



Title: A Letter to Myself

Grade: 8

Career Development Model:

Self-Awareness

Nebraska Career Readiness Standards:

- Contributes to employer & community success
- Demonstrates innovation & creativity
- Manages personal career development
- Attends to personal & financial wellbeing

Objective:

- Students will plan future goals through self-reflective writing.

Materials and Supplies Needed:

- "Letter to Myself Writing Organizer" handout (copies needed)
- Samples of Letter to Myself (not included)

Class Instructions:

1. Distribute the "Letter to Myself Writing Organizer" handout to students. Teachers instruct students to look over their organizer carefully before writing their letters. Students should reflect on strengths, goals and their vision for who they want to become.

*Letters may be saved in a time capsule for a period of time. Letters are to be opened and read after a period of time.

Credits/Sources:

Making my
FUTURE
WORK

"Making my Future Work: A College and Career Readiness Program", U.S. Department of Education, Institute of Education Sciences.

<https://www.csuohio.edu/cehs/mmfw/making-my-future-work-0>

LETTER TO MYSELF: PRE-WRITING ORGANIZER

Task Description: Write a letter to yourself about what your life will be like four years from now. Refer to activities that you have completed in Modules 1, 2, and 3 to help you organize your thoughts.

Please follow this format:

Paragraphs 1 and 2: Describe what your life is like four years from now.

- Are you working?
- Are you going to school?
- Where are you living?
- What do you like about your life?

Paragraphs 3, 4, and 5: What barriers did you meet in getting to where you are today?

- How did you try to get around those barriers?
- How successful were you?
- What resources did you discover that helped you?

Paragraph 6 and 7: What have you learned this year about working towards your goals?

- What advice would you give to a student in the same grade as you?
- What are your hopes for the future?