's life and why "He talked with his feet."	5	3	F
<b>Red Are the Apples</b> Harshman, Marc and Cheryl Ryan Gulliver Books, 2001 This richly-illustrated picture book guides us through a lush fall garden with a colorful scarecrow and an abundance of fruits and vegetables that will make your mouth water. The book also includes illustrations of apples being pressed into cider. Written in rhyming verse, this book appeals to both our eyes and ears.	2	2	F
<b>Rice Is Life</b> Gelman, Rita Golden Henry Holt and Company, 2000 This picture book uses both poetic and informative texts to describe and celebrate the importance of rice to life on the island of Bali. A traditional Balinese family eats rice for every meal along with small amounts of vegetables and proteins. The richly colored illustrations add to the sense of what life is like on a tropical island.	2	2	N
<b>Round the Garden</b> Glaser, Omri Harry N. Abrams, Inc., 1999 Written as a cyclic tale, children learn how a tear forms a puddle, that becomes a cloud, that makes rain, that waters the garden, that grows the onion, that makes the gardeners cry. With simple text and large, digitally-created illustrations, this picture book conveys basic information about the water cycle in an appealing manner.	2	3	N



Title	TN Message	Rating	F/N
<p><b>Runaway Orange, The</b>                      Brooks, Felicity                      Usborne Publishing, 1999                      This cumulative tale involves an orange that falls to the ground at the fruit stall and rolls away, collecting more and more dogs that chase it through Littletown. Finally it is caught and returned by Pip, the family dog, but the town is a mess. A policeman asks who made the mess, and the readers are asked to retell the story sequentially. The illustrations are colorful photographs of models of doll-like little people, toy animals and their surroundings.</p>	2	3	F
<p><b>Runaway Rice Cake, The</b>                      Compestine, Ying Chang                      Simon &amp; Schuster Books for Young Readers, 2001                      The traditions of Chinese New Year are celebrated in this picture book through a story of the Chang family. This poor family has only enough rice flour to make one special New Year's rice cake, but then it comes to life and escapes from their kitchen.</p>	2	3	F
<p><b>Runaway Tortilla, The</b>                      Kimmel, Eric A.                      Winslow Press, 2000                      Tia Lupe and Tio Jose own a taqueria that makes the best enchiladas, burritos, tacos, and fajitas in Texas. The secret ingredient is Tia Lupe's tortillas that are "as light as a cloud and soft as the fuzz on a baby's cheek." In this Southwestern version of the Gingerbread Man, one of the tortillas runs away because she thinks she is too beautiful to be eaten. The chase is on with Tia Lupe and Tio Jose leading it, followed by an assortment of horned toads, donkeys, jackrabbits, rattlesnakes, and buckaroos. The tortilla escapes until it is tricked by wily Senor coyote.</p>	2	3	F
<p><b>Saturday Market</b>                      Grossman, Patricia                      Lothrop, Lee &amp; Shepard Books, 1994                      The outdoor Mexican market opens early on Saturday and readers accompany 12 people as they open their stalls and sell their wares. Each one has a different story such as Luis who secretly hopes that no one will buy his pig. Attractive illustrations enhance this fascinating glimpse into the world of a Mexican market. The book concludes with a glossary of Spanish words.</p>	1	3	F
<p><b>Scarlette Beane</b>                      Wallace, Karen                      Dial Books for Young Readers, 1999                      Scarlette Beane is born with a face "as red as a beet," and the ends of her fingers are green. Her parents believe that she will grow up to do something wonderful, and on her fifth birthday, they give her a vegetable garden. What Scarlette does, with the help of a little magic and much hard work, turns this picture book into a heart-warming fantasy. Extravagant illustrations capture the special essence of this fanciful story about "growing tall and strong and doing something wonderful."</p>	2	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>School Lunch</b> Kelley, True Holiday House, 2005 Harriet was the cook at Lincoln School and worked very hard preparing good, healthy lunches; but someone was always complaining. Finally, Harriet became tired and flew away to a tropical island for a much-needed vacation. The principal hired one substitute cook after another, but none of them prepared good, healthy food like Harriet. The children and staff sent letters, postcards, emails, telegrams, and drawings begging Harriet to return. This hilarious story keeps students' attention while teaching them important lessons about healthy eating.	1	3	F
<b>Seasons of Arnold's Apple Tree, The</b> Gibbons, Gail Scholastic Inc., 1984 This book describes Arnold's experiences with his special apple tree throughout the four seasons of the year. A recipe for "Arnold's Apple Pie" with instructions, and a diagram of how an apple cider press works are included. The illustrations and simple text will help children learn valuable information about flowering trees and seasons.	2	2	F
<b>Seven Silly Eaters, The</b> Hoberman, Mary Ann Scholastic Inc., 1997 This picture book, with rhyming text and detailed illustrations, tells the story of the Peters family with its picky eaters and a mother who tries too hard to please them. Finicky and demanding, the seven Peters children redeem themselves when they bake the perfect cake as a birthday surprise for their weary mother. This humorous book could be used to stimulate discussion about eating habits.	1	3	F
