

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Total Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet														
97.7	96.6					91.2	91.7			91.0	89.1	Decreased, 1991-2012	Decreased, 1991-2003 No change, 2003-2012	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
52.4	28.2					21.9	15.9			15.7	11.9	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
46.1	43.4					38.5	35.6			23.9	20.3	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
	3.0					3.1	3.9			3.8	4.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
	5.8					8.8	9.7			6.4	6.4	No linear change	Not available [§]	No change
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months														
41.7	34.5					29.6	28.5			26.7	20.1	Decreased, 1991-2012	No quadratic change	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse														
3.7	3.4					2.7	3.3			3.1	2.1	Decreased, 1991-2012	No quadratic change	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months														
	12.5					10.6	9.3			7.4	5.7	Decreased, 1993-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to														
						9.9	9.1			8.1	8.6	Decreased, 2003-2012	Not available	No change

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Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN24: Percentage of students who had ever been bullied on school property during the past 12 months												No linear change	Not available [§]	No change	
						22.9	20.8								
QN25: Percentage of students who had ever been electronically bullied during the past 12 months												No linear change	Not available	No change	
						15.8	15.7								
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months												Decreased, 2003-2012	Not available	No change	
						25.3	25.1			21.0	19.5				
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months												Decreased, 1991-2012	No quadratic change	No change	
28.3	24.2					17.9	16.5			14.2	12.1				
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months												Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change	
17.3	20.8					17.2	14.3			10.9	9.8				

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
7.0	9.1					8.8	9.4			7.7	6.0	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	No change
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse														
2.0	2.8					3.4	3.2			2.6	1.8	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change

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2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Tobacco Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs															
72.4	67.1					60.2	53.4			38.7	31.9		Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years															
25.7	25.1					20.7	16.5			8.2	6.5		Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days															
29.2	33.7					24.1	21.8			15.0	10.9		Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QNFRDIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days															
15.1	14.9					11.2	9.6			5.8	3.0		Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days															
16.6	13.9					9.3	8.9			7.1	4.8		Decreased, 1991-2012	No quadratic change	No change

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days														
						7.3	3.8			5.1	6.2	No linear change	Not available [§]	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days														
	13.4					7.4	6.8			3.8	2.3	Decreased, 1993-2012	Not available	Decreased
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
						16.7	14.9			9.3	6.7	Decreased, 2003-2012	Not available	Decreased
QN38: Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months														
						59.6	55.5			57.7	47.9	Decreased, 2003-2012	Not available	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						10.1	8.7			6.4	7.7	Decreased, 2003-2012	Not available	No change

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
						18.2	16.8			9.6	8.3	Decreased, 2003-2012	Not available [§]	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						30.8	28.0			18.9	16.2	Decreased, 2003-2012	Not available	No change

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Total Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life															
82.9	78.8					78.4	73.2			60.6	52.1		Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years															
34.2	32.1					26.6	23.9			16.5	12.9		Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days															
53.4	51.9					46.5	42.9			26.6	22.1		Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days															
36.9	35.7					32.2	29.8			16.4	13.6		Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days															
										35.2	37.5		No linear change	Not available [§]	No change

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life														
22.3	19.3					34.6	32.3			25.0	23.6	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
4.9	4.2					7.7	7.0			4.9	5.5	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
10.3	9.4					18.3	17.5			12.7	11.7	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
4.6	3.5					6.9	7.5			4.2	3.2	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
						11.7	11.3			9.7	7.0	Decreased, 2003-2012	Not available [§]	Decreased

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life														
						2.7	2.7			1.9	1.2	Decreased, 2003-2012	Not available [§]	No change
QN53: Percentage of students who used methamphetamines one or more times during their life														
						6.3	5.8			2.7	2.0	Decreased, 2003-2012	Not available	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						5.0	4.9			4.5	3.2	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life														
2.4	3.0					3.6	4.0			2.8	2.3	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life														
										12.4	10.4	Decreased, 2010-2012	Not available	No change

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life														
						2.0	3.1			1.9	1.9	No linear change	Not available [§]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
	11.0					23.3	22.0			20.3	19.2	Increased, 1993-2012	Not available	No change

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2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse														
52.5	47.0					42.8	40.8			37.1	35.2	Decreased, 1991-2012	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
6.8	5.9					5.1	4.4			3.8	4.1	Decreased, 1991-2012	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
18.3	15.1					12.0	11.9			10.6	9.4	Decreased, 1991-2012	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
37.2	31.9					31.5	29.9			27.0	25.7	Decreased, 1991-2012	No quadratic change	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
26.1	27.4					30.5	24.0			19.8	19.7	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change

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Total Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
53.3	59.6					60.2	61.6			62.0	62.5	Increased, 1991-2012	No quadratic change	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection														
82.0	81.4					85.0	85.4			78.5	74.5	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change

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Total												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						14.5	13.7			13.6	13.8	No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						10.4	10.9			11.6	12.7	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
35.2	36.4					32.7	32.5			28.5	27.0	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN67: Percentage of students who were trying to lose weight														
45.5	43.7					45.2	46.3			43.0	42.2	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days														
						13.0	12.2			11.2	10.7	Decreased, 2003-2012	Not available	No change

