

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Total Injury and Violence	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet									
	91.2	91.7			91.0	89.1	No linear change	Not available [§]	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else									
	21.9	15.9			15.7	11.9	Decreased, 2003-2012	Not available	Decreased
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol									
	38.5	35.6			23.9	20.3	Decreased, 2003-2012	Not available	Decreased
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school									
	3.1	3.9			3.8	4.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

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§Not enough years of data to calculate.

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	2003	2005	2007	2009	2010				2012
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months									
	8.8	9.7			6.4	6.4	Decreased, 2003-2012	Not available [§]	No change
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months									
	29.6	28.5			26.7	20.1	Decreased, 2003-2012	Not available	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse									
	2.7	3.3			3.1	2.1	No linear change	Not available	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months									
	10.6	9.3			7.4	5.7	Decreased, 2003-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									
	9.9	9.1			8.1	8.6	Decreased, 2003-2012	Not available	No change

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	2003	2005	2007	2009	2010			
QN24: Percentage of students who had ever been bullied on school property during the past 12 months								
				22.9	20.8	No linear change	Not available [§]	No change
QN25: Percentage of students who had ever been electronically bullied during the past 12 months								
				15.8	15.7	No linear change	Not available	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months								
	25.3	25.1		21.0	19.5	Decreased, 2003-2012	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months								
	17.9	16.5		14.2	12.1	Decreased, 2003-2012	Not available	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months								
	17.2	14.3		10.9	9.8	Decreased, 2003-2012	Not available	No change

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	2003	2005	2007	2009	2010				2012
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months									
	8.8	9.4			7.7	6.0	Decreased, 2003-2012	Not available [§]	No change
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse									
	3.4	3.2			2.6	1.8	Decreased, 2003-2012	Not available	No change

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2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total Tobacco Use	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs									
	60.2	53.4			38.7	31.9	Decreased, 2003-2012	Not available [§]	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years									
	20.7	16.5			8.2	6.5	Decreased, 2003-2012	Not available	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days									
	24.1	21.8			15.0	10.9	Decreased, 2003-2012	Not available	Decreased
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days									
	11.2	9.6			5.8	3.0	Decreased, 2003-2012	Not available	Decreased
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days									
	9.3	8.9			7.1	4.8	Decreased, 2003-2012	Not available	No change

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	2003	2005	2007	2009	2010				2012
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days									
	7.3	3.8			5.1	6.2	No linear change	Not available [§]	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days									
	7.4	6.8			3.8	2.3	Decreased, 2003-2012	Not available	Decreased
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									
	16.7	14.9			9.3	6.7	Decreased, 2003-2012	Not available	Decreased
QN38: Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months									
	59.6	55.5			57.7	47.9	Decreased, 2003-2012	Not available	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	10.1	8.7			6.4	7.7	Decreased, 2003-2012	Not available	No change

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	2003	2005	2007	2009	2010				2012
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									
	18.2	16.8			9.6	8.3	Decreased, 2003-2012	Not available [§]	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	30.8	28.0			18.9	16.2	Decreased, 2003-2012	Not available	No change

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life								
78.4	73.2			60.6	52.1	Decreased, 2003-2012	Not available [§]	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years								
26.6	23.9			16.5	12.9	Decreased, 2003-2012	Not available	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days								
46.5	42.9			26.6	22.1	Decreased, 2003-2012	Not available	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days								
32.2	29.8			16.4	13.6	Decreased, 2003-2012	Not available	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days								
				35.2	37.5	No linear change	Not available	No change

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life						Decreased, 2003-2012	Not available [§]	No change
34.6	32.3			25.0	23.6			
QN48: Percentage of students who tried marijuana for the first time before age 13 years						Decreased, 2003-2012	Not available	No change
7.7	7.0			4.9	5.5			
QN49: Percentage of students who used marijuana one or more times during the past 30 days						Decreased, 2003-2012	Not available	No change
18.3	17.5			12.7	11.7			
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						Decreased, 2003-2012	Not available	No change
6.9	7.5			4.2	3.2			
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						Decreased, 2003-2012	Not available	Decreased
11.7	11.3			9.7	7.0			

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life								
2.7	2.7			1.9	1.2	Decreased, 2003-2012	Not available [§]	No change
QN53: Percentage of students who used methamphetamines one or more times during their life								
6.3	5.8			2.7	2.0	Decreased, 2003-2012	Not available	No change
QN54: Percentage of students who used ecstasy one or more times during their life								
5.0	4.9			4.5	3.2	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life								
3.6	4.0			2.8	2.3	Decreased, 2003-2012	Not available	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life								
				12.4	10.4	Decreased, 2010-2012	Not available	No change

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Total Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life								
2.0	3.1			1.9	1.9	No linear change	Not available [§]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months								
23.3	22.0			20.3	19.2	Decreased, 2003-2012	Not available	No change

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Total Sexual Behaviors	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse	42.8	40.8			37.1	35.2	Decreased, 2003-2012	Not available [§]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	5.1	4.4			3.8	4.1	Decreased, 2003-2012	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life	12.0	11.9			10.6	9.4	Decreased, 2003-2012	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	31.5	29.9			27.0	25.7	Decreased, 2003-2012	Not available	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	30.5	24.0			19.8	19.7	Decreased, 2003-2012	Not available	No change

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Total Sexual Behaviors	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse									
	60.2	61.6			62.0	62.5	No linear change	Not available [§]	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection									
	85.0	85.4			78.5	74.5	Decreased, 2003-2012	Not available	No change

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Total						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)								
14.5	13.7			13.6	13.8	No linear change	Not available [‡]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)								
10.4	10.9			11.6	12.7	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
32.7	32.5			28.5	27.0	Decreased, 2003-2012	Not available	No change
QN67: Percentage of students who were trying to lose weight								
45.2	46.3			43.0	42.2	Decreased, 2003-2012	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								
13.0	12.2			11.2	10.7	Decreased, 2003-2012	Not available	No change