<b>Shaina's Garden</b> Patrick, Denise Lewis Aladdin Paperbacks, 1996 Today is a special day as Shaina learns to plant a garden in this Nick Jr. book for young children. Simple text and appealing illustrations show an African-American family buying plants, preparing soil, sowing seeds, caring for the plants, and enjoying the vegetables they produce. Shaina not only learns to grow tomatoes, she learns some special terms associated with gardening.	2	2	F
<b>Sheep Out to Eat</b> Shaw, Nancy Houghton Mifflin Co., 1992 Another of Shaw's charming picture books featuring sheep, this one tells what happens when five sheep stop at a small tea-shop for something to eat. Simple rhyming text with soft, whimsical illustrations lead readers through a merry misadventure with a satisfying conclusion that demonstrates the importance of eating healthy foods.	1	3	F
<b>Shimmy Shake Earthquake: Don't Forget to Dance Poems</b> Jabar, Cynthia Little, Brown and Co., 1992 Lively and witty, this collection of eighteen poems is just made for moving and dancing. From Mother Goose to Langston Hughes and Jack Prelutsky, these quirky, new verses and bright illustrations reflect the multicultural background of a variety of dances.	4	3	F



Title	TN Message	Rating	F/N
<p><b>Slip! Slide! Skate!</b> Herman, Gail Scholastic Inc., 1999 A young girl just learning to skate becomes part of a team and has fun even when she's not the best skater in the class. Featuring multicultural illustrations, the story takes a lighthearted approach to learning something new and making mistakes while doing it. Part of the Hello Reader! Level 2 series, this book could be read independently by children reading at a first grade level.</p>	4	3	F
<p><b>Soccer Counts!</b> McGrath, Barbara Barbieri and Peter Alderman Charlesbridge Publishing, 2003 Counting from zero to fourteen, this informational book introduces the basics of soccer accompanied by clever, colorful illustrations. This picture book includes interesting soccer facts, historical tidbits, and an overview of the rules of this popular game.</p>	5	2	N
<p><b>Soccer Game!</b> Maccarone, Grace Scholastic Inc., 2003 Large, colorful illustrations that are ethnically-diverse depict a group of children playing a game of soccer and winning. Part of the Scholastic Reader, Level 1 series, it uses simple words and short sentences to help beginning readers experience success.</p>	5	3	F
<p><b>Soup</b> Fishman, Cathy Goldberg Children's Press, 2002 A family works as a team to make soup for dinner. Short, simple sentences, rhyming words and colorful, cartoon-like illustrations make this an appealing book for young readers. This book is a Rookie Reader, B, at the Early Fluent reading level and concludes with a word list.</p>	3	2	F
<p><b>Soup for Supper</b> Root, Phyllis Harper &amp; Row, 1986 A wee, small woman who lives by herself encounters a hungry giant when he snatches food from her garden for his dinner. When she calls him names, he throws the vegetables at her. How they resolve their misunderstanding and become friends while sharing vegetable soup, makes for a funny story. The music for "The Soup Song" is included. Children reading at second-grade level and above could read this book independently.</p>	2	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Spaghetti and Meatballs for All!</b> Burns, Marilyn Scholastic Press, 1997 Subtitled, A Mathematical Story, and designated a Marilyn Burns Brainy Day Book, this delightful picture book is an excellent teaching tool to help children understand the concepts of area and perimeter. It also has an application to aid understanding and using multiplication concepts. With witty text and humorous illustrations, we follow the complications of the Comfort family as they try to seat and feed 32 people for dinner. The book concludes with a three-page section explaining the math concepts and gives suggestions to extend the children's learning.	1	3	F
<b>Spaghetti Eddie</b> SanAngelo, Ryan Boyd's Mill Press, 2002 What could be better than an urban tall tale about a quirky kid who loves spaghetti and solves his friends and neighbors' problems by sharing his spaghetti? Eddie even thwarts a robber with a well-placed meatball. This hilarious picture book will make the youngsters in your class laugh while nourishing their imaginations. Clever, amusing illustrations add to the humorous appeal of this story.	2	3	F
<b>Spice Alphabet Book, The</b> Pallotta, Jerry Charlesbridge Publishing, 1994 Children and adults engaged in reading or listening to this informative alphabet book will learn more than their ABCs. Vividly illustrated, it's a rich treasure of fascinating information about spices, herbs, and natural flavors. Some words may be familiar, but others will be new such as "Xocotal," the Aztec word for chocolate. This book would be an excellent resource and could serve as a model for children to research and write their own informational alphabet books. "Artist Notes" provide additional information about each plant.	1	2	N
<b>Spoon for Every Bite, A</b> Hayes, Joe Orchard Books, 1996 Inspired by traditional Hispanic stories, this tale relates how a poor husband and wife trick their rich neighbor out of his fortune. Vain, boastful, and extravagant, the rich man can't stand to have someone else have more than he does. When the poor couple tells him they have a friend who uses a different spoon for every bite he eats, the rich man fails to realize they are talking about tortillas!	1	3	F
<b>Staying Safe</b> Silverstein, Alvin Grolier Publishing, 2000 Part of the My Health series, this informational book takes a comprehensive approach to what youngsters need to know about safety: at home, at play, at school, on streets and roads, and with people. It includes information entitled "Did You Know ..." and a chart of what to do in an emergency. Illustrations and ethnically-diverse photographs complement the text. The book has a table of contents, glossary, resource lists, index, and information about the authors.	5	3	N



