

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 0 courses	14.6	9.6 - 21.8	51	8.5	4.9 - 14.1	70	3.3	1.6 - 7.0	88	7.7	5.7 - 10.4	209
b. 1 course	42.7	32.9 - 53.2	51	38.7	31.4 - 46.6	70	47.6	40.0 - 55.3	88	43.5	38.7 - 48.3	209
c. 2 courses	19.3	13.8 - 26.4	51	5.6	2.9 - 10.6	70	21.8	16.6 - 28.2	88	15.7	12.9 - 19.1	209
d. 3 courses	10.0	5.5 - 17.5	51	26.3	21.0 - 32.3	70	17.9	13.2 - 23.9	88	18.9	15.8 - 22.4	209
e. 4 or more courses	13.3	8.2 - 20.8	51	20.9	15.0 - 28.4	70	9.3	6.2 - 13.8	88	14.2	11.3 - 17.6	209

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
42.6	33.7 - 52.1	51	52.8	45.1 - 60.3	70	49.0	41.6 - 56.5	88	48.8	44.2 - 53.5	209

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Sixth grade	§	§	§	64.7	54.8 - 73.5	48	-	-	0	64.7	54.8 - 73.5	48
b. Seventh grade	§	§	§	71.2	61.9 - 78.9	58	50.4	42.2 - 58.5	67	60.0	53.9 - 65.8	125
c. Eighth grade	§	§	§	68.4	59.0 - 76.5	57	44.5	36.3 - 52.9	67	55.5	49.3 - 61.4	124
d. Ninth grade	54.5	45.6 - 63.1	45	-	-	0	67.3	61.0 - 73.0	76	62.7	57.6 - 67.6	121
e. Tenth grade	44.4	34.9 - 54.3	46	§	§	§	31.3	25.0 - 38.3	75	36.0	30.7 - 41.8	121
f. Eleventh grade	17.2	10.7 - 26.3	46	§	§	§	6.7	3.8 - 11.6	75	10.5	7.3 - 14.8	121
g. Twelfth grade	14.8	9.0 - 23.4	46	§	§	§	11.3	7.1 - 17.4	75	12.5	9.0 - 17.3	121

\*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.\*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
83.8	73.8 - 90.5	40	29.3	21.4 - 38.7	57	78.8	71.7 - 84.5	80	63.7	58.9 - 68.2	177

\*Among schools in which students take one or more required health education courses in any of grades 6 through 12.  
N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with the following materials.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Goals, objectives, and expected outcomes for health education	83.6	75.8 - 89.3	61	81.8	74.9 - 87.1	76	70.4	63.3 - 76.6	95	77.5	73.4 - 81.1	232
b. A chart describing the annual scope and sequence of instruction	58.2	48.9 - 67.0	61	61.3	54.2 - 68.0	75	47.2	40.2 - 54.3	95	54.6	50.2 - 59.0	231
c. Plans for how to assess student performance in health education	69.8	62.1 - 76.6	61	73.9	66.9 - 79.8	76	58.6	51.8 - 65.2	95	66.5	62.4 - 70.4	232
d. A written health education curriculum	77.7	70.0 - 83.9	61	79.3	72.4 - 84.9	77	55.4	48.5 - 62.1	95	69.0	64.9 - 72.8	233

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	91.8	85.6 - 95.5	61	89.4	83.5 - 93.3	75	97.7	94.4 - 99.1	91	93.4	90.8 - 95.3	227
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	91.8	85.6 - 95.5	61	88.1	81.9 - 92.3	75	97.7	94.4 - 99.1	91	93.0	90.3 - 94.9	227
c. Accessing valid information and products and services to enhance health	86.6	80.5 - 91.0	61	82.6	75.6 - 87.9	75	92.2	87.4 - 95.3	91	87.5	84.3 - 90.2	227
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	87.2	80.1 - 92.0	61	90.7	85.1 - 94.3	75	95.2	90.9 - 97.5	91	91.6	88.8 - 93.8	227
e. Using decision-making skills to enhance health	91.8	85.6 - 95.5	61	90.8	85.2 - 94.4	75	97.7	94.4 - 99.1	91	93.9	91.4 - 95.7	227
f. Using goal-setting skills to enhance health	82.0	74.9 - 87.4	61	85.3	79.0 - 89.9	74	92.2	87.4 - 95.3	91	87.3	84.1 - 89.9	226
g. Practicing health-enhancing behaviors to avoid or reduce risks	93.6	88.0 - 96.7	61	85.2	78.5 - 90.1	74	97.5	93.8 - 99.0	91	92.4	89.6 - 94.4	226
h. Advocating for personal, family, and community health	83.5	75.7 - 89.2	61	85.5	78.9 - 90.3	75	91.5	86.7 - 94.7	91	87.5	84.1 - 90.2	227

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	79.2	71.5 - 85.2	49	73.8	65.2 - 80.9	57	57.7	51.1 - 64.0	82	68.0	63.7 - 72.0	188
b. A written health education curriculum that includes objectives and content addressing sexual health education	75.2	67.1 - 81.9	49	77.6	69.8 - 83.9	58	53.2	46.1 - 60.2	82	66.3	62.0 - 70.4	189
c. A chart describing the annual scope and sequence of instruction for sexual health education	48.1	38.1 - 58.2	49	56.0	48.1 - 63.6	57	41.4	34.7 - 48.4	82	47.6	43.0 - 52.2	188
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	80.4	72.8 - 86.2	49	84.5	77.1 - 89.8	58	61.0	54.1 - 67.4	82	73.2	69.1 - 76.9	189
e. Methods to assess student knowledge and skills related to sexual health education	77.3	69.2 - 83.7	49	79.4	71.2 - 85.8	58	65.2	58.9 - 71.1	82	72.7	68.5 - 76.4	189

\*Among schools that teach sexual health education.  
N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
82.4	76.4 - 87.2	60	90.9	85.4 - 94.5	77	93.2	88.6 - 96.0	94	89.8	87.0 - 92.0	231

