

Cheese Ribbon Sandwich

Meat Alternate-Grains/Breads

Sandwiches

F-05

Ingredients	25 Servings		50 Servings		Directions
	Weight	Measure	Weight	Measure	
American processed cheese, shredded	1 lb 9 oz	1 qt 2 1/4 cups	3 lb 2 oz	3 qt 1/2 cup	1. In a mixing bowl, combine cheese, mayonnaise, pimentos, mustard, and Worcestershire sauce (optional). Mix until well blended. 2. Spread 1/4 cup (No. 16 scoop) of cheese mixture on each slices of white bread. 3. Top each with a slice of whole wheat bread. 4. Cut each sandwich into four equal pieces in the shape of strips. 5. Cover. Refrigerate until ready to serve.
Lowfat mayonnaise	6 oz	2/3 cup	12 oz	1 1/3 cups	
Canned pimentos, diced, drained		1/4 cup	4 oz	1/2 cup	
Prepared mustard		2 Tbsp		1/4 cup	
Worcestershire sauce (optional)		1 Tbsp		2 Tbsp	
White bread slices	13 oz	13 each	1 lb 10 oz	26 each	
Wheat bread slices	13 oz	13 each	1 lb 10 oz	26 each	

SERVING:	YIELD:	VOLUME:
2 pieces provide 1 oz of cheese and 1 slice of bread	25 Servings: 3 lb 12 oz	25 Servings:
	50 Servings: 7 lb 8 oz	50 Servings:

Special Tip:

1. Attractive garnishes include unpeeled apple slices, grapes, or carrot chips.
2. To decrease the amount of fat, use a lowfat cheese in place of American processed cheese.

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Nutrients Per Serving

Calories	200	Saturated Fat	6.2 g	Iron	1.0 mg
Protein	9 g	Cholesterol	27 mg	Calcium	204 mg
Carbohydrate	14 g	Vitamin A	89 RE/411 IU	Sodium	390 mg
Total Fat	12.2 g	Vitamin C	2 mg	Dietary Fiber	1 g