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Total Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								
9.1	6.8			4.7	4.5	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								
7.2	6.5			3.9	3.6	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days								
81.1	80.8			78.2	74.3	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days								
87.1	87.6			87.9	91.9	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days								
68.7	65.1			60.2	61.4	Decreased, 2003-2012	Not available	No change

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Total Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days						Decreased, 2003-2012	Not available [§]	No change
77.4	73.5			73.0	70.7			
QN75: Percentage of students who ate carrots one or more times during the past seven days						Decreased, 2003-2012	Not available	No change
54.7	52.1			47.2	48.6			
QN76: Percentage of students who ate other vegetables one or more times during the past seven days						Decreased, 2003-2012	Not available	No change
86.7	83.4			83.2	82.8			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days						No linear change	Not available	No change
16.3	13.5			16.5	16.5			
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days						No linear change	Not available	No change
25.5	23.6			26.9	26.4			

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Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days								
5.4	6.2			4.7	4.1	Decreased, 2003-2012	Not available [§]	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days								
57.8	56.4			59.0	62.2	Increased, 2003-2012	Not available	Increased
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days								
14.0	12.4			15.6	14.1	No linear change	Not available	No change
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days								
12.2	9.6			12.2	11.7	No linear change	Not available	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days								
3.2	4.7			4.5	5.4	Increased, 2003-2012	Not available	No change

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Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days						No linear change	Not available [§]	No change
65.8	61.9			62.0	61.4			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days						No linear change	Not available	No change
27.7	24.2			26.5	25.8			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days						Increased, 2003-2012	Not available	No change
6.7	5.9			8.0	7.7			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days						Decreased, 2010-2012	Not available	Decreased
				26.2	22.3			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days						Increased, 2010-2012	Not available	Increased
				18.7	22.6			

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Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days								
				17.0	13.8	Decreased, 2010-2012	Not available [§]	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days								
				8.9	7.2	Decreased, 2010-2012	Not available	No change
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days								
18.4	18.6			15.6	13.0	Decreased, 2003-2012	Not available	Decreased
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days								
14.7	12.5			14.7	13.3	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days								
50.3	52.6			47.4	44.0	Decreased, 2003-2012	Not available	No change

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Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days								
35.0	36.5			31.9	28.1	Decreased, 2003-2012	Not available [§]	Decreased

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Total Physical Activity	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									
	36.5				53.7	57.6	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days									
	22.5				10.4	10.7	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days									
	16.6				28.0	32.3	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day									
	28.0	26.5			25.2	22.8	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									
					21.1	28.1	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Total Physical Activity	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school									
	49.1	48.9			48.1	49.6	No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school									
	36.4	34.3			33.5	34.9	No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months									
	62.0	63.3			62.9	65.2	Increased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Total Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma									
	19.4	19.2			19.2	16.9	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days									
	5.1	3.9			3.1	3.5	Decreased, 2003-2012	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days									
					43.7	47.0	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days									
					81.6	82.0	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days									
					17.1	15.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days									
					13.0	12.4	No linear change	Not available [§]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days									
					57.7	58.8	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class									
	43.0	43.1			46.8	47.1	Increased, 2003-2012	Not available	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months									
					75.1	74.8	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months									
					18.5	16.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Total Site-Added	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
	QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family								
		43.0			38.1	38.2	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male Injury and Violence

	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	91.2	92.5			91.0	90.1	No linear change	Not available [§]	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	28.1	21.7			18.8	16.4	Decreased, 2003-2012	Not available	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	37.0	36.6			21.7	19.3	Decreased, 2003-2012	Not available	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	3.1	4.4			4.5	3.4	No linear change	Not available	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	12.0	12.7			8.3	7.7	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months	37.8	36.6			32.1	25.6	Decreased, 2003-2012	Not available [§]	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.7	4.6			3.7	2.7	Decreased, 2003-2012	Not available	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months	14.9	12.6			9.7	7.5	Decreased, 2003-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	8.3	5.9			5.3	5.9	Decreased, 2003-2012	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months					22.6	17.0	Decreased, 2010-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months					11.8	9.7	No linear change	Not available [§]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	19.2	19.0			14.5	11.5	Decreased, 2003-2012	Not available	Decreased
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months	12.2	11.8			10.8	7.8	Decreased, 2003-2012	Not available	Decreased
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months	14.5	11.1			8.6	6.5	Decreased, 2003-2012	Not available	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months	6.4	7.7			6.8	4.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse								
3.2	3.2			2.6	1.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs	60.9	56.1			38.5	32.8	Decreased, 2003-2012	Not available [§]	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years	23.7	18.5			9.1	7.9	Decreased, 2003-2012	Not available	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days	22.5	21.6			14.4	10.9	Decreased, 2003-2012	Not available	Decreased
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days	11.1	10.1			6.2	3.3	Decreased, 2003-2012	Not available	Decreased
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	8.2	6.9			4.1	2.4	Decreased, 2003-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Tobacco Use	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									
	17.2	15.4			9.8	7.1	Decreased, 2003-2012	Not available [§]	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	17.0	14.5			10.2	12.9	Decreased, 2003-2012	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									
	24.2	21.7			12.5	10.9	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	33.5	31.5			20.5	19.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life								
77.6	73.1			59.1	50.0	Decreased, 2003-2012	Not available [§]	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years								
31.3	27.8			18.8	14.8	Decreased, 2003-2012	Not available	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days								
43.8	44.4			25.7	20.8	Decreased, 2003-2012	Not available	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days								
32.6	32.2			15.6	13.7	Decreased, 2003-2012	Not available	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days								
				32.3	29.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male								
Alcohol and Other Drug Use								
Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life								
36.2	35.0			26.3	24.6	Decreased, 2003-2012	Not available [§]	No change
QN48: Percentage of students who tried marijuana for the first time before age 13 years								
10.0	8.9			6.8	7.3	Decreased, 2003-2012	Not available	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days								
20.5	19.3			13.5	13.4	Decreased, 2003-2012	Not available	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life								
6.7	8.6			5.0	4.4	Decreased, 2003-2012	Not available	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life								
11.5	11.2			8.8	7.4	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life						Decreased, 2003-2012	Not available [§]	No change
3.6	3.8			2.6	1.6			
QN53: Percentage of students who used methamphetamines one or more times during their life						Decreased, 2003-2012	Not available	No change
5.8	6.4			3.5	2.6			
QN54: Percentage of students who used ecstasy one or more times during their life						Decreased, 2003-2012	Not available	No change
5.6	6.3			5.6	4.1			
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						Decreased, 2003-2012	Not available	No change
4.3	5.1			3.5	3.3			
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life						No linear change	Not available	No change
				13.4	11.1			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life								
2.7	3.8			2.3	2.9	No linear change	Not available [§]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months								
27.6	23.9			20.7	21.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Male Sexual Behaviors	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN59: Percentage of students who ever had sexual intercourse	43.7	40.6			37.2	35.2	Decreased, 2003-2012	Not available [§]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	7.9	5.5			4.8	6.3	No linear change	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life	13.9	11.7			11.3	10.8	Decreased, 2003-2012	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	30.1	30.2			25.7	26.0	Decreased, 2003-2012	Not available	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	35.2	25.5			21.3	22.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse								
65.2	66.9			68.6	67.7	No linear change	Not available [§]	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection								
83.3	84.1			79.4	75.1	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)								
15.9	14.6			13.5	15.7	No linear change	Not available [‡]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)								
14.7	14.0			15.0	17.2	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
25.2	25.8			24.2	21.5	Decreased, 2003-2012	Not available	No change
QN67: Percentage of students who were trying to lose weight								
26.1	28.7			31.2	29.7	No linear change	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								
7.3	9.0			7.7	6.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