Title	TN Message	Rating	F/N
<p><b>Stella and the Berry Thief</b>                      Mason, Jane B.                      Marshall Cavendish, 2004                      Stella tends her garden and grows luscious, red raspberries. She loves raspberries and makes delicious pies and preserves that win blue ribbons at the state fair. But Stella never shares her pies and preserves with her neighbors and spends the long winters alone, enjoying them by herself. One summer, a berry thief was stealing her raspberries. This charming picture book tells how Stella solved the problem and learned the importance of sharing with others. Warm, golden-toned illustrations add to the appeal of this lovely story.</p>	2	3	F
<p><b>Stone Soup</b>                      McGovern, Ann                      Scholastic Inc., 1968                      The traditional folk tale about making soup from a stone is a favorite and repetitive verse and subdued illustrations enhance the story. A tired, hungry young man successfully persuades a lady to give him the ingredients, one-by-one, for a delicious soup—beginning with a stone and a pot of boiling water. “</p>	1 3	3 F	F
<p><b>Stone Soup</b>                      Muth, Jon J.                      Scholastic Press, 2003                      This traditional European folk tale is retold in a Chinese setting with three Buddhist monks tricking frightened villagers into making soup from stones. By doing this, the villagers learn how to find happiness through generosity. The illustrations use soft-toned watercolors and ink to evoke Eastern culture. This book concludes with an author’s note that describes how he used the Buddhist story tradition and Eastern symbols to retell this tale.</p>	1	3	F
<p><b>Stop That Pickle!</b>                      Armour, Peter                      Houghton Mifflin Co., 1993                      When the last pickle in the jar escapes from Kr. Adolph’s deli, it sets off a hilarious chain of events with other foods leaping off the shelves and chasing the runaway pickle. This humorous food adventure will have everyone laughing, especially at the surprise ending.</p>	2	3	F
<p><b>Storm Run: The Story of the First Women to Win the Iditarod Sled Dog Race</b>                      Riddles, Libby                      Sasquatch Booksa, 2002                      Libby Riddle tells the story of her life from her childhood in the Midwest and Pacific Northwest to her adult life in Alaska. She describes hardships she endured and challenges she conquered as she learned to live alone in the wilderness and train her dogs. The book is illustrated with both photographs and drawings.</p>	5	3	N



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Story of Johnny Appleseed, The</b> Aliki Trumpet Club, 1989 First published in 1963, this biography of John Chapman remains a favorite with children and teachers. Johnny Appleseed's simple life and gentle philosophy left a lasting gift to our country. The folk art illustrations are done in color and black-and-white. This picture book could be a read-aloud or read independently by children reading at the second-grade level.	2	3	N
<b>Story of Noodles, The</b> Compestine, Ying Chang Holiday House, 2002 The Kang brothers are helping Mama prepare her prize-winning dumplings for a cooking contest, when she and Poppa suddenly have to leave. The boys get in a food fight, break the table, and accidentally cut the dumpling dough into long strips. They tell Mama and Poppa that they have invented a new dish: mian tiao-noodles. But will it receive the prize? This delightful blend of fact and fiction is accompanied by traditional Chinese cut-paper illustrations. The book concludes with a recipe for Long-Life Noodles and an author's note about the history of Chinese noodles.	2	2	F
<b>Sun Bread</b> Kleven, Elisa Dutton Children's Books, 2001 It's cold and snowy and everyone misses the sun. Then the baker bakes bread that's like a sunny feast and everyone stops grumbling. As they fill their tummies, they begin to shine until the real sun bursts through the clouds looking for bits of delicious bread, too. Using lyrical, rhyming text and captivating illustrations, this picture book will delight both children and adults.	2	3	F
<b>Sunday</b> James, Synthia Saint Albert Whitman & Co., 1996 This simple picture book will delight young children as it depicts an African American family enjoying a typical Sunday; sleeping late, reading the newspaper, sharing breakfast, going to church and visiting grandparents. Bright illustrations enhance the brief text.	1	3	F
<b>Supermarket</b> Krull, Kathleen Holiday House, 2001 Supermarkets are such a commonplace part of most children's everyday life, that their complexity and value can easily be overlooked. This up-to-date informational book readily meets that challenge as it explains that behind-the-scenes workings of today's modern supermarket and how all those groceries and other nonfood items are acquired, organized, displayed, and sold. It even includes how computers, electronic scanners, and the Internet are used. Additionally, this well-crafted book provides a brief history of how families went from growing all their own food to purchasing almost everything at today's supermarket. The lively text and colorful illustrations are supplemented with inserts providing more fascinating facts about food and families' buying habits. Note: the Food Guide Pyramid appears in this book and is now outdated. For information on the new MyPyramid, go to <a href="http://www.mypyramid.gov">www.mypyramid.gov</a> .	1	1	N



Title	TN Message	Rating	F/N
