

Cluster: Human Services and Resources

Pathway: Personal Care Services



Nebraska Sample Personal Learning Plan

School Counseling	Education Levels	Grade	English/ Language Arts	Math	Science	Social Studies	Nebraska Career Education Program of Study	Requirements & Electives	Extended Learning School/Community Activities		
<p>Preparing all student for lifelong learning, earning and living.</p> <ul style="list-style-type: none"> • Career Development using NCE model • Academic/Career counseling • Assessments of interest, skills, college & career readiness • Goal setting • Personal Learning Plans • Extended learning • Parental involvement • Programs of study • Postsecondary credit • Seamless transitions to college & careers 	MIDDLE SCHOOL	7	English 7	Math 7	Science 7	Social Studies 7	NCE C4C Curriculum for Careers Keyboarding Applications Computer Applications	World Languages & Cultures Physical Education Exploration of Entrepreneurship	<p>School Activities:</p> <ul style="list-style-type: none"> ▶ FCCLA ▶ Peer Mediation ▶ Serve as mentor or tutor ▶ Other organizations that have a strong community service component <p>Community Activities:</p> <ul style="list-style-type: none"> ▶ Scouting organizations ▶ Teach religious classes ▶ Volunteer in soup kitchens or food pantries or agencies who serve people ▶ Work with individuals who are aged or disabled ▶ 4-H Family Life Programs 		
		8	English 8	Math 8	Science 8	Social Studies 8					
	SECONDARY	9	English/ Language Arts I	Algebra I	Physical Science	Geography	Intro to Human Services & Resources Life and Career Essentials (one sem)	<p>Plus two from the following:</p> Human Development Family Relationships Applied Psychology Clothing and Textiles Housing and Home Furnishings Nutrition and Food Elder Care		World Languages & Cultures Physical Education Consumer Education Parenting Personal Finance Information Technology Applications I Entrepreneurship	
		10	English/ Language Arts II	Geometry	Biology	World History					
		11	English/ Language Arts III	Algebra II	Chemistry	American History					
		12	English/ Language Arts IV	Intro to Statistics Discrete/Finite Math Pre-Calc	Physics or other science course	American Govt. or Economics					
	POSTSECONDARY	A sample of postsecondary courses that may be offered or required is provided as a guide. Required courses vary by postsecondary institution. As Nebraska develops stronger statewide connections between secondary and postsecondary, the options will be updated.									
		Year 13	English Composition	College Algebra	Chemistry	American Govt. Psychology	Communications & Marketing in Personal Care Services				
		Year 14	Speech/Oral Communication	Statistics	Biological Science Physical Science	American History Educational or Child Psych.	Entrepreneurship & Business Management				
		Year 15	Continue courses in the area of specialization.							Continue courses in area of specialization	
		Year 16	Continue courses in the area of specialization.							Complete Personal Care Services Major (4-year degree program)	

This sample Personal Learning Plan is designed for continued use throughout the lifetime of the individual using it.