



**Title:** Career Interests

**Grade:** 4

**Career Development Model:**

Self-Awareness • Career Exploration

**Nebraska Career Readiness Standards:**

- Communicates effectively & appropriately
- Contributes to employer & community success
- Manages personal career development
- Manages personal career development
- Attends to personal & financial wellbeing

**Objective:**

- The student will explore activities to participate in based on strengths and interests.

**Materials and Supplies Needed:**

- Device for Each Student (Computer, Tablet, Chrome Book, etc.)
- Pencils
- Career Research Sheet Handout

**Class Instructions:**

1. Inform students that they are going to take an online career test that will give them an idea of the types of work environments and occupations that might be a good fit for them.
2. Students visit <https://www.123test.com/career-test> to complete the test.
3. Career Test Instructions:
  - a. It takes five to ten minutes to complete this free career test. You will see fifteen sets of four pictures that show specific work activities. You must choose only one work activity that appeals to you the most and one that appeals to you the least.
  - b. Do not choose a work activity based on the status or money associated with it. Do not make your choice based on gender or race. Just imagine yourself performing the task shown and decide if you would like to do it or not.
  - c. If you like doing the activity, click the on the picture. If you do not like doing the activity, click the on the picture. You must choose a like and dislike for

each set.

4. After completing the test, students should view their results, write down their six letter Holland code, and pick 2-3 careers from their list of suggested occupations to explore.
5. Hand out Career Research Worksheet.
6. Students can use the following website to gather the information they need to complete the Career Research Sheet.
  - a. [www.getmyfuture.org](http://www.getmyfuture.org) also offers an interest inventory and valuable education options and career information.
  - b. To find occupation information to complete Career Research on [www.getmyfuture.org](http://www.getmyfuture.org) (at top of webpage, choose Explore Careers> Learn About Careers> Occupation Profile under main title of page, "Ready to explore some career options?" OR....(at top of webpage, choose Toolkit and dropdown menu will list Occupation Profile)
7. Students present the information from their Career Research Worksheet to the class.
8. Extension: Have students determine where their chosen career fits in the Nebraska Career Education Model

**Credits/Sources:**

Step by Step: College Awareness and Planning, National Assoc. of College Admissions Counselors

<https://www.123test.com/career-test>

Additional career information website: [www.getmyfuture.org](http://www.getmyfuture.org)

# NEBRASKA CAREER EDUCATION MODEL



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# CAREER RESEARCH



1. List the name of occupation you are interested in pursuing below and why.
2. How many hours would you have to work per day and per week in this occupation?
3. Describe the working conditions for this occupation (i.e. indoors, outside, weekends, evenings, etc.).
4. What educational training would you need to enter this career field?
5. What beginning salary could you expect to start with in this field?
6. List other occupations related to this one.