‡Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								
6.7	5.3			4.8	4.0	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								
4.7	3.8			3.2	2.3	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days								
82.3	80.5			80.2	76.3	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days								
85.5	85.6			87.1	90.6	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days								
65.6	61.1			55.8	54.8	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days						Decreased, 2003-2012	Not available [§]	No change
77.7	76.0			74.3	71.4			
QN75: Percentage of students who ate carrots one or more times during the past seven days						Decreased, 2003-2012	Not available	No change
53.7	53.4			47.5	47.9			
QN76: Percentage of students who ate other vegetables one or more times during the past seven days						No linear change	Not available	No change
85.2	81.2			81.5	81.4			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days						No linear change	Not available	No change
18.3	14.7			17.8	17.6			
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days						No linear change	Not available	No change
28.3	24.2			28.2	27.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days						No linear change	Not available [§]	No change
5.8	7.4			5.3	4.6			
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days						No linear change	Not available	No change
60.0	55.6			60.8	61.5			
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days						No linear change	Not available	No change
16.6	13.7			17.1	15.9			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days						No linear change	Not available	No change
13.1	10.1			12.4	11.1			
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days						No linear change	Not available	No change
4.5	5.4			5.5	6.9			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days						No linear change	Not available [§]	No change
65.7	62.7			62.2	60.1			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days						No linear change	Not available	Decreased
28.8	25.6			27.5	23.7			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days						No linear change	Not available	No change
7.8	6.5			8.6	7.8			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days						No linear change	Not available	No change
				29.7	27.0			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days						No linear change	Not available	No change
				16.1	18.8			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days								
				20.1	17.8	No linear change	Not available [§]	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days								
				10.4	10.3	No linear change	Not available	No change
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days								
24.0	23.9			19.7	15.6	Decreased, 2003-2012	Not available	Decreased
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days								
10.6	9.4			10.7	9.7	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days								
57.6	59.8			53.3	48.3	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days								
42.2	44.6			38.4	32.5	Decreased, 2003-2012	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Physical Activity	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days									
	42.8				61.3	65.2	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days									
	18.6				8.5	7.2	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days									
	22.0				35.8	40.4	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day									
	30.3	27.5			26.8	23.9	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day									
					25.3	29.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Physical Activity						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								
55.9	56.1			55.3	57.7	No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								
42.1	40.2			38.7	39.3	No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months								
66.8	67.4			66.1	69.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
	QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma								
	20.5	18.1			19.2	16.7	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Site-Added	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days									
	8.6	6.8			5.2	5.4	Decreased, 2003-2012	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days									
					42.3	45.5	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days									
					81.3	78.9	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days									
					24.4	22.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days								
				15.8	14.7	No linear change	Not available [§]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days								
				67.3	68.5	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class								
49.0	49.7			53.6	55.3	Increased, 2003-2012	Not available	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months								
				73.3	73.3	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months								
				7.5	7.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Male Site-Added	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family									
	41.4				37.8	36.0	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