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§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days														
						9.1	6.8			4.7	4.5	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days														
						7.2	6.5			3.9	3.6	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						81.1	80.8			78.2	74.3	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						87.1	87.6			87.9	91.9	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						68.7	65.1			60.2	61.4	Decreased, 2003-2012	Not available	No change

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Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						77.4	73.5			73.0	70.7	Decreased, 2003-2012	Not available [§]	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						54.7	52.1			47.2	48.6	Decreased, 2003-2012	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						86.7	83.4			83.2	82.8	Decreased, 2003-2012	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days														
						16.3	13.5			16.5	16.5	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days														
						25.5	23.6			26.9	26.4	No linear change	Not available	No change

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Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days														
						5.4	6.2			4.7	4.1	Decreased, 2003-2012	Not available [§]	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days														
						57.8	56.4			59.0	62.2	Increased, 2003-2012	Not available	Increased
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days														
						14.0	12.4			15.6	14.1	No linear change	Not available	No change
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						12.2	9.6			12.2	11.7	No linear change	Not available	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						3.2	4.7			4.5	5.4	Increased, 2003-2012	Not available	No change

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Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days												No linear change	Not available [§]	No change
						65.8	61.9			62.0	61.4			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days												No linear change	Not available	No change
						27.7	24.2			26.5	25.8			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days												Increased, 2003-2012	Not available	No change
						6.7	5.9			8.0	7.7			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days												Decreased, 2010-2012	Not available	Decreased
										26.2	22.3			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days												Increased, 2010-2012	Not available	Increased
										18.7	22.6			

