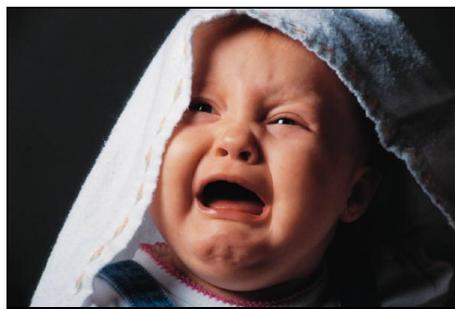


# Abuse, Neglect, Bullying, and Violence: An Annotated Bibliography

A selected listing of titles available on this topic from the  
Early Childhood Training Center's Media Center



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## Books

**The Anti-Bullying and Teasing Book for Preschool Classrooms.** Merle Forschl and Blythe Hinitz. (2006). Beltsville, MD: Gryphon House. Teasing and bullying can affect a child's learning, physical health, and emotional well-being. *The Anti-Bullying and Teasing Book* uses activities, the classroom environment, and family involvement to develop empathy in children and create a climate of mutual respect in the classroom. With over 40 activities that focus on controlling teasing and bullying by cultivating friendship, community, and positive feelings, teachers of young children can create an environment in which all children feel safe, comfortable, and welcome.

**Best Practices of Youth Violence Prevention: A Sourcebook for Action.** Timothy Thornton, Linda Dahlberg, Barbara Lynch, and Katie Baer. (2002). Atlanta, GA: Centers for Disease Control and Prevention. *Best Practices of Youth Violence Prevention* pulls together the best practices known for four promising strategies to prevent youth violence, organized in a way that is easy to follow and use.

**The Boy Who Was Raised as a Dog, and Other Stories from a Child Psychiatrist's Notebook—What Traumatized Children Can Teach Us About Loss, Love, and Healing,** Bruce Perry and Maia Szalavitz. (2006). New York: Perseus. What happens when a young brain is traumatized? How does terror, abuse, or disaster affect a child's mind—and how can that mind recover? Child psychiatrist Bruce Perry has helped children faced with unimaginable horror: genocide survivors, murder witnesses, kidnapped teenagers, and victims of family violence. In *The Boy Who Was Raised as a Dog*, he tells their stories of trauma and transformation through the lens of science, revealing the brain's astonishing capacity for healing. Perry explains what exactly happens to the brain when a child is exposed to extreme stress, and reveals the unexpected measures that can be taken to ease a child's pain and help him grow into a healthy adult.

**Building the Bonds of Human Attachment: Awakening Love in Deeply Troubled Children.** Daniel A. Hughes. (2006). Lanham, MD: Jason Aronson. *Building the Bonds of Attachment* is the second edition of a critically and professionally acclaimed book for social workers, therapists, and parents who strive to assist poorly attached children. This work is a narrative, composite case study of the developmental course of one child following years of abuse and neglect. The book provides a practical guide for all adults who endeavor to help high-risk youth.

**Bullies, Targets, and Witnesses: Helping Children Break the Pain Chain.** SuEllen Fried. (2003). New York: M. Evans and Company, Inc. Children are causing enormous pain for each other—pain that can turn to rage. This book is filled with personal stories from children and packed with concrete, practical ideas for parents, educators, and students.

**The Bully, the Bullied, and the Bystander.** Barbara Coloroso. (2003). New York: Harper Collins. Drawing on her decades of work with troubled youth and her wide experience with conflict resolution and reconciliatory justice, parenting educator Barbara Coloroso offers a unique, practical, and compassionate book. Coloroso helps readers recognize the characteristic triad of bullying: the bully who perpetrates the harm, the bullied who is the target (and who may become a bully), and the bystander—the peers, siblings, or adults who don't act to defuse the situation.

Descriptions in this annotated bibliography have been provided by publishers and distributors.

**Bully-Proofing in Early Childhood: Building a Caring Community.** Kayla McCarnes, Karin Nelson, and Nancy Sager. (2005). Boston, MA: Sopris West. Designed to teach the importance of kindness and friendship to young children, this book takes a zero-tolerance approach to bullying even as it fosters an understanding of how and why bullying behavior occurs. A compact disk of reproducible handouts is included.

