Child, Youth, and Family Studies Program of Study

Content Area: HSE
Grade Level: HS
POS: 1

HSE.HS.1.1	
Analyze principles of human growth and development across the lifespan.	
HSE.HS.1.1.a	Analyze physical, emotional, social, moral and intellectual development.
HSE.HS.1.1.b	Assess the interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.
HSE.HS.1.1.c	Examine brain structure and development over the lifespan.
HSE.HS.1.1.d	Explore current and emerging research about human growth and development.

HSE.HS.1.2	
Analyze services and supports available for positive developmental outcomes.	
HSE.HS.1.2.a	Identify developmental delays and differences of individuals.
HSE.HS.1.2.b	Identify services and supports needed when developmental milestones of individuals are not met.
HSE.HS.1.2.c	Examine school and community resources needed when developmental milestones of individuals are not met.
HSE.HS.1.2.d	Compare and contrast screening practices that help to identify issues related to developmental milestones.

HSE.HS.1.3	
Analyze conditions that influence child growth and development.	
HSE.HS.1.3.a	Investigate the effects of heredity and environment on prenatal and child growth and development.
HSE.HS.1.3.b	Theorize the effects of gender, ethnicity, and culture on child development.
HSE.HS.1.3.c	Research how economic status influences development of an individual or family.

HSE.HS.1.4	
Assess the external factors that influence individuals.	
HSE.HS.1.4.a	Examine the impact of social and technological forces on an individual's development.
HSE.HS.1.4.b	Hypothesize the effects of experiences throughout the lifespan on an individual's physical, social, moral and emotional development.
HSE.HS.1.4.c	Analyze the geographic, political, and global influences on human growth and development.
HSE.HS.1.4.d	Evaluate the impact of diverse perspectives, needs, and characteristics of individuals and families.
HSE.HS.1.4.e	Analyze the differences between socio-economic status amongst families and the role it plays in the development of the individual or family.

HSE.HS.1.5	
Analyze the effects of family as a system on individuals and society.	
HSE.HS.1.5.a	Evaluate the function of the family as the basic unit of society.

HSE.HS.1.5.b	Examine the role of family in teaching culture and traditions across the lifespan.
HSE.HS.1.5.c	Summarize the family's role in developing independence, interdependence, and commitment of family members.
HSE.HS.1.5.d	Analyze the effects of change and transitions.
HSE.HS.1.5.e	Compare and contrast parenting styles to examine the effect on development.

HSE.HS.1.6	
Analyze strategies to manage health and wellness.	
HSE.HS.1.6.a	Develop a life plan, including pathways to acquiring the knowledge and skills need to achieve health and wellness goals.
HSE.HS.1.6.b	Define goals for lifelong health and wellness.
HSE.HS.1.6.c	Describe the various safety and sanitation practices necessary that promote health, wellness and safety.
HSE.HS.1.6.d	Recognize potential stressors, responses to stress and healthy ways for managing stress.
HSE.HS.1.6.e	Identify the importance of physical activity over a lifespan.

HSE.HS.1.7	
Critique individual's and family's abilities to identify and manage resources and make decisions related to the impact on the individual and family wellness.	
HSE.HS.1.7.a	Analyze the role of family and social services support systems in meeting human growth and development needs.
HSE.HS.1.7.b	Evaluate potential areas of concern affecting family members wellness.
HSE.HS.1.7.c	Utilize the decision making process to resolve issues related to wellness.
HSE.HS.1.7.d	Identify external support systems for individuals and families.

HSE.HS.1.8	
Apply knowledge of lifespan development from developmental theories and principles of growth and development.	
HSE.HS.1.8.a	Compare and contrast the intersection of developmental theories.
HSE.HS.1.8.b	Investigate the impact of developmental theories across the lifespan.

HSE.HS.1.9	
Evaluate conditions that impact normal growth and development.	
HSE.HS.1.9.a	Investigate issues that can hinder reaching developmental milestones.
HSE.HS.1.9.b	Examine educational, community, and governmental resources available to prevent developmental delays.
HSE.HS.1.9.c	Identify educational, community, and governmental resources available to address and improve developmental delays.
HSE.HS.1.9.d	Identify policies and programs in a variety of sectors that positively or negatively influence health care, nutrition, education, child protection, and poverty.
HSE.HS.1.9.e	Explore brain research that determines how the early years of life provide a window of opportunity for ensuring a child's healthy development.