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Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days														
						17.0	13.8					Decreased, 2010-2012	Not available [§]	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days														
						8.9	7.2					Decreased, 2010-2012	Not available	No change
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days														
						18.4	18.6			15.6	13.0	Decreased, 2003-2012	Not available	Decreased
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days														
						14.7	12.5			14.7	13.3	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days														
						50.3	52.6			47.4	44.0	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Weight Management and Dietary Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days														
						35.0	36.5			31.9	28.1	Decreased, 2003-2012	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days														
						36.5				53.7	57.6	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days														
						22.5				10.4	10.7	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days														
						16.6				28.0	32.3	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day														
						28.0	26.5			25.2	22.8	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day														
										21.1	28.1	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school														
46.6	48.6					49.1	48.9			48.1	49.6	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school														
34.4	32.1					36.4	34.3			33.5	34.9	No linear change	No quadratic change	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months														
						62.0	63.3			62.9	65.2	Increased, 2003-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
						19.4	19.2				19.2	16.9	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days														
						5.1	3.9			3.1	3.5	Decreased, 2003-2012	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days														
										43.7	47.0	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days														
										81.6	82.0	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days														
										17.1	15.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Total Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days												No linear change	Not available [§]	No change
										13.0	12.4			
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days												No linear change	Not available	No change
										57.7	58.8			
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class												Increased, 1991-2012	No quadratic change	No change
35.7	42.0					43.0	43.1			46.8	47.1			
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months												No linear change	Not available	No change
										75.1	74.8			
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months												No linear change	Not available	No change
										18.5	16.3			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010				2012
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family															
							43.0				38.1	38.2	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet														
97.3	95.2					91.2	92.5			91.0	90.1	Decreased, 1991-2012	No quadratic change	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
60.5	36.7					28.1	21.7			18.8	16.4	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
45.4	43.5					37.0	36.6			21.7	19.3	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
	4.1					3.1	4.4			4.5	3.4	No linear change	Not available [§]	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
	8.8					12.0	12.7			8.3	7.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months														
50.5	45.3					37.8	36.6			32.1	25.6	Decreased, 1991-2012	No quadratic change	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse														
4.7	5.2					3.7	4.6			3.7	2.7	Decreased, 1991-2012	No quadratic change	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months														
	18.8					14.9	12.6			9.7	7.5	Decreased, 1993-2012	Not available [§]	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to														
						8.3	5.9			5.3	5.9	Decreased, 2003-2012	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months														
										22.6	17.0	Decreased, 2010-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months														
										11.8	9.7	No linear change	Not available [§]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
						19.2	19.0			14.5	11.5	Decreased, 2003-2012	Not available	Decreased
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
20.6	18.2					12.2	11.8			10.8	7.8	Decreased, 1991-2012	No quadratic change	Decreased
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months														
13.0	16.5					14.5	11.1			8.6	6.5	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
4.5	6.4					6.4	7.7			6.8	4.4	No linear change	No change, 1991-2005 Decreased, 2005-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse														
1.5	2.5					3.2	3.2			2.6	1.7	No linear change	Increased, 1991-2003 No change, 2003-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Tobacco Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs														
74.9	70.9					60.9	56.1			38.5	32.8	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years														
29.7	30.3					23.7	18.5			9.1	7.9	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
29.8	35.2					22.5	21.6			14.4	10.9	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QNFRDIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
15.0	16.8					11.1	10.1			6.2	3.3	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days														
	15.7					8.2	6.9			4.1	2.4	Decreased, 1993-2012	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Tobacco Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
						17.2	15.4			9.8	7.1	Decreased, 2003-2012	Not available [§]	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						17.0	14.5			10.2	12.9	Decreased, 2003-2012	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
						24.2	21.7			12.5	10.9	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						33.5	31.5			20.5	19.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life														
83.6	80.8					77.6	73.1			59.1	50.0	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
40.3	38.1					31.3	27.8			18.8	14.8	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
55.4	53.8					43.8	44.4			25.7	20.8	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
39.8	39.8					32.6	32.2			15.6	13.7	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										32.3	29.3	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life														
24.8	23.3					36.2	35.0			26.3	24.6	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
6.1	6.0					10.0	8.9			6.8	7.3	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
12.0	12.1					20.5	19.3			13.5	13.4	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
5.7	4.6					6.7	8.6			5.0	4.4	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
						11.5	11.2			8.8	7.4	Decreased, 2003-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life														
						3.6	3.8			2.6	1.6	Decreased, 2003-2012	Not available [§]	No change
QN53: Percentage of students who used methamphetamines one or more times during their life														
						5.8	6.4			3.5	2.6	Decreased, 2003-2012	Not available	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						5.6	6.3			5.6	4.1	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life														
3.6	4.8					4.3	5.1			3.5	3.3	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life														
										13.4	11.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life												No linear change	Not available [§]	No change
						2.7	3.8			2.3	2.9			
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months												Increased, 1993-2012	Not available	No change
	13.5					27.6	23.9			20.7	21.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Sexual Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse														
55.9	51.8					43.7	40.6			37.2	35.2	Decreased, 1991-2012	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
11.0	8.7					7.9	5.5			4.8	6.3	Decreased, 1991-2012	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
20.7	17.8					13.9	11.7			11.3	10.8	Decreased, 1991-2012	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
37.5	32.7					30.1	30.2			25.7	26.0	Decreased, 1991-2012	No quadratic change	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
26.0	32.3					35.2	25.5			21.3	22.9	Decreased, 1991-2012	Increased, 1991-2003 Decreased, 2003-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male
Sexual Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
59.8	66.7					65.2	66.9			68.6	67.7	Increased, 1991-2012	No quadratic change	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection														
82.2	81.2					83.3	84.1			79.4	75.1	No linear change	No change, 1991-2005 Decreased, 2005-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						15.9	14.6			13.5	15.7	No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						14.7	14.0			15.0	17.2	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
23.7	22.0					25.2	25.8			24.2	21.5	No linear change	No change, 1991-2005 Decreased, 2005-2012	No change
QN67: Percentage of students who were trying to lose weight														
24.4	22.8					26.1	28.7			31.2	29.7	Increased, 1991-2012	No quadratic change	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days														
						7.3	9.0			7.7	6.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days														
						6.7	5.3			4.8	4.0	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days														
						4.7	3.8			3.2	2.3	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						82.3	80.5			80.2	76.3	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						85.5	85.6			87.1	90.6	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						65.6	61.1			55.8	54.8	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						77.7	76.0			74.3	71.4	Decreased, 2003-2012	Not available [§]	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						53.7	53.4			47.5	47.9	Decreased, 2003-2012	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						85.2	81.2			81.5	81.4	No linear change	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days														
						18.3	14.7			17.8	17.6	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days														
						28.3	24.2			28.2	27.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												No linear change	Not available [§]	No change
						5.8	7.4			5.3	4.6			
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
						60.0	55.6			60.8	61.5			
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change
						16.6	13.7			17.1	15.9			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days												No linear change	Not available	No change
						13.1	10.1			12.4	11.1			
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days												No linear change	Not available	No change
						4.5	5.4			5.5	6.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days												No linear change	Not available [§]	No change
						65.7	62.7			62.2	60.1			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days												No linear change	Not available	Decreased
						28.8	25.6			27.5	23.7			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days												No linear change	Not available	No change
						7.8	6.5			8.6	7.8			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days												No linear change	Not available	No change
										29.7	27.0			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days												No linear change	Not available	No change
										16.1	18.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days												No linear change	Not available [§]	No change
						20.1	17.8							
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days												No linear change	Not available	No change
						10.4	10.3							
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days												Decreased, 2003-2012	Not available	Decreased
						24.0	23.9			19.7	15.6			
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days												No linear change	Not available	No change
						10.6	9.4			10.7	9.7			
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days												Decreased, 2003-2012	Not available	No change
						57.6	59.8			53.3	48.3			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days														
						42.2	44.6			38.4	32.5	Decreased, 2003-2012	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days														
						42.8				61.3	65.2	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days														
						18.6				8.5	7.2	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days														
						22.0				35.8	40.4	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day														
						30.3	27.5			26.8	23.9	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day														
										25.3	29.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school														
55.2	52.1					55.9	56.1			55.3	57.7	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school														
40.7	35.9					42.1	40.2			38.7	39.3	No linear change	No quadratic change	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months														
						66.8	67.4			66.1	69.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
	QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
						20.5	18.1				19.2	16.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days														
						8.6	6.8			5.2	5.4	Decreased, 2003-2012	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days														
										42.3	45.5	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days														
										81.3	78.9	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days														
										24.4	22.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days														
										15.8	14.7	No linear change	Not available [§]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days														
										67.3	68.5	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class														
44.8	46.1					49.0	49.7			53.6	55.3	Increased, 1991-2012	No quadratic change	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months														
										73.3	73.3	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months														
										7.5	7.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Male Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family														
						41.4				37.8	36.0	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female Injury and Violence														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet														
98.2	97.9					91.1	90.9			91.1	87.8	Decreased, 1991-2012	Decreased, 1991-2003 No change, 2003-2012	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
44.2	19.3					15.3	9.8			12.3	6.9	Decreased, 1991-2012	Decreased, 1991-2005 No change, 2005-2012	Decreased
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
46.7	43.3					39.9	34.6			26.1	21.3	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
	1.9					3.2	3.4			2.8	5.2	Increased, 1993-2012	Not available [§]	Increased
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
	2.8					5.5	6.5			4.2	5.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months														
32.8	23.6					21.0	19.9			20.6	14.4	Decreased, 1991-2012	No quadratic change	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse														
2.5	1.6					1.6	1.9			2.4	1.5	No linear change	No quadratic change	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months														
	6.0					6.1	5.8			5.0	3.8	Decreased, 1993-2012	Not available [§]	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to														
						11.7	12.4			11.1	11.4	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months														
										23.2	24.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months												No linear change	Not available [§]	No change
						31.6	31.5			27.7	27.9	Decreased, 2003-2012	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
												Decreased, 1991-2012	No quadratic change	No change
35.7	30.5					24.0	21.5			18.0	16.8			
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months														
												Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
21.4	25.2					20.1	17.7			13.4	13.3			
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
												Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
9.3	11.8					11.3	11.1			8.5	7.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse														
2.4	3.2					3.7	3.1			2.5	2.0	No linear change	No change, 1991-2003 Decreased, 2003-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Tobacco Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs														
69.9	63.2					59.5	50.7			38.8	31.1	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years														
21.7	19.8					17.5	14.4			7.3	5.0	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	Decreased
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
28.5	32.1					25.8	21.8			15.5	10.8	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QNFRDIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