<p><b>Surprise Garden, The</b>                      Hall, Zoe                      Scholastic Inc., 1998                      Shown in large, bright illustrations, three children and a dog plant seeds and tend the plants that grow in their surprise garden. The children share the excitement of discovering what each plant produces that is edible. The book ends with an informative page about what grew in the garden. This appealing picture book would make a good introduction to gardening or to a tasting party with fresh garden produce.</p>	2	2	F
<p><b>Taking Diabetes to School</b>                      Gosselin, Kim                      JayJo Books, 1998                      With cheerful illustrations, Jason describes his diabetes and how it affects his life. Written by his mother when he was diagnosed with type 1 diabetes at six years old, this book is intended to be read aloud in a child's classroom with discussion afterwards. Part of the Special Kids in School series, it also includes tips for teachers and a quick quiz for kids.</p>	1	1	N
<p><b>Taking Food Allergies to School</b>                      Weiner, Ellen                      JayJo Books, 1999                      Written by his mother, this book describes food allergies and how Jeffrey copes with them. Using cartoon-style illustrations, this book explains how his body reacts to certain foods. Part of the Special Kids in School series, it also includes tips for teachers, a quick quiz for kids, and an allergy-free pizza recipe.</p>	1	1	N
<p><b>Tangerines and Tea: My Grandparents and Me</b>                      Gritz, Ona                      Harry N. Abrams, Inc., 2005                      Using alliteration and rhyming, the alphabet is presented in charming verses that celebrate the special times two grandchildren have while visiting their grandparents' farm. "...a boy in a bath with a bubbly laugh..." The warm, appealing illustrations help to convey a sense of love and happiness as the generations play and laugh together throughout the seasons of the year.</p>	1	3	F
<p><b>Taste</b>                      Hurwitz, Sue                      PowerKids Press, 1997                      Using easy-to-understand language, bright photographs, and clear diagrams, this informative book describes the sense of taste, your taste buds, and why things taste the way they do. Part of The Library of the Five Senses and the Sixth Sense, it keeps technical vocabulary to a minimum and uses good examples. It includes a glossary and index.</p>	1	2	N
<p><b>Taste of Honey, A</b>                      Wallace, Nancy Elizabeth                      Winslow Press, 2001                      Lily Bear is always asking questions. When she opens a jar of honey, each question she asks Poppy about it stimulates another question. Cutout illustrations and a simple text accompanied by clear diagrams and sidebars tell the story of where honey comes from and how it is made. The book concludes with a honey game and honey facts.</p>	1	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Thanksgiving at Obaachans's</b> Brown, Janet Mitsui Polychrome Publishing, 1994 A Japanese American girl has Thanksgiving at grandma's house. Grandma doesn't speak English and the girl doesn't speak Japanese, but the love of family and mutual respect overcome obstacles. Both traditional American Thanksgiving Day dishes and Japanese dishes are served. The book concludes with a glossary of Japanese words.	1	2	F
<b>This is the Way We Eat Our Lunch</b> Baer, Edith Scholastic Hardcover, 1995 Using rhyming text and colorful illustrations, this charming picture book takes a global trip sampling different foods children have for lunch. The book shows children and food from nine states and moves to countries around the world. A map shows where the countries are located, and more recipes and interesting food facts titled, "Did you know that..." are included. This book contains a wealth of information and could be used to introduce an international food-tasting.	1	2	F
<b>Thunder Cake</b> Polacco, Patricia Scholastic Inc., 1990 The author tell us that, as a child, she was afraid of Michigan summer storms until Grandma involves her in making a Thunder Cake. Following Grandma around the farm to gather ingredients for the cake, she has several scary experiences that help her learn to be brave. Grandma's recipe for "Thunder Cake" follows the story.	1	2	F
<b>To Be a Kid</b> Ajmera, Maya and John D. Ivanko Charlesbridge Publishing, 1999 Large, colorful photographs accompanied by brief text show children from around the world involved in similar activities. The last two pages describe the many things kids have in common no matter where they live. This book could serve as an excellent springboard fro class discussion or a model for a school photo album			
<b>To Market, To Market</b> Miranda, Anne Scholastic Inc., 1997 This witty read-aloud book is a variation of the familiar nursery rhyme. After bringing animals home from market and allowing them to "run all over the place," the woman declares she's "a shopping disgrace!" She returns to the market to buy vegetables and spice for a wonderful soup. The illustrations are comical and children will enjoy reading along with the text. This book introduces children to a variety of vegetables and can serve as a springboard to making soup or a creative drama experience.	2	3	F
<b>Today Is Monday</b> Carle, Eric Scholastic Inc., 1993 Using paint and tissue paper collage, illustrations show animals enjoying foods like string beans, spaghetti, zoooop, roast beef, fresh fish, chicken, and ice cream. The inside cover tells how to say "Enjoy your meal" in different languages, and at the end, all the hungry children eat. The repetitiveness of the text, and the words put to song, make this a great book to use with young children and beginning readers.	1	2	F



