

REACH HIGHER
NEBRASKA

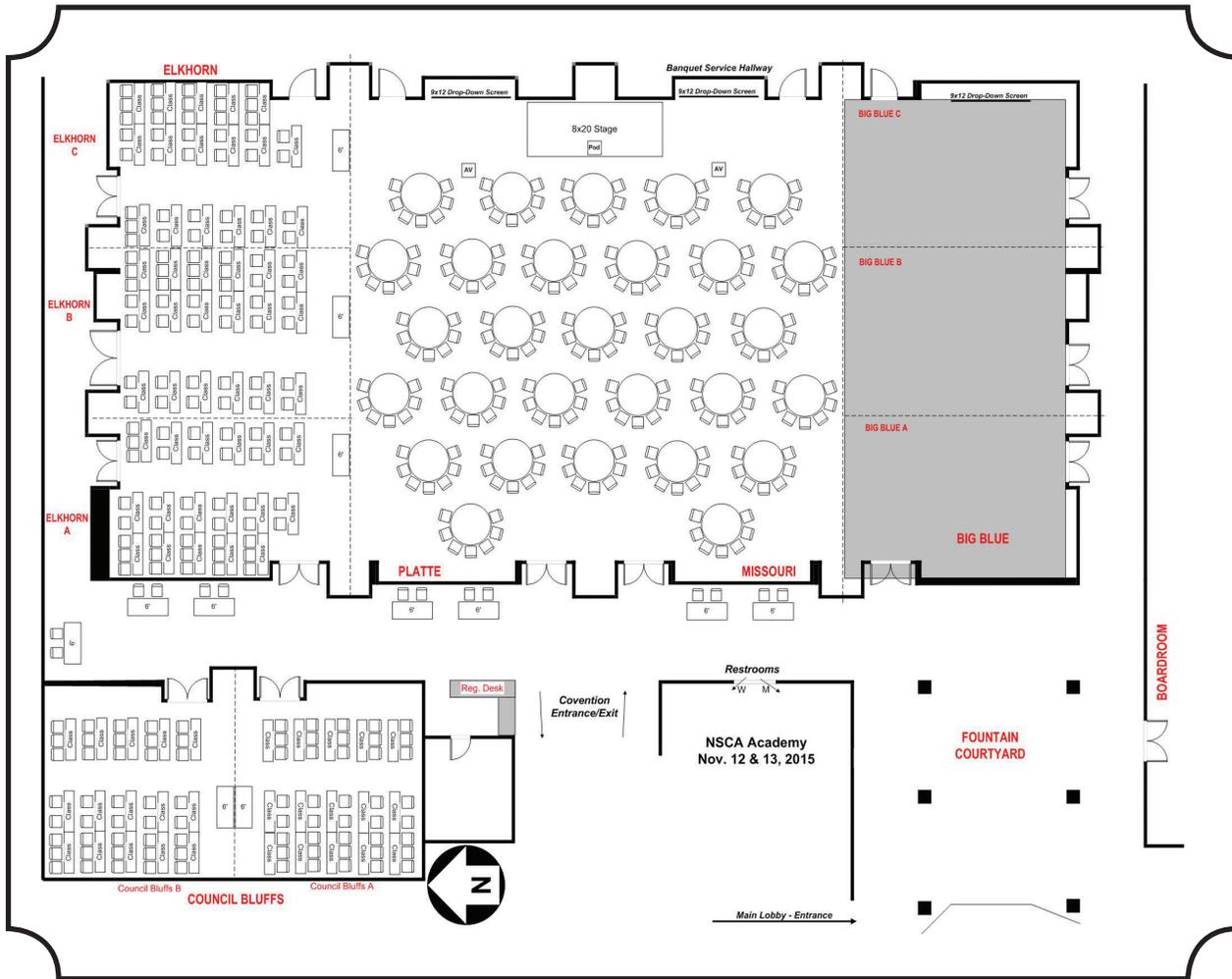
2015 NSCA ACADEMY
NOVEMBER 12-13

Embassy Suites | Old Market
Omaha, NE

www.neschoolcounselor.org



Map | Embassy Suites–Old Market | Omaha, NE



One lucky counselor will leave with an iPad



CHADRON STATE. PERU STATE. WAYNE STATE.

COUNSELOR APPRECIATION LUNCHEON

Held in conjunction with the 2015 NSCA Academy in Omaha

Please join staff members from the Nebraska State College System as we say *Thanks* and learn how Chadron, Peru and Wayne State can be the best fit for your students!