HSE.HS.1.10	
Analyze roles and responsibilities of parenting.	
HSE.HS.1.10.a	Analyze parenting roles across the lifespan.

Approved by the Nebraska State Board of Education, November 2016

HSE.HS.1.10.b	Analyze expectations and responsibilities of parenting.
HSE.HS.1.10.c	Analyze consequences of parenting practices to the individual, family, and society.
HSE.HS.1.10.d	Summarize current laws and policies related to parenting.
HSE.HS.1.10.e	Analyze societal conditions that influence parenting across the lifespan.
HSE.HS.1.10.f	Explain cultural differences in roles and responsibilities of parenting.
HSE.HS.1.10.g	Compare and contrast parenting styles to examine the impact on development.

HSE.HS.1.11	
Analyze individual's ability to manage work, family and community commitments.	
HSE.HS.1.11.a	Compare and contrast different types of families.
HSE.HS.1.11.b	Evaluate and prioritize family, work and community obligations.
HSE.HS.1.11.c	Investigate resources available to families that increase positive outcomes for children.

HSE.HS.1.12	
Analyze functions and purposes of various types of interpersonal relationships.	
HSE.HS.1.12.a	Analyze processes for building and maintaining interpersonal relationships.
HSE.HS.1.12.b	Describe the effects of various stages of the family life cycle on interpersonal relationships.
HSE.HS.1.12.c	Analyze factors that contribute to healthy and unhealthy relationships.
HSE.HS.1.12.d	Demonstrate processes for handling unhealthy relationships.

HSE.HS.1.13	
Analyze personal needs and characteristics and their effects on interpersonal relationships.	
HSE.HS.1.13.a	Analyze the effects of personal characteristics on relationships.
HSE.HS.1.13.b	Describe the effects of life events and conditions on relationships.

HSE.HS.1.14	
Demonstrate communication skills that contribute to positive relationships.	
HSE.HS.1.14.a	Analyze strategies to overcome communication barriers in family, community and work settings.
HSE.HS.1.14.b	Apply ethical principles of communication in family, community and work settings.
HSE.HS.1.14.c	Evaluate communication styles and their effects on relationships.
HSE.HS.1.14.d	Analyze the effects of communication via technology in family, work and community settings.
HSE.HS.1.14.e	Analyze the roles, functions and potential barriers of communication in family, work and community settings.
HSE.HS.1.14.f	Employs organizational development skills to foster positive working relationships and accomplish goals.

HSE.HS.1.15	
Evaluate effective conflict prevention and management techniques.	
HSE.HS.1.15.a	Describe the differences between interpersonal conflict and bullying.
HSE.HS.1.15.b	Apply the principles of decision making and problem solving in reducing and managing conflict.
HSE.HS.1.15.c	Plan nonviolent strategies that address conflict.

HSE.HS.1.16	
Demonstrate standards that guide behavior in interpersonal relationships.	
HSE.HS.1.16.a	Apply critical thinking and ethical decision making to build interpersonal relationships.
HSE.HS.1.16.b	Apply guidelines for assessing the nature of issues and situations in various interpersonal relationships.
HSE.HS.1.16.c	Model positive attributes of effective leaders (e.g. self awareness, self-regulation, motivation, empathy and social skills).

HSE.HS.1.17	
Analyze ethical behaviors essential for working within human services careers.	
HSE.HS.1.17.a	Apply the Code of Ethical Conduct set forth by the NOHS (National Organization for Human Services).
HSE.HS.1.17.b	Model behaviors that demonstrate reliability, dependability and commitment to the organization.
HSE.HS.1.17.c	Comply with workplace policies, norms/culture, procedures and protocols.
HSE.HS.1.17.d	Exhibit professional etiquette in all interactions.
HSE.HS.1.17.e	Explain the importance of health, safety, human resource and environmental regulations.