Female Injury and Violence						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet						No linear change	Not available [§]	No change
91.1	90.9			91.1	87.8			
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else						Decreased, 2003-2012	Not available	Decreased
15.3	9.8			12.3	6.9			
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol						Decreased, 2003-2012	Not available	Decreased
39.9	34.6			26.1	21.3			
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school						No linear change	Not available	Increased
3.2	3.4			2.8	5.2			
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months						Decreased, 2003-2012	Not available	No change
5.5	6.5			4.2	5.0			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months	21.0	19.9			20.6	14.4	Decreased, 2003-2012	Not available [§]	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	1.6	1.9			2.4	1.5	No linear change	Not available	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months	6.1	5.8			5.0	3.8	Decreased, 2003-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	11.7	12.4			11.1	11.4	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months					23.2	24.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months					20.1	22.2	No linear change	Not available [§]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	31.6	31.5			27.7	27.9	Decreased, 2003-2012	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months	24.0	21.5			18.0	16.8	Decreased, 2003-2012	Not available	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months	20.1	17.7			13.4	13.3	Decreased, 2003-2012	Not available	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months	11.3	11.1			8.5	7.6	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse								
3.7	3.1			2.5	2.0	Decreased, 2003-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Tobacco Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs						Decreased, 2003-2012	Not available [§]	Decreased
59.5	50.7			38.8	31.1			
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years						Decreased, 2003-2012	Not available	Decreased
17.5	14.4			7.3	5.0			
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days						Decreased, 2003-2012	Not available	Decreased
25.8	21.8			15.5	10.8			
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days						Decreased, 2003-2012	Not available	Decreased
11.3	9.1			5.3	2.7			
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days						Decreased, 2003-2012	Not available	No change
6.6	6.6			3.5	2.2			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female
Tobacco Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	16.1	14.4			8.7	6.3	Decreased, 2003-2012	Not available [§]	No change
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	2.8	2.4			2.2	2.3	No linear change	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	11.7	11.5			6.5	5.5	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	28.0	24.4			17.2	12.4	Decreased, 2003-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life						Decreased, 2003-2012	Not available [§]	Decreased
79.3	73.3			62.0	54.2			
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years						Decreased, 2003-2012	Not available	No change
21.8	19.8			14.0	10.9			
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days						Decreased, 2003-2012	Not available	No change
49.3	41.2			27.5	23.5			
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days						Decreased, 2003-2012	Not available	No change
31.6	27.3			17.3	13.5			
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days						No linear change	Not available	No change
				37.7	45.4			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life						Decreased, 2003-2012	Not available [§]	No change
32.9	29.6			23.6	22.7			
QN48: Percentage of students who tried marijuana for the first time before age 13 years						Decreased, 2003-2012	Not available	No change
5.2	4.9			2.7	3.7			
QN49: Percentage of students who used marijuana one or more times during the past 30 days						Decreased, 2003-2012	Not available	No change
16.0	15.7			12.0	9.9			
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						Decreased, 2003-2012	Not available	No change
7.0	6.2			3.1	2.0			
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						Decreased, 2003-2012	Not available	Decreased
11.9	11.3			10.6	6.6			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life						Decreased, 2003-2012	Not available [§]	No change
1.7	1.5			1.1	0.9			
QN53: Percentage of students who used methamphetamines one or more times during their life						Decreased, 2003-2012	Not available	No change
6.9	5.2			1.8	1.4			
QN54: Percentage of students who used ecstasy one or more times during their life						Decreased, 2003-2012	Not available	No change
4.3	3.4			3.3	2.4			
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						Decreased, 2003-2012	Not available	No change
2.9	2.6			2.0	1.2			
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life						No linear change	Not available	No change
				11.4	9.7			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Alcohol and Other Drug Use						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life								
1.2	2.3			1.4	0.8	Decreased, 2003-2012	Not available [§]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months								
18.6	20.0			19.8	16.4	No linear change	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse	42.0	40.9			37.2	35.4	Decreased, 2003-2012	Not available [§]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	2.3	3.3			2.7	1.8	No linear change	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life	10.2	12.2			9.9	7.9	Decreased, 2003-2012	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	32.9	29.6			28.5	25.4	Decreased, 2003-2012	Not available	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	26.1	22.5			18.3	16.3	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Sexual Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse								
55.8	56.2			56.0	56.9	No linear change	Not available [§]	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection								
86.7	86.7			77.6	73.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)								
12.9	12.7			13.6	11.8	No linear change	Not available [‡]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)								
5.9	7.7			8.0	7.9	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
40.5	39.6			33.1	32.9	Decreased, 2003-2012	Not available	No change
QN67: Percentage of students who were trying to lose weight								
65.4	64.8			55.5	55.4	Decreased, 2003-2012	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								
19.0	15.6			14.8	15.1	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

‡Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								
11.7	8.3			4.5	5.1	Decreased, 2003-2012	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								
9.8	9.4			4.7	5.0	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days								
79.9	81.0			76.1	72.0	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days								
88.9	89.7			88.9	93.3	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days								
72.0	69.3			64.8	68.4	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days						Decreased, 2003-2012	Not available [§]	No change
77.0	70.9			71.8	69.7			
QN75: Percentage of students who ate carrots one or more times during the past seven days						Decreased, 2003-2012	Not available	No change
55.7	50.8			46.9	49.3			
QN76: Percentage of students who ate other vegetables one or more times during the past seven days						No linear change	Not available	No change
88.3	85.6			85.0	84.2			
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days						No linear change	Not available	No change
14.3	12.2			15.1	15.3			
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days						Increased, 2003-2012	Not available	No change
22.6	23.0			25.8	25.2			

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days						No linear change	Not available [§]	No change
4.9	4.9			4.0	3.5			
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days						Increased, 2003-2012	Not available	Increased
55.4	57.2			57.1	62.9			
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days						No linear change	Not available	No change
11.2	11.0			14.2	12.2			
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days						No linear change	Not available	No change
11.2	9.1			11.7	12.2			
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days						Increased, 2003-2012	Not available	No change
1.8	3.8			3.6	3.9			

