

Title: Goals Needed For College

# Grade: K

## Career Development Model:

Career Exploration • Career Planning & Management

## Nebraska Career Readiness Standards:

- Communicates effectively & appropriately
- Contributes to employer & community success
- Makes sense of porblems & perserveres in solving them
- Demonstrates innovation & creativity
- Models ethical leadership & effective management
- Manages personal career development
- Attends to personal & financial wellbeing

### Objective:

- Students will define what a goal is.
- Students will identify how to work hard and use strategies to achieve goals.
- Students will explain how goals are necessary to reach career goals.

#### Materials and Supplies Needed:

- Empty goal sheet for students
- Worksheet full of different goals students can choose from.
- Invite a Career into the classroom to speak about goals and how achieving goals helps you prepare for a career.

#### **Class Instructions:**

- 1. Teacher/Counselor will write on the board: A goal is something you are trying to achieve that requires hard work. Place the GOAL sheet up on the elmo. Only show the first row, covering the other goals with a paper. Explore each goal. As the goals are explored, ASK STUDENTS, "What HARD WORK may you have to do to achieve these goals? (Handout)
- 2. With CHART PAPER create a Graphic Organizer and record responses that the class says about HARD WORK. Students may answer:
  - a. Read every night
  - b. Practice writing for 10 minutes each day
  - c. Count often
  - d. Do homework

e. Turn things in

- 3. Present speaker: Make sure to give the speaker the goals a head of time so they can talk about some of the goals and how they relate to their career.
- 4. After speaker, have students pick out 2 goals that they want to work on that will help them be successful in their career.
- 5. Once they have picked their goals have them whisper them to their elbow partners.

### Credits/Sources:

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I can write my name.	I can share with my friends.	I can tie my shoes.	I can work quietly.	I can use a strong speaking voice.
I can finish my	I can wash my	I can work nicely with others.	I can keep my	I can calm down
work on time.	hands.		desk clean.	when I am upset.
I can cut along the lines.	I can color neatly.	I can write neatly.	I can use the computer.	I can finish all my homework.
I can pack up	I can raise my	I can sit properly	I can sit nicely on	I can use walking feet.
quickly and quietly.	hand.	in my seat.	the rug.	

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