HSE.HS.1.18	
Demonstrate professional practices and standards related to working with children, youth and families.	
HSE.HS.1.18.a	Utilize opportunities for continuing training and education.
HSE.HS.1.18.b	Demonstrate enthusiasm, initiative, and commitment to program goals and improvements.
HSE.HS.1.18.c	Implement federal, state, and local licensing and certification guidelines when designing programs.
HSE.HS.1.18.d	Apply business management skills to planning businesses in human services and related career fields.
HSE.HS.1.18.e	Analyze participants' strengths, needs, preferences, and interests across the lifespan through formal and informal assessment practices.
HSE.HS.1.18.f	Demonstrate use of technology in human services and related careers.
HSE.HS.1.18.g	Identify the training, education and certification requirements for entrance and advancement in a chosen occupation.

HSE.HS.1.19	
Evaluate conditions that impact normal growth and development.	
HSE.HS.1.19.a	Examine educational, community, and governmental resources available to prevent developmental delays.
HSE.HS.1.19.b	Identify educational, community, and governmental resources available to address and improve developmental delays.
HSE.HS.1.19.c	Identify policies and programs in a variety of sectors that positively or negatively influence health care, nutrition, education, child protection, and poverty.

HSE.HS.1.20	
Differentiate between effective and ineffective parenting and caregiver practices.	
HSE.HS.1.20.a	Identify forms of child abuse and neglect.

HSE.HS.1.20.b	Describe strategies for overcoming negative and harmful parenting practices.
HSE.HS.1.20.c	Examine how nurturing and attachment create optimal parenting practices.
HSE.HS.1.20.d	Assess discipline practices that follow emerging research on human growth and development.
HSE.HS.1.20.e	Assess the importance of teamwork and leadership skills in the family, workplace and community.
HSE.HS.1.20.f	Compare and contrast the current research regarding discipline practices and the various effects on parents and children.
HSE.HS.1.20.g	Assess effectiveness of parenting experiences.
HSE.HS.1.20.h	Apply strategies that promote positive self-development in family members.
HSE.HS.1.20.i	Assess the effects of abuse and neglect on children and families and determine methods for prevention.
HSE.HS.1.20.j	Apply criteria for selecting care and services for children.
HSE.HS.1.20.k	Analyze implications of alternatives to biological parenthood.

HSE.HS.1.21	
Evaluate services for individuals and families in a variety of circumstances.	
HSE.HS.1.21.a	Identify resources available to individuals and families with specific needs.
HSE.HS.1.21.b	Explore strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.
HSE.HS.1.21.c	Summarize the importance of friends, family, and community relationships for an individual.
HSE.HS.1.21.d	Analyze the interaction between the individual, family, school, community and society.

HSE.HS.1.22	
Demonstrate techniques for positive collaborative relationships with children.	
HSE.HS.1.22.a	Apply developmentally appropriate guidelines for behavior.
HSE.HS.1.22.b	Demonstrate interpersonal skills that promote positive and productive relationships with children.
HSE.HS.1.22.c	Implement strategies for constructive and supportive interactions between children and families.

HSE.HS.1.23	
Develop children's self-regulation of health and wellness choices to create a safe and healthy environment for children.	
HSE.HS.1.23.a	Plan safe and healthy meals and snacks.
HSE.HS.1.23.b	Implement strategies to teach children health, safety, and sanitation habits.
HSE.HS.1.23.c	Critique behaviors (physical activity, nutrition choices, etc.) that develop positive lifelong wellness for children.

HSE.HS.1.24	
Analyze factors that impact child growth and development.	
HSE.HS.1.24.a	Analyze the effect of heredity and environment on child growth and development (nature, nurture).
HSE.HS.1.24.b	Analyze the effects of gender, ethnicity, and culture on a child's development.

HSE.HS.1.25	
Build on individual and family strengths.	
HSE.HS.1.25.a	Acknowledge and apply differences in cultural identity, values and beliefs to care and services for children and families.
HSE.HS.1.25.b	Examine cultural identity and celebration of individuals, families and community within the child care and education system.

