

NEBRASKA
2012 School Health Profiles Report
Trend Analysis Report - Elementary School Principal Survey

	Prevalence		Linear Change
	Survey Year 2010	2012	
School Health Coordination			
Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas:			
Physical activity	28.6	38.0	Yes
Nutrition	23.0	35.5	Yes
Tobacco-use prevention	22.7	24.6	No
Asthma	18.5	24.5	No
Injury and violence prevention	19.9	24.1	No
Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics:			
Health education	31.7	32.2	No
Physical education and physical activity	32.8	32.3	No
Nutrition services and foods and beverages available at school	25.1	26.9	No
Health services	26.6	24.1	No

NEBRASKA
2012 School Health Profiles Report
Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics:			
Mental health and social services	21.6	21.3	No
Healthy and safe school environment	49.3	47.1	No
Family and community involvement	51.0	49.9	No
Faculty and staff health promotion	23.4	30.9	No
Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities	83.1	91.2	Yes
Percentage of schools that have one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics	51.5	63.6	Yes
Percentage of schools that have the following groups represented on any school health council, committee, or team*			
School administrators	97.6	91.8	No
Health education teachers	80.9	79.1	No
Physical education teachers	91.6	86.1	No

* Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

NEBRASKA
2012 School Health Profiles Report
Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools that have the following groups represented on any school health council, committee, or team*			
Mental health or social services staff	45.3	55.6	No
Nutrition or food service staff	67.6	53.7	Yes
Health services staff (e.g., school nurse)	82.9	73.5	No
Maintenance and transportation staff	24.8	19.0	No
Technology staff	22.7	18.7	No
Library/media center staff	16.3	13.4	No
Student body	40.4	30.5	No
Parents or families of students	65.2	50.1	Yes
Community members	60.3	38.3	Yes
Local health departments, agencies, or organizations	42.0	28.5	Yes
Faith-based organizations	4.7	2.3	No
Businesses	12.7	8.5	No
Local government agencies	15.9	7.1	Yes

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NEBRASKA

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HIV Infection and AIDS Prevention			
Percentage of schools that have adopted a policy that addresses the following issues:			
Attendance of students with HIV infection	60.6	56.6	No
Procedures to protect HIV-infected students and staff from discrimination	65.3	63.4	No
Maintaining confidentiality of HIV-infected students and staff	72.2	69.6	No
Worksite safety (i.e., universal precautions for all school staff)	75.2	77.6	No
Confidential counseling for HIV-infected students	46.4	45.4	No
Communication of the policy to students, school staff, and parents	60.9	55.2	No
Adequate training about HIV infection for school staff	62.2	58.0	No
Procedures for implementing the policy	59.1	57.5	No

NEBRASKA
2012 School Health Profiles Report
Trend Analysis Report - Elementary School Principal Survey

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Physical Education			
Percentage of schools that require physical education for students in any of grades K through 6	98.4	99.6	No
Percentage of schools that taught required physical education in the following grades:*			
Kindergarten	97.8	99.6	No
1st grade	97.8	99.6	No
2nd grade	97.8	99.6	No
3rd grade	97.8	99.2	No
4th grade	98.2	98.8	No
5th grade	98.2	98.8	No
6th grade	96.7	98.8	No
Percentage of schools in which physical education teachers or specialists received professional development on physical education during the two years before the survey	84.1	86.7	No

* Among schools with students in that grade.

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools in which those who teach physical education are provided with the following materials:			
Goals, objectives, and expected outcomes for physical education	88.6	92.8	No
A chart describing the annual scope and sequence of instruction for physical education	70.8	75.1	No
Plans for how to assess student performance in physical education	78.2	83.9	No
A written physical education curriculum	91.1	89.9	No

NEBRASKA
2012 School Health Profiles Report
Trend Analysis Report - Elementary School Principal Survey

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Physical Activity			
Percentage of schools in which students in the following grades participate in recess during every school day:*			
Kindergarten	99.6	99.6	No
1st grade	99.6	99.6	No
2nd grade	99.6	99.6	No
3rd grade	99.2	99.6	No
4th grade	98.4	99.6	No
5th grade	97.0	97.2	No
6th grade	93.9	95.1	No
Percentage of schools that offer opportunities for all students to participate in intramural sports programs or physical activity clubs	42.6	41.8	No

* Among schools with students in that grade.

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Tobacco-Use Prevention Policies			
Percentage of schools that have adopted a policy prohibiting tobacco use	94.8	97.3	No
Percentage of schools that prohibit tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week	27.2	42.6	Yes
Percentage of schools that have procedures to inform the following groups about the tobacco-use prevention policy that prohibits their use of tobacco:*			
Students	97.8	99.6	No
Faculty and staff	94.4	95.8	No
Visitors	77.4	83.8	No
Percentage of schools that have a tobacco-use prevention policy that includes guidelines on what actions the school should take when students are caught smoking cigarettes*	93.6	94.6	No
Percentage of schools in which a single individual is responsible for enforcing the tobacco-use prevention policy*	63.2	64.5	No

* Among those schools that have adopted a policy prohibiting tobacco use.

