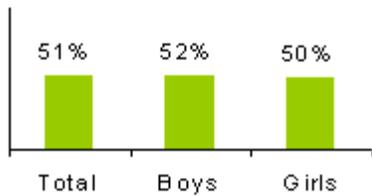


TOBACCO

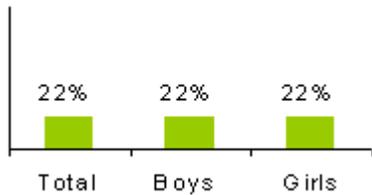
WHO IS SMOKING AND CHEWING TOBACCO?

NDE Grade 9-12 2005 Youth Risk Behavior Survey (YRBS)

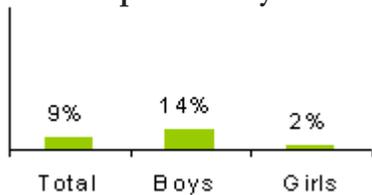
Percentage of students who have ever tried cigarette smoking



Percentage of students who smoked cigarettes on one or more of the past 30 days



Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days



CONSEQUENCES OF TOBACCO USE

Source: www.cdc.gov/tobacco/data_statistics/state_data/index.htm

PREMATURE DEATH

- All tobacco-related deaths are preventable. Yet each year over 2,400 deaths occur in Nebraska due to smoking-related causes.

WHAT'S HAPPENING IN NEBRASKA'S SCHOOLS?

NDE 2006 School Health Profile (SHP)
(6-12 Grade Public Schools)

TEACHING

- Of the schools that have a required health class, 99% teach about tobacco issues.
- Between grades 6 and 12, 42% of the students are required to take one health class; 27% two classes; and 27% three or more classes.

TEACHERS

- During the past two years, 28% of the lead health teachers **participated** in a staff development activity about tobacco use prevention.
- 57% of the lead health teachers **would like** a staff development experience about tobacco use prevention.
- Tobacco use is a learned behavior. During the past two years, 39% of the lead health teachers **participated** in a staff development activity about teaching skills for behavior change.
- 65% of the lead health teachers **would like** a staff development activity about teaching how to change behaviors.

TEACHING BY EXAMPLE

- 100% of participating schools prohibit tobacco use by students during school hours, but only 90% during non school hours.
- 91% of participating schools prohibit tobacco use by faculty and staff during school hours.

PLACES TOBACCO USE IS PROHIBITED

NDE 2006 School Health Profile (SHP)
(6-12 Grade Public Schools)

Percentage of participating schools that prohibit tobacco use by students, faculty/staff and visitors in school buildings and on school grounds

Location	Students	Faculty/Staff	Visitors
In school building	100%	98%	97%
On school grounds	100%	80%	63%

SCHOOL POLICY

- 20% of the reporting schools always/almost always encourage students caught smoking cigarettes to participate in a tobacco cessation program; 6% require it.
- 20% of schools provide referrals to a tobacco cessation program for faculty and staff, and 40% provide referrals for students.
- 23% of schools always/almost always require suspension for a student caught smoking cigarettes; 38% require in-school suspension.
- 94% of schools prohibit tobacco advertising in school buildings; 91% on school grounds, on buses, and in school publications.
- 98% of schools prohibit students from wearing tobacco name apparel or carrying merchandise with tobacco company names, logos, or cartoon characters.

FOR MORE INFORMATION . . .

- NDHHS – Tobacco Free Nebraska Program
(402) 471-2101 or (800) 745-9311
- NDE - Safe and Drug Free Schools Program
(402) 471-2448

www.nde.state.ne.us/federalprograms/sdfs/sdfsindex.htm

- American Cancer Society (800) 642-8116
- American Lung Association (800) LUNGUSA
- Tobacco Free Nebraska Resource Directory
www.dhhs.ne.gov/tfn
- Campaign for Tobacco-Free Kids
www.tobaccofreekids.org
- CDC - Office on Smoking and Health
www.cdc.gov/tobacco

National Objectives

By 2010 . . .

Reduce tobacco use by adolescents in grades 9-12 to 21%.

- ✓ In Nebraska, 28% of students in grades 9-12 used some type of tobacco during the past 30 days (2005 YRBS).

Reduce use of cigarettes to 16%.

- ✓ In Nebraska, 22% of students in grades 9-12 smoked cigarettes one or more of the past 30 days (2005 YRBS).

Increase the percentage of students attempting to quit smoking to 84%.

- ✓ In Nebraska, 56% of students who are current smokers attempted to quit smoking in the past year (2005 YRBS).

WHAT CAN WE DO?

- Ensure your school implements and enforces its no tobacco policies.
- Tell your children you do not want them to use tobacco. Even if you smoke or chew, you can still be effective in discouraging them from using.
- Encourage your local health department to support and enforce no tobacco policies.
- Join your local tobacco prevention coalition-call (800) 745-9311 for information.

STEPS TO REDUCING TOBACCO-RELATED DEATH AND DISABILITY

- Prevent the initiation of tobacco use by young people.
- Promote quitting among young people and adults.
- Eliminate non-smokers' exposure to secondhand smoke (SHS).