THURSDAY, NOVEMBER 12 · 12:30-1:30 PM
MISSOURI / PLATTE ROOMS, EMBASSY SUITES - OLD MARKET

Letter from the President



Welcome Nebraska School Counselors!

On behalf of the Nebraska School Counselor Association, it is my great pleasure to welcome you to this eight annual School Counselor Academy. We're glad that you are able to join us and hope that the next two days are both rejuvenating and educational. This year our conference theme is Reach Higher-Expanding College and Career Readiness for ALL Students.

The Academy is one of the greatest opportunities we as counselors have for professional development each year. Many of us are in districts where the PD is "one size fits all" and it can be frustrating when it doesn't seem to apply to you. Not here! We have something for everyone. So check out what we have to offer and you're sure to find something that you can take back and use immediately.

We are excited to welcome all of the first-time attendees and encourage you to network with others over the next two days. So much wisdom and experience to tap into! I would also challenge you all to become involved with NSCA through our many committees. I am confident that you can find a committee that would interest you. In addition, take advantage of all that there is to offer during your time at the conference. Stop by our vendors and be sure to thank them for supporting school counselors and NSCA. And at the end of the day, The Old Market is right outside these walls, so be sure to explore the area. Eat, drink, shop, and enjoy (but not until the conference ends each day, of course!)

I want to thank all of you for taking the time to come to the conference and hope that the experience energizes you as you work with students to pursue all the higher education possibilities that await them. So, again I welcome you to "Reach Higher!"

Have a wonderful conference and enjoy your time learning, networking, connecting, and rejuvenating.

Sincerely,

A handwritten signature in black ink that reads "Kristy Clarke".

Kristy Clarke
NSCA President
nscapresident@gmail.com

Conference Schedule-At-A-Glance

Thursday, November 12, 2015

8:00 am:	Registration/Exhibits
9:00 am-9:45 am:	NSCA Opening Session
10:30 am-11:30 am:	Keynote, Dr. U. Scott Solberg
11:45 am-12:30 pm:	Breakout Sessions
12:30 pm-1:45 pm:	Appreciation Luncheon
	Sponsored by: Nebraska State College System
2:00 pm-2:45 pm:	Breakout Sessions
3:00 pm-3:45 pm:	Breakout Sessions
4:00 pm-4:45 pm:	Breakout Sessions

Friday, November 13, 2015

8:00 am:	Registration Open
9:00 am-9:45 am:	Breakout Sessions
10:00 am-10:45 am:	Breakout Sessions
10:45 am-11:15 am:	Exhibit Break
11:15 am-Noon:	Breakout Sessions
Noon-1:30 pm:	NSCA Awards Luncheon
1:45 pm-2:30 pm:	Breakout Sessions

2015 NSCA School Counselor Academy

November 12-13, 2015 | Embassy Suites-Old Market, Omaha, NE

Dr. V. Scott Solberg



Keynote Speaker
Thursday, November 12th

V. Scott Solberg, PhD is Associate Dean of Research at Boston University. Dr. Solberg has published more than 40 professional articles, chapters, monographs and technical reports that focus on career development for youth including how to promote optimal youth development, college and career readiness through resiliency-based curriculum.

Dr. Solberg is co-founder of the Massachusetts Institute for College and Career Readiness and is the Principal Investigator for the research project on individualized learning plans at the National Collaborative on Workforce and Disability for Youth (NCWD/Youth).

Dr. Solberg is an active member in the Society for Vocational Psychology, a Section in Division 17 (Society for Counseling Psychology) of the American Psychological Association. He is also a member of International Association for Educational and Vocational Guidance, National Career Development Association and has served on a number of editorial boards including the Journal of Counseling Psychology, Career Development Quarterly, and currently serves on the board of the Journal of Latina/o Psychology.

