

Guidance of Young Children: An Annotated Bibliography Including information on bullying

A selected listing of titles available on this topic from the
Early Childhood Training Center's Media Center



NDE Early Childhood Training Center

The Early Childhood Training Center is located at
6949 S. 110th Street, Omaha, Nebraska 68128-5722.

To request any of these materials, contact the Media Center by phone at 402-557-6885.

Web Site: <http://www.education.ne.gov/oec/ectc.html>

Online Catalog: <http://ectc-library.education.ne.gov>

Updated on 3/5/2012.

Descriptions of the items on this list were provided by the publishers and distributors.



Books

Angry Kids, Frustrated Parents. Terry Hyland. (1999). Boys Town, NE: Boys Town Press. Aggression in children can lead to severe problems at home, in school, and in the community. Whether you want to prevent your child from using aggressive behaviors or stop those that are already occurring, this book can help you make the tough decisions and take the caring steps needed to assure your child a happy and successful life.

The Anti-Bullying and Teasing Book for Preschool Classrooms. Merle Froschl. (2005). Beltsville, MD: Gryphon House. Teasing and bullying can affect a child's learning, physical health, and emotional well-being. *The Anti-Bullying and Teasing Book* uses activities, the classroom environment, and family involvement to develop empathy in children and create a climate of mutual respect in the classroom. With over 40 activities that focus on controlling teasing and bullying by cultivating friendship, community, and positive feelings, teachers of young children can create an environment in which all children feel safe, comfortable, and welcome.

Behavior Guidance for Infants and Toddlers. Alice Sterling Honig. (2005). Little Rock, AR: Southern Early Childhood Association. Get ideas and strategies from a nationally known expert for managing the infant/toddler classroom. Lots of how-to's and practical strategies for the infant/toddler teacher are included.

Best Behavior: Building Positive Behavior in School. Jeff Sprague and Annemieke Golly. (2005). Boston, MA: Sopris West. *Best Behavior* contains all materials needed to train school personnel to develop and implement support systems, administer functional behavioral assessments and interventions, and make data-based decisions. The reproducibles, which include forms, checklists, worksheets and lesson plans, can be used for school-wide training.

Beyond Behavior Management: The Six Life Skills Children Need to Thrive in Today's World. Jenna Bilmes. (2004). St. Paul, MN: Redleaf Press. Developed and tested in the classroom, *Beyond Behavior Management* is a strength-based approach to guiding and managing young children's behavior by helping them build and use essential life skills. Eight chapters seamlessly blend six social and emotional skills—attachment, affiliation, self-regulation, problem solving, initiative, and celebration of self and others—into the daily life of the early childhood classroom. As a result, children will learn to exhibit more pro-social behaviors, work better as a community, and become excited and active learners.

Bullies, Targets, and Witnesses: Helping Children Break the Pain Chain. SuEllen Fried. (2003). New York: M. Evans & Co. Children are causing enormous pain for each other—pain that can turn to rage. This book is filled with personal stories from children and packed with concrete, practical ideas for parents, educators, and students.

The Bully, the Bullied, and the Bystander. Barbara Coloroso. (2003). New York: Harper Collins. Drawing on her decades of work with troubled youth and her wide experience with conflict resolution and reconciliatory justice, parenting educator Barbara Coloroso offers a unique, practical, and compassionate book. Coloroso helps readers recognize the characteristic triad of bullying: the bully who perpetrates the harm, the bullied who is the target (and who may become a bully), and the bystander—the peers, siblings, or adults who don't act to defuse the situation.

Bullying: What Educators Can Do About It. Daniel F. Perkins. (2002). University Park, PA: Penn State College of Agricultural Sciences. This guide for educators is a resource developed for elementary school teachers. It includes activities and tips about what teachers can do to prevent or stop bullying.

Bully-Proofing in Early Childhood: Building a Caring Community. Kayla McCarnes. (2005). Boston: Sopris West. Designed to teach the importance of kindness and friendship to young children, this book takes a zero-tolerance approach to bullying even as it fosters an understanding of how and why bullying behavior occurs. Recommend for use in pre-k and kindergarten classrooms. Included is a compact disk of reproducible handouts.