15.1	12.9					11.3	9.1			5.3	2.7	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days														
	11.0					6.6	6.6			3.5	2.2	Decreased, 1993-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Tobacco Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
						16.1	14.4			8.7	6.3	Decreased, 2003-2012	Not available [§]	No change
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						2.8	2.4			2.2	2.3	No linear change	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
						11.7	11.5			6.5	5.5	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						28.0	24.4			17.2	12.4	Decreased, 2003-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life														
82.3	76.8					79.3	73.3			62.0	54.2	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
28.1	25.9					21.8	19.8			14.0	10.9	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
51.4	49.9					49.3	41.2			27.5	23.5	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
33.9	31.5					31.6	27.3			17.3	13.5	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										37.7	45.4	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life														
19.7	15.2					32.9	29.6			23.6	22.7	Increased, 1991-2012	Increased, 1991-2003 Decreased, 2003-2012	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
3.7	2.3					5.2	4.9			2.7	3.7	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
8.6	6.6					16.0	15.7			12.0	9.9	Increased, 1991-2012	Increased, 1991-2003 Decreased, 2003-2012	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
3.4	2.3					7.0	6.2			3.1	2.0	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
						11.9	11.3			10.6	6.6	Decreased, 2003-2012	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life														
						1.7	1.5			1.1	0.9	Decreased, 2003-2012	Not available [§]	No change
QN53: Percentage of students who used methamphetamines one or more times during their life														
						6.9	5.2			1.8	1.4	Decreased, 2003-2012	Not available	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						4.3	3.4			3.3	2.4	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life														
1.0	1.0					2.9	2.6			2.0	1.2	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life														
										11.4	9.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life														
						1.2	2.3			1.4	0.8	Decreased, 2003-2012	Not available [§]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
	8.4					18.6	20.0			19.8	16.4	Increased, 1993-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse														
49.1	41.9					42.0	40.9			37.2	35.4	Decreased, 1991-2012	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
2.6	3.1					2.3	3.3			2.7	1.8	No linear change	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
16.0	12.3					10.2	12.2			9.9	7.9	Decreased, 1991-2012	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
37.0	31.1					32.9	29.6			28.5	25.4	Decreased, 1991-2012	No quadratic change	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
26.1	22.0					26.1	22.5			18.3	16.3	Decreased, 1991-2012	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Sexual Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
46.7	52.1					55.8	56.2			56.0	56.9	Increased, 1991-2012	No quadratic change	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection														
81.6	81.6					86.7	86.7			77.6	73.9	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						12.9	12.7			13.6	11.8	No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						5.9	7.7			8.0	7.9	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
46.7	51.3					40.5	39.6			33.1	32.9	Decreased, 1991-2012	No quadratic change	No change
QN67: Percentage of students who were trying to lose weight														
66.6	65.4					65.4	64.8			55.5	55.4	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days														
						19.0	15.6			14.8	15.1	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days														
						11.7	8.3			4.5	5.1	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days														
						9.8	9.4			4.7	5.0	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						79.9	81.0			76.1	72.0	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						88.9	89.7			88.9	93.3	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						72.0	69.3			64.8	68.4	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						77.0	70.9			71.8	69.7	Decreased, 2003-2012	Not available [§]	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						55.7	50.8			46.9	49.3	Decreased, 2003-2012	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						88.3	85.6			85.0	84.2	No linear change	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days														
						14.3	12.2			15.1	15.3	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days														
						22.6	23.0			25.8	25.2	Increased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												No linear change	Not available [§]	No change
						4.9	4.9			4.0	3.5			
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												Increased, 2003-2012	Not available	Increased
						55.4	57.2			57.1	62.9			
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change
						11.2	11.0			14.2	12.2			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days												No linear change	Not available	No change
						11.2	9.1			11.7	12.2			
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days												Increased, 2003-2012	Not available	No change
						1.8	3.8			3.6	3.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days												No linear change	Not available [§]	No change
						65.9	61.0			61.9	62.8			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days												No linear change	Not available	No change
						26.6	22.7			25.3	28.0			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days												Increased, 2003-2012	Not available	No change
						5.5	5.3			7.4	7.7			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days												Decreased, 2010-2012	Not available	Decreased
										22.5	17.2			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days												Increased, 2010-2012	Not available	Increased
										21.4	26.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days														
										13.6	9.4	Decreased, 2010-2012	Not available [§]	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days														
										7.2	3.5	Decreased, 2010-2012	Not available	Decreased
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days														
						12.6	13.1			11.3	10.1	No linear change	Not available	No change
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days														
						18.9	15.6			18.7	17.3	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days														
						42.8	45.0			41.5	39.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days														
						27.6	28.1			25.1	23.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days														
						29.9				45.9	49.5	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days														
						26.7				12.5	14.5	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days														
						11.0				19.8	23.9	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day														
						25.6	25.5			23.6	21.6	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day														
										16.7	27.1	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school														
38.5	45.0					42.1	41.6			40.4	41.0	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school														
28.2	28.2					30.5	28.1			27.9	30.0	No linear change	No quadratic change	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months														
						57.0	59.0			59.5	61.0	Increased, 2003-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Other	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
	QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
						18.3	20.5				19.1	17.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days														
						1.3	0.8			0.7	1.4	No linear change	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days														
										45.4	48.3	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days														
										82.0	85.0	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days														
										9.6	8.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days														
										10.1	10.0	No linear change	Not available [§]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days														
										47.8	48.5	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class														
26.9	37.8					37.0	36.1			39.4	38.3	Increased, 1991-2012	No quadratic change	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months														
										77.3	76.5	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months														
										30.0	25.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Female Site-Added												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family														
						44.8				38.5	40.5	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*														
Injury and Violence														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet														
97.8	96.9					91.7	91.2			90.5	89.0	Decreased, 1991-2012	Decreased, 1991-2003 No change, 2003-2012	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
51.9	27.7					20.4	15.2			13.0	9.6	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
46.7	43.5					38.4	34.5			23.6	19.2	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
	2.3					2.7	3.0			2.8	2.7	No linear change	Not available [¶]	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
	4.7					8.3	8.5			4.8	5.2	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012	Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months														
41.0	33.7					27.9	25.3			23.3	16.7	Decreased, 1991-2012	No quadratic change	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse														
3.3	2.9					2.1	2.6			2.5	1.4	Decreased, 1991-2012	No quadratic change	Decreased
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months														
	11.6					9.0	8.1			6.1	4.4	Decreased, 1993-2012	Not available [¶]	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to														
						8.6	8.2			7.9	8.0	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months														
										23.8	21.3	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months														
										16.4	16.8	No linear change	Not available [¶]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
				24.1	24.1					19.8	17.9	Decreased, 2003-2012	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
28.0	23.3					17.0	16.1			13.6	11.6	Decreased, 1991-2012	No quadratic change	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months														
16.5	19.6					17.2	13.7			10.2	8.8	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
6.2	8.2					7.7	8.3			6.0	4.0	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Injury and Violence														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse														
1.5	2.6					2.8	2.7			2.1	1.0	No linear change	Increased, 1991-2005 Decreased, 2005-2012	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Tobacco Use														
Health Risk Behavior and Percentages														
Linear Change [†]														
Quadratic Change [‡]														
Change from 2010-2012 [§]														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs														
72.0	66.1					58.8	50.3			36.8	28.7	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years														
25.6	24.6					19.2	14.0			6.7	5.5	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
30.1	33.3					24.2	20.9			15.5	11.0	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN34: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
15.3	14.5					10.8	9.6			6.1	3.1	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	Decreased
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days														
16.0	12.7					6.9	9.2			6.5	4.6	Decreased, 1991-2012	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days														
						6.9	4.3			3.6	6.4	No linear change	Not available [¶]	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days														
	13.0					7.0	6.6			3.6	2.1	Decreased, 1993-2012	Not available	Decreased
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
						16.4	14.4			9.6	5.6	Decreased, 2003-2012	Not available	Decreased
QN38: Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months														
						59.9	54.9			59.7	41.9	Decreased, 2003-2012	Not available	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						10.2	8.7			6.7	8.1	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White* Tobacco Use												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
						18.1	16.1			8.6	7.7	Decreased, 2003-2012	Not available [¶]	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						31.4	27.3			19.7	16.7	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life														
83.7	78.9					78.4	72.1			59.8	51.5	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
34.3	31.8					24.8	21.4			14.8	10.0	Decreased, 1991-2012	Decreased, 1991-2003 Decreased, 2003-2012	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
54.8	52.1					47.3	42.1			25.7	22.4	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
38.2	35.4					32.8	29.1			15.6	13.6	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days														
										37.3	41.0	No linear change	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life														
20.2	18.1					31.9	29.1			21.2	19.3	Increased, 1991-2012	Increased, 1991-2003 Decreased, 2003-2012	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
3.7	3.4					5.7	5.2			2.8	3.5	No linear change	Increased, 1991-2003 Decreased, 2003-2012	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
8.9	8.6					16.0	15.0			10.3	9.0	Increased, 1991-2012	Increased, 1991-2003 Decreased, 2003-2012	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
4.3	2.7					5.8	5.9			2.7	2.3	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
						11.1	10.9			7.7	6.2	Decreased, 2003-2012	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life														
						2.0	1.8			1.1	0.9	Decreased, 2003-2012	Not available [¶]	No change
QN53: Percentage of students who used methamphetamines one or more times during their life														
						5.4	4.7			1.6	1.5	Decreased, 2003-2012	Not available	No change
QN54: Percentage of students who used ecstasy one or more times during their life														
						3.8	3.6			3.3	2.2	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life														
2.3	2.5					2.8	3.1			2.0	2.0	No linear change	No change, 1991-2005 Decreased, 2005-2012	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life														
										11.3	9.6	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Alcohol and Other Drug Use														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012	Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life														
						1.5	2.6			1.2	1.4	No linear change	Not available [¶]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
	10.2					21.4	20.0			19.6	16.6	Increased, 1993-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Sexual Behaviors														
Health Risk Behavior and Percentages														
Linear Change [†]														
Quadratic Change [‡]														
Change from 2010-2012 [§]														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse														
50.8	45.8					41.0	37.7			34.7	32.6	Decreased, 1991-2012	No quadratic change	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years														
5.5	5.0					3.6	3.4			3.0	2.4	Decreased, 1991-2012	No quadratic change	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life														
16.8	13.8					10.1	10.1			9.4	7.4	Decreased, 1991-2012	No quadratic change	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months														
36.1	31.3					30.0	27.7			25.5	24.4	Decreased, 1991-2012	No quadratic change	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse														
26.0	26.5					29.1	23.1			18.1	17.7	Decreased, 1991-2012	No change, 1991-2003 Decreased, 2003-2012	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Sexual Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse														
54.6	60.4					61.4	63.6			63.3	61.6	Increased, 1991-2012	No quadratic change	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection														
82.4	81.4					85.9	86.2			78.5	74.8	No linear change	Increased, 1991-2005 Decreased, 2005-2012	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [¶]														
						13.7	12.4			12.4	12.7	No linear change	Not available**	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [¶]														
						9.4	10.0			10.4	11.9	Increased, 2003-2012	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
35.4	36.2					32.8	31.9			27.7	27.0	Decreased, 1991-2012	Decreased, 1991-2005 Decreased, 2005-2012	No change
QN67: Percentage of students who were trying to lose weight														
45.8	43.6					45.9	45.7			41.0	39.4	Decreased, 1991-2012	No change, 1991-2005 Decreased, 2005-2012	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days														
						13.4	11.9			10.3	9.6	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

**Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages												Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days														
						9.4	6.2			4.1	4.3	Decreased, 2003-2012	Not available [¶]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days														
						6.1	6.0			3.3	3.5	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days														
						81.4	81.1			77.3	72.9	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days														
						87.8	88.6			88.9	92.8	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days														
						71.7	66.0			60.6	63.0	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages											Linear Change[†]	Quadratic Change[‡]	Change from 2010-2012[§]	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days											Decreased, 2003-2012	Not available [¶]	Decreased	
						79.3	75.0			76.0	71.6			
QN75: Percentage of students who ate carrots one or more times during the past seven days											Decreased, 2003-2012	Not available	No change	
						56.1	53.1			48.8	50.6			
QN76: Percentage of students who ate other vegetables one or more times during the past seven days											Decreased, 2003-2012	Not available	No change	
						87.9	85.3			85.6	84.8			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days											No linear change	Not available	No change	
						16.6	13.0			15.4	15.9			
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days											No linear change	Not available	No change	
						24.7	23.2			25.9	26.9			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012	Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days														
						5.1	5.1			4.3	3.3	Decreased, 2003-2012	Not available [¶]	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days														
						57.5	56.8			58.4	62.9	Increased, 2003-2012	Not available	Increased
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days														
						13.3	11.8			14.3	13.8	No linear change	Not available	No change
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days														
						12.7	9.6			11.5	11.2	No linear change	Not available	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days														
						2.2	4.0			3.9	4.7	Increased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012	Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days														
						67.4	63.6			63.6	62.9	Decreased, 2003-2012	Not available [¶]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days														
						28.4	24.8			26.5	26.6	No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days														
						6.7	5.7			7.5	7.5	No linear change	Not available	No change
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days														
										26.1	22.8	Decreased, 2010-2012	Not available	Decreased
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days														
										18.7	23.5	Increased, 2010-2012	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*																		
Weight Management and Dietary Behaviors																		
Health Risk Behavior and Percentages																		
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012	Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]				
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days												16.5	13.6	Decreased, 2010-2012	Not available [¶]	Decreased		
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days												8.4	6.1	Decreased, 2010-2012	Not available	Decreased		
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days												19.5	20.4	16.7	15.1	Decreased, 2003-2012	Not available	No change
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days												13.8	11.9	13.8	11.8	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days												52.4	55.6	49.9	48.1	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Weight Management and Dietary Behaviors														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days														
						37.0	39.1			33.7	32.7	Decreased, 2003-2012	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*														
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days														
						38.1				57.6	62.3	Increased, 2005-2012	Not available [¶]	Increased
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days														
						21.7				8.5	8.9	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days														
						17.5				29.2	34.8	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day														
						25.5	24.4			23.1	19.8	Decreased, 2003-2012	Not available	Decreased
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day														
										20.7	25.5	Increased, 2010-2012	Not available	Increased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White*												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Physical Activity														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school														
45.2	49.1					49.0	47.3			46.8	48.6	No linear change	No quadratic change	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school														
34.4	32.3					36.5	33.6			33.6	35.7	No linear change	No quadratic change	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months														
						63.5	65.2			66.1	67.9	Increased, 2003-2012	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White* Other	Health Risk Behavior and Percentages												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma															
						18.6	18.6				18.9	15.9	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days														
						4.7	3.7			3.2	3.1	Decreased, 2003-2012	Not available [¶]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days														
										44.2	41.8	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days														
										82.7	83.1	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days														
										16.2	16.1	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days														
										11.6	10.9	No linear change	Not available [¶]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days														
										58.9	60.4	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class														
35.2	42.8					42.7	42.3			47.0	48.2	Increased, 1991-2012	No quadratic change	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months														
										78.5	79.6	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months														
										19.8	17.3	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