Reach Higher Nebraska:
Expanding Career and College Access for ALL Students

Embassy Suites
555 S 10th St
Omaha, NE 68102
402-346-9000

**NEBRASKA
SCHOOL
COUNSELOR
ASSOCIATION**
www.neschoolcounselor.org

Sessions Thursday, November 12	11:45-12:30	2:00-2:45	3:00-3:45	4:00-4:45
Career Academies in Rural Nebraska <i>Lynne Webster, COUNCIL BLUFFS A</i>	X			
No Excuses University: Bringing College Alive in Elementary <i>Carrie Tubbs, COUNCIL BLUFFS B</i>	X	X		
Building a College-Going Culture <i>Eric Drumheller, PLATTE-MISSOURI BALLROOM</i>	X	X		
Transitions <i>Noelle Baker & Kevin Fields, ELKHORN A</i>	X			
Engagement Factors & Relationship to College Completion <i>Tami Wegener, ELKHORN B</i>	X			
ADVISER Dashboards <i>Matt Hastings, ELKHORN C</i>	X			
ReVision <i>Jerry Wiggins, ELKHORN C</i>		X		
Elementary College and Career Day <i>Kathy Brzon, ELKHORN A</i>		X		
Career Readiness in CTSOs <i>Allison Kreifels, ELKHORN B</i>		X		
Keynote Breakout: A Conversation with Dr. Scott Solberg - <i>Dr. V. Scott Solberg, COUNCIL BLUFFS A</i>		X		
Transfer Nebraska: An Essential Website for Every Counselor - <i>Gabrielle Bankick, COUNCIL BLUFFS A</i>			X	X
RESPECT: Safety in Dating Relationships <i>Patricia Newman, PLATTE-MISSOURI BALLROOM</i>			X	
Setting Our Standards Higher: Sexual Abuse Prevention and Advocate for Students of Sexual Abuse - <i>Cassie Hoffart & Paula Peterson</i> COUNCIL BLUFFS B			X	
Seeking Collegiate Athletic Eligibility for 2015-16 <i>Ray Henning, ELKHORN C</i>			X	
What's New at ACT? <i>Tim Osborn, ELKHORN B</i>			X	
Army Opportunities <i>Charles McKinley, ELKHORN A</i>			X	
Twitter for Teachers & Chirps for Counselors <i>Dustin Favinger, ELKHORN C</i>				X
Journaling - Turn Your Story Into A Scholarship Winning Essay - <i>Susan Mahoney, ELKHORN B</i>				X
RESPECT-Improv to Improve Discussions <i>Patricia Newman, PLATTE-MISSOURI BALLROOM</i>				X
Hidden Reasons, An Open Explanation: Key to Academic and Emotional Success Explained <i>Ruth Murray, ELKHORN A</i>				X
College Board Updates for School Counselors <i>Joel Gulko, COUNCIL BLUFFS B</i>				X

Sessions | Thursday, November 12

Career Academies in Rural Nebraska

*Lynne Webster, School Counselor;
Boone Central Schools*

COUNCIL BLUFFS A

Boone Central is in our third year of implementation of our Career Academy program. This session will provide information to all schools: those just starting to develop career academies and to schools wanting to fine-tune and grow the academy they already have in place. Topics will include the ReVision process, establishing partnerships with local business, Rule 47 approval, resources available through NDE and contextualization of core academic courses.

No Excuses University: Bringing College Alive

*Carrie Tubbs, Counselor;
Field Club Elementary/OPS
Jenna Hunter, School Counselor;
Lewis and Clark
Jill Parkert, School Counselor;
Field Club Elementary*

COUNCIL BLUFFS B

In this session you will see and hear how one elementary school in Nebraska has brought College to life in their building through the No Excuses University Program. At our elementary school we believe in College Readiness. We believe that every student deserves the opportunity to be educated in a way that prepares them for college if they so choose to attend! NO EXCUSES! All of our students have a PLAN!

Building A College-Going Culture

*Eric Drumheller, Assistant Vice President; EducationQuest Foundation
John Stanton, School Counselor;
Platteview Senior High School
Amy Graver, School Counselor;
Fremont High School*

PLATTE-MISSOURI BALLROOM

Building a successful college-going culture involves understanding your school's current culture, carefully reviewing student demographics, and planning appropriate college-access programs and activities. Learn how two Nebraska high schools put these steps into action and increased their college-going rate using funding from EducationQuest Foundation's College Access Grant. With or without grant dollars, your school can do the same.

Transitions

*Noelle Baker, School Counselor
Seward High School
Kevin Fields, School Counselor;
Seward High School*

ELKHORN A

Successfully transitioning students is a key part of a counseling program. We will provide examples of the transition program at Seward Public Schools from 8th grade to the high school and then within the high school levels leading to graduation and post-secondary education.