But They Spit, Scratch, and Swear! Mary Steiner Whelan. (2002). Minneapolis, MN: Aha! Communications. Thought-provoking exercises, examples, and stories will help you move from the ineffective and exhausting punishment-control model to the effective and rewarding teaching-relationship model. *But They Spit, Scratch, and Swear* is an important guide for staff members, supervisors, trainers, parents, mentors, and college teachers—anyone working with school-age children.

Challenging Behavior in Young Children: Understanding, Preventing, and Responding Effectively, 2nd ed. Barbara Kaiser. (2007). Boston, MA: Allyn & Bacon. The second edition of *Challenging Behavior in Young Children* provides an in-depth look into the latest research on understanding and preventing challenging behavior and offers practical and effective strategies for responding to it, including positive behavior support and functional assessment, as mandated by IDEA.

Challenging Behaviors in Early Childhood Settings: Creating a Place for All Children. Sue Hart Bell. (2004). Baltimore: Brookes. This family-focused volume provides practical, classroom-based suggestions for coping with challenging behaviors in early childhood settings. Written for pre-service and in-service early childhood educators, the book aims to provide assessment and intervention tips that can be tailored to each individual child and classroom situation. The book's secondary purpose is to create linkages between developmentally appropriate curriculum and instructional practices and effective behavioral interventions.

Conscious Discipline. Becky Bailey. (2000). Oviedo, FL: Loving Guidance. *Conscious Discipline* is a classroom management system for early childhood and elementary schools and parenting education programs. It instructs adults in the healing art of self-control, increases teachers' and parents' understanding of child development, and teaches the seven basic skills of discipline.

Difficult Behavior in Early Childhood: Positive Discipline for Pre-K Classrooms and Beyond. Ronald Mah. (2007). Thousand Oaks, CA: Corwin Press. *Difficult Behavior in Early Childhood* offers insight into understanding why certain children behave in certain ways, so that teachers can react appropriately to individual behaviors and needs. In an engaging, conversational tone, the book covers reconciling the different behavioral expectations of families and schools, applying time out effectively, motivating children immediately and powerfully, establishing and following through with boundaries, developing behavior incentive plans that work, and identifying early signs of depression, anxiety, grief, and special needs.

Discipline the Brazelton Way. T. Berry Brazelton and Joshua D. Sparrow. (2003). Cambridge, MA: Da Capo Press. Every parent wants a well-balanced, cooperative child. In this highly practical book, authors Brazelton and Sparrow offer their unique approach to discipline as well as effective solutions for all the common behavior problems.

Discipline That Works: Five Simple Steps. Joyce Divinyi. (2003). Peachtree, GA: The Wellness Connection. The difference between discipline and punishment, and how punishment can interfere with effective discipline, is explained. Learn how to help children and adolescents develop self-control and to make appropriate choices in problem situations. This easy read presents new ideas and support in helping young people to achieve emotional health.

Don't Get So Upset: A Guide for Caregivers. Tamar Jacobson. (2008). St. Paul, MN: Redleaf Press. Emotions can have a domino effect in the classroom when teachers' emotional states influence their interactions with students and alter the children's moods. *Don't Get So Upset* will show child care providers how to express themselves in appropriate ways so that children will learn to do the same. This book approaches the subject in a practical, personal, and self-helping manner that will ultimately assist you in supporting children's emotional development.

Easy to Love, Difficult to Discipline. Becky Bailey. (2000). New York: William Morrow. You love your children, but if you're like most parents, you don't always love their behavior. How can you guide them without resorting to less-than-optimal behavior yourself? Becky Bailey's unusual and powerful approach to parenting has made thousands of families happier and healthier.

Educator's Guide to Preventing and Solving Discipline Problems. Mark and Christine Boynton. (2005). Alexandria, VA: ASCD. The authors—two former teachers and principals—cover virtually every aspect of effective discipline systems, including crucial components of classroom discipline, universal techniques for teachers, and building-wide philosophies and methods of discipline. Whether you're new to your job or an old-hand—and regardless of your grade level or subject—you will find many ideas you can use right away.

The Explosive Child. Ross W. Greene. (2001). New York: HarperCollins. In *The Explosive Child*, readers will find ways to regain sanity and optimism, and to handle their children's difficulties competently and with compassion.

