

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. 0 courses	6.1	2.8 - 12.7	48	18.6	14.5 - 23.6	61	5.9	3.2 - 10.6	82	10.4	8.2 - 13.0	191
b. 1 course	53.9	43.8 - 63.7	48	17.1	11.3 - 25.0	61	45.7	38.1 - 53.4	82	37.5	33.0 - 42.2	191
c. 2 courses	17.0	10.7 - 25.9	48	20.4	14.4 - 28.1	61	21.7	15.6 - 29.5	82	20.2	16.4 - 24.7	191
d. 3 courses	7.8	3.9 - 15.0	48	29.4	23.4 - 36.2	61	15.8	10.9 - 22.4	82	18.7	15.4 - 22.6	191
e. 4 or more courses	15.3	9.1 - 24.6	48	14.5	9.0 - 22.4	61	10.9	7.0 - 16.8	82	13.2	10.0 - 17.1	191

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Sixth grade	§	§	§	41.8	33.0 - 51.0	39	-	-	5	37.5	29.5 - 46.4	44
b. Seventh grade	§	§	§	61.1	51.7 - 69.7	51	58.0	48.6 - 66.9	58	59.5	52.9 - 65.8	109
c. Eighth grade	§	§	§	58.7	49.4 - 67.3	50	55.1	45.5 - 64.3	57	56.8	50.2 - 63.3	107
d. Ninth grade	56.5	45.9 - 66.5	40	0.0	†	10	67.6	61.1 - 73.5	72	57.2	52.1 - 62.1	122
e. Tenth grade	38.2	28.8 - 48.6	40	§	§	§	37.5	31.3 - 44.2	68	37.7	32.4 - 43.4	108
f. Eleventh grade	2.5	0.7 - 9.1	37	§	§	§	12.9	7.9 - 20.2	63	9.3	5.9 - 14.3	100
g. Twelfth grade	2.5	0.7 - 9.1	37	§	§	§	19.6	13.1 - 28.3	63	13.7	9.4 - 19.6	100

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
79.8	69.9 - 87.0	45	20.8	14.1 - 29.6	49	88.1	81.3 - 92.6	70	64.4	59.9 - 68.6	164

*Among those schools in which students take one or more required health education courses in any of grades 6 through 12.
 N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with the following materials.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Goals, objectives, and expected outcomes for health education	80.4	71.2 - 87.2	58	68.2	60.6 - 74.9	67	76.6	69.8 - 82.2	92	74.7	70.4 - 78.5	217
b. A chart describing the annual scope and sequence of instruction for health education	57.1	47.4 - 66.2	58	54.1	47.0 - 61.0	67	53.7	46.7 - 60.6	91	54.7	50.2 - 59.1	216
c. Plans for how to assess student performance in health education	68.1	58.4 - 76.4	58	50.2	42.0 - 58.4	67	63.5	56.0 - 70.4	92	60.1	55.4 - 64.7	217
d. A written health education curriculum	84.0	75.5 - 89.9	58	65.1	56.9 - 72.4	67	69.1	62.2 - 75.2	92	71.3	67.0 - 75.3	217

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	98.4	94.0 - 99.6	58	75.7	67.4 - 82.4	66	97.6	93.8 - 99.1	92	90.5	87.4 - 92.9	216
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	94.5	88.3 - 97.5	58	80.4	72.1 - 86.7	67	94.1	89.4 - 96.8	92	89.5	86.1 - 92.2	217
c. Accessing valid information and products and services to enhance health	84.6	75.9 - 90.6	57	75.2	66.2 - 82.4	67	87.0	81.6 - 91.0	91	82.4	78.2 - 85.9	215
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	95.0	89.4 - 97.7	58	80.0	72.9 - 85.6	66	93.1	88.2 - 96.0	92	89.2	86.0 - 91.7	216
e. Using decision-making skills to enhance health	95.2	89.8 - 97.8	58	81.6	75.0 - 86.8	67	97.6	93.8 - 99.1	92	91.6	88.9 - 93.7	217
f. Using goal-setting skills to enhance health	93.4	87.3 - 96.7	58	72.3	63.7 - 79.5	67	95.3	91.0 - 97.6	92	87.0	83.5 - 89.9	217
g. Practicing health-enhancing behaviors to avoid or reduce risks	96.3	90.6 - 98.6	58	78.3	70.8 - 84.3	67	96.3	92.2 - 98.3	92	90.2	87.2 - 92.6	217
h. Advocating for personal, family, and community health	83.8	75.2 - 89.8	58	69.2	60.4 - 76.7	67	86.8	81.3 - 90.8	92	80.1	76.0 - 83.6	217

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
93.0	86.6 - 96.5	55	84.6	76.9 - 90.0	64	90.5	85.3 - 94.0	90	89.1	85.6 - 91.8	209