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§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days						No linear change	Not available [§]	No change
65.9	61.0			61.9	62.8			
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days						No linear change	Not available	No change
26.6	22.7			25.3	28.0			
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days						Increased, 2003-2012	Not available	No change
5.5	5.3			7.4	7.7			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days						Decreased, 2010-2012	Not available	Decreased
				22.5	17.2			
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days						Increased, 2010-2012	Not available	Increased
				21.4	26.5			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days								
				13.6	9.4	Decreased, 2010-2012	Not available [§]	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days								
				7.2	3.5	Decreased, 2010-2012	Not available	Decreased
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days								
12.6	13.1			11.3	10.1	No linear change	Not available	No change
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days								
18.9	15.6			18.7	17.3	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days								
42.8	45.0			41.5	39.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Weight Management and Dietary Behaviors						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days								
27.6	28.1			25.1	23.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Physical Activity						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								
	29.9			45.9	49.5	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								
	26.7			12.5	14.5	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								
	11.0			19.8	23.9	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day								
25.6	25.5			23.6	21.6	Decreased, 2003-2012	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								
				16.7	27.1	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Physical Activity						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								
42.1	41.6			40.4	41.0	No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								
30.5	28.1			27.9	30.0	No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months								
57.0	59.0			59.5	61.0	Increased, 2003-2012	Not available	No change

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§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma									
	18.3	20.5			19.1	17.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Site-Added						Linear Change*	Quadratic Change*	Change from 2010-2012 †
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days								
1.3	0.8			0.7	1.4	No linear change	Not available [§]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days								
				45.4	48.3	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days								
				82.0	85.0	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days								
				9.6	8.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

**Female
Site-Added**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †				
2003	2005	2007	2009	2010	2012							
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days						10.1	10.0	No linear change	Not available [§]	No change		
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days						47.8	48.5	No linear change	Not available	No change		
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class						37.0	36.1	39.4	38.3	No linear change	Not available	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months						77.3	76.5	No linear change	Not available	No change		
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months						30.0	25.9	No linear change	Not available	No change		

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†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Female Site-Added	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family									
	44.8				38.5	40.5	Decreased, 2005-2012	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Injury and Violence	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet									
	91.7	91.2			90.5	89.0	No linear change	Not available [¶]	No change
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else									
	20.4	15.2			13.0	9.6	Decreased, 2003-2012	Not available	Decreased
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol									
	38.4	34.5			23.6	19.2	Decreased, 2003-2012	Not available	Decreased
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school									
	2.7	3.0			2.8	2.7	No linear change	Not available	No change
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months									
	8.3	8.5			4.8	5.2	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Injury and Violence	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months									
	27.9	25.3			23.3	16.7	Decreased, 2003-2012	Not available [¶]	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse									
	2.1	2.6			2.5	1.4	No linear change	Not available	Decreased
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months									
	9.0	8.1			6.1	4.4	Decreased, 2003-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to									
	8.6	8.2			7.9	8.0	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months									
					23.8	21.3	No linear change	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Injury and Violence						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months								
				16.4	16.8	No linear change	Not available [¶]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months								
24.1	24.1			19.8	17.9	Decreased, 2003-2012	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months								
17.0	16.1			13.6	11.6	Decreased, 2003-2012	Not available	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months								
17.2	13.7			10.2	8.8	Decreased, 2003-2012	Not available	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months								
7.7	8.3			6.0	4.0	Decreased, 2003-2012	Not available	Decreased

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Injury and Violence						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse								
2.8	2.7			2.1	1.0	Decreased, 2003-2012	Not available [¶]	Decreased

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

White* Tobacco Use	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs	58.8	50.3			36.8	28.7	Decreased, 2003-2012	Not available [¶]	Decreased
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years	19.2	14.0			6.7	5.5	Decreased, 2003-2012	Not available	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days	24.2	20.9			15.5	11.0	Decreased, 2003-2012	Not available	Decreased
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days	10.8	9.6			6.1	3.1	Decreased, 2003-2012	Not available	Decreased
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	6.9	9.2			6.5	4.6	No linear change	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Tobacco Use	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days									
	6.9	4.3			3.6	6.4	No linear change	Not available [¶]	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days									
	7.0	6.6			3.6	2.1	Decreased, 2003-2012	Not available	Decreased
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days									
	16.4	14.4			9.6	5.6	Decreased, 2003-2012	Not available	Decreased
QN38: Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months									
	59.9	54.9			59.7	41.9	Decreased, 2003-2012	Not available	Decreased
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	10.2	8.7			6.7	8.1	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Tobacco Use	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days									
	18.1	16.1			8.6	7.7	Decreased, 2003-2012	Not available [¶]	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days									
	31.4	27.3			19.7	16.7	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Alcohol and Other Drug Use						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life								
78.4	72.1			59.8	51.5	Decreased, 2003-2012	Not available [¶]	Decreased
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years								
24.8	21.4			14.8	10.0	Decreased, 2003-2012	Not available	Decreased
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days								
47.3	42.1			25.7	22.4	Decreased, 2003-2012	Not available	No change
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days								
32.8	29.1			15.6	13.6	Decreased, 2003-2012	Not available	No change
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days								
				37.3	41.0	No linear change	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Alcohol and Other Drug Use						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN47: Percentage of students who used marijuana one or more times during their life						Decreased, 2003-2012	Not available [¶]	No change
31.9	29.1			21.2	19.3			
QN48: Percentage of students who tried marijuana for the first time before age 13 years						Decreased, 2003-2012	Not available	No change
5.7	5.2			2.8	3.5			
QN49: Percentage of students who used marijuana one or more times during the past 30 days						Decreased, 2003-2012	Not available	No change
16.0	15.0			10.3	9.0			
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life						Decreased, 2003-2012	Not available	No change
5.8	5.9			2.7	2.3			
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life						Decreased, 2003-2012	Not available	No change
11.1	10.9			7.7	6.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Alcohol and Other Drug Use						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN52: Percentage of students who used heroin one or more times during their life						Decreased, 2003-2012	Not available [¶]	No change
2.0	1.8			1.1	0.9			
QN53: Percentage of students who used methamphetamines one or more times during their life						Decreased, 2003-2012	Not available	No change
5.4	4.7			1.6	1.5			
QN54: Percentage of students who used ecstasy one or more times during their life						Decreased, 2003-2012	Not available	No change
3.8	3.6			3.3	2.2			
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life						Decreased, 2003-2012	Not available	No change
2.8	3.1			2.0	2.0			
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life						No linear change	Not available	No change
				11.3	9.6			