Human Growth and Development

Course Description

This course explores the physical, emotional, social, and intellectual development of individuals across the lifespan. External impacts on development including family structure and practices, social and technological forces, and resources available to individuals and their outcomes will be explored. Classroom, laboratory and educational leadership activities are supplemented through Nebraska FCCLA Career Student Organization.

Course Code:

090110

Endorsements to Teach:

FACS

Programs of Study to which this Course applies

HSE.HS.1 Child, Youth, and Family Studies

HSE.HS.1.1	
Analyze principles of human growth and development across the lifespan.	
HSE.HS.1.1.a	Analyze physical, emotional, social, moral and intellectual development.
HSE.HS.1.1.b	Assess the interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.
HSE.HS.1.1.c	Examine brain structure and development over the lifespan.
HSE.HS.1.1.d	Explore current and emerging research about human growth and development.

HSE.HS.1.2	
Analyze services and supports available for positive developmental outcomes.	
HSE.HS.1.2.a	Identify developmental delays and differences of individuals.
HSE.HS.1.2.b	Identify services and supports needed when developmental milestones of individuals are not met.
HSE.HS.1.2.c	Examine school and community resources needed when developmental milestones of individuals are not met.
HSE.HS.1.2.d	Compare and contrast screening practices that help to identify issues related to developmental milestones.

HSE.HS.1.3	
Analyze conditions that influence child growth and development.	
HSE.HS.1.3.a	Investigate the effects of heredity and environment on prenatal and child growth and development.
HSE.HS.1.3.b	Theorize the effects of gender, ethnicity, and culture on child development.
HSE.HS.1.3.c	Research how economic status influences development of an individual or family.

HSE.HS.1.4	
Assess the external factors that influence individuals.	

HSE.HS.1.4.a	Examine the impact of social and technological forces on an individual's development.
HSE.HS.1.4.b	Hypothesize the effects of experiences throughout the lifespan on an indvidual's physical, social, moral and emotional development.
HSE.HS.1.4.c	Analyze the geographic, political, and global influences on human growth and development.
HSE.HS.1.4.d	Evaluate the impact of diverse perspectives, needs, and characteristics of individuals and families.
HSE.HS.1.4.e	Analyze the differences between socio-economic status amongst families and the role it plays in the development of the individual or family.

HSE.HS.1.5
Analyze the effects of family as a system on individuals and society.

HSE.HS.1.5.a	Evaluate the function of the family as the basic unit of society.
HSE.HS.1.5.b	Examine the role of family in teaching culture and traditions across the lifespan.
HSE.HS.1.5.c	Summarize the family's role in developing independence, interdependence, and commitment of family members.
HSE.HS.1.5.d	Analyze the effects of change and transitions.
HSE.HS.1.5.e	Compare and contrast parenting styles to examine the effect on development.

HSE.HS.1.6
Analyze strategies to manage health and wellness.

HSE.HS.1.6.a	Develop a life plan, including pathways to acquiring the knowledge and skills need to achieve health and wellness goals.
HSE.HS.1.6.b	Define goals for lifelong health and wellness.
HSE.HS.1.6.c	Describe the various safety and sanitation practices necessary that promote health, wellness and safety.
HSE.HS.1.6.d	Recognize potential stressors, responses to stress and healthy ways for managing stress.
HSE.HS.1.6.e	Identify the importance of physical activity over a lifespan.

HSE.HS.1.7
Critique individual's and family's abilities to identify and manage resources and make decisions related to the impact on the individual and family wellness.

HSE.HS.1.7.a	Analyze the role of family and social services support systems in meeting human growth and development needs.
HSE.HS.1.7.b	Evaluate potential areas of concern affecting family members wellness.
HSE.HS.1.7.c	Utilize the decision making process to resolve issues related to wellness.
HSE.HS.1.7.d	Identify external support systems for individuals and families.

HSE.HS.1.8
Apply knowledge of lifespan development from developmental theories and principles of growth and development.

HSE.HS.1.8.a	Compare and contrast the intersection of developmental theories.
HSE.HS.1.8.b	Investigate the impact of developmental theories across the lifespan.