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	96.8	91.9 - 98.8	58	91.1	85.1 - 94.8	67	96.4	92.4 - 98.4	94	94.7	92.2 - 96.5	219
b. Asthma	52.5	44.5 - 60.4	58	58.0	49.3 - 66.3	67	64.6	56.8 - 71.6	94	59.5	54.7 - 64.1	219
c. Emotional and mental health	94.7	88.6 - 97.6	58	80.8	73.9 - 86.2	67	94.4	89.9 - 97.0	94	89.9	86.8 - 92.3	219
d. Foodborne illness prevention	66.4	56.8 - 74.8	58	72.0	63.8 - 78.9	66	81.8	76.1 - 86.4	94	74.8	70.6 - 78.6	218
e. Human immunodeficiency virus (HIV) prevention	85.4	77.0 - 91.1	56	80.0	71.6 - 86.4	63	88.9	84.1 - 92.4	94	85.2	81.4 - 88.3	213
f. Human sexuality	84.9	76.4 - 90.7	56	78.8	71.6 - 84.6	64	82.7	77.2 - 87.0	94	81.9	78.2 - 85.1	214
g. Infectious disease prevention (e.g., influenza [flu] prevention)	77.9	69.3 - 84.6	58	76.9	67.9 - 83.9	67	94.6	90.3 - 97.1	94	84.6	80.8 - 87.9	219
h. Injury prevention and safety	79.6	71.4 - 86.0	58	78.2	70.8 - 84.2	67	95.8	91.8 - 97.9	94	86.0	82.6 - 88.8	219
i. Nutrition and dietary behavior	100.0	†	56	87.5	80.4 - 92.2	66	98.8	95.5 - 99.7	93	95.3	92.7 - 97.0	215
j. Physical activity and fitness	100.0	†	55	95.6	91.5 - 97.8	64	98.8	95.5 - 99.7	94	98.0	96.4 - 98.9	213
k. Pregnancy prevention	82.7	75.1 - 88.4	56	69.0	60.9 - 76.1	63	86.7	81.4 - 90.7	94	80.0	76.1 - 83.3	213
l. Sexually transmitted disease (STD) prevention	91.1	84.3 - 95.1	56	80.1	72.8 - 85.9	64	87.9	82.8 - 91.6	94	86.1	82.7 - 88.9	214
m. Suicide prevention	73.8	65.8 - 80.5	58	66.3	57.6 - 74.0	67	82.1	76.9 - 86.3	94	74.8	70.8 - 78.5	219

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
n. Tobacco-use prevention	93.7	86.8 - 97.1	54	83.2	74.9 - 89.2	66	98.8	95.4 - 99.7	92	92.3	89.1 - 94.6	212
o. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	93.1	86.7 - 96.5	58	85.1	77.8 - 90.4	67	93.0	88.1 - 96.0	94	90.4	87.1 - 92.9	219

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Identifying tobacco products and the harmful substances they contain	82.9	75.0 - 88.8	55	78.1	68.4 - 85.5	63	89.5	84.5 - 93.0	90	84.1	80.0 - 87.5	208
b. Identifying short- and long-term health consequences of tobacco use	87.1	80.2 - 91.9	56	81.7	72.7 - 88.3	63	94.3	89.8 - 96.9	88	88.3	84.6 - 91.2	207
c. Identifying legal, social, economic, and cosmetic consequences of tobacco use	82.2	75.2 - 87.6	57	74.3	65.6 - 81.5	64	85.0	78.5 - 89.8	89	80.7	76.6 - 84.3	210
d. Understanding the addictive nature of nicotine	82.9	74.1 - 89.1	56	81.4	72.7 - 87.8	64	90.7	86.1 - 93.9	90	85.7	81.8 - 88.9	210
e. Effects of tobacco use on athletic performance	81.9	75.0 - 87.2	56	75.7	65.9 - 83.4	64	85.0	78.6 - 89.7	88	81.1	76.7 - 84.8	208
f. Effects of second-hand smoke and benefits of a smoke-free environment	80.1	71.5 - 86.5	57	79.3	70.1 - 86.2	64	91.9	86.8 - 95.1	87	84.7	80.6 - 88.0	208
g. Understanding the social influences on tobacco use, including media, family, peers, and culture	81.7	74.4 - 87.3	57	71.4	62.0 - 79.2	64	86.9	80.6 - 91.3	88	80.4	76.1 - 84.1	209
h. Identifying reasons why students do and do not use tobacco	83.5	75.7 - 89.2	57	71.3	61.9 - 79.2	64	87.3	81.7 - 91.4	89	81.0	76.8 - 84.6	210
i. Making accurate assessments of how many peers use tobacco	56.7	48.5 - 64.6	56	58.8	48.4 - 68.4	63	72.8	66.4 - 78.3	89	64.2	59.4 - 68.7	208
j. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	76.8	68.5 - 83.5	57	70.8	61.4 - 78.7	64	81.4	74.9 - 86.5	89	76.7	72.2 - 80.6	210

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
k. Using goal-setting and decision-making skills related to not using tobacco	67.9	59.7 - 75.1	57	69.4	59.9 - 77.5	64	78.3	71.6 - 83.8	89	72.8	68.2 - 76.9	210
l. Finding valid information and services related to tobacco-use prevention and cessation	66.1	57.6 - 73.6	57	61.3	51.0 - 70.7	63	71.5	65.1 - 77.1	88	66.8	62.0 - 71.2	208
m. Supporting others who abstain from or want to quit using tobacco	68.7	59.8 - 76.3	56	63.2	53.8 - 71.8	63	74.9	68.2 - 80.6	89	69.5	64.8 - 73.8	208
n. Supporting school and community action to support a tobacco-free environment	68.8	60.1 - 76.3	57	69.6	60.2 - 77.6	63	75.5	70.0 - 80.3	88	71.9	67.5 - 75.8	208
o. Identifying harmful effects of tobacco use on fetal development	69.4	60.8 - 76.8	57	75.2	65.2 - 83.1	63	82.1	75.8 - 87.0	89	76.7	72.1 - 80.6	209
All 15 tobacco-use prevention topics*	34.2	26.5 - 42.9	58	42.8	34.0 - 52.0	64	52.4	46.0 - 58.8	90	44.7	40.2 - 49.3	212

*Responses to question 8 a through o all are "yes."

