

Family & Mentor Conversation Starters about Nebraska Career Readiness Standards

Families and mentors are important to preparing students for career success. Discussions should start at a young age. The following skills are essential in all careers, workplaces, and school, too!

Career Readiness Standards Suggested Conversation Topics 1. Applies appropriate academic Share information about your job, job title, daily activities, and responsibilities. What are your favorite and most challenging parts about work? and technical skills • Share past work experiences starting from 1st part-time job and describe what skills were needed for each workplace. Periodically ask your student to describe the abilities and activities of the person they would like to become. • Share the requirements of education and training in your job. Introduce your student to someone who works in a career field of their interest. 2. Communicates effectively and Point out how reading and writing skills are utilized in the workplace. appropriately Reflect on examples of customer service experienced in daily life. Coach Student on the connection between school and work. Discuss appropriate and inappropriate time for cell phone use. Talk about use of manners, eye contact, and body language to communicate a positive image. 3. Contributes to employer and Converse about why attendance, promptness, and dependability is community success important in work and school Generate a variety of reasons and ways to add positive influences to life at home, school and in the community. Describe what personal responsibility looks like throughout your daily schedule. 4. Makes sense of problems and Support students to solve problems on their own even if they need to struggle perseveres in solving them with it a while. • Identify typical types of problem solving associated with different kinds of jobs/careers. Investigate what kinds of problems in the world your student would like to

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the new solutions.

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Assure student that setbacks and even failures are an opportunity to discover



Suggested Conversation Topics Career Readiness Standards 5. Uses critical thinking Talk about how your student's decisions affect themselves and others too. • Consider multiple perspectives of ideas and issues in the news. Identify helpful strategies to deal with expected and unexpected change. • Support student to understand the cause and effect of their actions. 6. Demonstrates innovation • Encourage imagination and brainstorming ideas and creativity • Emphasize how trying new things is good at all ages. • Explore new ways to complete tasks or chores. Together invent new things or ideas and try them out. • Identify how to be a positive leader at home, school, and in the workplaces. 7. Models ethical leadership & effective management • Investigate helpful ways to motivate yourself and others to complete goals. • Talk about ways to be a leader regardless whether or not one has a leadership title. Draw attention to leadership characteristics of respect, dependability, and empathy for others. • Discuss how each role on a team or within a student organization is important. 8. Works productively in teams & demonstrates cultural Coach your student on skills to resolve conflicts on their own. competence Review many different ways of how to be respectful of all cultures and people in our community. 9. Utilizes technology • Model and set boundaries for appropriate use of technology. • Talk to your student about how technology is utilized for work. • Show your student how to use technology to be productive. • Talk to your student about how they can establish a positive and safe on-line presence. • Follow your student on social media and talk about what they post on-line. 10. Manages personal career Identify and set a goal, related to a career readiness skill. development • Support your student in getting a part-time job. Imagine what it would be like to own your own business. • Prioritize careers with the best-fit to your student first, then search for college/ training appropriate to career goal. 11. Attends to personal and • Talk about financial goals and how to save for them. financial wellbeing • Provide advice on managing a checking account.

• Identify a healthy lifestyle including nutrition, exercise, and regular sleep.

• Define and encourage healthy supportive relationships for your student.

Suggest and practice strategies to reduce stress.