

What School Counseling Programs Teach

Skills for Learning Academic Development

- Effective learning in school & across the life span
- Academic preparation for post-secondary options
- Relationship of academics, work, family & community life

Examples: College Readiness, Importance of Graduation, Academic Planning, Test Preparation, Study Skills

Skills for Earning Career Development

- Investigate the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationship of personal qualities, education, training & work

Examples: Career Readiness, Personal Learning Plan, Decision Making, Goal Setting, Financial Aid for College

Skills for Living Personal/Social Development

- Interpersonal skills to respect self & others
- Decision making, setting goals & taking action to achieve goals
- Understanding everyday safety & survival skills

Examples: Coping/Resiliency, Anti-bullying, Dating Violence, Citizenship, Character Education, Peer Pressure

Contact Information

Local

Statewide

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Nebraska School Counselor Association

www.neschoolcounselor.org

National

American School Counselor Association

www.schoolcounselor.org



Nebraska School Counseling Improves Student Achievement

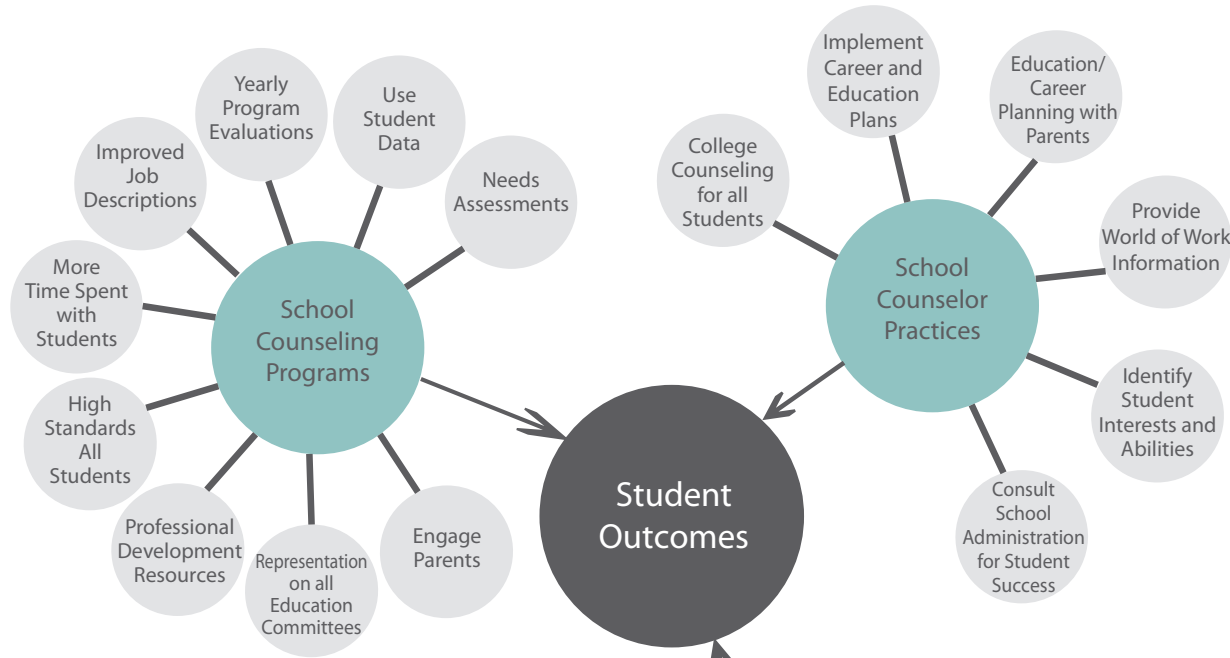
Nebraska School Counseling State Evaluation Summary

Conducted by the Center for School Counseling Outcome Research —
University of Massachusetts Amherst

The full report and summary can be found at:

www.education.ne.gov/CARED

School Counseling Programs Make a Difference!



Positive Student Outcomes:

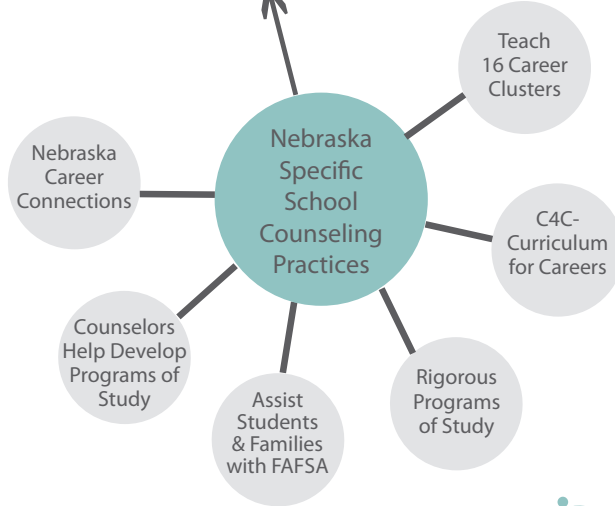
Higher Graduation Rates

Higher Attendance Rates

Higher Math and Reading Proficiency

Lower Suspension and Lower Discipline Rates

Improved Technical Career Skills



● *Specific factors that influence impact on student outcomes.*

Recommendations

- Deliver a *Comprehensive Program* based on Nebraska/ASCA national model standards
- Goal: 80% of School Counselor time in activities that directly benefit student achievement
- Increase teamwork between Principals and Counselors
- Increase Family Engagement
- Lower student-to-counselor ratios
- Implement *Personal Learning Plans* to prepare ALL students for College and Career Readiness