**Challenging Behavior in Young Children: Understanding, Preventing, and Responding Effectively.** Barbara Kaiser, Judy Sklar Raminsky. Boston, MA: Allyn & Bacon. The second edition of *Challenging Behavior in Young Children* provides an in-depth look into the latest research on understanding and preventing challenging behavior and offers practical and effective strategies for responding to it, including positive behavior support and functional assessment, as mandated by IDEA. Based on the authors' 40-page booklet, *Meeting the Challenge* (1999), this new edition maintains the personal touch and real-life examples teachers have grown to rely on. It includes new chapters on relationships and inclusion as well as the latest information on risk and protective factors, culture, the brain, self-reflection, working with families, and bullying.

**Child Protection in Families Experiencing Domestic Violence.** H. Lien Bragg. (2003). Washington, DC: US Department of Health and Human Services. This document discusses domestic violence as a devastating social problem that affects every segment of the population. While system responses are primarily targeted towards adult victims of abuse, increasing attention is now focused on the children who witness domestic violence. Studies estimate that 10 to 20 percent of children are at risk for exposure to domestic violence.

**Childhood: It Should Not Hurt!** Claire Reeves. (2003). Huntersville, NC: LTI Publishing. Disturbing issues of incest and child sexual abuse, rampant in America, are put forth in this book. Readers will learn to recognize the signs and symptoms of abuse, and what to do if they learn their child has been sexually abused.

**Children Exposed to Violence.** Margaret Feerick and Gerald Silverman. (2006). Baltimore, MD: Brookes. This resource brings current research together, identifies gaps in professionals' understanding of the effects of exposure to violence on children, and sets a direction for future research to support interventions and violence prevention. Focusing on three major types of violence—domestic violence, community violence, and war and terrorism—this essential resource for researchers, students, decision makers, and practitioners will provide the insight they need to work toward violence prevention and develop more evidence-based interventions for children and families.

**Children, Social Science, and the Law.** Betty L. Bottoms, Margaret Bull Kovera, and Bradley McAuliff, Eds. (2002). New York: Cambridge University Press. This book looks at the concept of children and law, addressing a wide-ranging set of issues in need of attention. Throughout the book, the authors consider current laws and policies relating to children: how social science research can test assumptions behind child-relevant laws and policies; ways that courts can become more receptive to social science recommendations; and challenges faced in the 21st century as our society continues its struggle to accommodate children's concerns within our legal system.

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**A Coordinated Response to Child Abuse and Neglect: The Foundation for Practice.** Jill Goldman, Marsha Salus, Deborah Wollcott, and Kristie Kennedy. (2003). Washington, DC: US Department of Health and Human Services. This manual provides information for concerned citizens and professionals who are involved in the prevention and treatment of child abuse in their community. Topics include philosophical tenets of child protection, definitions of child abuse and neglect, causes and effects, coordination of community services, roles and responsibilities of community professionals, reporting procedures, assessment and case planning, and prevention programs.

**Disarming the Playground: Violence Prevention through Movement and Pro-Social Skills.** Rena Kornblum. (2002). Oklahoma City: Wood and Barnes Publishing. This book presents a movement-based curriculum for violence prevention that can be used for teaching impulse control and anger management to disruptive children as well as protective behaviors, such as strategies to defuse potentially violent situations. Included are movement activities presented in a format that can be used by teachers, parents, social workers, dance/movement therapists, and other professionals; suggested props; effective sequencing of lessons; discussion topics; and detailed lesson plans that include step-by-step directions for all movement activities.

**From Conflict to Peace Building.** Paul Connolly and Jacqueline Hayden. (2007). Redmond, WA: World Forum Foundation. This book contains stories of hope and encouragement and of just what early childhood practitioners can do and achieve in the face of adversity. The stories illustrate the power of the early years sector, not only as a foundation stone upon which to rebuild communities, but also as a vehicle for peace building because of its ability to reach across political divides and to encourage the differing sides in conflict to develop alternative visions of the future based around the needs of children.