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White*						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Alcohol and Other Drug Use								
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life								
1.5	2.6			1.2	1.4	No linear change	Not available [¶]	No change
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months								
21.4	20.0			19.6	16.6	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey 10-year Trend Analysis Report

White* Sexual Behaviors	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN59: Percentage of students who ever had sexual intercourse	41.0	37.7			34.7	32.6	Decreased, 2003-2012	Not available [¶]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	3.6	3.4			3.0	2.4	No linear change	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life	10.1	10.1			9.4	7.4	Decreased, 2003-2012	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	30.0	27.7			25.5	24.4	Decreased, 2003-2012	Not available	No change
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	29.1	23.1			18.1	17.7	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Sexual Behaviors	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN64: Among students who had sexual intercourse during the past three months, the percentage who used a condom during last sexual intercourse									
	61.4	63.6			63.3	61.6	No linear change	Not available [¶]	No change
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection									
	85.9	86.2			78.5	74.8	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)								
13.7	12.4			12.4	12.7	No linear change	Not available**	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)								
9.4	10.0			10.4	11.9	Increased, 2003-2012	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
32.8	31.9			27.7	27.0	Decreased, 2003-2012	Not available	No change
QN67: Percentage of students who were trying to lose weight								
45.9	45.7			41.0	39.4	Decreased, 2003-2012	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								
13.4	11.9			10.3	9.6	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[§]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White*						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								
9.4	6.2			4.1	4.3	Decreased, 2003-2012	Not available [¶]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								
6.1	6.0			3.3	3.5	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days								
81.4	81.1			77.3	72.9	Decreased, 2003-2012	Not available	Decreased
QN72: Percentage of students who ate fruit one or more times during the past seven days								
87.8	88.6			88.9	92.8	Increased, 2003-2012	Not available	Increased
QN73: Percentage of students who ate green salad one or more times during the past seven days								
71.7	66.0			60.6	63.0	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days								
79.3	75.0			76.0	71.6	Decreased, 2003-2012	Not available [¶]	Decreased
QN75: Percentage of students who ate carrots one or more times during the past seven days								
56.1	53.1			48.8	50.6	Decreased, 2003-2012	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days								
87.9	85.3			85.6	84.8	Decreased, 2003-2012	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								
16.6	13.0			15.4	15.9	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days								
24.7	23.2			25.9	26.9	No linear change	Not available	No change

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2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White*						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days								
5.1	5.1			4.3	3.3	Decreased, 2003-2012	Not available [¶]	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days								
57.5	56.8			58.4	62.9	Increased, 2003-2012	Not available	Increased
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days								
13.3	11.8			14.3	13.8	No linear change	Not available	No change
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days								
12.7	9.6			11.5	11.2	No linear change	Not available	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days								
2.2	4.0			3.9	4.7	Increased, 2003-2012	Not available	No change

*Non-Hispanic.

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[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days								
67.4	63.6			63.6	62.9	Decreased, 2003-2012	Not available [¶]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days								
28.4	24.8			26.5	26.6	No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days								
6.7	5.7			7.5	7.5	No linear change	Not available	No change
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days								
				26.1	22.8	Decreased, 2010-2012	Not available	Decreased
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days								
				18.7	23.5	Increased, 2010-2012	Not available	Increased

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Weight Management and Dietary Behaviors						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days								
				16.5	13.6	Decreased, 2010-2012	Not available [¶]	Decreased
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days								
				8.4	6.1	Decreased, 2010-2012	Not available	Decreased
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days								
19.5	20.4			16.7	15.1	Decreased, 2003-2012	Not available	No change
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days								
13.8	11.9			13.8	11.8	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days								
52.4	55.6			49.9	48.1	Decreased, 2003-2012	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White*						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Weight Management and Dietary Behaviors								
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days								
37.0	39.1			33.7	32.7	Decreased, 2003-2012	Not available [¶]	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

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2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Physical Activity						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								
	38.1			57.6	62.3	Increased, 2005-2012	Not available [¶]	Increased
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								
	21.7			8.5	8.9	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								
	17.5			29.2	34.8	Increased, 2005-2012	Not available	Increased
QN81: Percentage of students who watched three or more hours per day of TV on an average school day								
25.5	24.4			23.1	19.8	Decreased, 2003-2012	Not available	Decreased
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								
				20.7	25.5	Increased, 2010-2012	Not available	Increased

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Physical Activity						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
Health Risk Behavior and Percentages								
2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								
49.0	47.3			46.8	48.6	No linear change	Not available [¶]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								
36.5	33.6			33.6	35.7	No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months								
63.5	65.2			66.1	67.9	Increased, 2003-2012	Not available	No change

*Non-Hispanic.

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[§]Based on t-test analysis, p < 0.05.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Other	Health Risk Behavior and Percentages						Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]
	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma									
	18.6	18.6			18.9	15.9	No linear change	Not available [¶]	Decreased

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Site-Added	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days									
	4.7	3.7			3.2	3.1	Decreased, 2003-2012	Not available [¶]	No change
QN89: Among students who drank alcohol during the past 30 days and who have a usual type of alcohol that they drink, the percentage who reported liquor, such as vodka, rum, scotch, bourbon, or whisky, as their type of alcohol they usually drank during the past 30 days									
					44.2	41.8	No linear change	Not available	No change
QN90: Among students who drank alcohol during the past 30 days, the percentage who reported their home or another person's home as their usual place they usually drank alcohol during the past 30 days									
					82.7	83.1	No linear change	Not available	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days									
					16.2	16.1	No linear change	Not available	No change

*Non-Hispanic.