White* Site-Added												Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family														
						42.4				35.3	35.2	Decreased, 2005-2012	Not available [¶]	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet														
						93.9				97.2	89.8	No linear change	Not available [§]	Decreased
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else														
	38.9					31.7	21.5			24.9	17.6	Decreased, 1993-2012	Not available	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol														
	54.2					37.6	37.6			23.9	26.9	Decreased, 1993-2012	Not available	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school														
	6.0					8.9	7.8			5.3	11.3	No linear change	Not available	Increased
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months														
	13.5					13.9	12.6			10.7	8.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Hispanic/Latino Injury and Violence												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
Health Risk Behavior and Percentages															
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months															
	44.2					32.5	38.9			37.2	27.4		Decreased, 1993-2012	Not available [§]	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse															
	10.3					2.7	3.7			6.7	3.9		No linear change	Not available	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months															
	23.3					18.5	16.4			11.6	6.8		Decreased, 1993-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to															
						20.2	7.6			10.1	11.8		No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months															
										20.1	21.4		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months														
										12.3	13.8	No linear change	Not available [§]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months														
						35.9	31.5			24.5	26.9	No linear change	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months														
	32.0					19.9	16.6			16.7	15.5	Decreased, 1993-2012	Not available	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months														
	23.4					16.9	16.1			12.9	12.9	Decreased, 1993-2012	Not available	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months														
	16.5					13.8	13.3			13.9	13.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse														
	4.2					4.9	3.1			4.6	3.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Tobacco Use