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	93.1	87.0 - 96.4	60	91.0	85.6 - 94.5	77	93.3	88.7 - 96.1	95	92.5	89.7 - 94.5	232
b. Asthma	56.3	48.5 - 63.8	61	57.5	50.0 - 64.7	76	67.0	60.3 - 73.1	95	61.2	57.0 - 65.2	232
c. Diabetes	68.2	60.0 - 75.3	61	56.5	48.1 - 64.6	76	77.6	71.1 - 83.0	95	68.2	63.9 - 72.2	232
d. Emotional and mental health	85.6	78.2 - 90.8	61	81.6	76.1 - 86.1	77	93.3	88.7 - 96.1	95	87.4	84.5 - 89.9	233
e. Epilepsy or seizure disorder	43.6	35.7 - 51.7	61	35.8	29.2 - 43.0	75	44.3	37.9 - 51.0	94	41.3	37.3 - 45.5	230
f. Food allergies	63.8	55.4 - 71.5	61	69.7	62.6 - 76.1	76	73.9	67.2 - 79.7	95	70.0	65.9 - 73.9	232
g. Foodborne illness prevention	67.2	58.6 - 74.9	61	66.2	59.1 - 72.7	77	75.8	69.6 - 81.1	95	70.5	66.4 - 74.2	233
h. Human immunodeficiency virus (HIV) prevention	87.4	80.5 - 92.2	60	74.9	68.3 - 80.5	74	83.8	77.4 - 88.6	94	81.8	78.1 - 84.9	228
i. Human sexuality	75.2	67.3 - 81.7	60	69.3	62.0 - 75.7	74	80.4	74.8 - 85.0	95	75.5	71.7 - 78.9	229

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	77.4	69.7 - 83.6	59	82.8	76.5 - 87.7	76	85.8	80.3 - 90.0	95	82.8	79.3 - 85.8	230
k. Injury prevention and safety	72.4	65.6 - 78.3	61	76.3	69.9 - 81.7	77	88.4	82.8 - 92.4	94	80.3	76.9 - 83.4	232
l. Nutrition and dietary behavior	95.1	89.7 - 97.7	59	94.5	89.6 - 97.1	73	97.8	94.5 - 99.1	93	96.0	93.9 - 97.4	225
m. Physical activity and fitness	100.0	†	60	98.6	95.0 - 99.6	74	100.0	†	94	99.5	98.3 - 99.9	228
n. Pregnancy prevention	81.3	73.8 - 86.9	60	74.6	69.1 - 79.5	74	76.0	69.7 - 81.3	94	76.9	73.3 - 80.1	228
o. Sexually transmitted disease (STD) prevention	85.4	77.9 - 90.7	60	80.1	74.2 - 84.8	74	85.7	79.7 - 90.1	95	83.8	80.3 - 86.7	229
p. Suicide prevention	65.9	56.0 - 74.5	61	65.5	58.2 - 72.2	76	73.9	67.2 - 79.7	95	69.1	64.7 - 73.2	232
q. Tobacco-use prevention	91.0	84.3 - 95.0	59	93.4	89.8 - 95.7	75	94.3	90.0 - 96.9	93	93.2	90.8 - 95.0	227
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	94.8	89.2 - 97.6	61	92.2	86.9 - 95.4	77	96.0	92.5 - 97.9	94	94.4	92.1 - 96.1	232

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Identifying tobacco products and the harmful substances they contain	77.3	69.1 - 83.9	60	85.8	80.9 - 89.6	77	90.7	85.5 - 94.1	92	85.7	82.5 - 88.4	229
b. Identifying short- and long-term health consequences of tobacco use	84.3	76.3 - 89.9	60	86.9	82.2 - 90.4	76	92.9	88.2 - 95.9	91	88.7	85.7 - 91.1	227
c. Identifying social, economic, and cosmetic consequences	74.8	66.3 - 81.7	60	85.6	80.5 - 89.5	76	88.8	83.4 - 92.7	92	84.2	80.9 - 87.1	228
d. Understanding the addictive nature of nicotine	78.1	69.2 - 84.9	61	84.2	78.8 - 88.4	76	88.6	83.0 - 92.4	92	84.4	81.0 - 87.4	229
e. Effects of tobacco use on athletic performance	69.4	60.4 - 77.1	61	80.5	74.4 - 85.4	77	86.1	80.5 - 90.4	91	80.0	76.3 - 83.2	229
f. Effects of second-hand smoke and benefits of a smoke-free environment	76.3	68.0 - 83.0	61	81.6	76.3 - 85.9	76	90.9	86.4 - 94.0	92	84.1	80.9 - 86.8	229
g. Understanding the social influences on tobacco use, including media, family, peers, and culture	72.4	64.5 - 79.1	61	81.5	75.6 - 86.3	76	88.7	83.7 - 92.3	92	82.2	78.8 - 85.1	229
h. Identifying reasons why students do and do not use tobacco	75.4	66.3 - 82.7	61	80.2	73.9 - 85.2	76	90.7	85.5 - 94.1	92	83.3	79.7 - 86.3	229
i. Making accurate assessments of how many peers use tobacco	54.8	46.7 - 62.6	59	66.2	59.2 - 72.5	77	69.5	63.3 - 75.0	91	64.7	60.7 - 68.5	227
j. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	73.3	63.8 - 81.0	60	80.0	73.8 - 85.0	75	84.2	78.3 - 88.6	91	80.0	76.2 - 83.3	226

