

**Nebraska Essential Learning's
CURRICULUM CROSSWALKING TOOL**

*Adapted from the ASCA National Model: A Framework for School Counseling Programs.
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Standards/Essential Learning's currently addressed in the School Counseling Program.

Standards/Essential Learning's the School Counseling Program intends to address.

PERSONAL/SOCIAL DEVELOPMENT DOMAIN

Essential Learning	K	1	2	3	4	5	6	7	8	9	10	11	12
SC K-12.1.4 Personal/Social Development: Standard A													
<i>Students will acquire the knowledge, attitudes, ad interpersonal skills to help them understand and respect self and others.</i>													
Acquire Self-Knowledge													
▪ Develop a positive attitude toward self as a unique and worthy person													
▪ Identify values, attitudes, and beliefs													
▪ Learn the goal setting process													
▪ Understand change as a part of growth													
▪ Identify and express feelings													
▪ Distinguish between appropriate and inappropriate behaviors													
▪ Recognize personal boundaries, rights, and privacy needs													
▪ Understand the need for self-control and how to practice it													
▪ Demonstrate cooperative behavior in groups													
▪ Identify personal strengths and assets													
▪ Identify and discuss changing personal and social roles													
▪ Identify and recognize changing family roles													
Acquire Interpersonal Skills													
▪ Recognize that everyone has rights and responsibilities													
▪ Respect alternative points of view													
▪ Recognize, accept, respect, and appreciate individual differences													
▪ Recognize, accept, and appreciate ethnic and cultural diversity													
▪ Recognize and respect differences in various family configurations													
▪ Use effective communication skills													
▪ Know that communication involves speaking, listening, and nonverbal behavior													
▪ Learn how to make and keep friends													
SC K-12.1.5 Personal/Social Development: Standard B													
<i>Students will make decisions, set goals, and take necessary action to achieve goals.</i>													
Self-Knowledge Applications													
▪ Use a decision-making and problem-solving model													
▪ Understand consequences of decisions and choices													
▪ Identify alternative solutions to a problem													
▪ Develop effective coping skills for dealing with problems													
▪ Demonstrate when, where, and how to seek help for solving problems and making decisions													
▪ Know how to apply conflict resolution skills													
▪ Demonstrate a respect and appreciation for individual and cultural differences													
▪ Know when peer pressure is influencing a decision													
▪ Identify long- and short-term goals													
▪ Identify alternative ways of achieving goals													
▪ Use persistence and perseverance in acquiring knowledge and skills													
▪ Develop an action plan to set and achieve realistic goals													
SC K-12.1.5 Personal/Social Development: Standard C													
<i>Students will understand safety and survival skills.</i>													
Acquire Personal Safety Skills													
▪ Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact)													
▪ Learn about the relationship between rules, laws, safety, and the protection of an individual's rights													
▪ Learn the difference between appropriate and inappropriate physical contact													
▪ Demonstrate the ability to assert boundaries, rights, and personal privacy													
▪ Differentiate between situations requiring peer support and situations requiring adult professional help													
▪ Identify resource people in the school and community, and know how to seek their help													
▪ Apply effective problem-solving and decision-making skills to make safe and healthy choices													
▪ Learn about the emotional and physical dangers of substance use and abuse													
▪ Learn how to cope with peer pressure													
▪ Learn techniques for managing stress and conflict													
▪ Learn coping skills for managing life events													