HSE.HS.1.9

	Evaluate conditions that impact normal growth and development.
HSE.HS.1.9.a	Investigate issues that can hinder reaching developmental milestones.
HSE.HS.1.9.b	Examine educational, community, and governmental resources available to prevent developmental delays.
HSE.HS.1.9.c	Identify educational, community, and governmental resources available to address and improve developmental delays.
HSE.HS.1.9.d	Identify policies and programs in a variety of sectors that positively or negatively influence health care, nutrition, education, child protection, and poverty.
HSE.HS.1.9.e	Explore brain research that determines how the early years of life provide a window of opportunity for ensuring a child's healthy development.

HSE.HS.1.17	
Analyze ethical behaviors essential for working within human services careers.	
HSE.HS.1.17.a	Apply the Code of Ethical Conduct set forth by the NOHS (National Organization for Human Services).
HSE.HS.1.17.b	Model behaviors that demonstrate reliability, dependability and commitment to the organization.
HSE.HS.1.17.c	Comply with workplace policies, norms/culture, procedures and protocols.
HSE.HS.1.17.d	Exhibit professional etiquette in all interactions.
HSE.HS.1.17.e	Explain the importance of health, safety, human resource and environmental regulations.

HSE.HS.1.18	
Demonstrate professional practices and standards related to working with children, youth and families.	
HSE.HS.1.18.a	Utilize opportunities for continuing training and education.
HSE.HS.1.18.b	Demonstrate enthusiasm, initiative, and commitment to program goals and improvements.
HSE.HS.1.18.c	Implement federal, state, and local licensing and certification guidelines when designing programs.
HSE.HS.1.18.d	Apply business management skills to planning businesses in human services and related career fields.
HSE.HS.1.18.e	Analyze participants' strengths, needs, preferences, and interests across the lifespan through formal and informal assessment practices.
HSE.HS.1.18.f	Demonstrate use of technology in human services and related careers.
HSE.HS.1.18.g	Identify the training, education and certification requirements for entrance and advancement in a chosen occupation.

Interpersonal Relationships

Course Description

The course includes the study of interpersonal relationships and the effect of these relationships on the well-being of individuals, families, work and society. The course includes concepts such as effective communication, establishing and maintaining relationships, diverse family systems, characteristics of personal development and the impact of relationships on personal and career success.

Course Code:

090116

Endorsements to Teach:

FACS

Programs of Study to which this Course applies

HSE.HS.1 Child, Youth, and Family Studies

HSE.HS.1.4	
Assess the external factors that influence individuals.	
HSE.HS.1.4.a	Examine the impact of social and technological forces on individual's development.
HSE.HS.1.4.b	Hypothesize the effects of experiences throughout the lifespan. Specifically, individual's' physical, social, moral and emotional development.
HSE.HS.1.4.c	Analyze the geographic, political, and global influences on human growth and development.
HSE.HS.1.4.d	Evaluate the effects of diverse perspectives, needs, and characteristics of individuals and families.
HSE.HS.1.4.e	Analyze the differences between socio-economic status amongst families and the role it plays in the development of the individual or family.

HSE.HS.1.5	
Analyze the effects of family as a system on individuals and society.	
HSE.HS.1.5.a	Evaluate the function of the family as the basic unit of society.
HSE.HS.1.5.b	Examine the role of family in teaching culture and traditions across the lifespan.
HSE.HS.1.5.c	Summarize the family's role in developing independence, interdependence, and commitment of family members.

HSE.HS.1.12	
Analyze functions and purposes of various types of interpersonal relationships.	
HSE.HS.1.12.a	Analyze processes for building and maintaining interpersonal relationships.
HSE.HS.1.12.b	Describe the effects of various stages of the family life cycle on interpersonal relationships.
HSE.HS.1.12.c	Analyze factors that contribute to healthy and unhealthy relationships.
HSE.HS.1.12.d	Demonstrate processes for handling unhealthy relationships.

HSE.HS.1.13	
Analyze personal needs and characteristics and their effects on interpersonal relationships.	
HSE.HS.1.13.a	Analyze the effects of personal characteristics on relationships.
HSE.HS.1.13.b	Describe the effects of life events and conditions on relationships.