Title	TN Message	Rating	F/N
<p><b>Too Many Pears</b>            French, Jackie            Star Bright Books, 2003            What is Amy to do when the family cow, Pamela, loves pears so much that she'll do anything to get them? Amy loves pears, too, but Pamela continues to find and eat all the pears no matter what the family does to save them. Finally, Amy hits upon the perfect solution to this problem. With repetitive language and bold, colorful illustrations, this simple picture book will delight youngsters and tickle their funny bones.</p>	2	3	F
<p><b>Too Many Pumpkins</b>            White, Linda            Holiday House, 1996            Inspired by her family's experiences during the Depression, the author spins a delightful tale about an old woman, Rebecca Estelle, who hates pumpkins because when she was a little girl that was all her family had to eat. When an enormous pumpkin falls off a truck into her yard and produces a bumper crop, she is faced with a serious problem. Rebecca solves the problem by cooking and baking many delicious pumpkin dishes for the people of the town. But when there are too many for her to deliver, what will she do next?</p>	2	2	F
<p><b>Too Many Tamales</b>            Soto, Gary            Scholastic Inc., 1993            It's Christmas Eve and Maria thinks she lost her mother's diamond ring in the masa while helping make tamales for the family. Can she and her cousins eat all twenty-four tamales to find the ring before her mother discovers it's missing? This picture book, with warm, golden-tone illustrations, provides a gentle, loving glimpse into the life of a Mexican-American family.</p>	1	2	F
<p><b>Tooth Decay and Cavities</b>            Siverstein, Alvin, Virginia, and Laura Silverstein Nunn            Franklin Watts, 1999            Part of the My Health series, this informational book takes a comprehensive approach to what youngsters need to know about their teeth, how to care for them, cavities, and going to the dentist. It includes activities for children to do to better understand dental concepts. Illustrations and photographs reflecting our diverse society complement the text. The book has a table of contents, glossary, resource lists, index, and information about the authors.</p>	1	3	N
<p><b>Tops and Bottoms</b>            Stevens, Janet            Harcourt Brace &amp; Company, 1995            Hare tricks the lazy Bear into a deal using his wits. Hare will provide the labor for a wonderful crop on Bear's land, but Bear must choose if he wants to harvest the tops or the bottoms of the plants. This is an excellent book to discuss different types of plants and what parts we eat such as the root, stem, leaf, seed, or flower. With delightful illustrations and a witty text, this picture book is a classroom favorite and can be used to help children learn about vegetables.</p>	2	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Tortilla Factory, The</b> Paulsen, Gary Harcourt Brace & Company, 1995 Gary Paulsen, one of America's favorite authors for young people, collaborates with his wife, Ruth, who creates oil-on-linen paintings to illustrate this book about making tortillas. Paulsen's simple, but eloquent, language takes the reader on a journey, from field to factory to table, explaining the creation of a tortilla. On a deeper level, this picture book celebrates the life cycle where the tortilla nourishes the farmer who once again plants seed for the corn to make tortillas.	1	2	N
<b>Treats from a Tree</b> Canizares, Susan and Mary Reid Scholastic Inc., 1998 This easy-to-read informational book, part of the Emergent Readers series, asks a question on one page and then answers it on the next. For example: Where do almonds come from? Where does maple syrup come from? The colorful photographs and simple text engage the beginning reader while providing basic information. The book concludes with two pages of more detailed information for the teacher or parent. The question and answer format could be easily adapted for the class to make their own informational books.	1	2	N
<b>Trouble with Cauliflower, The</b> Sutton, Jane Dial Books for Young Readers, 2006 Sadie invited her friend Mortimer for dinner and served a delicious stew. Mortimer ate four bowls and loved it. The next day Mortimer had a terrible day with all kinds of mishaps and he was sure that the cauliflower in the stew caused it. Sadie must find a clever way to convince him otherwise. Witty and funny, this appealing book of friendship will warm the hearts of readers of all ages. Detailed illustrations complement the text to produce a fully satisfying story.	2	3	F
<b>Tumbleweed Stew</b> Crummel, Susan Stevens Harcourt, Inc., 2000 Jack Rabbit is hungry, but the only thing available is tumbleweed. How he tricks the other animals into providing ingredients for his tumbleweed stew makes a lighthearted story. Children reading at late first-grade or early second-grade levels could read this Green Light Reader – Level 2 book with some adult assistance.	2	2	F
<b>Two Eggs, Please</b> Weeks, Sarah and Betsy Lewin Atheneum Books for Young Readers, 2003 All the animals want the same thing when they stop at the diner for breakfast—eggs. But they each want their eggs cooked a different way. This picture book, enhanced with illustrations by Caldecott Honor-winner, Betsy Lewin, cleverly demonstrates the basic concepts for same and different.	3	3	F



Title	TN Message	Rating	F/N