The Guidance Approach for the Encouraging Classroom, 3E. Dan Gartrell. (2003). Clifton Park, NY: Thompson-Delmar. Each chapter includes a section on building and maintaining parent-teacher relationships from a guidance perspective, and numerous anecdotes allow students to observe the balance between research and application in validating the guidance approach. The text also examines the relationship between societal violence and mistaken behavior in the classroom, and provides new information on bullying. Developing the concept of *liberation teaching* as the guidance response to societal violence, it shows how liberation teaching can be used to prevent stigmas and build resiliency in vulnerable children.

Guiding Children's Behavior: Developmental Discipline in the Classroom. Eileen Flicker and Janet Andron Hoffman. (2006). New York: Teachers College Press. *Guiding Children's Behavior* is a comprehensive guide to classroom management. It emphasizes observation as the best way to

determine developmentally appropriate interventions. By following a process for observing children, educators will learn how to see beyond children's manifest behavior to focus on their motivations, needs, and interests.

Helicopters, Drill Sergeants, and Consultants. Jim Fay. (1994). Golden, CO: Love & Logic Press. Jim Fay humorously helps parents identify their style and improve the relationship with their children. He offers practical, stress-free techniques for becoming a consulting parent.

How to Handle Hard-to-Handle Preschoolers: A Guide for Early Childhood Educators. Maryln Appelbaum. (2009). Thousand Oaks, CA: Corwin Press. This book illustrates strategies for managing behavioral challenges and helping young children learn positive behavior, emotional skills, problem solving, and how to succeed in class and everyday life.

Implementing Positive Behavior Support Systems in Early Childhood and Elementary Settings. Melissa Stormont, Timothy J. Lewis, Rebecca Beckner, and Nanci W. Johnson. (2007). Thousand Oaks, CA: Corwin Press. This easy-to-read resource presents the Program-wide/School-wide Positive Behavioral Support (PW/SW-PBS) system, a preventive, research-based approach that helps educators teach classroom behavior skills the same way they teach academic skills. The authors outline the PW/SW-PBS model, describe the core practices, and provide case examples to aid implementation.

Kids Are Worth It: Giving the Gift of Inner Discipline. Barbara Coloroso (2002). Littleton, CO: Kids Are Worth It. Filled with practical suggestions for handling the ordinary and extraordinary tribulations of growing up, *Kids Are Worth It* helps you help your children grow into responsible, resilient, resourceful adults—not because you tell them to, but because they want to. This book is also available on tape.

Making a Heart Happy: A Storybook Guide to Bully-Proofing in Early Childhood. Kayla McCarnes. (2005). Boston: Sopris West. *Making a Heart Happy* is designed to complement the *Bully-Proofing in Early Childhood Curriculum Guide*. The story illustrates the real-life application of the "talk, then walk, then go for help" protective strategies. These strategies help young children effectively manage peer conflict and bully situations. *Make a Heart Happy* can set the state for teaching the protective strategies. It also provides a guide for practicing and reinforcing these skills.

Mastering Anger and Aggression the Brazelton Way. T. Berry Brazelton and Joshua D. Sparrow. (2005). Cambridge, MA: Da Capo Press. What should you do when your toddler bites his playmate or when your kindergartner confronts a bully? Authors Brazelton and Sparrow bring their much-admired insight and guidance to these inevitable child-rearing challenges.

The Minds of Boys: Saving Our Sons from Falling Behind in School and Life. Michael Gurian. (2005). San Francisco: Jossey-Bass. Boys today are simply not learning as well as girls. Boys receive 70% of the Ds and Fs given all students. Boys cause 90% of classroom discipline problems. Eighty percent of all high school dropouts are boys. Millions of American boys are on Ritalin and other mind-bending control drugs. Only 40% of college students are boys. And three out of four learning disabled students are boys. What can we do? The author has the answer in this practical book which shows parents and teachers how to help boys overcome their current classroom obstacles by helping to create the proper

learning environment, understand how to help boys work with their unique natural gifts, nurture and expand every bit of their potential, and enable them to succeed.