Engagement Factors & Relationship to College Completion

*Tami Wegener, School Counselor;
York High School*

ELKHORN B

Today our global economy is demanding a work force that is highly educated and skilled; yet many of our students entering college are not college ready despite all the assessments, increased requirements and state standards work this country has undertaken. The bridge between high school and post-secondary education needs to be built in order for this nation to move forward. This presentation will investigate key predictors of college success.

ADVISER Dashboards

*Matt Hastings, Director of Research, Strategy & Support;
Nebraska Department of Education*

ELKHORN C

This presentation will showcase Nebraska's educational data dashboard known as ADVISER from NDE-Nebraska Department of Education. The result of a nearly two year collaboration between NDE, ESUs, and nine pilot school districts, ADVISER provides near real-time information to teachers, counselors and administrators to support student achievement. Real-time data helps educators to respond more quickly for student interventions and the quick process can contribute to school's continuous improvement. We will also highlight the timelines for onboarding new school districts interested in utilizing ADVISER.

Sessions | Thursday, November 12

ReVision

Jerry Wiggins, School Counselor
Randy Evans, Principal
Gothenburg High School

ELKHORN C

The ReVISION process can appear daunting to any school district considering it. However, our staff found it relatively easy and a great opportunity to reorganize and update our career / technical programs. More importantly, it started a dialogue between staff and community about college / career readiness skills. Discussion will include the counselor's role, auditing programs of study, community input, developing action plans, implementing new coursework, working cooperatively with outside resources and implementing employability skills across all academic and career / tech programs (Habitudes). We'll share experiences and insight as our district begins it's 3rd year of the process.

Elementary College and Career Day

Kathy Brzon, School Counselor;
Thayer Central Community Schools

ELKHORN A

Students go to 4 different stations during the college/career activity for about 7-8 minutes. The stations include a Kahoot game, question and answer session with current college students, "what I want to be when I grow up" photo booth and how to be successful in school bookmarks. A short discussion would be held after the stations on the importance of going to school and doing well in school can lead you to the career you want to have.

Career Readiness in CTSOs

Allison Kreifels, FCCLA State Adviser
Jacqui Garrison, FBLA State Advisor
Nebraska Department of Education

ELKHORN B

Career and Technical Student Organizations (CTSOs) play a vital role in schools and communities across Nebraska. However, their impact on students' lives and more specifically, the college and career readiness of that student is second to none. Come with us to discuss promotion of CTSOs in your school, best practices for these organizations, and how you can help students build their college and career readiness skills as part of these organizations.

Keynote Breakout: A Conversation with Dr. Scott Solberg!

Dr. V. Scott Solberg, Keynote Speaker

COUNCIL BLUFFS A

This is an excellent opportunity to talk with our keynote speaker about Individualized Learning Plans and the lessons learned from research, policy and practice across the nation. It is also a great chance to ask questions!

Transfer Nebraska: An Essential Website for Every Counselor

Gabrielle Banick, Assistant Vice President for P-16 Initiatives;
University of Nebraska

COUNCIL BLUFFS A

Transfer Nebraska is a website resource on college course transfer among Nebraska's 16 public postsecondary institutions. It adds transparency and is essential in assisting students, parents, and counselors in academic planning.

Counselors will be able to respond to the question, "How will my dual credit courses transfer?" by attending this session. Transfer Nebraska addresses the ASCA standard of understanding that postsecondary education and life-long learning are necessary for long-term career success.

RESPECT: Safety in Dating Relationships

Patricia Newman, PhD Executive Director
Haley Haas, Training and Education Director
Moria Mangiameli, Artistic Director
Actor Educators of RESPECT

PLATTE-MISSOURI BALLROOM

RESPECT uses educational theatre to teach students and the adults who care about them how to talk about dating and intimate partner relationships - the work focuses on how to identify healthy relationships, how to stay safe when involved in relationships, how to identify appropriate boundaries, strategies for assertive communication and how to access resources for self as well as for peers who may be experiencing violence or abuse in dating relationships.

Setting Our Standards Higher: Sexual Abuse Prevention and Advocate for Students of Sexual Abuse

Cassie Hoffart, Master Level Counseling Student;
Wayne State College
Paula Peterson, MSE, PLMHP

COUNCIL BLUFFS B

This session will be about sexual abuse, its effects on students and the role of school counselors advocating on behalf of students. Presenters will share knowledge of sexual abuse victims and showcase Erin's Law, which outlines sexual abuse prevention. Ideas and

Sessions | Thursday, November 12

recommendations will be presented on how to get involved with advocating at the local and state level. We will also address the ASCA ethical guidelines regarding advocacy and the importance of school counselor's advocacy.