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		§	§		§	§		§	§		§	§
a. The differences between HIV and AIDS	§	§	§	65.5	56.6 - 73.5	55	39.3	30.7 - 48.6	60	52.2	46.0 - 58.5	115
b. How HIV and other STDs are transmitted	§	§	§	69.5	60.7 - 77.1	56	38.2	29.3 - 47.9	59	54.0	47.6 - 60.2	115
c. How HIV and other STDs are diagnosed and treated	§	§	§	59.2	49.3 - 68.4	53	34.7	26.9 - 43.4	59	46.7	40.3 - 53.2	112
d. Health consequences of HIV, other STDs, and pregnancy	§	§	§	66.3	57.1 - 74.5	56	38.0	29.2 - 47.7	59	52.3	45.8 - 58.8	115
e. The relationship among HIV, other STDs, and pregnancy	§	§	§	60.2	51.9 - 68.0	56	37.6	28.9 - 47.2	57	49.1	43.1 - 55.3	113
f. The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy	§	§	§	67.4	58.7 - 75.1	55	39.8	30.9 - 49.5	58	53.8	47.3 - 60.1	113
g. The benefits of being sexually abstinent	§	§	§	68.6	61.0 - 75.3	56	48.5	39.6 - 57.4	62	58.4	52.4 - 64.1	118
h. How to prevent HIV, other STDs, and pregnancy	§	§	§	64.5	56.9 - 71.5	55	40.8	32.0 - 50.1	60	52.5	46.5 - 58.4	115
i. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	55.0	46.9 - 63.0	54	35.0	27.0 - 44.0	62	44.6	38.7 - 50.6	116

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
j. The influences of media, family, and social and cultural norms on sexual behavior	§	§	§	63.9	55.4 - 71.6	54	49.0	40.2 - 57.9	62	56.2	50.1 - 62.1	116
k. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	57.0	49.5 - 64.2	56	42.4	33.3 - 52.0	60	49.7	43.7 - 55.7	116
l. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	56.4	48.9 - 63.7	55	36.4	27.7 - 46.1	62	46.2	40.2 - 52.2	117
m. Compassion for persons living with HIV or AIDS	§	§	§	54.0	46.0 - 61.7	52	38.2	29.7 - 47.4	56	46.0	40.1 - 52.1	108
n. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	51.4	43.4 - 59.4	54	18.6	12.7 - 26.5	58	35.0	29.8 - 40.5	112
o. The importance of using condoms consistently and correctly	§	§	§	38.3	28.9 - 48.6	51	17.4	11.4 - 25.8	57	27.6	21.9 - 34.1	108
p. How to obtain condoms	§	§	§	18.5	12.3 - 27.0	56	8.2	4.4 - 14.8	63	13.3	9.4 - 18.4	119
q. How to correctly use a condom	§	§	§	17.6	11.6 - 25.9	56	5.1	2.3 - 10.9	62	11.3	7.8 - 16.0	118
r. How to obtain contraceptives, other than condoms	§	§	§	21.4	14.5 - 30.4	55	11.3	6.7 - 18.4	63	16.2	11.9 - 21.6	118

§ Grade is not applicable for type of school.

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NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
s. How to correctly use contraceptives, other than condoms	§	§	§	20.8	14.1 - 29.7	56	11.1	6.6 - 18.1	64	15.8	11.6 - 21.2	120
t. The importance of using contraceptive methods, other than condoms, consistently and correctly	§	§	§	29.8	22.0 - 39.0	56	14.3	9.0 - 22.0	64	21.8	17.0 - 27.7	120
u. The importance of using a condom at the same time as another form of contraception to prevent both sexually transmitted diseases (STDs) and pregnancy	§	§	§	25.0	17.6 - 34.2	56	21.4	16.0 - 28.1	61	23.2	18.4 - 28.7	117
v. How to create and sustain healthy and respectful relationships	§	§	§	56.5	48.1 - 64.6	57	53.9	45.3 - 62.2	66	55.2	49.1 - 61.0	123
All 22 HIV, STD, and pregnancy prevention topics*	§	§	§	12.8	7.9 - 20.1	56	1.4	0.4 - 5.4	65	6.9	4.4 - 10.7	121

*Responses to question 9 a through v all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. The differences between HIV and AIDS	83.9	76.2 - 89.4	53	§	§	§	75.7	69.0 - 81.4	84	78.7	73.7 - 82.9	137
b. How HIV and other STDs are transmitted	86.4	79.5 - 91.3	53	§	§	§	82.8	77.3 - 87.2	84	84.1	80.0 - 87.5	137
c. How HIV and other STDs are diagnosed and treated	78.3	70.5 - 84.6	53	§	§	§	74.7	68.3 - 80.2	84	76.0	71.1 - 80.3	137
d. Health consequences of HIV, other STDs, and pregnancy	86.5	79.5 - 91.3	54	§	§	§	82.9	77.5 - 87.2	84	84.2	80.1 - 87.6	138
e. The relationship among HIV, other STDs, and pregnancy	81.7	73.4 - 87.8	52	§	§	§	81.1	75.2 - 85.9	82	81.3	76.7 - 85.2	134
f. The relationship between alcohol and other drug use and risk for HIV, other STDs, and pregnancy	80.3	71.7 - 86.8	54	§	§	§	81.8	75.9 - 86.6	81	81.3	76.5 - 85.3	135
g. The benefits of being sexually abstinent	82.4	74.5 - 88.3	54	§	§	§	82.6	76.5 - 87.4	85	82.6	77.9 - 86.4	139
h. How to prevent HIV, other STDs, and pregnancy	82.1	73.7 - 88.2	54	§	§	§	82.8	77.4 - 87.2	84	82.6	78.1 - 86.3	138
i. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	73.6	64.2 - 81.3	55	§	§	§	69.3	63.2 - 74.8	84	70.9	65.8 - 75.5	139