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools in which the following criteria help determine what actions are taken when students are caught smoking cigarettes:			
Zero tolerance	81.8	81.8	No
Effect or severity of the violation	65.2	62.9	No
Grade level of student	53.7	52.4	No
Repeat offender status	80.7	77.4	No
Percentage of schools that sometimes, almost always, or always took the following actions when students were caught smoking cigarettes:			
Notified parents or guardians	99.1	99.6	No
Referred students to a school counselor	87.9	84.5	No
Referred students to a school administrator	99.1	99.6	No
Encouraged, but not required, participation in an assistance, education, or cessation program	51.3	50.9	No
Required participation in an assistance, education, or cessation program	30.0	30.5	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

	Prevalence Survey Year		Linear Change
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Percentage of schools that sometimes, almost always, or always took the following actions when students were caught smoking cigarettes:			
Referred students to legal authorities	52.3	59.1	No
Placed students in detention	73.0	76.7	No
Did not allow participation in extra-curricular activities or interscholastic sports	81.6	77.7	No
Gave students in-school suspension	79.8	82.9	No
Suspended students from school	63.3	67.0	No
Expelled students from school	14.2	15.4	No
Reassigned students to an alternative school	6.6	8.2	No
Percentage of schools that post signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use is not allowed	70.3	78.1	Yes
Percentage of schools that provide tobacco cessation services for faculty and staff	6.8	12.7	Yes
Percentage of schools that have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for faculty and staff	22.9	21.5	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Nutrition-Related Policies and Practices			
Percentage of schools that always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered	17.3	19.2	No
Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar	25.2	29.4	No
Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:			
Chocolate candy	7.7	9.9	No
Other kinds of candy	8.4	11.4	No
Salty snacks that are not low in fat (e.g., regular potato chips)	6.0	11.7	Yes
Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat	8.1	12.2	No
Ice cream or frozen yogurt that is not low in fat	2.3	5.4	No
2% or whole milk (plain or flavored)	10.0	9.8	No
Water ices or frozen slushes that do not contain juice	1.5	7.6	Yes

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

	Prevalence Survey Year		Linear Change
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Percentage of schools in which students can purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar:			
Soda pop or fruit drinks that are not 100% juice	14.8	16.5	No
Sports drinks (e.g., Gatorade)	21.1	22.0	No
Foods or beverages containing caffeine	14.6	15.4	No
Fruits (not fruit juice)	7.0	10.7	No
Non-fried vegetables (not vegetable juice)	2.4	4.8	No
Percentage of schools that have done any of the following during the current school year:			
Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages	3.7	4.5	No
Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating	33.7	43.9	Yes
Provided information to students or families on the nutrition and caloric content of foods available	34.7	50.8	Yes

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools that have done any of the following during the current school year:			
Conducted taste tests to determine food preferences for nutritious items	17.9	25.5	Yes
Provided opportunities for students to visit the cafeteria to learn about food safety, food preparation, or other nutrition-related topics	22.3	21.9	No
Percentage of schools that promote candy, meals from fast food restaurants, or soft drinks through the distribution of products, such as t-shirts, hats, and book covers to students	6.9	1.1	Yes
Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations:			
In the school building	52.4	57.3	No
On school grounds including on the outside of the school building, on playing fields, or other areas of the campus	52.1	54.9	No
On school buses or other vehicles used to transport students	61.6	62.9	No
In school publications (e.g., newsletters, newspapers, web sites, or other school publications)	55.9	57.5	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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	2010	2012	
Health Services			
Percentage of schools that have a full-time registered nurse who provides health services to students	19.1	20.5	No
Percentage of schools that have an asthma action plan on file for all students with known asthma	69.7	68.8	No
Percentage of schools that use each of the following events to identify students with poorly controlled asthma:*			
This school does not identify students with poorly controlled asthma	17.1	15.9	No
Frequent absences from school	44.6	47.1	No
Frequent visits to the school health office due to asthma	62.4	64.8	No
Frequent asthma symptoms at school	65.7	70.1	No
Frequent non-participation in physical education class due to asthma	46.7	48.2	No
Students sent home early due to asthma	41.4	41.7	No
Calls from school to 911, or other local emergency numbers, due to asthma	24.7	29.0	No

* The 2010 results published here differ from the 2010 results published in site reports because this variable was calculated differently for 2012. The 2010 values have been adjusted to be consistent with the 2012 calculation.