**Hope and Healing: A Caregiver's Guide to Helping Young Children Affected by Trauma.** Kathleen Fitzgerald Rice and Betsy McAlister Groves. (2005). Washington, DC: Zero to Three. *Hope and Healing* is a guide for early childhood professionals who care for children in a variety of early care and education settings. The authors define trauma and help readers recognize its effects on young children. They also offer tips, resources, and proven intervention strategies for working with traumatized children and their families and for managing stress.

**How to Take the GRRRR Out of Anger.** Elizabeth Verdick, Marjorie Lisovskis. (2003). Minneapolis, MN: Free Spirit. Anger is a part of life. We can't avoid it, we shouldn't stuff it, and we can't make it go away. Kids need help learning how to manage their anger. This book speaks directly to kids and offers strategies they can start using immediately. Blending tips and ideas with jokes and funny cartoons, it guides kids to understand that anger is normal and can be expressed in many ways, some healthy, some not. It teaches them how to recognize anger in themselves and others, how to deal with situations and emotions (loneliness, guilt, frustration, fear) that lead to or mask anger, and how to deal with the anger they feel. Young readers learn that violence is not acceptable and there are better, safer ways to resolve conflicts. They also discover what to do when people around them are angry, how to get help, and how to locate other resources (books, hotlines, school groups) when they need more support.

**Keeping Kids Safe: A Child Sexual Abuse Prevention Manual.** Pnina Tobin. (2002). Alameda, CA: Hunter House. Approximately one in three girls and one in seven boys are sexually abused before they

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reach the age of 18. While most children are warned about the "dangerous stranger," at least 85 percent of abuse cases involve someone the child knows and trusts. It provides information on implementing a safety program, prevention philosophies and strategies, and how best to facilitate programs and interventions.

**Let's Get Real Curriculum Guide: Lessons & Activities to Address Name-Calling & Bullying.** Bob Kim, Judy Logan. (2004). *Let's Get Real Curriculum Guide* features valuable lesson plans, discussion starters, classroom activities and handouts for teachers to use in conjunction with the film.

**The Mary Ellen Wilson Child Abuse Case and the Beginning of Children's Rights in 19<sup>th</sup> Century America.** Eric A. Shelman. (2005). Jefferson, NC: McFarland and Company, Inc. As recently as 1874, no laws yet existed in this country for the protection of children. In New York of the same year, it was the widely publicized case of Mary Ellen Wilson—a nine-year-old girl who had been a prisoner in her tenement home, enduring unimaginable cruelty—that was the first to draw national and worldwide attention to both the social issue of child abuse and to the notion that children are entitled to humane treatment. The extensive amounts of newspaper coverage, family letters, judicial orders, and court transcripts presented in this work chronicle the historical case and its effects, which have since provided hope for millions of abused and neglected children.

**Making a Heart Happy: A Storybook Guide to Bully-Proofing in Early Childhood: Building a Caring Community.** Kayla McCarnes, Karin Nelson, and Nancy Sager. (2005). Boston, MA: Sopris West. *Making a Heart Happy* is designed to complement the *Bully-Proofing in Early Childhood Curriculum Guide*. The story illustrates the real-life application of the "talk, then walk, then go for help" protective strategies to help young children effectively manage peer conflict and bully situations.

**Mom, They're Teasing Me: Helping Your Child Solve Social Problems.** Michael Thompson. (2002). New York: Ballantine Books. *Mom, They're Teasing Me* takes an in-depth look at specific aspects of social cruelty. Through thoughtful discussion, parents will discover the difference between real risk and normal social pain, when to intervene and when to step back, how to mediate between children without appearing meddlesome, the importance of teaching and encouraging leadership, and more.

**My Body is Mine.** Peter Osilaja. (2007). Chino Hills, CA: Amandla Publishing Co. Six-year-old Michael is just as nervous about attending his first sleepover party as his mom and dad are concerned for his safety. As Michael experiences being away for the first time, he learns critical lessons about sexual abuse, Internet dangers, and self-defense.

**Preventing Child Abuse and Neglect.** Donna Britt, Linda Groves Gillespie, Rebecca Parlakain, Nancy L. Seibel. (2006). Washington, DC: Zero to Three. Based on an in-depth study of 25 existing programs, this insightful volume provides dozens of practical suggestions for planning, evaluating, and strengthening parent education programming. Convenient appendices offer a sample program curriculum, targeted handouts for program personnel, and comprehensive lists of program evaluation measures.