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
j. The influences of media, family, and social and cultural norms on sexual behavior	80.7	72.2 - 87.0	54	§	§	§	80.4	74.0 - 85.5	85	80.5	75.6 - 84.6	139
k. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	81.0	72.7 - 87.3	55	§	§	§	71.8	65.1 - 77.6	84	75.2	70.1 - 79.7	139
l. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	76.6	67.3 - 83.9	54	§	§	§	71.0	64.1 - 77.0	84	73.1	67.7 - 77.9	138
m. Compassion for persons living with HIV or AIDS	63.8	53.6 - 72.8	54	§	§	§	63.6	55.8 - 70.7	81	63.6	57.5 - 69.4	135
n. Efficacy of condoms, that is, how well condoms work and do not work	61.9	52.7 - 70.3	52	§	§	§	59.9	52.3 - 67.0	83	60.6	54.8 - 66.1	135
o. The importance of using condoms consistently and correctly	57.9	48.4 - 66.8	51	§	§	§	49.2	41.3 - 57.1	83	52.3	46.2 - 58.3	134
p. How to obtain condoms	40.0	31.0 - 49.7	49	§	§	§	27.3	21.9 - 33.5	85	31.7	26.9 - 36.9	134
q. How to correctly use a condom	35.1	26.4 - 45.0	49	§	§	§	19.9	15.2 - 25.6	84	25.2	20.8 - 30.2	133
r. How to obtain contraceptives, other than condoms	40.2	31.4 - 49.8	51	§	§	§	28.0	22.5 - 34.3	85	32.4	27.5 - 37.6	136

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9, 10, 11, or 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
s. How to correctly use contraceptives, other than condoms	40.9	31.8 - 50.6	50	§	§	§	23.7	18.5 - 29.8	84	29.8	25.0 - 35.0	134
t. The importance of using contraceptive methods, other than condoms, consistently and correctly	44.8	35.5 - 54.4	50	§	§	§	35.3	28.8 - 42.4	85	38.6	33.2 - 44.3	135
u. The importance of using a condom at the same time as another form of contraception to prevent both sexually transmitted diseases (STDs) and pregnancy	43.9	34.9 - 53.3	51	§	§	§	44.7	37.3 - 52.4	85	44.4	38.6 - 50.4	136
v. How to create and sustain healthy and respectful relationships	75.0	65.7 - 82.4	51	§	§	§	76.3	69.8 - 81.8	86	75.9	70.6 - 80.4	137
All 22 HIV, STD, and pregnancy prevention topics*	22.4	15.1 - 32.1	52	§	§	§	10.3	7.4 - 14.2	86	14.6	11.3 - 18.8	138

*Responses to question 9 a through v all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught about each of the following contraceptives in a required course for students in any of grades 9 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Birth control pill (e.g., Ortho Tri-cyclen)	43.3	35.0 - 52.0	54	§	§	§	30.9	24.7 - 37.8	85	35.4	30.4 - 40.8	139
b. Birth control patch (e.g., Ortho Evra)	30.0	24.2 - 36.6	54	§	§	§	22.9	17.0 - 30.0	85	25.5	21.1 - 30.5	139
c. Birth control ring (e.g., NuvaRing)	33.6	26.9 - 41.0	54	§	§	§	19.2	14.0 - 25.9	85	24.5	20.2 - 29.4	139
d. Birth control shot (e.g., Depo-Provera)	30.0	23.5 - 37.4	54	§	§	§	22.5	16.7 - 29.5	85	25.3	20.8 - 30.3	139
e. Implants (e.g., Implanon)	26.6	20.1 - 34.1	54	§	§	§	17.2	12.3 - 23.6	84	20.7	16.6 - 25.5	138
f. Intrauterine device (IUD; e.g., Mirena, ParaGard)	26.9	21.1 - 33.6	53	§	§	§	17.0	12.2 - 23.3	85	20.6	16.7 - 25.1	138
g. Emergency contraception (e.g., Plan B)	30.0	23.3 - 37.7	54	§	§	§	17.0	12.2 - 23.2	84	21.9	17.8 - 26.5	138
All 7 contraceptives*	22.9	17.2 - 29.9	54	§	§	§	11.0	7.4 - 16.0	84	15.4	12.2 - 19.3	138

*Reponses to question 10 a through g all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Benefits of healthy eating	98.3	93.8 - 99.6	56	87.1	79.9 - 92.0	64	98.8	95.3 - 99.7	90	94.8	92.1 - 96.6	210
b. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate or MyPyramid)	84.5	77.4 - 89.6	56	83.7	75.5 - 89.4	64	96.6	92.9 - 98.5	90	89.3	86.0 - 92.0	210
c. Using food labels	85.8	77.6 - 91.3	56	78.0	70.2 - 84.2	64	91.9	86.6 - 95.2	90	85.7	82.0 - 88.8	210
d. Balancing food intake and physical activity	93.1	86.8 - 96.5	57	85.0	77.2 - 90.5	64	98.8	95.3 - 99.7	90	92.8	89.7 - 95.0	211
e. Eating more fruits, vegetables, and whole grain products	95.1	89.6 - 97.8	57	87.1	79.9 - 92.0	64	97.7	94.1 - 99.1	90	93.5	90.7 - 95.6	211
f. Choosing foods that are low in fat, saturated fat, and cholesterol	94.7	88.8 - 97.6	55	80.9	73.1 - 86.8	64	98.8	95.3 - 99.7	90	91.8	88.8 - 94.0	209
g. Using sugars in moderation	89.5	82.2 - 94.0	57	80.1	72.7 - 85.8	64	98.8	95.3 - 99.7	90	90.3	87.2 - 92.6	211
h. Using salt and sodium in moderation	84.4	77.1 - 89.7	57	75.1	67.3 - 81.6	64	95.4	91.2 - 97.7	90	85.9	82.5 - 88.8	211
i. Eating more calcium-rich foods	82.7	75.0 - 88.4	58	75.2	66.2 - 82.5	64	92.3	88.2 - 95.1	91	84.3	80.5 - 87.5	213
j. Food safety	82.1	73.1 - 88.5	57	73.1	63.2 - 81.2	64	91.0	86.8 - 93.9	90	82.8	78.7 - 86.3	211
k. Preparing healthy meals and snacks	81.8	74.2 - 87.6	57	81.0	74.1 - 86.3	64	96.5	92.4 - 98.4	90	87.7	84.6 - 90.3	211
l. Risks of unhealthy weight control practices	87.0	78.7 - 92.3	56	79.0	70.1 - 85.8	65	97.7	94.1 - 99.1	90	88.8	85.1 - 91.6	211