Seeking Collegiate Athletic Eligibility for 2015-16

*Ray Henning, Academic Adviser;
University of Nebraska High School*

ELKHORN C

How do you advise the high school student athlete who has aspirations of continuing athletic participation at the college level? This breakout session will look at new and updated information for 2015-2016 for the high school student athlete seeking eligibility to participate in collegiate athletics at the various levels of the NCAA and the NAIA.

What's New at ACT?

*Tim Osborn, Account Executive;
ACT*

ELKHORN B

So, "What's New at ACT?" We'll share new readiness indicators added to the ACT score report, new counselor dashboards for ACT's free college and career planning tool- ACT Profile. Bring all of your ACT questions and we will address as many as time will permit.

Army Opportunities

*Charles McKinley, Enrollment and Scholarship Officer;
Creighton University Army ROTC*

ELKHORN A

Army ROTC provides leadership training along with building critical thinking skills. Additionally ROTC has scholarship opportunities along with summer internship programs. ROTC will help to build valuable skills to set someone apart from the normal college graduate. Additionally for a member who goes on to active duty there are opportunities to live and serve abroad.

Twitter for Teachers & Chirps for Counselors

*Dustin Favinger, School Counselor;
Cozad High School*

ELKHORN C

Twitter is one of the fastest growing social media platforms today. Learn how to harness the power of twitter for professional development, improved communication with students/parents, and sharing the successes of your students.

Journaling-Turn Your Story Into A Scholarship Winning Essay

*Susan Mahoney, School Counselor
Omaha South High Magnet*

ELKHORN B

Learn how to run a group session addressing both ASCA Personal/Social and ASCA Academic Student Standards

regarding goal setting, effective communication skills, coping skills and identifying post-secondary options. This session will focus on helping students learn how to cope with stress, anxiety, and trauma through journaling. The session will demonstrate how to use group counseling strategies to help students feel comfortable sharing their story and further turn their story into an award winning essay.

RESPECT-Improv to Improve Discussions

*Patricia Newman, PhD Executive Director
Haley Haas, Training and Education Director
Moria Mangiameli, Artistic Director
Actor Educators of RESPECT*

PLATTE-MISSOURI BALLROOM

RESPECT This session will be a more detailed program on how to use role play and improvisation to facilitate problem solving strategies with students as related to unhealthy relationships.

Hidden Reasons, An Open Explanation: Key to Academic and Emotional Success Explained

*Ruth Murray, Therapist
Movement Solutions, LLC*

ELKHORN A

A pyramid relating intriguing parallels between Maslow's Hierarchy of Needs, the architecture of the brain, and neurodevelopment explores possible causes of difficulties young people experience in emotion regulation, attention spans, social skill development, anxiety, academic performance, and more. Resulting insights into these causes suggests interventions. Using easily learned holistic techniques, parents, professionals and children are finding freedom from issues they presumed were permanent or required medication.

College Board: Updates for School Counselors

*Joel Gulko, Senior Director;
College Board*

COUNCIL BLUFFS B

This session will include information on College Board's redesigned assessments: SAT, PSAT/NMSQT, PSAT 8/9. An overview of the changes to the assessments along with tools for school counselors will be shared. Information regarding updates to the Advanced Placement program will also be reviewed.

A Special Thank You...



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For the Counselor Appreciation Luncheon and NSCA Conference Bags donated by
Nebraska State College Systems
Korrine Tande, Vice Chancellor for Student Affairs, Marketing, Enrollment & Public Relations



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ACT for being a generous Sponsor of NSCA!
Tim Osborn, Account Executive, Client Relations

ACT[®]

Also, Thank You to...

Everyone who made the 2015 Nebraska School Counselor Association's Academy possible this year.

NSCA Board, Committee Chairs, NSCA Members, Speakers and Presenters, Exhibitors and Participants.

School counselors help students *REACH HIGHER*.
We appreciate your support of our professional organization.