**Preventing Bullying: Helping Kids Form Positive Relationships.** Meline Kevorkian. (2006). Lanham, MD: Rowman and Littlefield. *Preventing Bullying* was written for parents and teachers who are looking

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for ways to battle the continual exposure to school violence that leaves students desensitized to "mean" behavior. Easy to understand and implement, the book encourages students to put themselves in someone else's shoes and recognize the difference between right and wrong in social situations. *Preventing Bullying* will be of interest to parents and teachers of students in grades K-12.

**Protecting Young Children in Violent Environments: Building Staff and Community Strengths.** Joy Osofsky. (2000). Washington, DC: Zero to Three. This special issue of Zero To Three includes case studies offering a view of the moment-to-moment experiences of very young children who have witnessed violence. It examines long-term impacts; program designs, training initiatives, violence prevention efforts, and research studies that document the positive impact of public education and clinical intervention.

**Relationship-Centered Practices in Early Childhood: Working with Families, Infants, & Young Children at Risk.** Gail Ensher, Davis Clark. (2011). Baltimore, MD: Paul H. Brookes Publishing. Strong working relationships with diverse families and children are the foundation of successful early intervention. Discover fresh, practical ways to build these relationships in this essential guidebook, every professional's blueprint for working with children and families within the specific context of their culture, family structure, and risk factors. Developed by two respected early childhood authorities in early childhood and pediatrics, this book is a must for all professionals serving families of children birth to age 8 who have disabilities or who may be at risk.

**Right on Course Tools and Handbook.** (2002). Civitas, Chicago: Author. *Right on Course* is a comprehensive handbook featuring basic concepts, questions and answers, and case studies of real-life issues faced by teachers and students. This tool will help teachers learn to recognize the signs and symptoms of maltreatment and trauma, understand their roles in the child protection system, and craft classroom environments, activities and experiences to maximize learning and facilitate the healing process.

**The Role of Educators in Preventing and Responding to Child Abuse and Neglect.** Cynthia Crosson-Tower. (2003). Washington, DC: US Department of Health and Human Services. This manual, designed to examine the roles that teachers, school counselors, school social workers, school nurses, special education professionals, administrators, and other school personnel have in helping maltreated children, provides the basis for the involvement of educators in combating the problem of child abuse and neglect. It also may be used by other professionals involved in child abuse and neglect interventions, such as child protective services, mental health, law enforcement, health care, and early childhood professionals, to gain a better understanding of the role of educators in child protection.

**Sticks and Stones.** Scott Cooper. (2000). New York: Three Rivers Press. This unique book will help you give your children the verbal tools to counter the hurtful words others tell them—and that they tell themselves. Each chapter, based on the characteristics of a particular bird, uses a wealth of examples, sample scripts, and imaginative, easy-to-follow exercises to give kids the confidence to speak up for themselves more assertively, yet gently and effectively.

**Stop Picking on Me: A First Look at Bullying.** Pat Thomas. (2000). Hauppauge, NY: Barron's Educational Series, Inc. This approachable picture book explores the difficult issues of bullying in

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reassuringly simple terms. The fears, worries, and questions surrounding this upsetting experience are made accessible to young children.

**They Don't Like Me: Lessons on Bullying and Teasing from a Preschool Classroom.** Jane Katch. (2003). Boston: Beacon Press. "Jane Katch offers us a rare gift, the insider's view of her remarkable classroom as she and her children struggle to understand what is fair and just in the explosive arena of those who intimidate and those who feel intimidated. The children do not lack urgent issues to debate: Toby's desire to roar and Zoe's fear of being roared at; Noah, urged to reveal his fears, then scorned for his vulnerability. Mrs. Katch has entered these dark waters before, as a child, but now the children help her figure out how to paddle through to islands of safety for everyone, the tormentor and tormented. In her vivid and honest narrative of classroom life among the young, we are given a reliable map of the moral dimensions of the teacher's art." —Vivian Gussin Paley, author of *The Kindness of Children* and *You Can't Say You Can't Play*.

