



TO: Roger Breed, Ed.D.
Commissioner of Education

FROM: Donlynn Rice, Administrator Curriculum, Instruction, and Innovation
Julane Hill, Director Coordinated School Health, Curriculum, Instruction, and Innovation

SUBJECT: Accept Subgrant from the Nebraska Department of Health and Human Services for the purposes of Building Healthy School Environments

Proposed Board Action:

Authorize the Commissioner to accept grant #1U58DP001978-01 from the Nebraska Department of Health and Human Services for the purposes of Building Healthy School Environments.

Background Information:

The Nebraska Department of Health and Human Services has awarded the Nebraska Department of Education's office of Coordinated School Health a \$30,000 grant entitled "Building Healthy School Environments II". This grant will offer the opportunity to provide training and technical assistance to more schools implementing a coordinated school health approach.

A Coordinated School Health (CSH) approach is designed to coordinate services and emphasize partnerships that promote physical, social and cognitive development of children leading to increased academic success. In 2010 the Nebraska State Board of Education passed a policy statement supporting coordinated school health. This subgrant will supplement and compliment the work that is already being done in that area allowing NDE to reach more schools. This grant will have a added emphasis on tobacco prevention. The actual goals of the grant are to:

- Provide professional development opportunities on the CSH Policy and additional school health policies such as tobacco
- Enhance policy and program initiatives specific to tobacco prevention in Nebraska schools through the adoption of the CSH approach
- Provide professional development opportunities on the school health index with a special emphasis on tobacco prevention

This grant will work with both public and private schools and school personnel. It will not provide services directly to students.

Estimated Cost:

NDE will receive \$30,000.00 to implement the grant.

Supporting Documentation Included:

STATE BOARD OF EDUCATION
Adopted March 2, 2010
POLICY FOR COORDINATED SCHOOL HEALTH

The Nebraska State Board of Education believes that education and health are inextricably intertwined. Healthy children learn better; children must be healthy mentally, physically, and socially. To achieve maximum success schools, families and communities must work together. A coordinated school health approach, designed to coordinate services and emphasize

partnerships, will promote the physical, social, and cognitive development of children leading to increased academic success.

Preventable health risk behaviors formed in childhood persist into adulthood and are frequently interrelated. The Nebraska State Board of Education believes that the education system, in partnership with families and communities, should work together to address these health risk behaviors which, if left unattended, can lead to serious health problems and disabilities that are costly burdens on families and the entire state of Nebraska.

The Board believes coordinated school health positively impacts student academic achievement and empowers students with the knowledge, skills, and judgment essential to help them make healthy and responsible choices in life. The Board, therefore, encourages each Nebraska school district/building to adopt its own vision for student health and to plan, adopt, implement, evaluate, and periodically re-examine the effectiveness of coordinated school health within their district/school.

The Board encourages the following:

I. Each school district/school develop, adopt, and implement a comprehensive plan for coordinated school health based on the federal Centers for Disease Control and Prevention model for coordinated school health. Components of coordinated school health should include, but not be limited to, health education; physical education; nutrition services; health services; healthy school environment; school counseling, psychological, and social services; staff health and wellness; and family and community involvement.

II. Each school district establish a School Health Council and each school building establish a School Health Team that meets four times per year. In the alternative, a district may assign these activities to existing councils, committees or teams.

III. Each district/school designate a School Health Coordinator to assist with implementing and evaluating coordinated school health.

March 1+2, 2010 – State Board of Education

For Additional Information on this item:

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