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
k. Using goal-setting and decision-making skills related to not using tobacco	65.2	56.2 - 73.1	61	73.7	67.8 - 78.9	76	79.0	72.3 - 84.4	91	73.7	69.7 - 77.3	228
l. Finding valid information and services related to tobacco-use prevention and cessation	56.0	48.1 - 63.7	61	69.5	62.7 - 75.5	75	72.1	65.7 - 77.7	91	67.1	63.2 - 70.8	227
m. Supporting others who abstain from or want to quit using tobacco	65.1	56.3 - 72.9	61	70.3	63.8 - 76.1	77	79.8	73.3 - 85.0	92	72.8	68.9 - 76.5	230
n. Identifying harmful effects of tobacco use on fetal development	71.1	62.1 - 78.6	59	75.9	71.0 - 80.1	74	82.1	76.1 - 86.8	89	77.2	73.6 - 80.4	222
o. Relationship between using tobacco and alcohol or other drugs	78.0	69.1 - 84.9	60	81.6	75.7 - 86.3	76	86.0	80.7 - 90.0	91	82.5	79.0 - 85.5	227
p. How addiction to tobacco use can be treated	64.7	56.4 - 72.2	60	71.5	65.7 - 76.6	77	79.6	73.9 - 84.4	92	73.1	69.5 - 76.4	229
q. Understanding school policies and community laws related to the sale and use of tobacco products	66.7	59.4 - 73.3	61	75.3	69.4 - 80.4	77	76.5	70.0 - 82.0	92	73.6	69.9 - 77.0	230
r. Benefits of smoking cessation programs	46.7	38.7 - 54.8	61	58.5	51.6 - 65.1	77	55.0	48.8 - 61.0	91	54.1	50.1 - 58.1	229
Percentage of schools that taught all 18 tobacco-use prevention topics*	39.7	32.0 - 47.9	61	47.9	40.8 - 55.1	77	37.7	31.4 - 44.3	91	41.7	37.6 - 45.9	229

\*Responses to question 9 a through r all are "yes."  
N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. How HIV and other STDs are transmitted	§	§	§	67.3	60.9 - 73.2	69	33.5	27.2 - 40.4	67	50.7	46.1 - 55.2	136
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	68.1	61.6 - 74.0	68	36.3	29.1 - 44.2	65	52.6	47.7 - 57.5	133
c. The benefits of being sexually abstinent	§	§	§	69.6	62.9 - 75.5	68	40.9	33.4 - 48.9	66	55.5	50.5 - 60.4	134
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	54.1	47.3 - 60.7	67	32.7	25.6 - 40.8	66	43.5	38.5 - 48.7	133
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	73.7	66.7 - 79.6	67	46.9	39.2 - 54.8	68	60.2	55.0 - 65.2	135
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	61.1	54.6 - 67.2	68	36.1	29.2 - 43.7	68	48.6	43.8 - 53.4	136

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	65.5	59.0 - 71.4	68	31.8	24.6 - 40.0	65	49.1	44.2 - 54.0	133
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	64.0	57.2 - 70.2	68	39.0	31.5 - 47.2	67	51.6	46.5 - 56.7	135
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	46.2	39.2 - 53.4	64	21.5	15.5 - 29.1	64	33.9	29.1 - 39.0	128
j. The importance of using condoms consistently and correctly	§	§	§	30.4	23.9 - 37.6	64	15.3	10.5 - 21.7	64	22.8	18.7 - 27.5	128
k. How to obtain condoms	§	§	§	22.0	16.3 - 29.1	64	11.1	6.7 - 17.6	64	16.6	12.8 - 21.1	128
l. How to correctly use a condom	§	§	§	20.6	15.2 - 27.3	64	12.5	7.8 - 19.3	64	16.5	12.8 - 21.1	128

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	38.0	31.1 - 45.4	64	18.4	13.2 - 25.1	63	28.3	23.9 - 33.2	127
n. How to create and sustain healthy and respectful relationships	§	§	§	73.1	66.0 - 79.2	66	56.1	47.2 - 64.7	68	64.5	58.8 - 69.9	134
o. The importance of limiting the number of sexual partners	§	§	§	57.9	51.0 - 64.5	68	30.8	24.1 - 38.3	67	44.5	39.6 - 49.4	135
p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	58.7	51.4 - 65.7	67	33.5	26.7 - 41.0	67	46.1	41.1 - 51.2	134
Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8*	§	§	§	15.3	10.5 - 21.6	66	11.1	6.7 - 17.6	64	13.2	9.8 - 17.5	130

\*Responses to question 10 a through p all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. How HIV and other STDs are transmitted	78.6	69.8 - 85.3	59	§	§	§	88.1	82.2 - 92.2	84	84.3	79.6 - 88.1	143
b. Health consequences of HIV, other STDs, and pregnancy	80.4	72.1 - 86.8	59	§	§	§	88.2	82.4 - 92.3	85	85.2	80.5 - 88.8	144
c. The benefits of being sexually abstinent	77.6	69.4 - 84.1	59	§	§	§	83.7	77.2 - 88.5	85	81.3	76.4 - 85.4	144
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	75.2	67.5 - 81.6	58	§	§	§	70.5	62.6 - 77.4	83	72.4	66.8 - 77.4	141
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	77.1	69.2 - 83.5	59	§	§	§	83.0	76.2 - 88.1	83	80.7	75.7 - 84.8	142
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	69.6	61.4 - 76.8	57	§	§	§	71.7	64.6 - 77.8	84	70.9	65.6 - 75.7	141

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	69.6	61.1 - 76.9	57	§	§	§	69.0	62.7 - 74.8	83	69.3	64.2 - 73.9	140
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	71.7	63.8 - 78.4	58	§	§	§	73.8	67.0 - 79.7	85	73.0	67.9 - 77.5	143
i. Efficacy of condoms, that is, how well condoms work and do not work	66.0	58.7 - 72.7	59	§	§	§	61.1	53.7 - 68.1	82	63.1	57.8 - 68.1	141
j. The importance of using condoms consistently and correctly	59.2	51.4 - 66.5	59	§	§	§	48.7	41.5 - 55.9	83	52.9	47.5 - 58.1	142
k. How to obtain condoms	42.9	34.0 - 52.4	57	§	§	§	36.4	29.6 - 43.8	80	39.0	33.5 - 44.8	137
l. How to correctly use a condom	40.7	32.5 - 49.6	58	§	§	§	31.8	25.4 - 39.0	81	35.4	30.2 - 40.9	139

