



Title: We Help Out at School

Grade: 1

Career Development Model:

Self-Awareness

Nebraska Career Readiness Standards:

- Makes sense of problems & perseveres in solving them
- Demonstrates innovation & creativity
- Models ethical leadership & effective management
- Utilizes technology
- Manages personal career development

Objective:

- Students will identify tasks they like and dislike.
- Students will associate that some people pick jobs because they include doing tasks they like.

Materials and Supplies Needed:

- "How We Help at School" By Amanda Miller (book to read aloud or search YouTube for video)
- Crayons or markers
- White drawing paper

Class Instructions:

1. Ask the students to discuss with their neighbors what would happen if one person was expected to do all the work at home and at school?
2. At school we need to work as a TEAM where TOGETHER EVERYONE ACHIEVES MORE. We have bus drivers who get us to and from school, custodians who help keep our building safe and clean, cooks who make us breakfast and lunch and teachers and para-professionals who teach!
3. Our classroom needs helpers too, for it to run smoothly! Today we are going to read a book about some of the jobs we might have in our classroom to make it run well.
4. Read the book WE HELP OUT AT SCHOOL By Amanda Miller

5. After reading the book to the students ask them to list as many of the jobs they can remember and write them on the board, both student jobs and adult jobs at school.

6. Explain to the students that many of the jobs they will do in the classroom are also like jobs they can do as adults! Show the student the Nebraska Career Educating Wheel and discuss the six career field areas that represent different kinds of jobs.

7. Use the classroom jobs listed earlier to determine which Nebraska Career Education Wheel category it would fall into.

8. Close the activity by having the students select the classroom job that interests them the most and draw a picture of them-self doing that job.

Credits/Sources:

“We Help Out at School” By Amanda Miller

NEBRASKA CAREER EDUCATION MODEL



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