



*Keynote  
Speaker  
Karen  
Gaffney*

When Karen Gaffney was a little girl, she started swimming before she could walk. She was so good at it, in fact, that in swimming races at the age of 4, she'd let other kids start first, then jump in, and catch up and pass them. It was that determination that has continued and has been vital to her accomplishments. Karen is the first person with Down syndrome to complete a relay swim across the English Channel.

**AWARDS AND RECOGNITION:**

- Member of the Advisory Board for Exceptional Parent Magazine
- Recipient of the Providence Health System Regional Spirit of Women Award -2001
- Recipient of the Joe Loprinzi Inspirational Award - 2001
- Nominee for the Bill Hayward Amateur Female Athlete of the Year Award - 2001
- Official Olympic Torch Relay Torchbearer



Educational Service Unit #11

Transition Services  
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**Educational Service Unit #11**

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*5<sup>th</sup> Annual  
Nebraska Youth First  
Conference*

*MAKE IT HAPPEN*



*LIVE YOUR DREAM*

*Transition  
through  
Technology*

*March 30, 2010*

*Holiday Inn  
Kearney, Nebraska*

## 5<sup>th</sup> Annual Nebraska Youth First Conference



Students with developmental disabilities who are between the ages of 14-21 are invited to participate in the NE Youth First Conference.

### **DATE:**

**March 30, 2010  
9:00 a.m. – 2:00 p.m.**

### **LOCATION:**

**Holiday Inn  
Conference Center  
Kearney, Nebraska**

### **REGISTRATION:**

Registration fees, lunch costs and conference t-shirts are provided through a grant.

**However** – Registrations are due by **March 2, 2010.**

**Please send a registration for each person attending.**

# Event Schedule

## Student Sessions

- *Using Technology*
- *Getting a Job*
- *Being a Self-Advocate*
- *Working Out*
- *Making Friends*

## Teacher Sessions

- *Technology*
- *Ideas For The Classroom*
- *Agency Options*

Students will receive certificates for documentation of transition activities for their IEPs.

Teachers will receive professional development certificates.

### **SPONSORED BY:**

- Vocational Rehabilitation
- Educational Service Unit #11
- Assistive Technology Partnership
- Region III Developmental Disability Council

## Registration Form NE Youth First Conference March 30, 2010

\_\_\_\_\_  
Name

\_\_\_\_\_  
School

\_\_\_\_\_  
School Address

\_\_\_\_\_  
School Phone Number

Please check one:

Student                       Teacher

Parent

### **FREE Student T-Shirt**

Please check size:

Large Youth (14-16)  X Large (46-48)

Small (34-26)                       XX Large (50-52)

Medium (38-40)                       XXX Large (54-56)

Large (42-44)

Please tell us if you have special dietary needs:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Return by March 2, 2010**

**RITA SKILES**

EDUCATIONAL SERVICE UNIT

#11

PO Box 858

**Holdrege, NE 68949-0858**

**Fax: 308.995.6587**