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	63.9	54.5 - 72.3	58	§	§	§	49.4	41.4 - 57.4	82	55.1	49.1 - 61.0	140
n. How to create and sustain healthy and respectful relationships	76.0	68.5 - 82.1	60	§	§	§	80.0	73.3 - 85.3	84	78.4	73.5 - 82.5	144
o. The importance of limiting the number of sexual partners	75.6	67.2 - 82.4	58	§	§	§	74.9	68.0 - 80.8	84	75.2	70.0 - 79.8	142
p. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	74.1	66.2 - 80.7	59	§	§	§	73.5	66.5 - 79.4	84	73.7	68.6 - 78.3	143
Percentage of schools that taught all 16 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12*	33.6	25.7 - 42.4	58	§	§	§	21.4	16.5 - 27.3	82	26.2	21.8 - 31.2	140

\*Responses to question 10 a through p all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught about each of the following contraceptives in a required course for students in any of grades 9 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Birth control pill (e.g., OrthoTri-cyclen)	49.1	41.4 - 56.8	56	§	§	§	39.1	32.2 - 46.4	84	42.9	37.7 - 48.3	140
b. Birth control patch (e.g., Ortho Evra)	40.5	34.2 - 47.1	56	§	§	§	29.9	23.2 - 37.6	84	33.9	29.0 - 39.2	140
c. Birth control ring (e.g., NuvaRing)	38.5	32.7 - 44.6	56	§	§	§	26.1	19.5 - 33.9	84	30.8	26.0 - 36.0	140
d. Birth control shot (e.g., Depo-Provera)	40.2	33.2 - 47.6	56	§	§	§	30.2	23.8 - 37.5	84	34.0	29.1 - 39.3	140
e. Implants (e.g., Implanon)	42.2	35.5 - 49.1	56	§	§	§	29.9	23.2 - 37.7	84	34.6	29.6 - 40.0	140
f. Intrauterine device (IUD; e.g., Mirena, ParaGard)	42.5	36.1 - 49.1	56	§	§	§	31.8	25.1 - 39.3	84	35.8	30.9 - 41.1	140
g. Emergency contraception (e.g., Plan B)	34.5	27.8 - 41.9	56	§	§	§	26.1	19.6 - 33.8	84	29.3	24.4 - 34.8	140

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	64.1	58.2 - 69.6	68	34.5	27.8 - 41.9	66	49.6	45.1 - 54.0	134
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	66.4	60.2 - 72.2	70	44.8	36.8 - 53.1	67	55.9	50.8 - 60.8	137
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	53.1	46.8 - 59.4	67	25.1	19.1 - 32.4	66	39.3	34.7 - 44.0	133
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	63.5	57.4 - 69.2	67	35.0	27.9 - 42.7	65	49.5	44.8 - 54.2	132
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	67.5	62.0 - 72.5	69	31.0	24.1 - 38.9	66	49.7	45.2 - 54.2	135
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	61.4	55.4 - 67.0	69	43.3	35.9 - 51.1	68	52.4	47.6 - 57.2	137
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	64.6	58.3 - 70.4	69	33.0	25.3 - 41.6	66	49.2	44.2 - 54.2	135

§ Grade is not applicable for type of school.

N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	70.6	61.4 - 78.4	56	§	§	§	84.2	77.6 - 89.1	84	79.0	73.8 - 83.4	140
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	67.9	57.7 - 76.7	55	§	§	§	77.3	70.3 - 83.0	84	73.7	68.1 - 78.7	139
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	62.1	53.0 - 70.5	56	§	§	§	69.6	62.6 - 75.8	83	66.7	61.2 - 71.8	139
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	63.4	54.6 - 71.3	56	§	§	§	69.6	62.4 - 76.0	83	67.2	61.7 - 72.3	139
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	68.9	59.4 - 77.0	56	§	§	§	67.2	60.3 - 73.4	84	67.8	62.4 - 72.9	140
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	54.7	44.6 - 64.4	55	§	§	§	65.8	59.2 - 71.9	85	61.7	56.1 - 67.0	140
g. Influence and support others to avoid or reduce sexual risk behaviors	66.9	56.7 - 75.7	56	§	§	§	67.2	59.9 - 73.7	84	67.1	61.2 - 72.5	140

§ Grade is not applicable for type of school.  
N = Unweighted number of observations

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Benefits of healthy eating	89.4	82.4 - 93.8	59	92.9	89.1 - 95.4	71	97.7	94.4 - 99.1	91	94.0	91.8 - 95.7	221
b. Benefits of drinking plenty of water	87.5	80.1 - 92.4	59	92.9	89.1 - 95.4	71	97.7	94.4 - 99.1	91	93.6	91.2 - 95.3	221
c. Benefits of eating breakfast every day	85.9	78.2 - 91.1	59	91.5	87.8 - 94.1	71	95.5	91.5 - 97.7	91	91.7	89.2 - 93.8	221
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate or MyPyramid)	79.1	70.4 - 85.8	60	88.8	84.3 - 92.1	71	94.2	91.2 - 96.2	91	88.6	85.8 - 90.9	222
e. Using food labels	78.8	70.8 - 85.0	59	84.5	79.5 - 88.4	71	88.0	84.4 - 90.8	91	84.5	81.6 - 87.0	221
f. Differentiating between nutritious and non-nutritious beverages	80.4	72.7 - 86.3	59	88.7	84.1 - 92.1	71	93.2	88.6 - 96.0	91	88.5	85.6 - 90.9	221
g. Balancing food intake and physical activity	87.9	80.8 - 92.7	59	90.1	86.0 - 93.1	71	97.7	94.4 - 99.1	91	92.8	90.4 - 94.6	221
h. Eating more fruits, vegetables, and whole grain products	86.1	78.5 - 91.3	59	91.5	87.3 - 94.4	71	97.7	94.4 - 99.1	91	92.7	90.3 - 94.6	221
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	79.2	70.5 - 85.9	59	84.6	79.0 - 89.0	71	93.2	88.6 - 96.0	91	86.9	83.6 - 89.6	221
j. Choosing foods, snacks, and beverages that are low in added sugars	79.2	70.5 - 85.9	59	88.7	84.1 - 92.1	71	96.7	93.2 - 98.5	91	89.7	86.8 - 92.0	221
k. Choosing foods and snacks that are low in sodium	81.1	72.7 - 87.4	59	81.7	75.5 - 86.6	71	90.2	85.1 - 93.7	91	85.1	81.7 - 88.0	221