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m. Accepting body size differences	83.9	75.3 - 89.9	57	75.7	67.2 - 82.6	64	93.5	88.8 - 96.3	90	85.2	81.4 - 88.4	211
n. Signs, symptoms, and treatment for eating disorders	73.4	63.8 - 81.2	57	65.5	56.9 - 73.2	65	92.3	88.6 - 94.9	90	78.7	74.7 - 82.2	212
All 14 nutrition and dietary behavior topics*	59.2	50.0 - 67.7	58	58.1	49.4 - 66.3	65	74.8	68.4 - 80.2	91	65.4	60.9 - 69.6	214

*Responses to question 11 a through n all are "yes."
N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Physical, psychological, or social benefits of physical activity	96.7	91.6 - 98.7	56	94.1	89.4 - 96.8	63	95.5	91.4 - 97.7	93	95.4	93.0 - 96.9	212
b. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	90.0	83.1 - 94.3	57	91.8	85.9 - 95.4	62	94.5	90.1 - 97.0	93	92.5	89.7 - 94.6	212
c. Phases of a workout (i.e., warm-up, workout, and cool down)	91.5	84.8 - 95.4	56	91.8	86.1 - 95.3	62	94.5	90.1 - 97.0	93	92.9	90.1 - 95.0	211
d. How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)	85.2	78.3 - 90.1	58	88.1	81.2 - 92.7	62	91.3	86.1 - 94.6	93	88.7	85.4 - 91.4	213
e. Developing an individualized physical activity plan	84.4	77.2 - 89.7	56	69.1	60.6 - 76.5	64	88.1	83.2 - 91.8	93	81.0	77.2 - 84.3	213
f. Monitoring progress toward reaching goals in an individualized physical activity plan	81.2	72.5 - 87.6	56	72.7	63.5 - 80.4	63	85.3	79.2 - 89.9	93	80.2	75.9 - 84.0	212
g. Overcoming barriers to physical activity	74.7	66.1 - 81.6	55	78.8	70.3 - 85.4	62	86.0	80.7 - 90.1	92	81.0	77.0 - 84.4	209
h. Decreasing sedentary activities (e.g., television viewing)	82.3	74.3 - 88.2	57	80.8	72.5 - 87.1	62	91.6	86.6 - 94.8	93	85.8	82.1 - 88.9	212
i. Opportunities for physical activity in the community	73.2	64.4 - 80.4	55	78.3	70.8 - 84.3	63	84.8	79.1 - 89.1	93	79.9	76.0 - 83.3	211

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
j. Preventing injury during physical activity	82.3	74.6 - 88.1	56	81.3	73.4 - 87.2	63	91.4	86.3 - 94.7	93	85.9	82.3 - 88.9	212
k. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	75.5	66.3 - 82.8	57	73.1	63.5 - 80.9	64	87.1	81.2 - 91.3	93	79.7	75.3 - 83.5	214
l. Dangers of using performance-enhancing drugs (e.g., steroids)	84.8	77.8 - 89.9	56	72.4	63.8 - 79.7	64	88.7	83.7 - 92.4	92	82.4	78.6 - 85.7	212
All 12 physical activity topics*	57.2	48.8 - 65.1	58	53.0	43.3 - 62.4	64	68.7	62.6 - 74.1	92	60.7	56.1 - 65.1	214

*Responses to question 12 a through l all are "yes."

N = Unweighted number of observations

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools that provided any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did each of the following activities.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Provided curricula or supplementary materials that include pictures, information, and learning experiences that reflect the life experiences of these youth in their communities	25.2	18.5 - 33.3	57	15.6	10.7 - 22.3	65	18.4	13.7 - 24.2	93	19.1	15.9 - 22.8	215
b. Provided curricula or supplementary materials in the primary languages of the youth and families	15.2	10.2 - 22.2	57	19.1	13.3 - 26.5	65	16.1	11.6 - 21.8	93	16.9	13.7 - 20.5	215
c. Facilitated access to direct health services or arrangements with providers not on school property who have experience in serving these youth in the community	17.0	11.4 - 24.6	57	20.4	14.4 - 28.2	65	14.1	9.7 - 20.2	93	16.9	13.7 - 20.8	215
d. Facilitated access to direct social services and psychological services or arrangements with providers not on school property who have experience in serving these youth in the community	13.6	8.8 - 20.3	57	19.7	13.5 - 27.8	65	14.9	10.6 - 20.4	93	16.1	13.0 - 19.9	215

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
	Interval	N		Interval	N		Interval	N		Interval	N
17.4	11.6 - 25.2	50	11.0	6.5 - 18.1	60	17.1	12.2 - 23.4	86	15.1	12.0 - 18.9	196

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Physical education staff	78.8	69.6 - 85.8	57	72.0	64.2 - 78.6	66	88.3	82.6 - 92.3	94	80.6	76.6 - 84.0	217
b. Health services staff (e.g., nurses)	69.7	60.7 - 77.5	57	65.2	55.4 - 73.9	65	74.8	68.6 - 80.1	94	70.4	65.8 - 74.7	216
c. Mental health or social services staff (e.g., psychologists, counselors, and social workers)	52.9	42.5 - 63.0	57	52.1	42.8 - 61.3	65	47.3	40.0 - 54.8	94	50.3	45.2 - 55.3	216
d. Nutrition or food service staff	42.9	34.3 - 51.9	57	27.3	19.7 - 36.5	65	41.9	35.3 - 48.7	93	37.3	32.8 - 41.9	215
e. School health council, committee, or team	46.4	36.9 - 56.2	57	36.8	28.9 - 45.4	65	47.3	41.5 - 53.3	94	43.6	39.3 - 48.1	216

