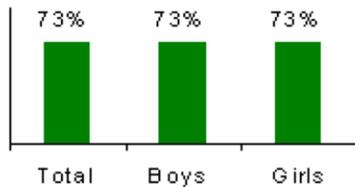


ALCOHOL

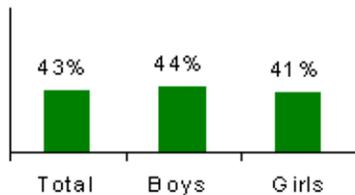
WHO IS DRINKING ALCOHOL?

NDE Grade 9-12 2005 Youth Risk Behavior Survey (YRBS)

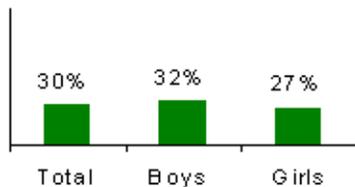
Percentage of students who have had at least one drink of alcohol during their lifetime



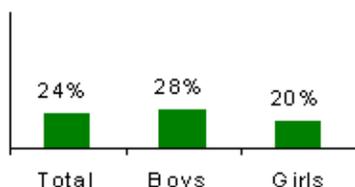
Percentage of students who had at least one drink of alcohol during the past 30 days



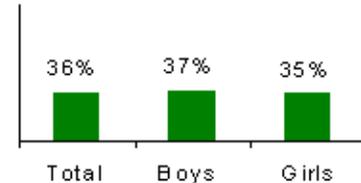
Percentage of students who engaged in binge drinking during the past 30 days (5 + drinks in a row, within a couple of hours)



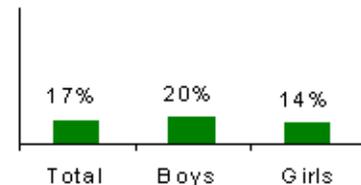
Percentage of students who had their first drink before the age of 13



Percentage of students who rode in a car or other vehicle with a driver who had been drinking alcohol during the past 30 days



Percentage of students who drove a car or other motor vehicle after drinking alcohol during the past 30 days



IMPORTANCE OF THE ISSUE

- Approximately one-third of all fatal motor vehicle crashes in Nebraska involve alcohol.
- Motor vehicle crashes are the leading cause of death among youth aged 15-19.
- Heavy drinking is associated with an increased number of sexual partners, use of marijuana and poor academic performance.

OTHER INFORMATION

The Nebraska Risk and Protective Factor Student Survey, designed to assess adolescent substance use and many of the risk and protective factors that predict adolescent problem behaviors, was administered in 2007 to over 31,000 Nebraska students in grades 6, 8, 10 and 12. For further information, including full results of the survey, contact the Nebraska Substance Abuse Prevention Program at (402) 471-2353.

WHAT'S HAPPENING IN NEBRASKA SCHOOLS?

NDE 2006 School Health Profile (SHP)
(6-12 Grade Public Schools)

Unfortunately there is little data available describing what schools are doing about alcohol, either in their educational programs or in their policies. Despite the fact that alcohol use is a major contributing cause of death among young people, schools are much more likely to report activities related to tobacco, violence, nutrition, and asthma than alcohol. Often alcohol and other drug-related activities are combined, making it difficult to separate alcohol-related activities and policies.

TEACHING

- 97% of the schools report they try to increase student knowledge on alcohol and other drugs in a required health education course.

TEACHERS

- During the past two years, 49% of the lead health education teachers **have participated** in staff development activities about alcohol and other drugs.
- 61% of the lead health teachers **would like to participate** in staff development activities about alcohol and other drugs.

WHAT CAN WE DO?

- Encourage others to recognize that alcohol contributes to a large number of deaths among Nebraska teenagers.
- Encourage law enforcement officials to enforce the laws related to alcohol sales and possession, and driving under the influence of alcohol.
- Community leaders should ensure that alcohol promotions and sponsorships reflect community values and follow state laws.
- Families should set standards for alcohol use, including consequences for illegal use.

National Objectives

By 2010 . . .

Increase to 29% the proportion of students in grades 9-12 who have never used alcohol.

- ✓ In Nebraska, 27% of students in grades 9-12 have never used alcohol (2005 YRBS).

Reduce to 30% the proportion of students in grades 9-12 who report they rode with a drinking driver during the previous 30 days.

- ✓ In Nebraska, 36% of students in grades 9-12 rode with a drinking driver during the previous 30 days (2005 YRBS).

Reduce to 3% the proportion of adolescents who engaged in binge drinking in the last 30 days.

- ✓ In Nebraska, 30% of students in grades 9-12 engaged in binge drinking during the previous 30 days (2005 YRBS).

Increase the age of first use of alcohol to 16 years.

- ✓ Comparable data are not available, but in Nebraska, 24% of students in grades 9-12 had their first drink of alcohol, other than a few sips, before age 13. (2005 YRBS).

FOR MORE INFORMATION . . .

- NDHHS - Substance Abuse Prevention Program
(402) 471-2353
www.dhhs.ne.gov/sua/suaindex.htm
www.nebraskaprevention.gov
- NDE - Safe and Drug Free Schools Program
(402) 471-2448
www.nde.state.ne.us/federalprograms/sdfs/sdfsindex.htm
- Nebraska Department of Motor Vehicles
- Office of Highway Safety (402) 471-2515
www.dmv.state.ne.us/highwaysafety