

## What will the doctor give me if I have H1N1 flu?

The doctor will prescribe you a medicine that attacks the virus that causes H1N1 flu.



The doctor will also ask you to:

- Cover your mouth and nose when you sneeze or cough
- Stay in the house so that you don't infect other people
- Drink plenty of liquids
- Get enough sleep and eat well

## What should I do if I feel sick?

If you feel sick with any of these symptoms....

- fever and chills
- cough
- headache
- sore throat
- body aches
- fatigue
- nausea or vomiting

...please:

- limit contact with other people
- contact your doctor
- or call:

**Place Health Center  
Information Here**

For updated information  
call 1-800-CDC-INFO  
[www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu)



Questions and Answers about:  
**H1N1 Influenza  
(Swine Flu)**

## What is H1N1 (swine) flu?

It is an illness that pigs get in their lungs and it is caused by a virus. No one knows how this virus passed from pigs to humans, but it is known that the virus can pass from one person to another.



## What symptoms do people have when they have H1N1 flu?

People have:

- fever and chills
- cough
- headache
- sore throat
- body aches
- fatigue
- nausea or vomiting

In serious cases, people can also get pneumonia and even die.

## How is H1N1 flu passed from one person to another?

- When a person with swine flu coughs or sneezes near you
- When you touch something that has the virus on it and then you touch your mouth or nose with your hand

## Is there a vaccine to prevent it?

No, right now there is no vaccine to prevent H1N1 flu.

## What should I do if I feel sick?

- Cover your mouth when you cough or sneeze
- Wash your hands with soap and water



- If you don't have any water, wash your hands with rubbing alcohol or with a bacterial gel that has alcohol in it.
- Don't shake anyone's hand
- Look for advice from your doctor or from the clinic

## How will I know if I have H1N1 flu?

The doctor will ask you some questions like:

- What symptoms do you have?
- Have you been near someone that had flu symptoms?

The doctor will also take a sample of the mucous in your throat and nose to see whether it has the virus in it.