Keep current on all School Counseling Events by visiting

Nebraska School Counselor Association:
www.neschoolcounselor.org

AND

American School Counselor Association:
www.schoolcounselor.org

Sessions Friday, November 13	9:00-9:45	10:00-10:45	11:15-Noon	1:45-2:30
Managing Classroom Mental Health <i>Nicholas Minardi, COUNCIL BLUFFS A</i>	X	X		
Partnering for Change - Closing the Gap with Career Pathways - <i>James Patrick Vogel</i> PLATTE-MISSOURI BALLROOM	X	X		
Working with Students Using Fables <i>Matthew Mims, COUNCIL BLUFFS B</i>	X	X		
Setting Our Standards Higher: Sexual Abuse Prevention and Advocate for Students of Sexual Abuse <i>Cassie Hoffart & Paula Peterson, ELKHORN A</i>	X			
Future Teachers: Setting Students on the Right Path to Becoming Educators <i>Autumn Lewis, ELKHORN C</i>	X			
Making a Difference <i>Mary-Beth Muskin, ELKHORN B</i>	X			X
Power of Youth- Empowering Teens to Make Positive Choices - <i>Sara Draper, ELKHORN A</i>		X		
Engagement Factors & Relationship to College Completion <i>Tami Wegener, ELKHORN B</i>		X		
Demonstration: How to Get Your School's Student Clearinghouse Information <i>Max Reiner, ELKHORN C</i>		X		
Secret Kindness Agents <i>Ferial Pearson, ELKHORN A</i>			X	
Helping Students Solve Problems: Back to the Basics of Individual Counseling <i>Rick Richards, COUNCIL BLUFFS A</i>			X	X
Youth Suicide Prevention in Nebraska - School Counselors Can Help - <i>Teri Perkins, COUNCIL BLUFFS B</i>			X	
Google Forms for Feedback <i>Dustin Favinger, ELKHORN B</i>			X	
Reaching Higher: A Simple Strategy to Transform America's K-12 Schools <i>John Baylor, PLATTE-MISSOURI BALLROOM</i>			X	
ReVision <i>Jerry Wiggins, ELKHORN C</i>			X	
Susan Buffett Foundation Scholarship <i>Kellie Pickett, ELKHORN C</i>				X
Caring is Sharing - Forum Discussion <i>Laurie Fitzpatrick, Josie Willmes, & Josette Taylor, ELKHORN A</i>				X
A Discussion: Proposing change in requirements for NE School Counselor Endorsement? <i>A Panel of Counselors, COUNCIL BLUFFS B</i>				X

Sessions | Friday, November 13

Managing Classroom Mental Health

*Nicholas Minardi, Ph.D., Counselor/Psychologist
Sylvan USD*

COUNCIL BLUFFS A

This program is designed to promote student mental health services through the use of group and classroom counseling activities. This interactive and practical application based session is intended to be insightful, uplifting, and entertaining for those seeking encouragement, strategies, and resources for immediate use & implementation. Session handouts and additional materials will be made available via internet links.

Partnering for Change - Closing the Gap with Career Pathways

*James Patrick Vogel, School Counselor;
Hastings Senior High School
Jamey Peterson-Jones, Early College Director;
Central Community College*

PLATTE-MISSOURI BALLROOM

How does a school district respond when local industries cry out for a more motivated and highly-skilled workforce? In Hastings, our response has been to partner with our community college, economic development corporation, and business and industry to produce dramatic changes through Career Pathways programming. Attend this session for examples on how school counselors can be change agents by forming partnerships for their students to open pathways to high wage, high demand, and high skill careers.

Working with Students Using Fables

*Matthew Mims, Professor
University of Nebraska Kearney*

COUNCIL BLUFFS B

In today's world sometime students have difficulty relating to real life situations as they connect well with others through media and social websites. Simply put, they like a good story. Fables have been used for centuries to teach others through stories. Using Aesop's Fables of old as well as more modern fables by Friedman, counselors can work with students and making meaningful connections.

Setting Our Standards Higher: Sexual Abuse Prevention and Advocate for Students of Sexual Abuse

*Cassie Hoffart, Master Level Counseling Student;
Wayne State College
Paula Peterson, MSE, PLMHP*

ELKHORN A

This session will be about sexual abuse, its effects on students and the role of school counselors advocating on behalf of students. Presenters will share knowledge of sexual

abuse victims and showcase Erin's Law, which outlines sexual abuse prevention. Ideas and recommendations will be presented on how to get involved with advocating at the local and state level. We will also address the ASCA ethical guidelines regarding advocacy and the importance of school counselor's advocacy.