<p><b>Ugly Vegetables, The</b>            Lin, Grace            Charlesbridge Publishing, 1999            The neighbors have a beautiful flower garden, but a little girl thinks her own vegetable garden is ugly. As she and her mother plant, water, and harvest their Chinese vegetables the little girl wants to know why they have to do everything differently from their neighbors. Soon, intrigued by the garden and what it produces, the neighbors want to know how to garden like the little girl's family does! This is an excellent multicultural book and can be used as a springboard for discussions about appreciating differences. A glossary of the "ugly" vegetables, a pronunciation guide, and a recipe for "Ugly Vegetable Soup" are included.</p>	1,2	2	F
<p><b>Unbeatable Bread, The</b>            Hoopes, Lyn Littlefield            Dial Books for Young Readers, 1996            It's a dark, cold winter morning when Uncle Jon decides to "bake an unbeatable bread that will wake the world from winter's sleep." But, their children are grown, and Aunt Lucy worries that there will be no one to eat it. The use of poetic language, rhyme, and bold illustrations painted from an unusual perspective make this imaginative picture book an extraordinary reading experience.</p>	2	2	F
<p><b>Vegetable Friends</b>            Lawlor, Tony and Bruce Kociemba            Gazelle Inc., 1999            This colorful picture book presents six vegetable friends: "Spuds" Potato, "Corny" on the Cob, "Moy" Mushroom, "Ripe" Tomato, "Charles" Broccoli and "Crunchy" Celery. Each character describes how it grows and the various ways it can be eaten.</p>	2	1	N
<p><b>Vegetable Group, The</b>            Schuh, Mari            Capstone Press, 2006            This book is one in the Eating Healthy with MyPyramid series for children ages 4-7. These books teach the importance of healthy eating and physical activity while engaging children with full-color photos and easy to read text. This book clearly describes the Vegetable Group, how to make healthier choices within this food group, and how foods in the vegetable group are good for us. This book supports MyPyramid.</p>	2	1	N
<p><b>Vegetable Show, The</b>            Brown, Laurie Krasny            Little, Brown and Co., 1995            This witty picture book with colorful illustrations turns "dull" vegetables into the greatest show on earth. Vegetable Vaudeville, the Greatest, Greenest Show on Earth, features performers such as Bud the Spud, The Vegettes, and last of the Red Hot Peppers. This book is a clever way to interest children in vegetables and could serve as a springboard to creative drama and writing. Informative descriptions of each vegetable and useful nutrition facts are included.</p>	2	2	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>Vegetable Soup</b> Morris, Ann Scholastic Inc., 1994 This short picture book uses simple text and large illustrations to tell children how to make vegetable soup. While it's not a recipe, per se, it could be used as an introduction to a recipe for vegetable soup, especially one that might be more complex than the children could read. This book could also serve as a model for children making their own books about cooking a favorite food.	2	2	N
<b>Vegetables in the Garden</b> de Bourgoing, Pascale and Gallimard Jeunesse Scholastic Inc., 1994 One of several titles in the First Discovery Books series, this spiral bound book presents clearly written information about vegetables as they are grown in a garden. Colorful illustrations show carrots, lettuce, potatoes, tomatoes, peas and other vegetables, the parts above and below the ground, and the parts inside the skin or pods. Plastic overlay pages help children visualize what is inside.	2	1	N
<b>Veggie Soup</b> Donohue, Dorothy Winslow Press, 2000 Miss Bun, a rabbit, wants to make veggie soup. When her animal friends contribute their favorite ingredients such as worms, bugs, and hay, the soup is a disaster. They decide to make another veggie soup following Great Nana's recipe with "soup-perb" results. The cleverly written text and creative cut-paper illustrations combine to make this an amusing and informative picture book. The recipe for "Great Nana's Veggie Soup" is included at the end of the book.	2	2	F
<b>Venus &amp; Serena Williams</b> Donaldson, Madeline Lerner Publications, 2003 This brief biography of Venus and Serena Williams opens with a description of the 2001 women's U.S. Open Final. This game was significant because it was the first time the two sisters faced each other AND it was the first time two African Americans played for the title. The book recounts their experiences growing up in a family dedicated to their education and tennis success. The book is illustrated with color photographs and concludes with timelines of their career highlights, a glossary, a listing of other books and websites, and an index.	5	2	N
<b>Very Hungry Caterpillar, The</b> Carle, Eric Scholastic Inc., 1987 A very hungry caterpillar munches his way through too much food and then has a stomachache. The next day he eats a green leaf and feels much better. Eventually, he is transformed into a butterfly. Eric Carle's vividly illustrated picture book is a favorite of many and can be used to help young children learn the names of foods.	1	3	F



Title	TN Message	Rating	F/N
<p><b>Very Smart Pea and the Princess-To-Be, The</b>                      Grey, Mini                      Alfred A. Knopf, 2003                      This witty version of the Princes and the Pea is told through the eyes of the pea. When the prince can't find a worthy princess to wed, the pea finds a way to convince everyone that the gardener's daughter is a real princess. This clever and humorous tale with amusing illustrations raises the stature of garden peas.</p>	2	3	F