Mom, They're Teasing Me. Michael Thompson. (2002). New York: Ballantine. *Mom, They're Teasing Me* takes an in-depth look at specific aspects of social cruelty. Through thoughtful discussion, parents will discover the difference between real risk and normal social pain, when to intervene and when to step back, how to mediate between children without appearing meddlesome, the importance of teaching and encouraging leadership, and more.

No Biting: Policy Practice for Toddler Programs, 2nd ed. Gretchen Kinnell. (2008). St. Paul, MN: Redleaf Press. Biting is one of the most frustrating and widespread issues child care providers and parents face. This updated edition of *No Biting* takes an in-depth look at the developmental, emotional, and practical perspectives of biting. You will find technique-building advice for approaching biting in ways that work effectively for toddlers, parents, and teachers alike. Also included is information on how to develop biting policies, how to work with parents and staff, and recommended articles for parents to learn more about the issue.

Out of the Box Training: Braking Our Impulses—Shifting Gears Into Positive Discipline. Child Care Information Exchange. Redmond, WA: Exchange Press. Beginning and intermediate teachers working with children from birth to age eight will learn to examine the situation carefully to aid in problem solving about classroom behavior issues.

Out of the Box Training: Building Spaces, Finding Words—Creating the Context for Positive Discipline. Child Care Information Exchange. Redmond, WA: Exchange Press. Beginning and intermediate teachers working with young children from birth to age eight will learn and use positive discipline techniques in the classroom.

Out of the Box Training: Hard Joys—Managing Behavior with a Creative Mind and a Playful Spirit. Child Care Information Exchange. Redmond, WA: Exchange Press. This kit is designed for beginning and intermediate teachers working with young children from birth to age eight. The kit introduces six teaching tools for reshaping trying behaviors in young children. It will help teachers individualize their teaching responses to each child.

Out of the Box Training: Instructive Discipline. Child Care Information Exchange. Redmond, WA: Exchange Press. The target audience for this kit is beginning and intermediate teachers working with young children from birth to age eight. Teachers will learn the difference between positive guidance and punishment as well as expected outcomes for children of using positive guidance techniques in the classroom. In addition, they will learn specific positive guidance skills to add to their teaching repertoire.

Out of the Box Training: Not in Praise of Praise. Child Care Information Exchange. Redmond, WA: Exchange Press. For beginning and intermediate teachers working with young children from birth to age eight, this kit introduces the concept of using encouragement instead of praise with young children in the classroom.

Out of the Box Training: Reality Bites. Child Care Information Exchange. Redmond, WA: Exchange Press. For beginning and intermediate teachers working with young children from birth to age eight, this kit explores a multi-faceted approach to handling biting in the classroom.

Out of the Box Training: Time Out. Child Care Information Exchange. Redmond, WA: Exchange Press. This kit introduces beginning teachers to the idea that time out has a place in a cadre of positive guidance and discipline techniques if it is used appropriately with an understanding of what it can and cannot accomplish.

Parenting with Positive Behavior Support. Meme Hieneman, Karen Childs, and Jane Sergay. (2006). Baltimore, MD: Brookes. The theory and research behind the positive behavior support (PBS) process, an approach already proven effective in schools and community programs, has been transformed into a practical, easy-to-use guide that's perfect for sharing with parents. Developed by educators and families, this user-friendly handbook offers parents easy-to-follow guidelines for identifying the reasons for their children's behavior and effectively intervening through three basic methods: preventing problems, replacing behavior, and managing consequences.

Parenting That Works. Edward R. Christophersen. (2003). Washington, DC: APA Life Tools. Readers will learn how to build their children's basic skills by teaching them how to get over upsets quickly and how to play independently. Also addressed are problems associated with bedtime and sleeping, toilet training, aggression, and tantrums.

The Power of Guidance. Dan Gartrell. (2003). Florence, KY: Thomson Delmar. The author describes developmentally appropriate guidance in the encouraging classroom. He shows teachers how to help children develop lifelong skills such as mutual acceptance and cooperation, creative and peaceful problem-solving strategies, and acceptable ways to express difficult emotions. It includes a special chapter on guidance with boys.