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
l. Eating a variety of foods that are high in calcium	81.1	72.7 - 87.4	59	84.5	78.7 - 88.9	71	94.5	90.3 - 96.9	91	87.8	84.7 - 90.4	221
m. Eating a variety of foods that are high in iron	74.3	64.9 - 81.9	60	81.7	75.5 - 86.6	71	82.7	76.5 - 87.6	91	80.2	76.3 - 83.6	222
n. Food safety	64.3	56.2 - 71.8	59	86.0	80.7 - 90.0	71	85.2	79.7 - 89.4	92	80.2	76.8 - 83.3	222
o. Preparing healthy meals and snacks	68.5	60.2 - 75.7	60	84.3	78.5 - 88.8	70	86.9	81.6 - 90.8	92	81.3	77.9 - 84.4	222
p. Risks of unhealthy weight control practices	87.9	80.8 - 92.7	59	81.8	75.6 - 86.8	71	95.2	91.0 - 97.5	91	89.0	86.0 - 91.4	221
q. Accepting body size differences	79.4	71.7 - 85.4	59	76.9	70.3 - 82.4	73	88.7	84.0 - 92.1	91	82.4	79.1 - 85.4	223
r. Signs, symptoms, and treatment for eating disorders	81.1	72.7 - 87.4	59	80.4	73.8 - 85.6	71	86.6	82.3 - 90.0	91	83.2	79.8 - 86.1	221
s. Relationship between diet and chronic diseases	78.5	71.5 - 84.1	59	79.1	72.8 - 84.2	72	81.4	75.8 - 86.0	92	79.9	76.5 - 83.0	223
t. Assessing body mass index (BMI)	74.3	65.7 - 81.3	59	66.6	59.4 - 73.1	75	79.1	73.3 - 83.9	91	73.7	69.7 - 77.2	225
Percentage of schools that taught all 20 nutrition and dietary behavior topics*	51.8	43.3 - 60.1	60	58.5	50.6 - 65.9	75	61.5	55.1 - 67.4	92	58.0	53.8 - 62.2	227

\*Responses to question 13 a through t all are "yes."  
N = Unweighted number of observations

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	91.0	84.3 - 95.0	60	95.8	91.4 - 98.0	74	94.3	89.9 - 96.8	92	94.0	91.4 - 95.8	226
b. Mental and social benefits of physical activity	91.0	84.3 - 95.0	60	95.9	92.4 - 97.8	73	96.5	92.7 - 98.4	92	94.9	92.6 - 96.5	225
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.8	86.7 - 96.3	60	97.3	93.3 - 98.9	74	98.0	95.2 - 99.2	92	96.5	94.5 - 97.8	226
d. Phases of a workout (i.e., warm-up, workout, cool down)	91.2	85.8 - 94.7	60	93.2	88.0 - 96.2	74	100.0	†	91	95.5	93.4 - 96.9	225
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	94.7	89.1 - 97.5	60	86.4	79.9 - 91.1	74	96.8	93.3 - 98.5	92	92.8	90.1 - 94.8	226
f. Decreasing sedentary activities (e.g., television viewing, using video games)	88.2	81.1 - 92.8	60	91.9	86.5 - 95.3	74	93.3	88.8 - 96.1	92	91.6	88.7 - 93.7	226
g. Preventing injury during physical activity	85.4	78.3 - 90.5	60	87.8	81.9 - 91.9	74	97.5	93.9 - 99.0	93	91.3	88.5 - 93.4	227

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	78.7	70.4 - 85.2	60	82.5	75.8 - 87.7	75	92.3	88.8 - 94.8	92	85.6	82.4 - 88.4	227
i. Dangers of using performance-enhancing drugs (e.g., steroids)	88.2	81.1 - 92.8	60	80.8	75.1 - 85.4	73	88.7	83.8 - 92.2	93	85.9	82.9 - 88.5	226
j. Increasing daily physical activity	96.3	91.1 - 98.5	60	98.6	94.9 - 99.6	72	98.8	95.6 - 99.7	93	98.1	96.4 - 99.0	225
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	91.9	85.8 - 95.5	60	91.6	86.1 - 95.1	73	96.6	92.8 - 98.4	93	93.8	91.2 - 95.6	226
l. Using safety equipment for specific physical activities	85.4	78.3 - 90.5	60	84.4	78.3 - 89.1	72	94.6	91.9 - 96.4	92	88.9	86.2 - 91.2	224
m. Benefits of drinking water before, during, and after physical activity	92.8	86.7 - 96.3	60	94.4	89.6 - 97.1	73	96.6	92.8 - 98.4	93	94.9	92.5 - 96.6	226
Percentage of schools that taught all 13 physical activity topics*	65.7	56.3 - 73.9	60	66.5	59.4 - 72.9	75	78.0	72.0 - 83.0	92	71.0	67.0 - 74.8	227

\*Responses to question 14 a through m all are "yes."