<p><b>Visit to the Farmers' Market, A</b>                      Sissel-Phelan, Peggy                      Brain Child Books, 2006                      Large, colorful photos and simple text make a visit to the farmers' market a special treat. Delicious-looking fruits and vegetables almost leap off the page as you stroll down the aisles, touching and tasting them. Benefits of fresh food are emphasized, as is the fun of meeting new people at the market. Readers also learn that fresh foods comes from farms and gardens.</p>	2	1	N
<p><b>Walter the Baker</b>                      Carle, Eric                      Simon &amp; Schuster Books for Young Readers, 1995                      Walter the Baker makes the most delicious baked goods in the whole Duchy, and its rulers, the Duke and Duchess, especially love his sweet rolls. One morning when the cat tipped over the can of milk, Walter makes the sweet rolls using water and hopes that no one notices the difference. But the Duke and Duchess are furious and declare that Walter must invent a delicious roll through which the rising sun can shine three times, and it must be made from one piece of dough. If he fails, he will be banished forever. This completes another charming Eric Carle story with his distinctive illustrations that tells us how Walter meets the challenge with his new invention.</p>	2	2	F
<p><b>Warthogs in the Kitchen</b>                      Edwards, Pamela Duncan                      Scholastic Inc., 1998                      Children will giggle aloud at the way warthogs make cupcakes. Rhyming text and large, silly illustrations make this a funny picture book to read aloud or for beginning readers to read independently. The last page has two cupcake recipes—one for humans and one for warthogs.</p>	1	3	F
<p><b>Way We Do It In Japan, The</b>                      Iijima, Geneva Cobb                      Albert Whitman &amp; Co., 2002                      Gregory's mother is American and his father, Japanese. When they move from the U.S to Japan, Gregory learns new things including how to make new friends. As Japanese words are introduced in the story, the pronunciation is included on the page. The story concludes with an informational page about customs and traditions in Japan.</p>	1	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<b>We Can Eat the Plants</b> Williams, Rozanne Lanczak Creative Teaching Press, 1994 This 8-page book is part of the Learn to Read Science Series for young children or beginning readers. Each page uses the same beginning sentence stem, "We can eat the ..." The illustrations are colorful but repetitious. The inside backcover lists the science concepts upon which the book was based. It also describes a related tasting party activity, Munch a Bunch.	2	2	N
<b>We Had a Picnic This Sunday Past</b> Woodson, Jacqueline Scholastic Inc., 1997 In a cheerful, breezy tone, Teeka describes going to a Sunday picnic with her grandma. Through Teeka's eyes, we learn about the family members, including Cousin Martha who always brings a dried out apple pie, and Cousin Trevor who never brings any food but struts around giving daisies he picked in the park to the pretty ladies. While the illustrations are of an African-American family, the experiences at a Sunday picnic are universal.	1	3	F
<b>We're Making Breakfast for Mother</b> Neitzel, Shirley Greenwillow Books, 1997 Using rhymes, rebuses, and repetition, this picture book tells the story of making breakfast for Mother. The family wants her to have a super day, but when things don't turn out as intended, Mother knows how to save the day. This book has gentle humor and appealing illustrations, and young readers will enjoy being able to read it independently.	1	3	F
<b>What Makes You Cough, Sneeze, Burp, Hiccup, Blink, Yawn, Sweat, and Shiver?</b> Stangl, Jean Franklin Watts, 2000 Part of the My Health series, this informational book takes a comprehensive approach to what youngsters need to know about the involuntary reflex actions of the body. It asks questions that children might have about these topics, and includes activities for them to help them understand the concepts. Illustrations and photographs that are ethnically diverse complement the text. The book has a table of contents, glossary, resource lists, index and information about the author.	1	3	N
<b>What You Never Knew about Fingers, Forks, &amp; Chopsticks</b> Lauber, Patricia Aladdin Paperbacks, 1999 This book provides an entertaining look at eating habits around the world and their history. The text has clever illustrations and witty captions that add a light-hearted touch to the information. This book might be most effective when used as a read-aloud with third graders and above, or as a resource for a small group project. It includes a bibliography of books related to this topic.	1	3	N



Title	TN Message	Rating	F/N
<p><b>What's Cooking, Jenny Archer?</b>  Conford, Ellen  Little, Brown and Co., 2006  Jenny, after watching one of her favorite TV shows, "Kids in the Kitchen," decides to use her imagination and prepare her own lunch. Soon Jenny's delicious and unusual lunches are the envy of her friends and they offer to pay her to make their lunch. Jenny starts her own business, but she soon discovers that making lunches for friends who are picky eaters is not easy. This is Conford's fourth book about Jenny and her entrepreneurial spirit. Witty and fast-moving with short chapters and line drawings, this story will open children's eyes to many possibilities for lunch.</p>	1	3	F
<p><b>What's for Lunch? Milk</b>  Llewellyn, Claire  Children's Press, 1998  Part of the "What's for Lunch?" series, this book provides clearly written information about milk from its inception in cows to its consumptions as dairy products. Large color photographs enhance the text. Vocabulary is printed in bold type throughout the book and also defined in a two-page glossary at the back of the book. It concludes with a topical index.</p>	3	1	N