Preventing Bullying: Helping Kids Form Positive Relationships. Meline Kevorkian. (2006). Lanham, MD: Rowman and Littlefield. *Preventing Bullying* was written for parents and teachers who are looking for ways to battle the continual exposure to school violence that leaves students desensitized to mean behavior. Easy to understand and implement, the book encourages students to put themselves in someone else's shoes and recognize the difference between right and wrong in social situations. *Preventing Bullying* will be of interest to parents and teachers of students in grades K-12.

Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In—When to Worry and When Not to Worry. Perri Klass, and Eileen Costello. (2003). New York: Ballantine. Quirky children are different from other kids in ways that they—and their parents—have a hard time understanding. Now two seasoned pediatricians provide the expert guidance that families with quirky children so desperately need, and offer advice on various therapy options, coping strategies, and available medications.

Raising Cain: Protecting the Emotional Lives of Boys. Dan Kindlon and Michael Thompson. (2000). New York: Ballantine. Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"—boys who receive little encouragement to develop qualities such as compassion,

sensitivity, and warmth. The good news is that this doesn't have to happen. The authors make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth.

Raising Strong Daughters. Jeanette Gadeberg. (1995). Minneapolis: Fairview. Jeanette Gadeberg provides a variety of creative ideas to teach girls of any age the inner confidence, strength, and expertise needed to get ready for life.

Real Boys. William Pollack. (1998). New York: Holt. Based on William Pollack's two decades of groundbreaking research while at Harvard Medical School, *Real Boys* explores this generation's silent crisis: why so many boys are sad, lonely, and confused although they may appear tough, cheerful, and confident. Pollack challenges conventional expectations about manhood and masculinity that encourages parents to treat boys as little men, raising them through a toughening process that drives their true emotions underground. Only when we understand what boys are really experiencing, says Pollack, can parents and teachers help them develop more self-confidence and the emotional savvy they need to deal with issues such as depression and violence, drugs and alcohol, sexuality, and love.

Rules in School. Kathryn Brady. (2003). Greenfield, MA: Northwest Foundation for Children. Learn an approach for helping students become invested in creating and living by classroom rules. K-8 teachers in a wide range of settings have used this approach to establish calm, safe learning environments and teach children self-discipline.

Stop Picking on Me: A First Look at Bullying. Pat Thomas. (2002). Hauppauge, NY: Barron's Educational Series, Inc. This approachable picture book explores the difficult issues of bullying in reassuringly simple terms. The fears, worries, and questions surrounding this upsetting experience are made accessible to young children.

There's Got to Be a Better Way: Discipline That Works for Parents and Teachers. Becky Bailey (2003). Oviedo, FL: Loving Guidance, Inc. Children have changed. Society has changed. Adults must change how they discipline children to be effective. We cannot teach children skills we do not possess. This book uniquely and humorously helps adults uncover damaging beliefs about themselves and children. Learn how to use every conflict moment as a teaching opportunity. Acquire the strategies you need to create a problem solving community of learners. Transform aggression, stop power struggles, empower both yourself and the children.

Understanding Children: The Guidebook for Children 0-3. Richard Saul Wurman. (2002). Chicago: Civitas. *Understanding Children* takes on the most relevant child development topics including healthy sleep, children at risk, child care, brain development, and play, and explains and simplifies the latest research on that topic. Brimming with hundreds of facts, checklists, charts and tips, *Understanding Children* helps you quickly find everything you need to know about young children.

Unplugging Power Struggles. Jane Faull. (2000). Seattle, WA: Parenting Press, Inc. Learn when and how to hold on to power, when to allow your child to assume it gradually, and when to drop back from or out of the struggle. Any one of these actions, used at the right time, can end the conflict and restore your good relationship with your child.

Weakfish: Bullying through the Eyes of a Child. Michael Dorn. (2003). Macon, GA: Safe Havens International. This truly unique journey examines bullying and the critical role of educators, mental health professionals, law enforcement officers, and other advocates for the children in providing warm, safe, effective and caring learning environments.

When “No” Gets You Nowhere. Mark L. Brenner. (2001). Roseville, CA: Prima Publishing. This empowering book provides the reader with proven steps and principles for better communication that will help parents turn misbehavior into an opportunity to build a stronger trust between themselves and their children.

