

Search results:

To: Authorized Representatives
Cc:
Bcc:
Subject: NDE NS: New Requirements for Fluid Milk
Attachments:

[SP 29-2011 Nutr Reqs for Fluid Milk.pdf](#) (29.385kb)

Message:

This email is being sent to all Authorized Representatives and Food Service Directors/Managers. Please forward to others as appropriate.

USDA Memo SP 29-2011 Child Nutrition Reauthorization 2010: Nutrition Requirements for Fluid Milk dated April 14, 2011, is enclosed with this email.

The Healthy, Hunger-Free Kids Act of 2010 modified requirements for fluid milk in the National School Lunch Program and School Breakfast Program.

The change requires that a variety of fluid milk be served consistent with the most recent Dietary Guidelines for Americans. The 2010 Dietary Guidelines recommend that persons over two years of age consume fat-free or low-fat (1%) fluid milk. You should work to comply with this requirement as soon as possible, but not later than the beginning of School Year 2011-2012. To offer milk variety consistent with this recommendation, school food authorities must offer at least two choices from the following:

- 1) fat-free (skim) or low-fat (1%) milk
 - 2) fat-free (skim) or low-fat (1%) lactose reduced milk
 - 3) fat-free (skim) or low-fat (1%) lactose free milk
 - 4) fat-free (skim) or low-fat (1%) buttermilk
 - 5) fat-free (skim) or low-fat (1%) acidified milk
- Schools are no longer required to offer milk with at least two different fat contents.
 - Examples of acceptable choices to offer include:
 - 1% white milk and skim chocolate milk
 - Skim chocolate milk and skim white milk
 - 1% chocolate milk and 1% white milk
 - Milk served must be pasteurized fluid milk that meets State and local standards.
 - Milk served may be flavored or unflavored and may be offered to meet the variety requirements described above.
 - Whole milk and reduced-fat (2%) milk cannot be served.

If you have questions, please contact our office by calling 402-471-2488 or 800-731-2233 (outside Lincoln). Beverly A Benes, PhD, RD Director, Nutrition Services NE Department of Education 301 Centennial Mall South PO Box 94987 Lincoln, NE 68509-4987
Bev.Benes@nebraska.gov 402-471-3566 800-731-2233 (NE only) 402-471-4407 Fax

This institution is an equal opportunity provider.

The message was previously sent on 5/27/2011 7:47:17 AM.