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV prevention, STD prevention, or teen pregnancy prevention	15.4	10.3 - 22.5	57	11.3	7.1 - 17.4	64	23.3	17.6 - 30.1	92	17.4	14.2 - 21.2	213
b. Tobacco-use prevention	23.0	15.9 - 31.9	58	25.7	19.0 - 33.6	64	33.1	27.4 - 39.4	92	28.2	24.3 - 32.4	214
c. Physical activity	36.8	27.6 - 47.2	58	38.8	31.9 - 46.2	65	48.6	42.0 - 55.2	92	42.5	38.1 - 46.9	215
d. Nutrition and healthy eating	36.5	27.4 - 46.8	58	37.1	30.8 - 43.8	64	43.8	38.0 - 49.8	92	39.8	35.8 - 44.0	214
e. Asthma	27.9	21.1 - 35.9	57	27.7	20.5 - 36.4	64	33.8	27.1 - 41.1	92	30.4	26.2 - 34.9	213

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Alcohol- or other drug-use prevention	39.1	30.1 - 48.9	57	35.2	27.7 - 43.5	66	35.6	28.5 - 43.5	93	36.3	31.7 - 41.2	216
b. Asthma	35.5	27.3 - 44.6	57	43.1	35.5 - 51.0	65	44.5	37.7 - 51.5	94	41.9	37.5 - 46.4	216
c. Emotional and mental health	30.6	23.2 - 39.1	57	24.0	17.3 - 32.3	66	28.2	22.4 - 34.9	94	27.4	23.4 - 31.7	217
d. Foodborne illness prevention	6.9	3.5 - 13.2	57	14.9	9.9 - 21.9	66	26.8	20.5 - 34.1	94	18.1	14.7 - 22.1	217
e. HIV prevention	23.6	17.3 - 31.4	57	23.2	16.1 - 32.2	66	24.7	19.0 - 31.4	94	23.9	20.0 - 28.3	217
f. Human sexuality	20.3	15.3 - 26.5	57	23.0	16.3 - 31.6	66	20.5	15.1 - 27.1	94	21.3	17.7 - 25.4	217
g. Infectious disease prevention (e.g., flu prevention)	20.6	14.6 - 28.4	56	34.6	27.0 - 43.2	66	38.2	31.6 - 45.2	94	32.9	28.7 - 37.3	216
h. Injury prevention and safety	36.3	28.0 - 45.5	57	29.9	22.1 - 39.0	66	44.5	37.9 - 51.3	94	37.7	33.2 - 42.3	217
i. Nutrition and dietary behavior	31.5	23.8 - 40.4	57	31.5	23.7 - 40.6	66	38.3	31.5 - 45.6	94	34.4	30.0 - 39.2	217
j. Physical activity and fitness	47.4	37.6 - 57.4	57	44.1	35.4 - 53.1	65	51.4	44.3 - 58.4	94	48.0	43.2 - 52.9	216
k. Pregnancy prevention	17.2	11.7 - 24.6	56	21.7	15.5 - 29.5	66	19.4	14.5 - 25.6	94	19.7	16.3 - 23.6	216
l. STD prevention	18.8	13.1 - 26.4	56	29.0	21.5 - 37.9	66	24.4	18.7 - 31.2	94	24.6	20.7 - 29.1	216
m. Suicide prevention	27.4	20.1 - 36.2	57	30.5	23.5 - 38.4	66	24.8	18.5 - 32.3	94	27.3	23.2 - 31.8	217

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
n. Tobacco-use prevention	9.0	4.9 - 16.1	56	24.6	17.5 - 33.3	66	23.6	17.7 - 30.6	94	20.5	16.7 - 24.8	216
o. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	59.0	49.6 - 67.8	57	47.2	39.1 - 55.4	66	61.1	53.2 - 68.5	94	56.0	51.1 - 60.7	217

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Describing how widespread HIV and other STD infections are and the consequences of these infections	15.1	10.7 - 20.8	57	17.6	12.1 - 24.9	66	20.4	15.8 - 25.9	94	18.2	15.2 - 21.7	217
b. Understanding the modes of transmission and effective prevention strategies for HIV and other STDs	14.9	10.5 - 20.6	57	17.6	12.1 - 24.9	66	19.4	14.9 - 24.7	94	17.7	14.7 - 21.2	217
c. Identifying populations of youth who are at high risk of being infected with HIV and other STDs	10.0	6.3 - 15.5	57	16.4	10.7 - 24.2	66	22.6	17.2 - 29.0	94	17.5	14.2 - 21.3	217
d. Implementing health education strategies using prevention messages that are likely to be effective in reaching youth	20.6	15.3 - 27.3	57	19.6	14.2 - 26.4	66	26.0	20.3 - 32.6	94	22.6	19.1 - 26.4	217
e. Teaching HIV prevention education to students with physical, medical, or cognitive disabilities	5.1	2.3 - 10.8	57	11.6	7.1 - 18.3	66	15.4	11.0 - 21.3	93	11.7	9.0 - 15.0	216
f. Teaching HIV prevention education to students of various cultural backgrounds	3.3	1.3 - 8.3	57	9.4	6.1 - 14.3	66	16.2	11.5 - 22.1	94	10.8	8.4 - 13.9	217
g. Using interactive teaching methods for HIV prevention education (e.g., role plays or cooperative group activities)	11.8	8.4 - 16.4	57	12.0	8.1 - 17.6	66	17.2	12.4 - 23.3	94	14.2	11.5 - 17.4	217