Working with Students: Discipline Strategies for the Classroom. Ruby Payne. (2006). Highlands, TX: aha! Process. This guide will help you with classroom management. You will discover how to handle student bullies, perfectionists, entertainers, and others; respond effectively to the various types of parenting; set rules and guidelines for behaviors and consequences; reduce inappropriate behaviors like harassment, cursing, and threats; recognize and control you use of voice to improve communication; and improve student performance.

DVDs

The 101's: A Guide to Positive Discipline. *The 101's: A Guide to Positive Discipline* is a training tool featuring 101 techniques to empower child care providers, parents, and teachers to stay connected to children while helping them become more self-directed and happier. Produced and distributed by Old Dominion University. 85 minutes, 2004.

Better Kid Care Satellite Series: Improving Transition Times. Moving from place to place, activity to activity, is often filled with tears, screaming, and tantrums. Learn how you can smooth transitions to make them productive, fun times for children and stress free for adults. Produced and distributed by Penn State University Better Kid Care Program. 75 minutes. 2008.

Better Kid Care Satellite Series: Secrets for Preventing Problem Behavior. *Secrets for Preventing Problem Behaviors* presents new twists on discipline, roots of behavior problems, and easy solutions for home and center providers. Produced and distributed by Penn State University Better Kid Care Program. 62 minutes. 2001.

Better Kid Care Satellite Series: Toddlers—Terrible or Terrific? Learn what to expect from toddlers, and what you need to know about mealtime, toileting, sharing, biting, time-out, adapting toys for children with special needs, and guidance. Produced and distributed by Penn State University Better Kid Care Program. 90 minutes. 2002.

Better Kid Care Satellite Series: Violence, Kids, Discipline, and Keeping the Peace. Learn how to deal with aggressive children, ways for helping parents who have aggressive children, and secrets to keeping the peace and your sanity. Produced and distributed by Penn State University Better Kid Care Program. 90 minutes. 1998.

Better Kid Care Satellite Series: When Is Behavior OK or Not OK? Many questions are addressed in this program, including to share or not share, to sit or not sit, time out or time in, age appropriate behaviors and how to handle them, and circle time—a time for frustration or learning. Produced and distributed by Penn State University Better Kid Care Program. 90 minutes. 2000.

Facing the Challenge: Working with Children Who Use Challenging Behaviors, Program 1. The DVD is divided into five sections: What is Challenging Behavior, Developmentally Appropriate Behavior, Why Do Kids Misbehave, Parents as Partners, and Skill Development Study #1. This DVD also included is a comprehensive trainer's guide, a bonus chapter from the book *Challenging Behavior in Young Children*, and a song from the *Songs of Resilience* CD. Produced and distributed by the Devereux Foundation. 75 minutes. 2007.

I Am Your Child: Discipline. This video, hosted by pediatrician T. Berry Brazelton, shows parents that setting limits is not punishment, but a loving way to teach a child how to control his or her own behavior. Included is information on why a child actually looks for limits, techniques for setting effective limits from the start, why a firm but gentle approach is the most effective, managing your own emotions and avoiding physical punishment, and why the limits children learn in their first few years build a foundation for the rest of their lives. Produced and distributed by Parent Action for Children. 1999. 30 minutes. 1999.

It's Mine: Responding to Problems and Conflicts. This video features both younger and older babies and toddlers in several HighScope infant-toddler settings and the adults who care for them. Filled with strategies caregivers can use to respond sensitively and positively to children's social conflicts, the video also covers ways to keep conflict to a minimum by creating a warm and play-filled environment. Included are strategies for problem prevention, positive limit-setting and resolving conflicts—strategies that can help children begin to develop important social, language, and reasoning abilities. With this support at a very early age, children are on their way to becoming cooperative and caring individuals. Produced and distributed by HighScope. 40 minutes. 2003.

Let's Get Real: A Documentary About Bullying. Name-calling and bullying have reached epidemic proportions in schools today. *Let's Get Real* gives young people the chance to speak up in their own words about the real issues behind the problem. With amazing courage and candor, the students featured in *Let's Get Real* discuss racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. From the youth who are targeted to the students who pick on them to those who find the courage to intervene, *Let's Get Real* examines bullying from the full range of perspectives. Produced and distributed by the Respect for All Project. 35 minutes. 2004.