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

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Percentage of schools that provide each of the following services for students with poorly controlled asthma:			
Providing referrals to primary health care clinicians or child health insurance programs	57.5	68.2	Yes
Ensuring an appropriate written asthma action plan is obtained	91.0	89.9	No
Ensuring access to and appropriate use of asthma medications, spacers, and peak flow meters at school	87.1	89.6	No
Offering asthma education for students with asthma	55.1	59.6	No
Minimizing asthma triggers in the school environment	81.9	81.3	No
Addressing social and emotional issues related to asthma	50.3	56.5	No
Providing additional psychosocial counseling or support services as needed	38.0	50.2	Yes
Ensuring access to safe, enjoyable physical education and activity opportunities	92.7	90.6	No
Ensuring access to preventive medications before physical activity	93.6	91.1	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - Elementary School Principal Survey

	Prevalence Survey Year		Linear Change
	2010	2012	
Percentage of schools in which school staff members are required to receive training on recognizing and responding to severe asthma symptoms more than once per year or once per year	70.6	74.2	No
Percentage of schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications	62.4	54.4	No
Percentage of schools that have procedures to inform students about the policy permitting students to carry and self-administer asthma medications*	90.2	88.9	No
Percentage of schools that have procedures to inform parents and families about the policy permitting students to carry and self-administer asthma medications*	93.9	97.2	No
Percentage of schools that have a single individual responsible for implementing the policy permitting students to carry and self-administer asthma medications*	73.0	86.4	Yes

* Among schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications.

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

	Prevalence		Linear Change
	Survey Year 2010	2012	
Human Immunodeficiency Virus (HIV) Prevention SLIMs			
HIV SLIM 9: Percentage of schools with a policy on students or staff who have HIV infection or AIDS that addresses attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff	57.9	54.2	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

	Prevalence		Linear Change
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Coordinated School Health SLIMs			
CSH SLIM 2 (2008 version): Percentage of schools that had one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics with representation from at least 10 of 14 groups	10.2	8.6	No
CSH SLIM 2 (2010 version): Percentage of schools that had one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics with representation from at least 10 of 16 groups	11.9	10.1	No
CSH SLIM 3 (2008 version): Percentage of schools that used the School Health Index or similar self-assessment tool to assess their policies, activities, and programs in physical activity, nutrition, or tobacco-use prevention	34.0	43.6	Yes
CSH SLIM 3 (2010 version): Percentage of schools that used the School Health Index or similar self-assessment tool to assess their policies, activities, and programs in physical activity, nutrition, and tobacco-use prevention	15.2	20.5	No
CSH SLIM 9 (2010 version): Percentage of schools that have a written school improvement plan that includes any health-related objectives	64.2	60.1	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

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Physical Activity and Physical Education SLIMs			
PE SLIM 2: Percentage of schools in which at least one physical education teacher or specialist received professional development on physical education during the two years before the survey	84.1	86.7	No
PE SLIM 3: Percentage of schools in which those who teach physical education were provided with key materials for teaching physical education	64.8	71.8	No
PE SLIM 5: Percentage of schools that offered opportunities for all students to participate in intramural activities or physical activity clubs	42.6	41.8	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

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	2010	2012	
Nutrition SLIMs			
NUTRITION SLIM 1 (2008 version): Percentage of schools that did not sell less nutritious foods and beverages anywhere outside the school food service program	80.7	76.1	No
NUTRITION SLIM 1 (2010 version): Percentage of schools that did not sell less nutritious foods and beverages (including sports drinks) anywhere outside the school food service program	76.0	72.7	No
NUTRITION SLIM 2: Percentage of schools that always offered fruits or non-fried vegetables in vending machines or school stores, and during celebrations when foods and beverages are offered	1.6	2.2	No
NUTRITION SLIM 3: Percentage of schools that used at least three different strategies to promote healthy eating	14.7	21.9	Yes
NUTRITION SLIM 6: Percentage of schools that prohibited all forms of advertising and promotion of candy, fast food restaurants, or soft drinks in all locations	43.1	47.4	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

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Tobacco-Use Prevention SLIMs			
TOBACCO SLIM 1: Percentage of schools that follow a policy that mandates a “tobacco-free environment”	27.2	42.6	Yes
TOBACCO SLIM 2: Percentage of schools that implement a tobacco-use prevention policy in 7 ways	10.9	15.3	No

NEBRASKA

2012 School Health Profiles Report Trend Analysis Report - SLIMs

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Asthma Management SLIMs			
ASTHMA SLIM 1: Percentage of schools that used the School Health Index or similar self-assessment tool to assess their asthma policies, activities, and programs	18.5	24.5	No
ASTHMA SLIM 3: Percentage of schools that had an asthma action plan on file for all students with known asthma	69.7	68.8	No
ASTHMA SLIM 4: Percentage of schools that implemented a policy permitting students to carry and self-administer asthma medications by communicating the policy to students, parents, and families, and by designating an individual responsible for implementing the policy	38.3	39.7	No
ASTHMA SLIM 5: Percentage of schools that required all school staff members to receive annual training on recognizing and responding to severe asthma symptoms	70.6	74.2	No
ASTHMA SLIM 6: Percentage of schools with a full-time registered nurse who provides health services to students at school	19.1	20.5	No
ASTHMA SLIM 9: Percentage of schools that identified students with poorly controlled asthma by keeping track of them in at least three ways*	52.2	54.7	No
ASTHMA SLIM 10: Percentage of schools that provided intensive case management for students with poorly controlled asthma at school	23.4	30.3	No

* The 2010 results published here differ from the 2010 results published in site reports because this SLIM was calculated differently for 2012. The 2010 values have been adjusted to be consistent with the 2012 calculation.