<p><b>What's So Terrible About Swallowing an Apple Seed?</b>  Lerner, Harriet and Susan Goldhor  Harper Collins Publishers, 1996  Rosie swallows an apple seed, and her big sister tells her an apple tree will grow out of her ears. The fun continues as the girls become more and more imaginative, and the lie grows bigger and bigger. Eventually the truth comes out, but not before the girls have constructed a delightful fantasy that will appeal to young readers. Whimsical watercolor illustrations complement this humorous picture book.</p>	2	3	F
<p><b>Wheat</b>  Canizares, Susan and Pamela Chanko  Scholastic Inc., 1999  This easy-to-read informational book, part of the Emergent Readers series, asks the question: What can you eat that comes from wheat? It then answers the question using colorful photographs and simple sentences with repeating phrases. The book concludes with two pages of more detailed information for the teacher or parent. This format could be easily adapted for the class to make their own informational books.</p>	2	2	N
<p><b>Where on Earth Is My Bagel?</b>  Park, Frances and Ginger Park  Lee &amp; Low Books Inc., 2001  Yum Yang lives in Korea, but dreams of eating a New York bagel. He finds a pigeon to take his message to New York and then continues his search. With his friends, a farmer, fisherman, beekeeper, and baker he discovers a creative solution that makes everyone happy.</p>	2	3	F



## SEARCH BY TITLE

Title	TN Message	Rating	F/N
<p><b>Why Do People Eat?</b> Needham, Kate Usborne Publishing, 1992 This book introduces a wealth of information about many topics related to food including: why we get hungry, what's in food, how food is digested, and foods eaten around the world. Most sections begin with a question. Part of the Usborne Starting Point Science series, it has detailed illustrations, simple experiments, a table of contents, and an index.</p>	1	2	N
<p><b>Why I Sneeze, Shiver, Hiccup, and Yawn</b> Berger, Melvin Harper Collins Publishers, 2000 We all have experienced sneezing, shivering, hiccupping, or yawning without knowing it was going to happen. This informational book explains how these reflex acts happen. It provides clearly written and succinct descriptions of our nervous system, interesting examples that pertain to children's everyday experiences, and attractive illustrations that clarify and enhance the concepts. Part of the Let's-Read-And-Find-Out Science series, Stage 2, its purpose is to explore more challenging concepts for children in primary grades, including hand-on activities that can be done independently.</p>	N/A	3	N
<p><b>Why Should I Eat Well?</b> Llewellyn, Claire Barron's Educational Series, 2005 Rachel, a new girl in school, convinces Monica to forsake her unhealthy eating habits and enjoy nutritious snacks and meals. Rachel tells Monica why eating lots of sugary foods isn't good for her. Colorful cartoon-style illustrations of ethnically-diverse people and lively conversation enhance the information about healthy eating. The book concludes with three pages of notes and suggested activities for parents and teachers. It is part of the WHY SHOULD I? series."</p>	1	1	N
<p><b>Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman</b> Krull, Kathleen Harcourt Brace &amp; Company, 1996 Wilma Rudolph, the first American woman to win three gold medals at a single Olympics, was a sickly child who had polio that paralyzed her left leg and forced her to wear a heavy steel brace. The twentieth child in a close-knit African American family, Wilma learned to walk using exercise, determination and faith. Wilma starred in high school basketball and earned a track-and-field scholarship to college. This inspiring book describes how she competed and won in the Olympics at a time when many thought that running was a sport for men, not women. Krull's engaging biography is complemented with striking illustrations by Caldecott Medal winner, David Diaz.</p>	5	2	N
<p><b>Yoko</b> Wells, Rosemary Scholastic Inc., 1998 The children in Mrs. Jenkins' classroom bring different foods to school in their lunches, but they still make fun of Yoko's lunch. Even when they have an international food day, and children bring enchiladas, Caribbean coconut crisps, Nigerian nut soup, Brazil nuts, Irish stew, potato knishes, mango smoothies, spaghetti, and Boston franks and beans, no one will try Yoko's sushi. Then Timothy, still hungry, tries a bite. Much to his surprise, he likes it; and later, when he sneaks a coconut crisp into Yoko's pocket, she discovers she likes it better than her red bean ice cream. This delightful book provides an excellent springboard for talking about dishes from ethnic backgrounds and trying new food.</p>	1	2	F



Title	TN Message	Rating	F/N
<b>Yummy Rhymes</b> Mother Goose Publications International, LTD, 1996 This small picture book is a collection of 11 Mother Goose rhymes with food themes. Part of the Rainbow Books series, each poem is accompanied by a lively illustration.	1	3	F
<b>Yummy Riddles</b> Helmer, Marilyn Kids Can Press, 2003 These silly riddles about food are sure to please the youngsters in your classroom and they will “groan” when the answer is revealed. Written in a familiar question and answer format, the riddles rely upon puns and word play and are accompanied by cartoon-style illustrations that help convey the humor.	1	3	F
<b>Zieglers and Their Apple Orchard, The</b> Flanagan, Alice K. Children’s Press, 1999 Part of the Our Neighborhood series, this book features a couple in Illinois, their large apple orchard and small store. The orchard has 1,500 trees and requires a lot of work to produce a good crop. Large, colored photos and simple text provide an overview of the kinds of work involved in growing, harvesting, and selling apples and apple products.	2	2	N





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