Title: Goals Needed For College
Grade: K

Career Development Model:
- Career Exploration • Career Planning & Management

Nebraska Career Readiness Standards:
- Communicates effectively & appropriately
- Contributes to employer & community success
- Makes sense of problems & perseveres in solving them
- Demonstrates innovation & creativity
- Models ethical leadership & effective management
- Manages personal career development
- Attends to personal & financial wellbeing

Objective:
- Students will define what a goal is.
- Students will identify how to work hard and use strategies to achieve goals.
- Students will explain how goals are necessary to reach career goals.

Materials and Supplies Needed:
- Empty goal sheet for students
- Worksheet full of different goals students can choose from.
- Invite a Career into the classroom to speak about goals and how achieving goals helps you prepare for a career.

Class Instructions:
1. Teacher/Counselor will write on the board: A goal is something you are trying to achieve that requires hard work. Place the GOAL sheet up on the elmo. Only show the first row, covering the other goals with a paper. Explore each goal. As the goals are explored, ASK STUDENTS, “What HARD WORK may you have to do to achieve these goals?” (Handout)

2. With CHART PAPER create a Graphic Organizer and record responses that the class says about HARD WORK. Students may answer:
   a. Read every night
   b. Practice writing for 10 minutes each day
   c. Count often
   d. Do homework
e. Turn things in

3. Present speaker: Make sure to give the speaker the goals a head of time so they can talk about some of the goals and how they relate to their career.

4. After speaker, have students pick out 2 goals that they want to work on that will help them be successful in their career.

5. Once they have picked their goals have them whisper them to their elbow partners.

Credits/Sources:
Teachers Pay Teachers
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<table>
<thead>
<tr>
<th>I can write my name.</th>
<th>I can share with my friends.</th>
<th>I can tie my shoes.</th>
<th>I can work quietly.</th>
<th>I can use a strong speaking voice.</th>
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<tr>
<th>I can finish my work on time.</th>
<th>I can wash my hands.</th>
<th>I can work nicely with others.</th>
<th>I can keep my desk clean.</th>
<th>I can calm down when I am upset.</th>
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<tr>
<th>I can cut along the lines.</th>
<th>I can color neatly.</th>
<th>I can write neatly.</th>
<th>I can use the computer.</th>
<th>I can finish all my homework.</th>
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<tr>
<th>I can pack up quickly and quietly.</th>
<th>I can raise my hand.</th>
<th>I can sit properly in my seat.</th>
<th>I can sit nicely on the rug.</th>
<th>I can use walking feet.</th>
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