Future Teachers: Setting students on the right path to becoming educators

*Autumn Lewis, Manager of Teacher Engagement
National Council on Teacher Quality*

ELKHORN C

How do you guide high school students who want to become teachers? Come discuss your best practices with fellow counselors and learn about a new resource that can provide aspiring teachers with the practical advice and important information they need to make a decision about where to go for college. Learn what students should look for in a teacher preparation program and student teaching experience so they are prepared for the challenging work of teaching.

Making a Difference

*Mary-Beth Muskin, Regional Director
ADL*

ELKHORN B

This presentation will review the legislation surrounding bullying and the "No Place for Hate" initiative to address this issue in schools. This initiative is designed to celebrate diversity while empowering members of the school community to challenge all forms of bigotry. By participating in "No Place for Hate" schools have the opportunity create a safer learning environment, promote unity and respect, and reduce bullying, name calling and other expressions of bias.

Power of Youth- Empowering Teens to Make Positive Choices

*Sara Draper, Program Coordinator
Mothers Against Drunk Driving*

ELKHORN A

Empower your students to make positive life choices by making the choice to not drink until age 21 and never to get in a car with a driver who has been drinking. This interactive presentation gives students the information they need to make positive choices for a brighter future.

Sessions | Friday, November 13

Engagement Factors & Relationship to College Completion

*Tami Wegener, School Counselor
York High School*

ELKHORN B

Today our global economy is demanding a work force that is highly educated and skilled; yet many of our students entering college are not college ready despite all the assessments, increased requirements and state standards work this country has undertaken. The bridge between high school and post-secondary education needs to be built in order for this nation to move forward. This presentation will investigate key predictors of college success.

Demonstration: How to Get Your School's Student Clearinghouse Information

*Max Reiner, Data Research and Evaluation
Nebraska Department of Education*

ELKHORN C

The state has already has paid for the contract with Student Clearinghouse. Information about graduates of your school is waiting for you to use it!

This session will describe how the Nebraska Department of Education acquires National Student Clearinghouse postsecondary enrollment data, and how schools may access and work with this data. The session will also introduce schools to NDE's High School Feedback Report which uses NSC data to provide analysis about high school graduates' postsecondary enrollment.

Secret Kindness Agents

*Ferial Pearson, Instructor
University of Nebraska at Omaha*

ELKHORN A

Moved by the Sandy Hook Elementary School tragedy, Ferial Pearson and her students started secretly carrying out small acts of kindness in school. And so they became the Secret Kindness Agents. They not only changed the lives of those they met, they changed their own. Their hope, their hearts, and their hunger for happiness will inspire you to change your small school, in your own way, for the better. Let them show you how they did it, and how you can do the same. The project addresses ASCA Standards.

Helping Students Solve Problems: Back to the Basics of Individual Counseling

*Rick Richards, Special Appointment Instructor
University of Nebraska at Omaha*

COUNCIL BLUFFS A

Why does it seem so hard sometimes to get students to make helpful decisions and solve problems in a positive way? Sometimes we wonder why our individual work with students doesn't seem to be very effective. This session will be a review of the individual counseling skills that we all learned in our graduate problems, but may forget to use in the day-to-day world of being a professional school counselor.

Youth Suicide Prevention in Nebraska - School Counselors Can Help

*Teri Perkins, Research Specialist
University of Nebraska Public Policy Center*

COUNCIL BLUFFS B

This presentation 1) reviews Nebraska's youth suicide prevention grant, 2) presents Nebraska's plan to support K-12 suicide prevention training and 3) lays out the role school counselors have in reporting information for their schools. School personnel connect students at risk for suicide with the school counselor, who then makes referrals for services. The counselor role in student suicide prevention relates to the Delivery Quadrant of the ASCA Model and involves responsive and indirect student services.

Google Forms for Feedback

*Dustin Favinger, School Counselor
Cozad High School*

ELKHORN B

If your school is a Google Apps for Education School, come learn how the use of Google Forms can be an effective tool for quickly gathering feedback from students. Participants will learn how to create google forms and analyze the data from the responses. Google forms are great tools to help counselors learn about the needs and wants of their students when planning for programming.

Sessions | Friday, November 13

Reaching Higher: A Simple Strategy to Transform America's K-12 schools

John Baylor, Owner

John Baylor Prep

PLATTE-MISSOURI BALLROOM

"Reaching Higher" explains why we should transform our K-12 schools, and then demonstrates how to carry out simple, inexpensive, and effective strategies to motivate students to reach higher. It's not controversial; it's not complicated. It's just a simple action plan that creates consensus and enthusiasm. Educators expect that transformative results and minimal cost are rare companions in our nation's schools, but that combination is found within this presentation. John Baylor Prep helps schools and families create two- and four-year college graduates with minimal debt.