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Teaching essential skills for health behavior change related to HIV prevention and guiding student practice of these skills	6.5	4.0 - 10.4	57	11.6	7.5 - 17.4	66	17.7	13.1 - 23.4	93	12.9	10.4 - 16.0	216
i. Teaching about health-promoting social norms and beliefs related to HIV prevention	13.4	9.4 - 18.8	57	12.8	8.5 - 18.9	66	20.4	15.7 - 26.1	94	16.2	13.4 - 19.5	217
j. Strategies for involving parents, families, and others in student learning of HIV prevention education	1.6	0.4 - 6.1	57	4.0	1.8 - 8.6	66	13.0	9.0 - 18.5	94	7.3	5.3 - 10.0	217
k. Assessing students' performance in HIV prevention education	6.7	4.1 - 10.8	57	6.7	3.7 - 12.1	66	16.3	11.6 - 22.3	94	10.8	8.3 - 13.9	217
l. Implementing standards-based HIV prevention education curricula and student assessment	9.8	6.2 - 15.1	57	10.2	6.1 - 16.7	66	14.2	10.0 - 19.9	94	11.8	9.2 - 15.1	217
m. Using technology to improve HIV prevention education instruction	8.4	5.2 - 13.2	57	9.4	6.1 - 14.3	66	16.3	11.6 - 22.3	94	12.1	9.6 - 15.2	217
n. Teaching HIV prevention education to students with limited English proficiency	0.0	†	57	6.7	3.7 - 12.1	66	10.8	7.0 - 16.4	94	6.9	4.9 - 9.7	217
o. Addressing community concerns and challenges related to HIV prevention education	3.5	1.3 - 8.7	57	5.4	2.7 - 10.4	66	12.4	8.5 - 17.9	92	7.9	5.8 - 10.7	215

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
p. Describing the prevalence and potential effects of teen pregnancy	15.2	10.8 - 21.1	57	20.9	15.8 - 27.2	66	23.6	18.0 - 30.3	94	20.7	17.4 - 24.4	217
q. Identifying populations of youth who are at high risk of becoming pregnant	13.8	8.9 - 20.6	57	14.7	10.6 - 20.1	66	21.6	16.3 - 28.0	94	17.4	14.4 - 21.0	217

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Alcohol- or other drug-use prevention	63.0	54.8 - 70.5	58	72.0	63.6 - 79.1	67	57.2	50.4 - 63.8	94	63.6	59.1 - 67.8	219
b. Asthma	45.5	36.9 - 54.3	57	49.0	41.3 - 56.7	66	37.9	31.5 - 44.7	94	43.4	39.1 - 47.8	217
c. Emotional and mental health	55.4	47.7 - 62.8	58	69.2	62.7 - 75.1	66	48.0	41.9 - 54.2	94	56.9	53.0 - 60.6	218
d. Foodborne illness prevention	43.0	33.7 - 52.9	57	35.4	27.1 - 44.7	67	35.5	29.3 - 42.3	94	37.3	32.7 - 42.1	218
e. HIV prevention	42.6	32.9 - 53.0	56	58.2	49.1 - 66.8	66	32.0	25.8 - 39.0	93	43.3	38.6 - 48.1	215
f. Human sexuality	53.5	44.3 - 62.5	57	59.6	51.6 - 67.2	66	47.7	40.9 - 54.5	94	53.1	48.5 - 57.5	217
g. Infectious disease prevention (e.g., flu prevention)	42.2	33.5 - 51.4	57	46.3	37.6 - 55.3	67	42.8	37.2 - 48.5	94	43.8	39.5 - 48.3	218
h. Injury prevention and safety	44.2	35.2 - 53.5	57	51.4	42.3 - 60.5	66	51.9	46.0 - 57.8	93	49.9	45.3 - 54.4	216
i. Nutrition and dietary behavior	56.2	47.4 - 64.6	58	64.6	55.4 - 72.8	66	65.2	59.0 - 71.0	94	62.8	58.3 - 67.1	218
j. Physical activity and fitness	54.5	45.0 - 63.7	57	69.2	61.8 - 75.7	67	56.7	50.2 - 63.0	94	60.4	56.0 - 64.6	218
k. Pregnancy prevention	58.7	50.0 - 67.0	57	52.1	43.8 - 60.2	66	44.5	37.1 - 52.2	94	50.4	45.7 - 55.1	217
l. STD prevention	60.7	51.6 - 69.2	57	61.0	52.8 - 68.6	66	45.0	37.8 - 52.3	94	54.1	49.4 - 58.6	217
m. Suicide prevention	69.8	60.7 - 77.6	58	65.2	57.5 - 72.2	67	61.8	55.0 - 68.2	94	64.9	60.5 - 69.0	219

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
n. Tobacco-use prevention	58.0	48.8 - 66.7	57	56.1	47.5 - 64.2	66	55.3	48.5 - 61.9	93	56.2	51.6 - 60.7	216
o. Violence prevention (e.g., bullying, fighting, or dating violence prevention)	77.9	70.2 - 84.0	58	76.7	69.2 - 82.9	67	62.0	55.5 - 68.1	94	70.8	66.7 - 74.5	219

NEBRASKA

2012 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	36.2	28.5 - 44.6	57	38.6	32.0 - 45.7	67	44.2	36.9 - 51.7	94	40.4	36.1 - 44.9	218
b. Teaching students of various cultural backgrounds	43.3	36.5 - 50.4	58	44.0	37.8 - 50.5	67	26.8	20.7 - 33.9	94	36.6	32.7 - 40.6	219
c. Teaching students with limited English proficiency	21.0	14.9 - 28.8	57	27.6	21.7 - 34.3	67	16.3	11.4 - 22.7	94	21.2	17.8 - 25.0	218
d. Teaching students of different sexual orientations or gender identities	9.0	4.9 - 16.2	56	4.8	2.2 - 10.3	66	8.7	5.4 - 13.8	94	7.5	5.3 - 10.4	216
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	42.0	34.4 - 50.1	57	40.5	34.6 - 46.6	67	41.8	35.6 - 48.2	94	41.4	37.6 - 45.3	218
f. Encouraging family or community involvement	28.6	21.1 - 37.4	57	33.3	26.7 - 40.7	67	33.8	27.1 - 41.1	94	32.4	28.3 - 36.8	218
g. Teaching skills for behavior change	43.0	33.9 - 52.7	57	37.2	29.5 - 45.7	67	35.8	29.3 - 42.8	94	38.0	33.5 - 42.6	218
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	59.9	49.8 - 69.3	57	51.8	45.2 - 58.3	67	48.6	41.9 - 55.3	94	52.4	48.0 - 56.6	218
i. Assessing or evaluating students in health education	26.1	19.8 - 33.5	57	19.9	14.2 - 27.0	67	34.4	28.2 - 41.2	94	27.5	23.8 - 31.6	218