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[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Site-Added	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days									
					11.6	10.9	No linear change	Not available [¶]	No change
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days									
					58.9	60.4	No linear change	Not available	No change
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class									
	42.7	42.3			47.0	48.2	Increased, 2003-2012	Not available	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months									
					78.5	79.6	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months									
					19.8	17.3	No linear change	Not available	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

[‡]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

White* Site-Added	Health Risk Behavior and Percentages					Linear Change [†]	Quadratic Change [‡]	Change from 2010-2012 [§]	
	2003	2005	2007	2009	2010				2012
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family									
	42.4				35.3	35.2	Decreased, 2005-2012	Not available [¶]	No change

*Non-Hispanic.

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[§]Based on t-test analysis, $p < 0.05$.

[¶]Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet								
	93.9			97.2	89.8	No linear change	Not available [§]	Decreased
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else								
31.7	21.5			24.9	17.6	Decreased, 2003-2012	Not available	No change
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol								
37.6	37.6			23.9	26.9	Decreased, 2003-2012	Not available	No change
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school								
8.9	7.8			5.3	11.3	No linear change	Not available	Increased
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months								
13.9	12.6			10.7	8.7	No linear change	Not available	No change

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§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months	32.5	38.9			37.2	27.4	No linear change	Not available [§]	Decreased
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	2.7	3.7			6.7	3.9	No linear change	Not available	No change
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months	18.5	16.4			11.6	6.8	Decreased, 2003-2012	Not available	No change
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	20.2	7.6			10.1	11.8	No linear change	Not available	No change
QN24: Percentage of students who had ever been bullied on school property during the past 12 months					20.1	21.4	No linear change	Not available	No change

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†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN25: Percentage of students who had ever been electronically bullied during the past 12 months					12.3	13.8	No linear change	Not available [§]	No change
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	35.9	31.5			24.5	26.9	No linear change	Not available	No change
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months	19.9	16.6			16.7	15.5	No linear change	Not available	No change
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months	16.9	16.1			12.9	12.9	No linear change	Not available	No change
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months	13.8	13.3			13.9	13.3	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Injury and Violence

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse								
4.9	3.1			4.6	3.5	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Tobacco Use

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs	68.2	67.1			46.0	40.5	Decreased, 2003-2012	Not available [§]	No change
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years	30.1	25.6			13.8	9.0	Decreased, 2003-2012	Not available	No change
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days	25.1	25.0			14.6	9.6	Decreased, 2003-2012	Not available	No change
QNFRSIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days	13.4	9.5			5.7	2.7	Decreased, 2003-2012	Not available	No change
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	9.7	8.4			5.5	2.0	Decreased, 2003-2012	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change*	Quadratic Change*	Change from 2010-2012 †	
	2003	2005	2007	2009	2010				2012
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	20.3	15.3			10.4	8.5	Decreased, 2003-2012	Not available [§]	No change
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	6.3	4.1			5.9	6.5	No linear change	Not available	No change
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	18.9	11.1			13.9	10.7	Decreased, 2003-2012	Not available	No change
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	26.7	25.3			17.0	14.1	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life								
79.2	76.9			65.2	54.9	Decreased, 2003-2012	Not available [§]	No change
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years								
37.9	32.4			23.9	22.4	Decreased, 2003-2012	Not available	No change
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days								
40.5	43.4			32.8	22.1	Decreased, 2003-2012	Not available	Decreased
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days								
26.1	30.7			21.5	14.3	Decreased, 2003-2012	Not available	No change
QN47: Percentage of students who used marijuana one or more times during their life								
47.8	39.5			38.2	32.6	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN48: Percentage of students who tried marijuana for the first time before age 13 years								
18.8	12.1			13.0	7.8	Decreased, 2003-2012	Not available [§]	No change
QN49: Percentage of students who used marijuana one or more times during the past 30 days								
27.3	19.2			21.0	15.8	Decreased, 2003-2012	Not available	No change
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life								
17.4	16.0			10.6	7.0	Decreased, 2003-2012	Not available	No change
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life								
15.6	11.8			16.6	8.7	No linear change	Not available	Decreased
QN52: Percentage of students who used heroin one or more times during their life								
7.8	5.2			4.5	2.8	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN53: Percentage of students who used methamphetamines one or more times during their life								
15.4	11.4			8.6	4.3	Decreased, 2003-2012	Not available [§]	Decreased
QN54: Percentage of students who used ecstasy one or more times during their life								
10.1	8.1			7.6	5.3	Decreased, 2003-2012	Not available	No change
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life								
7.9	8.2			5.3	3.9	Decreased, 2003-2012	Not available	No change
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life								
				16.4	11.4	No linear change	Not available	No change
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life								
6.2	2.4			4.0	2.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months								
30.1	27.4			20.4	27.3	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Sexual Behaviors

