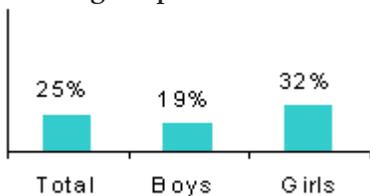


SUICIDE

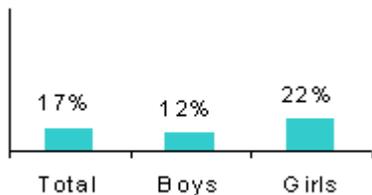
WHO IS CONSIDERING AND/OR ENGAGING IN SELF-INFLICTED INJURY?

NDE Grade 9-12 2005 Youth Risk Behavior Survey (YRBS)

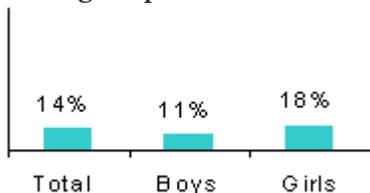
Percentage of students who felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities during the past 12 months



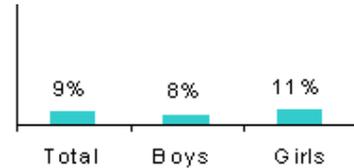
Percentage of students who seriously considered attempting suicide during the past 12 months



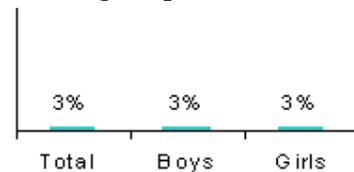
Percentage of students who made a plan about how they would attempt suicide during the past 12 months



Percentage of students who actually attempted suicide one or more times during the past 12 months



Percentage of students whose suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months



WHAT'S HAPPENING IN NEBRASKA SCHOOLS?

NDE 2006 School Health Education Profile (SHP)
(6-12 Grade Public Schools)

TEACHING

- Teachers in 72% of participating schools tried to increase student knowledge about suicide prevention.

TEACHERS

- In the past two years, 22% of health education teachers **have received** staff development on suicide prevention.
- However, 63% of health education teachers **would like to receive** staff development on suicide prevention.

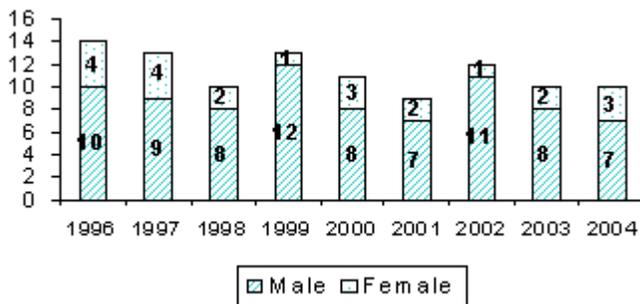
IMPORTANCE OF THE ISSUE

- Among young people aged 15-19 in Nebraska from 2000-2004, suicide was the second leading cause of death.
- Suicide rates for Nebraska youth aged 10 to 17 increased slightly between 2001 and 2004. While the actual number of deaths is relatively small, Nebraska's rates have been statistically significantly higher than national rates during this period.
- During 2004, at least 10 youth ranging in age from 13 to 17 took their own lives.

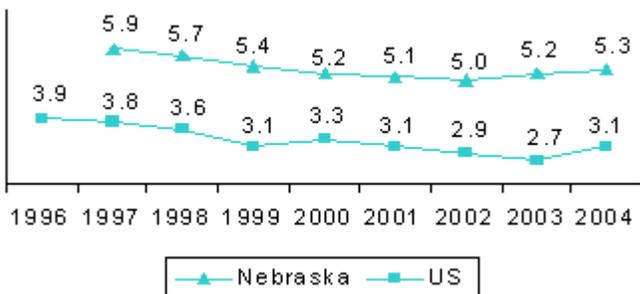
WHAT'S HAPPENING IN NEBRASKA?

NDHHS Child Death Review Team

Suicide Deaths to Children (ages 0-17) by Sex in Nebraska, 1996-2004



US and Nebraska Suicide Rates (deaths per 100,000 children ages 10-17) among Children, 1996-2004



Nebraska suicide rates are three year averages. Nebraska rates are significantly higher than US rates for 1999, 2002, 2003 and 2004.

National Objectives

By 2010 . . .

Decrease the proportion of adolescents who attempted suicide, during the past 12 months, requiring medical attention to 1%

- ✓ In Nebraska, 3% of students in grades 9-12 attempted suicide that required medical attention during the past 12 months (2005 YRBS).

WHAT CAN WE DO?

- Implement an anti-bullying policy. Increase awareness of this policy and provide training.
- Provide all youth access to confidential, professional mental health services.
- Obtain funding for needed community-based adolescent suicide prevention programs.
- Develop broad-based public education efforts to draw attention to suicide as a significant and preventable cause of death for youth
- Be alert to suicidal gestures and signs that indicate risk for individual youth. Encourage help-seeking actions when at-risk youth are identified and seek immediate professional attention when necessary.
- Understand the importance of storing unloaded firearms and ammunition in separate and inaccessible locations.

FOR MORE INFORMATION...

- NDHHS
 - Injury Prevention and Control Program (402) 471-2101
www.dhhs.ne.gov/hpe/injury.htm
 - Child Death Review Team (402) 471-9048
www.dhhs.ne.gov/CDRteam/
 - Behavioral Health (402) 471-7795
www.dhhs.ne.gov/beh/mh/suicide.htm
- NDE
 - Health/Physical Education/HIV Prevention (402) 471-4352; (402) 471-2109
www.nde.state.ne.us/pehealth/index.html