HSE.HS.1.14	
Demonstrate communication skills that contribute to positive relationships.	
HSE.HS.1.14.a	Analyze strategies to overcome communication barriers in family, community and work settings.
HSE.HS.1.14.b	Apply ethical principles of communication in family, community and work settings.
HSE.HS.1.14.c	Evaluate communication styles and their effects on relationships.
HSE.HS.1.14.d	Analyze the effects of communication via technology in family, work and community settings.
HSE.HS.1.14.e	Analyze the roles, functions and potential barriers of communication in family, work and community settings.
HSE.HS.1.14.f	Employs organizational development skills to foster positive working relationships and accomplish goals.

HSE.HS.1.15	
Evaluate effective conflict prevention and management techniques.	
HSE.HS.1.15.a	Describe the differences between interpersonal conflict and bullying.
HSE.HS.1.15.b	Apply the principles of decision making and problem solving in reducing and managing conflict.
HSE.HS.1.15.c	Plan nonviolent strategies that address conflict.

HSE.HS.1.16	
Demonstrate standards that guide behavior in interpersonal relationships.	
HSE.HS.1.16.a	Apply critical thinking and ethical decision making to build interpersonal relationships.
HSE.HS.1.16.b	Apply guidelines for assessing the nature of issues and situations in various interpersonal relationships.
HSE.HS.1.16.c	Model positive attributes of effective leaders (e.g. self awareness, self-regulation, motivation, empathy and social skills).

HSE.HS.1.17	
Analyze ethical behaviors essential for working within human services careers.	
HSE.HS.1.17.a	Apply the Code of Ethical Conduct set forth by the NOHS (National Organization for Human Services).
HSE.HS.1.17.b	Model behaviors that demonstrate reliability, dependability and commitment to the organization.
HSE.HS.1.17.c	Comply with workplace policies, norms/culture, procedures and protocols.
HSE.HS.1.17.d	Exhibit professional etiquette in all interactions.
HSE.HS.1.17.e	Explain the importance of health, safety, human resource and environmental regulations.

HSE.HS.1.18	
Demonstrate professional practices and standards related to working with children, youth and families.	

HSE.HS.1.18.a	Utilize opportunities for continuing training and education.
HSE.HS.1.18.b	Demonstrate enthusiasm, initiative, and commitment to program goals and improvements.
HSE.HS.1.18.c	Implement federal, state, and local licensing and certification guidelines when designing programs.
HSE.HS.1.18.d	Apply business management skills to planning businesses in human services and related career fields.
HSE.HS.1.18.e	Analyze participants' strengths, needs, preferences, and interests across the lifespan through formal and informal assessment practices.
HSE.HS.1.18.f	Demonstrate use of technology in human services and related careers.
HSE.HS.1.18.g	Identify the training, education and certification requirements for entrance and advancement in a chosen occupation.

Parents and Families

Course Description

Students will evaluate the effects of parenting roles and responsibilities on the well-being of individuals and families. In this course students will explain the following: influences on parenting, decisions to parent, support services for parents, positive actions to support the physical, emotional, intellectual, and social development family members, parenting theories, and family adjustment to parenthood.

Course Code:

090117

Endorsements to Teach:

FACS

Programs of Study to which this Course applies

HSE.HS.1 Child, Youth, and Family Studies

HSE.HS.1.10	
Analyze roles and responsibilities of parenting.	
HSE.HS.1.10.a	Analyze parenting roles across the lifespan.
HSE.HS.1.10.b	Analyze expectations and responsibilities of parenting.
HSE.HS.1.10.c	Analyze consequences of parenting practices to the individual, family, and society.
HSE.HS.1.10.d	Summarize current laws and policies related to parenting.
HSE.HS.1.10.e	Analyze societal conditions that influence parenting across the lifespan.
HSE.HS.1.10.f	Explain cultural differences in roles and responsibilities of parenting.
HSE.HS.1.10.g	Compare and contrast parenting styles to examine the impact on development.

