



Title: Discover My Activities Related to Careers

Grade: 6

Career Development Model:

Self-Awareness

Nebraska Career Readiness Standards:

- Communicates effectively & appropriately
- Demonstrates innovation & creativity
- Manages personal career development
- Manages personal career development

Objective:

- Students will use the results of an informal career assessment to gain additional information and considerations for their own career decision-making.

Materials and Supplies Needed:

- Would You Rather inventory (1 Copy per student)
- Results from previous self-assessment reflections, surveys or inventories (if available).
- Nebraska Career Education Model

Class Instructions:

1. Ask students to share the results of the previous self-awareness surveys or inventories.
2. Explain that there are several personality and interest inventory tests and it's important to not rely solely on the results of just one survey or test.
3. Explain the directions for "Would You Rather" interest survey
4. Hand out a copy to each student and explain to the students that during the "Would you rather?" survey they must choose one of the choices, even if neither choice sounds appealing.
5. Give students time to complete the survey or read it out loud.
6. Have students compare their results of other inventories to the Would You Rather

inventory. Are there similarities or differences?

7. Ask students, "Were you surprised by your results? Why or why not? Do you feel the careers recommended from surveys or inventories you have taken would be careers you would be interested in learning more about? Why or why not?"

Credits/Sources:

<http://www.themormonhome.com/career-interest-inventory/>

CAREER INTEREST INVENTORY

This is a simple game of “Would You Rather...” For each pair listed below, choose which activity you would rather do. It doesn’t matter if you love them both or hate them both: you must choose one. Mark the box next to the one you prefer.

1. B Study the weather
 E Coach basketball
2. J Write a book about something you like
 H Find out why someone is sick and take care of them
3. G Keep business records for a company
 B Solve pollution problems
4. A Design an office building
 C Work on a farm
5. D Fight fires
 G Use a calculator to add up how much money a company makes each day
6. G Help customers in a bank
 A Assemble or repair a car
7. G Be a telephone operator
 H Help people plan their vacation
8. E Find baseball players for a minor league team
 G Deliver and distribute mail
9. A Drive a truck or operate a forklift
 D Help solve a crime
10. C Replant a forest
 D Supervise police officers
11. G Create letters and spreadsheets for your boss
 H Cut and style hair
12. A Assemble electronic parts for computers
 E Run a tennis camp
13. K Teach a high school Spanish class
 G Sell TV, radio, or online ads
14. E Be in charge of timers at a track meet
 D Guard prisoners in a jail
15. J Teach a drama class
 B Conduct chemistry experiments to test the strength of Silly Putty
16. C Train dogs to jump over toys
 D Be in charge of security for a large company
17. A Operate a bulldozer
 I Repair computers
18. F Help someone find a job
 H Greet and help hotel guests
19. H Be the hostess in a restaurant
 F Work with people in a mental health clinic
20. I Write a complex computer program
 E Keep score for the Denver Broncos
21. C Manage a cattle ranch
 J Teach art
22. B Do DNA testing on blood samples
 D Give traffic tickets to speeders
23. A Prepare drawings for an architect
 G Show and sell real estate
24. A Design an air conditioning system for an airplane
 G Sell cars
25. H Work as a flight attendant
 K Hire people for a company
26. J Design a poster using a computer
 D Drive an armored car
27. C Perform surgery on a sick child
 B Give a child a vaccination
28. G Sell clothes or sporting goods
 A Build a stereo from a blueprint
29. K Argue cases in front of a judge
 I Develop a web page
30. H Take tickets at a movie
 E Referee a sporting event
31. A Weld parts together to build a missile
 I Set up computer systems
32. K Be a TV newscaster
 J Play a musical instrument
33. B Fill prescriptions at a pharmacy
 F Take care of elderly people
34. G Sell medical supplies to doctors
 K Raise money for a charity
35. D Educate hunters about safety
 K Work to get someone electrocuted
36. F Take care of children at a day care center
 E Teach yoga
37. J Take photos for a news website
 A Use a machine to make a rocket
38. B Determine the age of fossils
 A Test a product to make sure it works
39. B Calculate the time it takes to fly to Mars
 I Test new computer programs

FINISH UP THE QUIZ...

40. H Paint a woman's fingernails
 D Be a bodyguard
41. F Help someone solve a personal problem
 H Serve meals to customers
42. B Design medical equipment for a hospital
 I Design a computer game
43. J Write a story for an online journal
 K Buy/sell stocks on the stock market
44. C Take care of animals
 F Help your disabled neighbor
45. H Help people lose weight
 F Be an EMT
46. I Link computers in an office
 B Study the planets
47. K Run a department in a large company
 C Manage a fish hatchery
48. J Be a model
 E Teach ice skating
49. I Browse the Internet
 J Draw and paint signs and billboards
50. K Coach a high school sports team
 E Teach swimming

GOOD WORK!

Now add up your results and read through the possible careers on the right.

*Find out what you like doing best,
and get someone to pay you for it.*

Katharine Whitehorn

Add up your results and read through the suggested careers in categories where you scored high. Circle careers that interest you or that you're curious about. For further study, browse majors and certificate programs that would help you get a job in those careers. Do the courses and prep work you would need seem interesting? Find professionals in those fields: ask lots of questions, arrange internships or spend a day shadowing someone in your field to find out more.

A MECHANICAL/INDUSTRIAL

Any career involved in the process of inventing and/or creating a product from raw material, including architect, engineer, machinist, welder, auto body and paint, carpenter, plumber, electrician, heavy equipment operator.

B SCIENTIFIC

Careers which involve the art of proving or solving any natural existence or phenomenon, including biologist, chemist, meteorologist, pharmacist, researcher.

C PLANTS/ANIMALS

Careers involving caring for animals or working the land, including botanist, farmer, landscape architect, veterinarian, zookeeper.

D PROTECTIVE

Careers in which you work to prevent or stop crime or guard people from harm, injury or attack. Possible careers include law enforcement, fire fighter, investigator, dispatcher, TSA, FBI, CIA, or DEA agent.

E PHYSICAL/PERFORMING

Careers revolving around the use of a person's athletic ability, including athlete, coach, personal trainer, scout, sports management, or referee.

F HUMANITARIAN

Careers in which one cares for another person by assisting them either physically, emotionally, or mentally. Careers include doctor, nurse, EMT, physical therapist, counselor, day care worker, sociologist.

G BUSINESS

Careers in which you help a company to manage money, hire staff, buy supplies. Possible careers include human resources, accounting, purchasing, customer service.

H ACCOMODATING

Any career in which you meet a personal need, provide a service or are willing to help others, including chef, waitress, concierge, caterer, manicurist, flight attendant.

I COMPUTER/INFORMATION TECHNOLOGY

Careers in which you create or maintain computer hardware or software, such as software engineer, website developer, graphic artist, systems analyst, network administrator.

J ARTISTIC

Careers involving the use of creative talents to convey a message through picture, song or action. Careers include painter, sculptor, photographer, dancer, singer, actress, graphic artist, website/blog developer.

K LEADING/INFLUENCING

Any career in which you affect how people vote, learn, spend, invest, and live, including lawyer, paralegal, banker, stock broker, politician, lobbyist, teacher, counselor, fundraiser.

CAREER INTEREST RESULTS

Total up how many responses you had for each category.

A

E

I

B

F

J

C

G

K

D

H

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great ones make you feel that you too can become great.

Mark Twain

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