**Ten Talks Parents Must Have with Their Children about Violence.** Dominic Cappello. (2000). New York: Hyperion. Everyone agrees parents must talk to their children about sex, but the questions always arise: How do I start? What should I cover? *Ten Talks* offers advice on exactly how to begin and what to say—not just about sex, but about safety, character, peer pressure, ethics, meeting people on the internet, and mixed messages from TV. *Ten Talks* is based on innovative and proven approaches that the authors are using in parent workshops across the country. The talks can be adapted for all kinds of families and offer immeasurable rewards, strengthening the relationships of parents and children. This innovative and illustrated book helps prepare kids for the complex world of relationships, sex, and growing up.

**Weakfish: Bullying Through the Eyes of a Child.** Michael Dorn. (2003). Macon, GA: Safe Havens International. This truly unique journey examines bullying and the critical role of educators, mental health professionals, law enforcement officers, and other advocates for the children in providing warm, safe, effective and caring learning environments.

**Young Children and Trauma: Intervention and Treatment.** Joy Osofsky, Ed. (2001). New York: Guilford Press. Recent years have seen significant advances in knowledge about the effects of exposure to psychological trauma on young children from birth to age 5. This volume brings together leading experts to address practical considerations in working with traumatized young children and their caregivers. State-of-the-art assessment and treatment approaches are presented, together with innovative service delivery models. With a focus on building cross-disciplinary collaboration to better serve this vulnerable population, this is an indispensable resource for all mental health and human service professionals working with children at risk. In a new preface to the paperback edition, editor Joy D. Osofsky reflects on critical lessons learned in the aftermath of Hurricane Katrina.

## DVDs

**Better Kid Care: Violence, Kids, Discipline, and Keeping Peace.** This lesson focuses on problem-solving techniques that can be used by the childcare provider in large or small groups of children. It will enable the child care provider to make a plan for working with a parent of an aggressive child. Produced and distributed by Penn State Better Kid Care. 75 minutes, 2009.

**Bullied.** Bullied is designed to help administrators, teachers and counselors create a safer school environment for all students, not just those who are gay and lesbian. It is also intended to help all students understand the terrible toll bullying can take on its victims, and to encourage students to stand up for their classmates who are being harassed. Teaching Tolerance and Southern Poverty Law Center. 48 minutes, 2010.

**Elijah's Story.** This moving shaken baby syndrome documentary, filmed by an Academy Award-winning filmmaker, follows the short life of Elijah, a 16-month-old baby boy, who was shaken to death by his biological father. This DVD follows the young family from the birth of Elijah to the 911 emergency call, the father's taped confession, and sentencing hearing. Testimonies are given by Elijah's mom, dad, grandparents and doctor, as well as the detective and judge in the case. Elijah's mom shares her emotions as she tries to go on, and Elijah's dad speaks out from prison, encouraging others to learn from his mistake. The DVD includes 18- and 28- minute versions in English and Spanish. Spanish versions have subtitles. Produced and distributed by the National Center on Shaken Baby Syndrome, Ogden, UT. 28 minutes, 2000.

**Let's Get Real: A Documentary about Bullying.** Name-calling and bullying have reached epidemic proportions in schools today. Let's Get Real gives young people the chance to speak up in their own words about the real issues behind the problem. With amazing courage and candor, the students featured in *Let's Get Real* discuss racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. From the youth who are targeted to the students who pick on them to those who find the courage to intervene, Let's Get Real examines bullying from the full range of perspectives. This poignant film educates audiences of all ages about why we can no longer accept name-calling and bullying as just a normal rite of passage. *Let's Get Real* is now widely used to jump-start violence-prevention and multicultural educational programs all over the United States, and throughout the world. And it is a must-see for any adults who work with young adolescents. Produced and distributed by the Respect for All Project, San Francisco, CA. 25 minutes, 2004.

**Mandated Reporting.** *Mandated Reporting* provides all the education a teacher, caregiver, or social worker would need to successfully fulfill her legal and moral duty as a mandated reporter. Produced and distributed by KidSafety of America, Chino Hills, CA 2006.

The three programs on this DVD are:

Volume 1: Reporting Advocacy: Why Report? 19 minutes

Volume 2: Reporting Process, 18 minutes

Volume 3: Reporting Aftermath, Myths, and Challenges, 28 minutes.