HSE.HS.1.11	
Analyze individual's ability to manage work, family and community commitments.	
HSE.HS.1.11.a	Compare and contrast different types of families.
HSE.HS.1.11.b	Evaluate and prioritize family, work and community obligations.
HSE.HS.1.11.c	Investigate resources available to families that increase positive outcomes for children.

HSE.HS.1.19	
Evaluate conditions that impact normal growth and development	
HSE.HS.1.19.a	Examine educational, community, and governmental resources available to prevent developmental delays
HSE.HS.1.19.b	Identify educational, community, and governmental resources available to address and improve developmental delays
HSE.HS.1.19.c	Identify policies and programs in a variety of sectors that positively or negatively influence health care, nutrition, education, child protection, and poverty.

HSE.HS.1.20

	Differentiate between effective and ineffective parenting and caregiver practices.
HSE.HS.1.20.a	Identify forms of child abuse and neglect.
HSE.HS.1.20.b	Describe strategies for overcoming negative and harmful parenting practices.
HSE.HS.1.20.c	Examine how nurturing and attachment create optimal parenting practices.
HSE.HS.1.20.d	Assess discipline practices that follow emerging research on human growth and development.
HSE.HS.1.20.e	Assess the importance of teamwork and leadership skills in the family, workplace and community.
HSE.HS.1.20.f	Compare and contrast the current research regarding discipline practices and the various effects on parents and children.
HSE.HS.1.20.g	Assess effectiveness of parenting experiences.
HSE.HS.1.20.h	Apply strategies that promote positive self-development in family members.
HSE.HS.1.20.i	Assess the effects of abuse and neglect on children and families and determine methods for prevention.
HSE.HS.1.20.j	Apply criteria for selecting care and services for children.
HSE.HS.1.20.k	Analyze implications of alternatives to biological parenthood.

HSE.HS.1.21	
Evaluate services for individuals and families in a variety of circumstances.	
HSE.HS.1.21.a	Identify resources available to individuals and families with specific needs.
HSE.HS.1.21.b	Explore strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.
HSE.HS.1.21.c	Summarize the importance of friends, family, and community relationships for an individual.
HSE.HS.1.21.d	Analyze the interaction between the individual, family, school, community and society.

HSE.HS.1.22	
Demonstrate techniques for positive collaborative relationships with children.	
HSE.HS.1.22.a	Apply developmentally appropriate guidelines for behavior.
HSE.HS.1.22.b	Demonstrate interpersonal skills that promote positive and productive relationships with children.
HSE.HS.1.22.c	Implement strategies for constructive and supportive interactions between children and families.

HSE.HS.1.23	
Develop children's self-regulation of health and wellness choices to create a safe and healthy environment for children.	
HSE.HS.1.23.a	Plan safe and healthy meals and snacks.
HSE.HS.1.23.b	Implement strategies to teach children health, safety, and sanitation habits.
HSE.HS.1.23.c	Critique behaviors (physical activity, nutrition choices, etc.) that develop positive lifelong wellness for children.

HSE.HS.1.24	
Analyze factors that impact child growth and development.	
HSE.HS.1.24.a	Analyze the effect of heredity and environment on child growth and development (nature, nurture).

HSE.HS.1.24.b	Analyze the effects of gender, ethnicity, and culture on a child's development.

HSE.HS.1.25
Build on individual and family strengths.

HSE.HS.1.25.a	Acknowledge and apply differences in cultural identity, values and beliefs to care and services for children and families.
HSE.HS.1.25.b	Examine cultural identity and celebration of individuals, families and community within the child care and education system.

Knowledge and Skill Statements
KSS 1 Understand the continuum of human development, to include cognitive, physical, and social/emotional development.
KSS 2 Appreciate individual and cultural diversity within families.
KSS 3 Critique parenting practices needed for optimal development.
KSS 4 Assess practices to promote health and wellness.
KSS 5 Differentiate life span development.
KSS 6 Differentiate types of resources available to support individuals and families.
KSS 7 Explain the role of integrating functional relationships as part of individual development.
KSS 8 Investigate career opportunities, knowledge and skills in human services.