

## NeSA-M Grade 5 Reference Sheet



Shape	Area	Perimeter
Rectangle	$A = l \times w$	$P = 2l + 2w$
Square	$A = s \times s$	$P = s + s + s + s$

Key	
$l$ = length	$s$ = side length
$w$ = width	

Standard Units	Metric Units
<b>Conversions – Length</b>	
1 foot (ft) = 12 inches (in.)	1 centimeter (cm) = 10 millimeters (mm)
1 yard (yd) = 3 feet (ft) = 36 inches (in.)	1 meter (m) = 100 centimeters (cm)
1 mile (mi) = 1,760 yards (yd) = 5,280 feet (ft)	1 meter (m) = 1,000 millimeters (mm)
	1 kilometer (km) = 1,000 meters (m)
<b>Conversions – Volume</b>	
1 cup = 8 fluid ounces (fl oz)	1 liter (l) = 1,000 milliliters (ml)
1 pint (pt) = 2 cups	1 liter (l) = 1,000 cubic centimeters (cu. cm)
1 quart (qt) = 2 pints (pt)	
1 gallon (gal.) = 4 quarts (qt)	
<b>Conversions – Weight/Mass</b>	
1 pound (lb) = 16 ounces (oz)	1 gram (g) = 1,000 milligrams (mg)
1 ton = 2,000 pounds (lb)	1 kilogram (kg) = 1,000 grams (g)