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs														
	80.9					68.2	67.1			46.0	40.5	Decreased, 1993-2012	Not available [§]	No change
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years														
	31.0					30.1	25.6			13.8	9.0	Decreased, 1993-2012	Not available	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days														
	36.2					25.1	25.0			14.6	9.6	Decreased, 1993-2012	Not available	No change
QNFRDIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days														
	14.5					13.4	9.5			5.7	2.7	Decreased, 1993-2012	Not available	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days														
	14.8					9.7	8.4			5.5	2.0	Decreased, 1993-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days														
						20.3	15.3			10.4	8.5	Decreased, 2003-2012	Not available [§]	No change
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						6.3	4.1			5.9	6.5	No linear change	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days														
						18.9	11.1			13.9	10.7	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days														
						26.7	25.3			17.0	14.1	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life														
						79.2	76.9			65.2	54.9	Decreased, 2003-2012	Not available [§]	No change
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years														
						37.9	32.4			23.9	22.4	Decreased, 2003-2012	Not available	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days														
	59.6					40.5	43.4			32.8	22.1	Decreased, 1993-2012	Not available	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days														
	46.9					26.1	30.7			21.5	14.3	Decreased, 1993-2012	Not available	No change
QN47: Percentage of students who used marijuana one or more times during their life														
	35.3					47.8	39.5			38.2	32.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN48: Percentage of students who tried marijuana for the first time before age 13 years														
	13.9					18.8	12.1			13.0	7.8	Decreased, 1993-2012	Not available [§]	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days														
	15.3					27.3	19.2			21.0	15.8	No linear change	Not available	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life														
	11.3					17.4	16.0			10.6	7.0	Decreased, 1993-2012	Not available	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life														
						15.6	11.8			16.6	8.7	No linear change	Not available	Decreased
QN52: Percentage of students who used heroin one or more times during their life														
						7.8	5.2			4.5	2.8	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN53: Percentage of students who used methamphetamines one or more times during their life														
						15.4	11.4			8.6	4.3	Decreased, 2003-2012	Not available [§]	Decreased
QN54: Percentage of students who used ecstasy one or more times during their life														
						10.1	8.1			7.6	5.3	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life														
	8.0					7.9	8.2			5.3	3.9	Decreased, 1993-2012	Not available	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life														
										16.4	11.4	No linear change	Not available	No change
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life														
						6.2	2.4			4.0	2.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino Alcohol and Other Drug Use												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months														
	21.6					30.1	27.4			20.4	27.3	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN59: Percentage of students who ever had sexual intercourse															
	68.6					47.0	51.2			48.8	42.7		Decreased, 1993-2012	Not available [§]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years															
	11.9					9.4	9.1			8.7	6.5		Decreased, 1993-2012	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life															
	31.2					16.9	16.7			18.2	13.3		Decreased, 1993-2012	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months															
	42.5					34.3	36.5			34.3	25.7		Decreased, 1993-2012	Not available	Decreased
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection															
	87.0					76.8	83.2			76.2	68.9		Decreased, 1993-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) [§]														
						16.6	19.7			17.6	16.5	No linear change	Not available [¶]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) [§]														
						15.1	16.2			15.9	21.2	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight														
	49.6					36.0	35.9			32.9	32.4	Decreased, 1993-2012	Not available	No change
QN67: Percentage of students who were trying to lose weight														
	52.2					50.8	55.8			55.5	53.9	No linear change	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days														
						10.4	12.8			13.8	16.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

