

Title: Goal Setting Mickey Mouse

Grade: 2

Career Development Model:

Career Planning & Management

Nebraska Career Readiness Standards:

- Uses critical thinking
- Manages personal career development

Objective:

- Students will identify strategies for goal setting and planning that will lead to academic and career success.
- Students will examine how current decisions affects their future career.

Materials and Supplies Needed:

- Digital download of the story MAGIC MOUSE by David Muchin http://www.humanbean.com/goals.html
- Planning out My Goals worksheet https://www.teacherspayteachers.com/FreeDownload/Planning-Out-My-Goals-532264

Class Instructions:

- 1. Introduce the story MAGIC MOUSE. Students should predict what they think the story will be about. Explain that the mouse in the story has a very long term goal of becoming a magician. What is a long term career goal that you have for yourself?
- 2. Read the story and discuss with students what challenges the mouse faced in the story? What did he do to make sure he reached his goal? (Not understanding the magic completely, many didn't believe he would succeed, he made sure to learn about the skills of being a magician, practiced and didn't give up.)
- 3. Mouse had a goal in mind, but he focused on the process, as well as the end result. The idea with goal setting for kids for kids is to get them in the lifelong frame of mind for thinking, planning and taking action to achieve results. Ask the students to start with a simple, easily achieved goals at home and at school:
 - a. I will pass level F in Rocket Math Addition by Friday. I will practice my math facts for 5-10 minutes daily.
 - b. I will save \$15 for the next 30 days so I can buy a Nerf Super Soaker.

- 4. Ask the students to think of a career like mouse did-what career goal would you choose? What can you do now to help you reach that goal? (E.g. I want to be a bank teller. I will practice my math facts and counting money.)
- 5. Ask students to share their goals and plans to achieve them.
- 6. Ask students to share with a neighbor why setting goals are important.
- 7. Hand-out the worksheet "Planning my Goals". Ask students to think of three goals: A short term goal for school; a short term goal for home; a long term goal for future/career.
- 8. Discuss and assist students to develop a plan of three things they can do today to help them reach their goals.
- 9. After completion of the goal sheet, have students place the goal sheet in a prominent location to remind them of their daily habits that will help them achieve their goals.

Credits/Sources:

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