More 1-2-3 Magic/Más 1-2-3 Magia. In addition to controlling difficult behavior, parents need to know how to encourage good behavior so they can enjoy their children and relate to them with warmth and affection. *More 1-2-3 Magic* covers three parental qualities that foster competence in children, ways to encourage and respect your child's growing independence, 10 strategies for building self-esteem, ways

to foster responsibility, making mealtimes more enjoyable, homework problems, bedtime, and family meetings. Produced and distributed by Child Management, Inc. 120 minutes. 2001. Also available in Spanish.

New Skills for Frazzled Parents. Parenting a child is one of the most important responsibilities undertaken, yet it does not require any special training period or any prior experience. This DVD will help you to understand why children are difficult, understand why parents are difficult, improve the quality of your parent-child relationship, establish clear family rules, and more. Produced and distributed by Mindworks Press. 60 minutes. 2006.

New Staff Orientation, Program Six covers these areas: job stress, behavior management, transitions, nap and rest times, and meaningful mealtimes. This program is on a DVD that includes all seven programs in the series. Produced and distributed by the Better Kid Care project at Pennsylvania State University. 60 minutes. 2004.

Preventing Discipline Problems. These videos shows how to prevent discipline problems in your early childhood setting, promote pro-social behaviors, and stop using your energy handling one discipline problem after another. Each component contains one teaching video and one interactive video and a trainer's packet of information. Produced and distributed by Educational Productions. 1999-2000.

Preventing Discipline Problems, Unit 1: Building A Prevention Strategy gets viewers to switch gears. It makes being proactive and using prevention compelling, and it shows teachers how to begin to turn problem behaviors around. This powerful strategy helps adults do their best work—and gives children opportunities to gain skills and feel successful. 2 25-minute videos.

Preventing Discipline Problems, Unit 2: Supporting Transitions helps viewers look at how children experience transitions. What are the trouble spots for them? Some are upset because they aren't prepared to switch gears. Others get confused—forgetting what to do or where to go. And many children get bored or agitated during transitions when they are expected to wait—wait quietly in group, in line, wait for the next activity to begin. Understanding transitions from the child's perspective teaches us how to provide support and make these challenging moments easier for everyone. 2 25-minute videos.

Reframing Discipline, Unit 3: Understanding Difficult Behavior. This DVD teaches how we can begin to read the messages behind a child's behavior. With this information, we can start to identify strategies that will work, helping to reduce misbehavior and increase a child's opportunities for success. Produced and distributed by Educational Productions. 1997.

Supporting Children in Resolving Conflicts. Conflicts and disputes—over materials, space, and playmates—are normal parts of the day in every preschool center. Though challenging for adults, such conflicts offer children important opportunities for learning. This video program describes six problem-solving steps that adults can use to help children resolve conflicts successfully. Through this problem-solving process, children learn social, language, and cognitive skills that they will use throughout their lives. Produced and distributed by High/Scope. 24 minutes. 1998.

CDs

Childhood Lying, Stealing and Cheating. Have you ever found yourself wondering, "Why won't this child just tell me the truth?" On this audiocassette, child psychiatrist Foster Cline shares easy-to-understand strategies for helping children of all ages learn honesty and integrity. Dr. Cline explains how techniques of the Love and Logic® philosophy guide children away from manipulative, dishonest behaviors while avoiding destructive adult-child power struggles. Through practical examples and role-playing, this program gives parents, educators, and other professionals concrete tools for making these frustrating, complicated problems clear and solvable. Produced and distributed by the Love and Logic Institute. 1999

Preventing School Violence by Creating Emotional Safety. This presentation offers practical suggestions to preventing violence in our schools. A Power Point presentation is included. Produced and distributed by aha! Process. 2002.

CD-ROM

Exchange Articles, #2: Perspectives on Discipline. This CD-ROM contains over 20 articles written by early childhood experts. These articles appeared in Child Care Information Exchange. 2004.