	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN59: Percentage of students who ever had sexual intercourse	47.0	51.2			48.8	42.7	Decreased, 2003-2012	Not available [§]	No change
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	9.4	9.1			8.7	6.5	No linear change	Not available	No change
QN61: Percentage of students who had sexual intercourse with four or more people during their life	16.9	16.7			18.2	13.3	No linear change	Not available	No change
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	34.3	36.5			34.3	25.7	Decreased, 2003-2012	Not available	Decreased
QN85: Percentage of students who had ever been taught in school about AIDS or HIV infection	76.8	83.2			76.2	68.9	Decreased, 2003-2012	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)								
16.6	19.7			17.6	16.5	No linear change	Not available [‡]	No change
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex)								
15.1	16.2			15.9	21.2	No linear change	Not available	No change
QN66: Percentage of students who described themselves as slightly or very overweight								
36.0	35.9			32.9	32.4	No linear change	Not available	No change
QN67: Percentage of students who were trying to lose weight								
50.8	55.8			55.5	53.9	No linear change	Not available	No change
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								
10.4	12.8			13.8	16.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

‡Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								
7.2	9.1			7.7	6.8	No linear change	Not available [§]	No change
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								
11.0	6.1			6.9	4.5	Decreased, 2003-2012	Not available	No change
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days								
79.9	80.0			79.4	78.3	No linear change	Not available	No change
QN72: Percentage of students who ate fruit one or more times during the past seven days								
86.3	84.5			87.4	90.0	No linear change	Not available	No change
QN73: Percentage of students who ate green salad one or more times during the past seven days								
49.8	61.0			60.4	58.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN74: Percentage of students who ate potatoes one or more times during the past seven days								
71.5	67.4			60.1	63.7	No linear change	Not available [§]	No change
QN75: Percentage of students who ate carrots one or more times during the past seven days								
47.9	50.9			42.1	47.9	No linear change	Not available	No change
QN76: Percentage of students who ate other vegetables one or more times during the past seven days								
81.7	78.7			76.1	76.8	No linear change	Not available	No change
QNFRVG: Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								
12.2	14.6			19.4	18.8	No linear change	Not available	No change
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day during the past seven days								
27.2	21.8			26.8	23.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days								
5.6	7.4			6.3	5.6	No linear change	Not available [§]	No change
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices one or more times per day during the past seven days								
56.9	52.6			59.1	57.3	No linear change	Not available	No change
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices three or more times per day during the past seven days								
13.7	13.8			20.2	14.9	No linear change	Not available	No change
QNVEG: Percentage of students who ate vegetables three or more times per day during the past seven days								
9.1	7.2			14.1	13.2	Increased, 2003-2012	Not available	No change
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days								
5.2	6.0			6.7	7.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QNVEG1: Percentage of students who ate vegetables one or more times per day during the past seven days								
54.8	52.6			56.3	56.4	No linear change	Not available [§]	No change
QNVEG2: Percentage of students who ate vegetables two or more times per day during the past seven days								
22.0	17.7			26.8	24.3	No linear change	Not available	No change
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices two or more times per day and ate vegetables three or more times per day during the past seven days								
7.1	4.1			10.1	7.9	No linear change	Not available	No change
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days								
				26.4	19.0	No linear change	Not available	No change
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop 0 times per day during the past seven days								
				18.4	20.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days								
				17.0	12.5	No linear change	Not available [§]	No change
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days								
				9.2	7.0	No linear change	Not available	No change
QN78: Percentage of students who drank three or more glasses per day of milk during the past seven days								
8.5	9.1			10.5	6.1	No linear change	Not available	No change
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days								
17.8	12.5			17.1	17.5	No linear change	Not available	No change
QNMILK1: Percentage of students who drank one or more glasses per day of milk during the past seven days								
37.6	39.4			36.8	33.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino

Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QNMILK2: Percentage of students who drank two or more glasses per day of milk during the past seven days								
19.5	21.6			25.2	16.9	No linear change	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								
	25.7			43.5	42.3	Increased, 2005-2012	Not available [§]	No change
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days								
	29.6			15.2	16.7	Decreased, 2005-2012	Not available	No change
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days								
	13.9			23.3	21.7	Increased, 2005-2012	Not available	No change
QN81: Percentage of students who watched three or more hours per day of TV on an average school day								
38.5	35.8			31.0	30.9	No linear change	Not available	No change
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								
				21.7	32.3	Increased, 2010-2012	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN83: Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								
51.0	54.4			52.3	49.5	No linear change	Not available [§]	No change
QNDLYPE: Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								
37.9	39.5			34.7	31.2	No linear change	Not available	No change
QN84: Percentage of students who played on one or more sports teams during the past 12 months								
44.6	51.8			52.8	55.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino Other	Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
	2003	2005	2007	2009	2010	2012			
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma									
	20.5	10.7			19.9	17.2	No linear change	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.

†Based on t-test analysis, $p < 0.05$.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN88: Percentage of students who used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days								
4.4	2.8			2.7	4.2	No linear change	Not available [§]	No change
QN91: Percentage of students who drank a can, bottle, or glass of a sports drink such as Gatorade or PowerAde one or more times per day during the past seven days								
				20.4	14.8	Decreased, 2010-2012	Not available	No change
QN92: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull one or more times per day during the past seven days								
				18.3	10.3	Decreased, 2010-2012	Not available	Decreased
QN93: Percentage of students who did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting, on three or more of the past seven days								
				55.6	51.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.

2012 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
10-year Trend Analysis Report

Hispanic/Latino
Site-Added

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2010-2012 †
2003	2005	2007	2009	2010	2012			
QN94: Percentage of students who spend more than 20 minutes actually exercising or playing sports during an average physical education (PE) class								
48.5	45.8			48.9	42.7	No linear change	Not available [§]	No change
QN95: Percentage of students who last saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months								
				62.9	59.4	No linear change	Not available	No change
QN96: Percentage of students who used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months								
				16.1	15.7	No linear change	Not available	No change
QN97: Percentage of students who have ever talked about AIDS or HIV infection with their parents or other adults in their family								
	49.0			47.6	46.9	No linear change	Not available	No change

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†Based on t-test analysis, p < 0.05.

§Not enough years of data to calculate.