N = Unweighted number of observations

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
22.5	17.0 - 29.3	61	11.9	8.1 - 17.1	75	15.5	11.2 - 21.0	93	16.1	13.3 - 19.2	229

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Physical education staff	79.4	73.3 - 84.4	60	75.4	69.9 - 80.2	77	72.8	66.9 - 78.0	93	75.3	72.0 - 78.4	230
b. Health services staff (e.g., nurses)	67.8	58.9 - 75.6	60	72.4	64.8 - 79.0	77	59.3	52.0 - 66.2	94	65.9	61.4 - 70.1	231
c. Mental health or social services staff (e.g., psychologists, counselors, and social workers)	56.9	48.6 - 64.9	60	49.3	41.6 - 57.0	77	49.2	42.1 - 56.3	94	51.1	46.7 - 55.5	231
d. Nutrition or food service staff	33.1	26.1 - 40.9	60	45.2	38.1 - 52.5	77	40.2	33.8 - 47.1	93	40.2	36.1 - 44.4	230
e. School health council, committee, or team	47.2	37.9 - 56.8	60	45.7	38.0 - 53.7	77	36.2	30.6 - 42.2	93	42.2	37.9 - 46.6	230

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. HIV prevention, STD prevention, or teen pregnancy prevention	14.8	9.8 - 21.7	61	6.6	3.7 - 11.6	76	12.4	8.5 - 17.8	93	11.1	8.6 - 14.1	230
b. Tobacco-use prevention	24.4	17.5 - 32.9	61	21.7	17.1 - 27.1	76	24.8	19.4 - 31.1	92	23.6	20.3 - 27.3	229
c. Physical activity	37.7	29.7 - 46.5	61	39.7	32.7 - 47.1	75	37.9	31.5 - 44.8	93	38.5	34.3 - 42.8	229
d. Nutrition and healthy eating	37.4	29.0 - 46.5	61	35.8	29.0 - 43.3	75	43.4	36.0 - 51.0	92	39.3	34.9 - 43.9	228
e. Asthma	25.1	18.2 - 33.4	61	23.1	18.3 - 28.7	76	30.1	23.8 - 37.3	92	26.5	22.8 - 30.4	229
f. Food allergies	29.4	22.1 - 37.9	61	27.4	20.7 - 35.2	76	32.7	26.6 - 39.5	92	30.1	26.1 - 34.4	229
g. Diabetes	23.0	16.3 - 31.4	61	14.2	9.9 - 20.0	76	21.1	15.5 - 28.0	93	19.3	15.9 - 23.1	230
h. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	56.8	47.8 - 65.3	61	54.8	48.0 - 61.4	76	68.0	60.7 - 74.5	91	60.7	56.3 - 64.9	228

# NEBRASKA

## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
46.8	38.3 - 55.5	51	54.6	47.0 - 61.9	61	48.7	41.3 - 56.2	83	50.1	45.5 - 54.6	195

## NEBRASKA

### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	28.5	21.0 - 37.5	61	28.2	22.4 - 34.8	75	25.7	20.8 - 31.2	94	27.2	23.7 - 31.0	230
b. Asthma	28.9	21.2 - 38.1	61	45.6	39.0 - 52.5	76	36.1	30.0 - 42.8	93	37.5	33.5 - 41.7	230
c. Diabetes	23.7	17.4 - 31.5	61	25.0	19.4 - 31.7	76	22.5	17.6 - 28.5	94	23.7	20.3 - 27.4	231
d. Emotional and mental health	30.4	23.5 - 38.4	61	30.1	23.6 - 37.4	76	20.3	16.0 - 25.4	92	26.1	22.7 - 29.9	229
e. Epilepsy or seizure disorder	20.7	15.2 - 27.6	61	14.6	9.8 - 21.2	76	18.1	14.1 - 22.8	94	17.6	14.7 - 20.8	231
f. Food allergies	15.8	10.7 - 22.7	61	25.2	20.0 - 31.2	76	20.9	15.9 - 27.0	94	21.1	17.9 - 24.6	231
g. Foodborne illness prevention	12.8	8.3 - 19.2	61	16.0	10.9 - 22.8	75	7.9	5.0 - 12.4	94	11.8	9.3 - 15.0	230
h. HIV prevention	23.2	16.7 - 31.3	61	16.2	11.9 - 21.8	76	11.3	7.9 - 16.1	94	16.0	13.2 - 19.2	231
i. Human sexuality	21.6	15.4 - 29.4	61	17.5	12.5 - 24.0	76	9.1	6.2 - 13.2	93	15.1	12.3 - 18.3	230

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., flu prevention)	27.1	20.3 - 35.2	61	31.4	24.7 - 38.9	76	20.9	16.0 - 26.9	94	26.0	22.4 - 29.9	231
k. Injury prevention and safety	37.0	29.3 - 45.5	61	34.5	26.9 - 43.0	75	34.2	29.0 - 39.8	94	35.0	31.1 - 39.2	230
l. Nutrition and dietary behavior	23.2	16.1 - 32.1	61	33.1	27.0 - 39.9	76	28.7	23.2 - 34.9	94	28.8	25.1 - 32.8	231
m. Physical activity and fitness	45.5	36.4 - 54.8	61	47.3	39.1 - 55.7	76	37.2	31.5 - 43.4	93	42.7	38.4 - 47.2	230
n. Pregnancy prevention	14.4	9.2 - 21.8	61	16.2	11.9 - 21.6	76	6.0	3.5 - 10.1	94	11.5	9.1 - 14.4	231
o. STD prevention	19.4	13.1 - 27.7	61	16.2	11.9 - 21.8	76	6.0	3.5 - 10.1	94	12.8	10.3 - 15.8	231
p. Suicide prevention	30.8	24.2 - 38.2	61	25.0	18.7 - 32.6	76	18.2	13.4 - 24.3	93	23.7	20.2 - 27.5	230
q. Tobacco-use prevention	15.8	11.0 - 22.1	61	16.1	11.4 - 22.3	76	11.6	7.8 - 17.0	94	14.1	11.4 - 17.4	231
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	50.0	41.8 - 58.1	61	56.6	48.1 - 64.7	76	51.9	45.8 - 58.0	94	53.0	48.7 - 57.3	231