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Teaching students with physical, medical, or cognitive disabilities	66.4	58.4 - 73.6	56	64.9	56.2 - 72.7	66	50.3	44.1 - 56.4	92	59.0	54.7 - 63.2	214
b. Teaching students of various cultural backgrounds	55.4	47.6 - 62.9	56	54.1	45.8 - 62.2	66	38.9	32.6 - 45.6	92	48.0	43.6 - 52.3	214
c. Teaching students with limited English proficiency	48.9	40.6 - 57.3	56	50.1	41.4 - 58.7	66	30.9	24.8 - 37.8	92	41.7	37.2 - 46.3	214
d. Teaching students of different sexual orientations or gender identities	50.8	43.2 - 58.4	56	43.9	36.6 - 51.4	66	36.7	30.5 - 43.4	92	42.5	38.4 - 46.7	214
e. Using interactive teaching methods (e.g., role plays or cooperative group activities)	61.9	52.2 - 70.7	56	54.5	46.7 - 62.2	66	50.9	45.0 - 56.7	92	54.7	50.4 - 59.0	214
f. Encouraging family or community involvement	54.3	45.3 - 63.1	57	64.1	55.4 - 72.0	66	62.1	55.9 - 67.9	92	60.9	56.5 - 65.2	215
g. Teaching skills for behavior change	66.1	56.6 - 74.5	56	67.5	59.3 - 74.8	67	62.0	55.5 - 68.1	92	64.9	60.4 - 69.1	215
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, and behavior management)	60.1	50.9 - 68.7	56	62.2	53.6 - 70.2	66	52.8	46.3 - 59.1	92	57.7	53.2 - 62.1	214
i. Assessing or evaluating students in health education	67.2	59.8 - 73.7	56	62.3	54.3 - 69.8	66	60.8	54.0 - 67.2	92	62.8	58.5 - 66.9	214

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N	95% Confidence Interval		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. Health and physical education combined	61.7	53.2 - 69.5	54	43.3	33.9 - 53.1	59	41.2	34.2 - 48.5	84	46.9	42.1 - 51.8	197
b. Health education	0.0	†	54	6.0	3.0 - 11.5	59	0.0	†	84	2.0	1.0 - 3.9	197
c. Physical education	16.5	11.6 - 22.9	54	16.2	10.7 - 23.6	59	29.2	22.1 - 37.3	84	21.7	17.9 - 26.1	197
d. Other education degree	1.7	0.4 - 6.4	54	9.1	4.8 - 16.5	59	1.1	0.3 - 4.3	84	3.9	2.3 - 6.6	197
e. Kinesiology, exercise science, or exercise physiology	0.0	†	54	0.0	†	59	3.4	1.6 - 7.2	84	1.4	0.7 - 3.1	197
f. Home economics or family and consumer science	16.4	11.6 - 22.6	54	7.4	4.0 - 13.3	59	16.7	11.6 - 23.6	84	13.6	10.6 - 17.1	197
g. Biology or other science	1.9	0.5 - 7.2	54	5.9	3.0 - 11.1	59	4.8	2.4 - 9.3	84	4.5	2.8 - 6.9	197
h. Nursing	0.0	†	54	8.3	4.4 - 15.1	59	1.3	0.3 - 5.0	84	3.3	1.9 - 5.8	197
i. Counseling	0.0	†	54	1.5	0.4 - 5.5	59	1.1	0.3 - 4.3	84	1.0	0.4 - 2.5	197
j. Public health	0.0	†	54	0.0	†	59	0.0	†	84	0.0	†	197
k. Nutrition	0.0	†	54	0.0	†	59	0.0	†	84	0.0	†	197
l. Other	1.7	0.5 - 6.3	54	2.4	0.6 - 8.7	59	1.1	0.3 - 4.2	84	1.7	0.8 - 3.7	197

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
67.5	57.0 - 76.5	57	64.2	56.2 - 71.5	67	74.9	68.7 - 80.3	92	69.5	65.1 - 73.6	216

NEBRASKA
2012 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence		N	95% Confidence		N	95% Confidence		N	95% Confidence		N
	Percent	Interval		Percent	Interval		Percent	Interval		Percent	Interval	
a. 1 year	6.6	3.3 - 12.7	58	4.8	2.1 - 10.6	64	13.0	8.7 - 18.8	92	8.8	6.4 - 11.9	214
b. 2 to 5 years	21.5	15.8 - 28.5	58	14.3	9.0 - 22.0	64	26.2	20.6 - 32.8	92	21.2	17.7 - 25.1	214
c. 6 to 9 years	24.1	17.6 - 32.1	58	19.6	13.2 - 27.9	64	14.4	10.5 - 19.5	92	18.5	15.2 - 22.3	214
d. 10 to 14 years	10.3	5.9 - 17.5	58	28.9	21.7 - 37.4	64	16.5	11.5 - 23.1	92	19.0	15.5 - 23.1	214
e. 15 years or more	37.4	29.1 - 46.6	58	32.4	24.9 - 41.0	64	29.8	23.5 - 37.1	92	32.5	28.2 - 37.2	214