



Targeted Teaching Topic

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Summary of Topic:

Learn and communicate the process of taking a blood pressure.

Main Curriculum Tie:

Body Fluids or Cardiovascular Unit

Required Materials for Lesson:

- Internet access to [YouTube](#).
- Pencil and paper.

Background for Teacher:

Watch YouTube video ahead of time.

Student Prior Knowledge:

Intended Learning Outcome:

Students will be able to list a procedure and communicate that process to a “patient”.

Instructional Procedure:

- Choose a video from YouTube on how to take blood pressure.
- Have students view the video and write the steps of taking a blood pressure in a procedural list.
- Student explains what they would tell a patient who has never had blood pressure measured.
- Student can pair up and take turns describing the procedure.

How to Measure Outcome:

Observe student participation and collect procedural lists.