¶Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days												No linear change	Not available [§]	No change
						7.2	9.1			7.7	6.8			
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days												Decreased, 2003-2012	Not available	No change
						11.0	6.1			6.9	4.5			
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days												No linear change	Not available	No change
						79.9	80.0			79.4	78.3			
QN72: Percentage of students who ate fruit one or more times during the past seven days												No linear change	Not available	No change
						86.3	84.5			87.4	90.0			
QN73: Percentage of students who ate green salad one or more times during the past seven days												No linear change	Not available	No change
						49.8	61.0			60.4	58.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days														
						71.5	67.4			60.1	63.7	No linear change	Not available [§]	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days														
						47.9	50.9			42.1	47.9	No linear change	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days														
						81.7	78.7			76.1	76.8	No linear change	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days														
						12.2	14.6			19.4	18.8	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days														
						27.2	21.8			26.8	23.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days												No linear change	Not available [§]	No change
						5.6	7.4			6.3	5.6			
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days												No linear change	Not available	No change
						56.9	52.6			59.1	57.3			
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days												No linear change	Not available	No change
						13.7	13.8			20.2	14.9			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days												Increased, 2003-2012	Not available	No change
						9.1	7.2			14.1	13.2			
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days												No linear change	Not available	No change
						5.2	6.0			6.7	7.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino Weight Management and Dietary Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days												No linear change	Not available [§]	No change
						54.8	52.6			56.3	56.4			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days												No linear change	Not available	No change
						22.0	17.7			26.8	24.3			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days												No linear change	Not available	No change
						7.1	4.1			10.1	7.9			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days												No linear change	Not available	No change
										26.4	19.0			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days												No linear change	Not available	No change
										18.4	20.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Hispanic/Latino Weight Management and Dietary Behaviors												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days												No linear change	Not available [§]	No change
										17.0	12.5			
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days												No linear change	Not available	No change
										9.2	7.0			
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days												No linear change	Not available	No change
						8.5	9.1			10.5	6.1			
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days												No linear change	Not available	No change
						17.8	12.5			17.1	17.5			
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days												No linear change	Not available	No change
						37.6	39.4			36.8	33.3			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days														
						19.5	21.6			25.2	16.9	No linear change	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Trend Analysis Report

Hispanic/Latino Physical Activity												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days														
						25.7				43.5	42.3	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days														
						29.6				15.2	16.7	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days														
						13.9				23.3	21.7	Increased, 2005-2012	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day														
						38.5	35.8			31.0	30.9	No linear change	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day														
										21.7	32.3	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Physical Activity

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school															
	36.3					51.0	54.4			52.3	49.5		Increased, 1993-2012	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school															
	26.6					37.9	39.5			34.7	31.2		No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months															
						44.6	51.8			52.8	55.6		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino												Linear Change*	Quadratic Change*	Change from 2010-2012 †
Other														
Health Risk Behavior and Percentages														
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma														
						20.5	10.7			19.9	17.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days														
						4.4	2.8			2.7	4.2	No linear change	Not available [§]	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days														
										20.4	14.8	Decreased, 2010-2012	Not available	No change
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days														
										18.3	10.3	Decreased, 2010-2012	Not available	Decreased
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days														
										55.6	51.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2010-2012 †	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2010	2012				
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class															
	24.9					48.5	45.8			48.9	42.7		Increased, 1993-2012	Not available [§]	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months															
										62.9	59.4		No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months															
										16.1	15.7		No linear change	Not available	No change
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family															
						49.0				47.6	46.9		No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.