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Describing how widespread HIV and other STD infections are and the consequences of these infections	20.1	13.7 - 28.6	60	14.9	10.9 - 20.1	76	8.2	5.1 - 12.8	94	13.4	10.8 - 16.6	230
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs	18.7	12.5 - 27.0	60	14.9	10.9 - 20.1	76	7.2	4.4 - 11.7	94	12.7	10.1 - 15.7	230
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs	15.5	10.0 - 23.3	60	13.6	9.9 - 18.5	76	6.3	3.7 - 10.6	94	11.0	8.7 - 13.9	230
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth	17.1	11.2 - 25.1	60	24.1	18.7 - 30.4	76	12.2	8.3 - 17.5	94	17.4	14.4 - 20.9	230
e. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills	15.9	10.2 - 24.0	60	12.3	8.9 - 16.7	76	7.0	4.2 - 11.3	94	11.0	8.6 - 13.8	230

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
f. Assessing students' performance in HIV prevention education	5.1	2.4 - 10.6	60	6.8	3.8 - 11.9	76	4.1	2.1 - 7.8	94	5.2	3.6 - 7.6	230
g. Describing the prevalence and potential effects of teen pregnancy	16.9	11.1 - 24.8	60	16.2	11.4 - 22.4	76	8.2	5.1 - 12.8	94	13.0	10.3 - 16.3	230
h. Identifying populations of youth who are at high risk of becoming pregnant	14.8	9.5 - 22.2	60	13.4	9.3 - 19.1	76	5.3	3.0 - 9.4	94	10.4	8.1 - 13.3	230
i. Current district or school board policies or curriculum guidance regarding HIV education or sexual health education	14.1	8.8 - 21.8	60	13.6	9.4 - 19.4	76	6.6	3.8 - 11.0	94	10.8	8.4 - 13.8	230

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Alcohol- or other drug-use prevention	72.1	63.9 - 79.1	60	68.9	61.5 - 75.5	76	52.3	45.9 - 58.7	94	62.8	58.7 - 66.8	230
b. Asthma	49.1	41.6 - 56.6	60	40.4	33.4 - 47.9	77	40.2	33.8 - 46.9	94	42.4	38.4 - 46.6	231
c. Diabetes	56.0	47.8 - 63.9	60	49.6	42.2 - 57.1	77	48.0	41.9 - 54.2	93	50.5	46.4 - 54.7	230
d. Emotional and mental health	69.3	61.3 - 76.3	60	64.2	56.8 - 71.1	77	51.1	45.1 - 57.1	94	60.0	56.0 - 63.9	231
e. Epilepsy or seizure disorder	48.1	39.6 - 56.8	60	35.1	28.5 - 42.3	77	34.8	28.8 - 41.3	94	38.2	34.2 - 42.4	231
f. Food allergies	55.1	47.7 - 62.2	60	40.5	32.7 - 48.7	77	44.8	38.7 - 51.1	94	45.8	41.7 - 50.1	231
g. Foodborne illness prevention	46.1	39.7 - 52.6	60	36.8	29.6 - 44.6	77	32.7	26.5 - 39.5	94	37.4	33.4 - 41.5	231
h. HIV prevention	53.7	45.2 - 61.9	60	52.7	46.1 - 59.3	77	42.3	36.0 - 48.9	94	48.6	44.6 - 52.7	231
i. Human sexuality	59.5	50.9 - 67.5	60	52.8	46.1 - 59.3	77	39.6	35.2 - 44.2	94	49.0	45.4 - 52.5	231
j. Infectious disease prevention (e.g., flu prevention)	53.0	45.3 - 60.5	60	47.5	39.9 - 55.4	76	40.0	33.4 - 47.1	94	45.8	41.5 - 50.1	230
k. Injury prevention and safety	51.6	43.3 - 59.8	60	49.4	42.4 - 56.5	77	48.6	41.5 - 55.8	93	49.6	45.3 - 54.0	230
l. Nutrition and dietary behavior	76.7	69.9 - 82.4	60	69.2	61.6 - 75.9	77	61.6	54.6 - 68.2	94	67.9	63.7 - 71.8	231

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. Physical activity and fitness	70.5	62.4 - 77.5	60	62.5	54.4 - 69.9	77	58.6	52.1 - 64.8	94	62.9	58.6 - 66.9	231
n. Pregnancy prevention	60.6	52.7 - 68.0	60	48.9	43.0 - 54.8	77	37.3	31.6 - 43.4	94	47.0	43.3 - 50.7	231
o. STD prevention	60.6	52.5 - 68.2	60	52.9	47.1 - 58.5	77	43.4	37.3 - 49.8	94	50.9	47.1 - 54.6	231
p. Suicide prevention	67.3	59.3 - 74.4	60	64.0	57.3 - 70.2	77	62.4	55.8 - 68.5	93	64.1	60.1 - 67.9	230
q. Tobacco-use prevention	61.5	53.8 - 68.7	60	54.7	46.1 - 63.0	77	51.1	44.2 - 58.0	94	54.9	50.4 - 59.3	231
r. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	74.0	68.4 - 79.0	60	63.9	56.4 - 70.9	77	58.1	51.6 - 64.2	94	64.0	60.1 - 67.7	231