Positive Beginnings: Supporting Young Children with Challenging Behavior. This 2-CD set contains the following print and presentation material: CD 1: overview, social and communication development, determining the meaning of challenge, positive behavior interventions, and support. CD 2: overview, teaming to build a behavior support plan, intervention in everyday settings, supporting families. Published by the University of Southern Florida. 2005.

Audio Cassettes

Kids Are Worth It! Giving Your Child the Gift of Inner Discipline. Author Barbara Coloroso, offers solid, practical advice for parents of children from toddlers to teenagers, that shows how to utilize the very stuff of family life—chores, mealtime, sibling rivalry, toileting, bedtime, allowances, and more—to create a home environment in which children can develop their own sense of inner discipline. Produced and distributed by kids are worth it! Inc. 8 hours. 1995.

Journals and Newsletters

The Early Childhood Training Center also subscribes to these journals and newsletters which occasionally address this topic. The media center keeps journals and newsletters for a period of five years.

Exchange Magazine is a bimonthly publication of Child Care Exchange, focused on the administration of programs for young children. The goal of the magazine is to support center administrators with workable strategies, practical advice, and down-to-earth ideas for dealing with the serious responsibilities and demands they face each day.

Playground Magazine is a quarterly magazine is dedicated to the playground industry. Topics include play structures, surfacing, aquatic play areas, standards, certification, accessibility, safety, budgeting, fundraising and much more.

School-Age Notes provides proven, practical, and timely information and ideas for creating great after-school and summer programs. The monthly newsletter features a calendar of ready-to-implement activity ideas for the month ahead, tips and strategies for working with school-age children; and articles written by School-Age Notes staff members and experts in the field to assist after-school professionals.

Teaching Tolerance, published twice a year by the Southern Poverty Law Center, addresses such topics as creating healthy sports rivalries, how to use social media to teach social justice, cyber-bullying, online harassment, and gender and sexual orientation. Subscriptions to this publication are free to educators.

Young Children is a peer-reviewed professional journal published bimonthly by the National Association for the Education of Young Children. Young Children issues are organized around topical clusters that devote special attention to issues in the field of early childhood education.

Spanish Language Material

Books

Educar con Amor y Paciencia: Una guía para solucionar los problemas de comportamiento infantil/Rearing Your Child with Love and Patience. Jerry Wyckoff. (2001). Mexico City: Aguilar. En esta guía práctica, los padres encontraran soluciones objetivas, sensatas y eficaces para remediar los principales problemas de conducta que presentan los niños y niñas, desde la etapa preescolar hasta, aproximadamente, los seis años de edad. Así, usted sabrá que hacer y que no hace para resolver conflictos relacionados con la comida, el sueño, el llanto, la impertinencia, el baño, las males palabras, el egoísmo, la rivalidad entre hermanos, el apego excesivo a los padres y muchos otros casos que exigen reacciones inteligentes y oportunas. Además, cada situación específica está acompañada de un caso ilustrativo con el que podrá orientarse para llegar al objetivo deseado, es decir, educar con amor, paciencia, comprensión y respeto por los seres más queridos e importantes de nuestras vidas: los hijos.

Videos

Mas 1, 2, 3, Magia/More 1-2-3 Magic. Además de saber cómo controlar el comportamiento difícil, los padres necesitan saber cómo fomentar el buen comportamiento para poder disfrutar de sus hijos y poder relacionarse con ellos con cariño y afecto. Mas 1-2-3 Magia abarca: las 3 cualidades de padres que fomentan en los niños el ser competente; como alentar y respetar la independencia en sus hijos conforme crecen; 10 estrategias para desarrollar la autoestima; Levantándose y alistándose por las mañanas; como lograr que sus hijos recojan y limpien por sí mismos; haciendo más placentera la hora de tomar los alimentos; como evitar las "fuera civil" por las tareas escolares; Irles a dormir y quedarse ahí; reuniones familiares: desagradables pero efectivas. Chile Management, Inc. 120 minutos. 2001.

DVDs

Soy Tu Hijo: Disciplina. Former U. S. Surgeon General Dr. Antonia Novello explains why children actually look for behavioral limits. The video shows that a firm but gentle approach is best and demonstrates useful techniques to promote discipline. Dr. Novello also offers advice to help parents and caregivers manage their own emotions and avoid using physical punishment. 31 minutes. 2002.