**Recognizing Child Abuse.** Children who grow up facing brutality and neglect are lucky if a teacher or child care provider catches on. Tragically, child abuse often goes unnoticed – and if a first responder

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does detect it, he or she may not understand what measures must be taken. This program spells out the harsh reality of its presence in our society, the results it leads to, the ways to recognize it, and the proper channels of reporting it. Each concept is explained through the eye-opening dramatizations, and supported by interviews with education and child welfare experts. Produced and distributed by Meridian Education Corporation. 26 minutes, 2006.

**When Boundaries are Crossed: Recognizing & Preventing Child Neglect.** Neglect occurs when a child's physical, emotional, educational, and medical needs are not met. Hear about neglect cases, and learn what happens when parents and caregivers fail to provide for their children. Find out where to turn for help, and how to foster a healthy parent/child relationship. Produced and distributed by Learning Seed. 30 minutes, 2012.

**Yelling, Threatening, and Putting Down: What to do Instead.** This DVD emphasizes prevention: understanding children, thinking ahead, establishing clear limits and having realistic expectations of your child's capabilities. The video emphasizes helping children by using redirection and following through firmly and calmly. The two-sided coin of do versus don't is introduced to remind the parent of how important it is to instruct children how to act appropriately rather than using threats, yelling or put downs. Gold Bell Productions, Inc. 35 minutes, 2000.

## Spanish DVDs

**Child Abuse and Neglect: Prevention and Reporting Guide for Caregivers.** Home daycare providers, daycare centers, home visitors, teachers, and other caregivers are with children at times, more than their parents. But do they know when a child is subjected to abuse? What can they do? Child Abuse and Neglect for Caregivers is prevention and reporting guide designed to answer these questions in the interest of the child. This program contains new applicable information and it is easy to follow. Viewers learn about abuse and neglect definitions, examples of abuse, suspicion, mandated reporting, confidentiality laws, and being there for the child. Produced and distributed by KidSafety of America, Chino Hills, CA. 24 minutes, 2001.

**Elijah's Story.** This moving shaken baby syndrome documentary, filmed by an Academy Award-winning filmmaker, follows the short life of Elijah, a 16-month-old baby boy, who was shaken to death by his biological father. This DVD follows the young family from the birth of Elijah to the 911 emergency call, the father's taped confession, and sentencing hearing. Testimonies are given by Elijah's mom, dad, grandparents and doctor, as well as the detective and judge in the case. Elijah's mom shares her emotions as she tries to go on, and Elijah's dad speaks out from prison, encouraging others to learn from his mistake. The DVD includes 18- and 28- minute versions in English and Spanish. Spanish versions have subtitles. Produced and distributed by the National Center on Shaken Baby Syndrome, Ogden, UT. 28 minutes, 2000.

## CD-ROM

### **Parenting Exchange, Collection #7: Health, Nutrition, Safety, Hospitalization, Preventing Abuse.**

Articles on this CD are by Karen Stephens and include:

1. Active Play is Key to Kids' Lifelong Health and Fitness
2. Nutrition: Build Good Eating Habits to Side-Step Picky Eaters
3. Nutrient-filled Snacks Fuel Kids' Healthy Development
4. Parents Can Help Kids Stay One Step Ahead of Germs
5. Emergency and Routine Information to Leave for Babysitters
6. Diligent Car Seat Safety Can Keep Kids Alive
7. Prepare for Emergencies with Planning and First Aid Skills
8. Teach Fire Safety during the Preschool Years
9. Safety and Accident Prevention Starts at Home
10. Doctor Visits: Tips for Preparing Children
11. Hospital and Emergency Room Visits: Tips for Preparing Children
12. Child Life Specialists Help Hospitalized Kids
13. Good Dental Health Begins in Early Childhood
14. Good Sleep and Bedtime Habits Nourish Kids
15. Bedtime Tips to Build Good Sleep Habits
16. Child Abuse Breaks a Child's Brain As Well As Heart
17. For Children's Sake, Prevent and Confront Child Abuse
18. Specific Ways to Avoid Losing Your Cool with Kids

Produced and distributed by Child Care Information Exchange, Redmond, WA. 2007.

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