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	38.1	30.1 - 46.7	60	42.5	36.0 - 49.2	75	38.3	31.5 - 45.7	93	39.6	35.5 - 44.0	228
b. Teaching students of various cultural backgrounds	30.7	23.3 - 39.2	60	38.8	32.0 - 46.2	75	20.1	15.5 - 25.6	93	29.0	25.4 - 32.9	228
c. Teaching students with limited English proficiency	23.2	16.2 - 32.2	60	29.1	22.1 - 37.3	75	10.8	7.6 - 15.0	93	20.0	16.7 - 23.9	228
d. Teaching students of different sexual orientations or gender identities	8.7	4.8 - 15.2	59	13.7	9.0 - 20.2	74	4.4	2.6 - 7.3	93	8.6	6.4 - 11.3	226
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	45.4	38.6 - 52.4	60	45.0	37.5 - 52.8	75	38.2	31.9 - 44.9	93	42.3	38.2 - 46.4	228
f. Encouraging family or community involvement	30.7	23.6 - 38.8	60	35.8	29.1 - 43.1	75	23.5	18.2 - 29.8	92	29.4	25.7 - 33.5	227
g. Teaching skills for behavior change	38.3	30.2 - 47.0	60	45.5	38.3 - 52.9	73	35.7	29.8 - 42.1	93	39.6	35.5 - 43.8	226
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	58.3	50.8 - 65.4	60	61.1	53.4 - 68.3	75	49.1	42.7 - 55.6	93	55.4	51.3 - 59.5	228
i. Assessing or evaluating students in health education	32.3	24.9 - 40.7	60	26.9	22.2 - 32.2	74	17.6	13.2 - 23.1	93	24.4	21.2 - 27.8	227

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	68.6	61.1 - 75.2	59	54.5	48.0 - 60.7	76	41.0	35.6 - 46.7	92	52.4	48.8 - 56.0	227
b. Teaching students of various cultural backgrounds	60.8	53.4 - 67.7	59	46.8	39.8 - 53.9	76	34.3	29.0 - 40.0	93	45.0	41.3 - 48.8	228
c. Teaching students with limited English proficiency	59.3	51.0 - 67.2	59	42.6	37.0 - 48.4	76	28.7	23.5 - 34.6	92	41.0	37.4 - 44.7	227
d. Teaching students of different sexual orientations or gender identities	54.0	46.0 - 61.7	59	48.9	42.2 - 55.7	75	30.0	25.5 - 34.9	92	42.3	38.8 - 46.0	226
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	65.2	57.6 - 72.1	59	47.7	40.6 - 54.9	76	40.1	34.1 - 46.4	92	48.9	44.9 - 52.9	227
f. Encouraging family or community involvement	66.4	57.8 - 74.0	59	58.9	50.7 - 66.7	75	47.6	41.8 - 53.5	92	56.1	51.9 - 60.2	226
g. Teaching skills for behavior change	73.6	65.5 - 80.4	59	67.1	60.0 - 73.5	75	46.5	40.5 - 52.6	93	60.1	56.2 - 63.9	227
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	64.0	55.7 - 71.6	59	55.3	47.5 - 62.8	76	41.1	35.1 - 47.3	93	51.5	47.4 - 55.7	228
i. Assessing or evaluating students in health education	66.9	58.7 - 74.2	59	59.4	52.2 - 66.2	76	49.2	43.2 - 55.2	92	57.0	53.1 - 60.9	227

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Health and physical education combined	55.3	46.9 - 63.3	58	48.1	40.1 - 56.2	70	40.9	33.5 - 48.7	88	46.9	42.3 - 51.6	216
b. Health education	5.5	2.6 - 11.3	58	8.8	5.7 - 13.2	70	0.0	†	88	4.3	2.9 - 6.2	216
c. Physical education	22.2	16.4 - 29.3	58	12.9	8.3 - 19.6	70	26.3	20.5 - 33.1	88	20.8	17.5 - 24.7	216
d. Other education degree	0.0	†	58	9.7	6.1 - 15.0	70	3.4	1.6 - 7.0	88	4.6	3.1 - 6.7	216
e. Kinesiology, exercise science, or exercise physiology	0.0	†	58	1.5	0.4 - 5.3	70	1.0	0.3 - 3.7	88	0.9	0.4 - 2.3	216
f. Home economics or family and consumer science	6.9	3.6 - 13.0	58	8.8	5.2 - 14.6	70	17.1	12.6 - 22.9	88	11.8	9.2 - 14.9	216
g. Biology or other science	6.4	3.3 - 11.9	58	1.5	0.4 - 5.3	70	4.3	2.2 - 8.0	88	3.9	2.5 - 5.9	216
h. Nursing	1.9	0.5 - 6.7	58	5.9	3.1 - 10.9	70	2.1	0.8 - 5.1	88	3.3	2.0 - 5.3	216
i. Counseling	1.9	0.5 - 6.7	58	0.0	†	70	2.6	1.1 - 6.4	88	1.6	0.7 - 3.3	216
j. Public health	0.0	†	58	0.0	†	70	0.0	†	88	0.0	†	216
k. Nutrition	0.0	†	58	0.0	†	70	0.0	†	88	0.0	†	216
l. Other	0.0	†	58	2.9	1.2 - 7.1	70	2.3	0.9 - 5.8	88	1.9	1.0 - 3.7	216

† Confidence intervals not applicable for 0 percent or 100 percent.  
N = Unweighted number of observations

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## 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
80.7	72.4 - 86.9	61	78.7	72.4 - 83.8	76	70.3	63.2 - 76.5	92	75.8	71.8 - 79.4	229

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### 2014 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 1 year	8.4	4.7 - 14.7	61	4.2	2.0 - 8.5	74	5.9	3.5 - 10.0	91	6.0	4.2 - 8.4	226
b. 2 to 5 years	24.3	17.1 - 33.3	61	22.5	16.5 - 29.8	74	28.3	22.2 - 35.2	91	25.3	21.5 - 29.6	226
c. 6 to 9 years	16.5	11.4 - 23.1	61	23.1	17.4 - 30.0	74	16.1	11.7 - 21.9	91	18.5	15.4 - 22.1	226
d. 10 to 14 years	27.6	20.2 - 36.5	61	19.0	13.3 - 26.4	74	12.2	8.2 - 17.7	91	18.4	15.1 - 22.2	226
e. 15 years or more	23.2	16.5 - 31.7	61	31.3	25.3 - 38.0	74	37.5	31.4 - 44.0	91	31.8	28.0 - 35.8	226