

What will the doctor give me if I have H1N1 flu?

The doctor will prescribe you a medicine that attacks the virus that causes H1N1 flu.



The doctor will also ask you to:

- Cover your mouth and nose when you sneeze or cough
- Stay in the house so that you don't infect other people
- Drink plenty of liquids
- Get enough sleep and eat well

What should I do if I feel sick?

If you feel sick with any of these symptoms....

- fever and chills
- cough
- headache
- sore throat
- body aches
- fatigue
- nausea or vomiting

...please:

- limit contact with other people
- contact your doctor
- or call:

**Place Health Center
Information Here**

For updated information
call 1-800-CDC-INFO
www.cdc.gov/h1n1flu



Questions and Answers about:
**H1N1 Influenza
(Swine Flu)**

What is H1N1 (swine) flu?

It is an illness that pigs get in their lungs and it is caused by a virus. No one knows how this virus passed from pigs to humans, but it is known that the virus can pass from one person to another.



What symptoms do people have when they have H1N1 flu?

People have:

- fever and chills
- cough
- headache
- sore throat
- body aches
- fatigue
- nausea or vomiting

In serious cases, people can also get pneumonia and even die.

How is H1N1 flu passed from one person to another?

- When a person with swine flu coughs or sneezes near you
- When you touch something that has the virus on it and then you touch your mouth or nose with your hand

Is there a vaccine to prevent it?

No, right now there is no vaccine to prevent H1N1 flu.

What should I do if I feel sick?

- Cover your mouth when you cough or sneeze
- Wash your hands with soap and water



- If you don't have any water, wash your hands with rubbing alcohol or with a bacterial gel that has alcohol in it.
- Don't shake anyone's hand
- Look for advice from your doctor or from the clinic

How will I know if I have H1N1 flu?

The doctor will ask you some questions like:

- What symptoms do you have?
- Have you been near someone that had flu symptoms?

The doctor will also take a sample of the mucous in your throat and nose to see whether it has the virus in it.