

SP 05-13
CACFP-747

Meal Pattern Requirements for Infants 8 through 11 Months in the Child Nutrition Programs

STATE AGENCY DIRECTORS -- Colorado ED, Colorado DPHE, Colorado HS, Iowa, (Special Nutrition Programs) Kansas, Missouri ED, Missouri DPHE, Montana OPI, Montana DPHE, Nebraska ED, Nebraska SS, North Dakota, South Dakota, Utah and Wyoming

This memorandum was previously issued by our National Office on December 23, 2004, and is being reissued to bring it into the regional policy numbering system. The policy was issued because the National Office had received questions about the appropriate number of components that fulfill the meal pattern for lunches and suppers served to infants 8 through 11 months of age. This memorandum clarifies that, for this age group of infants, a reimbursable lunch or supper has three components. A reimbursable lunch or supper must include:

(1) Fluid Milk:

6 to 8 fluid ounces of breast milk, or iron-fortified infant formula, or both.

(2) Cereal, or "Meat/Meat Alternate," or both:

2 to 4 tablespoons of iron-fortified dry infant cereal

or

1 to 4 tablespoons of meat, or

1 to 4 tablespoons of fish, or

1 to 4 tablespoons of poultry, or

1 to 4 tablespoons of egg yolk, or

1 to 4 tablespoons of cooked dry beans, or

1 to 4 tablespoons of cooked dry peas, or

½ to 2 ounces (weight) of cheese, or

1 to 4 ounces (volume) of cottage cheese, or

1 to 4 ounces (weight) of cheese food

or

appropriate quantities (as listed above) of cereal and meat/meat alternate.

(3) Fruit or Vegetable:

1 to 4 tablespoons of fruit, or vegetable, or both.

We hope this information makes it easier to understand the infant meal pattern requirements that are written in Sections 226.20(b)(5)(iii)(B) and 210.10(o)(5)(iii)(B), and the accompanying tables in Sections 226.20(b)(6) and 210.10(o)(6).

If you have additional questions about the reimbursement of infant meals, please contact my staff at (303) 844-0354.

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