Title: Cooperation
Grade: 1

Career Development Model:
Self-Awareness

Nebraska Career Readiness Standards:
• Contributes to employer & community success
• Utilizes technology
• Manages personal career development

Objective:
• Students will relate the concepts of cooperation and teamwork.
• Students will demonstrate cooperation by working together for a common cause and sharing the benefits.
• Students will interpret how it feels to help someone and to have someone help them.
• Students will assess the importance of communication when cooperating with others.

Materials and Supplies Needed:
• Board or chart paper and markers
• Two decks of playing cards
• Two small baskets
• Large plastic drinking cups
• Beads

Class Instructions:
1. Tell students, “Today, I am going to show you how teamwork helps to get a job done.” Ask three students to assist you and tell them that they will be working together as a team against you. Spread out both decks of playing cards and identify which deck is yours and which belongs to the team of students. Tell the class, “Watch as I pick up these cards, one by one, and place them in my basket, and watch as your classmates cooperate to pick up the other set of cards and place them, one by one, in their basket. We will all work as quickly as we can. Notice which of us gets the job done more quickly—me working alone, or the team of three. Ready—go!”

2. After the activity is performed, ask students to determine who finished the job more quickly. (Students should respond that the group of three students finished the job
more quickly because they had more people helping.) Tell students that effective cooperation can help make a job easier and quicker. Then, ask students, “Do you think these three students would have finished the job more quickly than I did if they had been arguing the whole time? Has anyone ever seen a team fall apart because of whining, arguments, or bad attitudes?” Allow students time to respond. Then say, “Today, we are going to learn how to act and speak effectively when cooperating in a group.”

a. Draw a T-Chart on a board or anchor chart with one side labeled “Cooperation Sounds Like:" and the other side labeled “Cooperation Looks Like:" and, as a class, brainstorm how a team should act when cooperating. (Examples of what cooperation looks like can include speaking softly, remaining calm, listening to teammates, letting each teammate speak, taking turns, encouraging others, including everyone, etc.)

b. Brainstorm the words, phrases, or sentence starters team members should use to encourage each other and promote cooperation. (Examples of what cooperation sounds like can include “Please,” “Thank you,” “Sorry,” “Can I help?” “I disagree with you because...,” “I agree with you because...,” “Can you explain again?” etc.)

c. Conclude by telling students that it is important to use cooperative language and actions when working as a team.

3. Divide students into small groups and give each group a cup filled with plastic beads. (Make sure each cup is filled with the same amount of plastic beads. To do this, use a measuring cup to measure the amount of beads.) Instruct students to wait while you pour out each cup of beads in front of each group. Tell students that, when directed to begin, each group will work together as a team to clean up their beads by placing them into the cup. Explain that students are going to work together to complete the task. Monitor to see that each student does his or her share of the work. Listen for cooperative language and compliment teams when they use it. After the activity is completed, ask students to share which cooperative language and actions they heard and saw their teammates use.

4. Create an anchor chart that defines cooperation titled “Working Together to Get Something Done." Have students add examples to the anchor chart of times they have worked together to get something done (for example, cleaning up the house, working in the yard, doing the dishes, planning a party, working on a school project, etc.) Ask students to discuss the benefits of cooperation when doing these things.

5. Remind students that it is important to learn how to cooperate with others. Review actions and language that promote effective cooperation.

Questions for Assessment:
1. What would have happened if someone had not done his or her share of the work?
2. Is it better to offer help or to wait to be asked for help?
3. How can you cooperate better with your classmates?

Credits/Sources:

For more free resources, including the complete curriculum, visit: Overcoming Obstacles Life Skills Education, [www.overcomingobstacles.org](http://www.overcomingobstacles.org)
Reprinted with permission. Thank you to Overcoming Obstacles!