ReVision

Jerry Wiggins, School Counselor

Randy Evans, Principal

Gothenburg High School

ELKHORN C

The ReVISION process can appear daunting to any school district considering it. However, our staff found it relatively easy and a great opportunity to reorganize and update our career/technical programs. More importantly, it started a dialogue between staff and community about college/career readiness skills. Discussion will include the counselor's role, auditing programs of study, community input, developing action plans, implementing new coursework, working cooperatively with outside resources and implementing employability skills across all academic and career/tech programs (Habitudes). We'll share experiences and insight as our district begins it's 3rd year of the process.

Susan T. Buffett Foundation Scholarship

Kellie Pickett, Director of Scholarships

Susan T. Buffett Foundation

ELKHORN C

The Susan T. Buffett Foundation awards new scholarships to more than 1200 Nebraska residents with financial need every year. The application is open for students planning to start college in fall 2016. The application is now mobile friendly, so some components will look different this year. This session will provide information to participants about the application process including changes to the application, common mistakes made by students, and ways to help your students do their best throughout the process. This session connects to the following parts of the ASCA Model: Academic/Career Development Standards-Financial Aid, and Direct Services-Individual Student Planning.

Caring is Sharing - Forum Discussion

Laurie Fitzpatrick, NSCA Elementary VP

Josie Willmes, NSCA Middle School VP

Josette Taylor, NSCA High School VP

ELKHORN A

Calling all counselors to gather together in an open forum sharing session of your best practices/tips/tricks. By nature counselors are humble and don't like to boast but this is the time to share with others the great ways you are reaching kids at all levels in school counseling activities.

A Discussion: Proposing change in requirements for NE School Counselor Endorsement?

A Panel of NSCA Board Members and Postsecondary Counselor Educators from UNK, UNO, WSC, & NSCA Board Members

COUNCIL BLUFFS B

In the near future, the requirements to be a School Counselor in Nebraska will be reviewed. In preparation we are seeking input. What do you think? Should requirements stay the same or change? The panel will begin the discussion around some key considerations of school counselor endorsements. Attending counselors are encouraged to participate and add to the discussion. Some suggested proposals will be shared. Input, feedback and additional proposals will be sought out within the next several months.

Past Award Winners

2014

Elementary School Counselor of the Year Cecilia Di Mosi, Omaha
Middle School Counselor of the Year Thang Tran, Omaha
High School Counselor of the Year Hope Smejkal, Omaha
Administrator of the Year John Schwartz, Seward

2013

Elementary School Counselor of the Year Mary Lottinville, Omaha
Middle School Counselor of the Year Linda Janzen, Omaha
High School Counselor of the Year Cheryl Kreikemeier, Wisner | Pilger
Administrator of the Year Cara Riggs, Omaha

2012

Elementary School Counselor of the Year Suzanne Wies, Omaha
Middle School Counselor of the Year Christina Johnson, Bellevue
High School Counselor of the Year Theresa Henson, Westside
Administrator of the Year Allison Kelberlau, Fremont

2011

Elementary School Counselor of the Year Meg Searl, Omaha
Middle School Counselor of the Year Cathy Hill, Omaha
High School Counselor of the Year Ruth Lohmeyer, Lincoln
Administrator of the Year Jay Opperman, Hastings

2010

Elementary School Counselor of the Year Mary Achelpohl, Omaha
Middle School Counselor of the Year Mary Lincoln, Omaha
High School Counselor of the Year Mary Janeta, West Point/Beemer
Administrator of the Year Ken Thiele, Aurora

2009

School Counselor of the Year Kelly VerKamp, Waverly

2008

School Counselor of the Year Mary Birsch, Pierce

RAMP Award Winners

American School Counseling Association

2015

Lincoln Northeast High School, Lincoln (Re-RAMP)

Ruth Lohmeyer, Mandy Berlin Coyle, Steve Burbach, Marilyn Peaslee and Ralph Schnell

2014

Randolph Elementary School, Lincoln (Re-RAMP)

Susie Mahoney

2013

Lincoln East High School, Lincoln (Re-RAMP)

Brenda Leggiadro, Noelle Baker, Karen Dress, Kim Glathar and Diane Wilson-Dunning

Schoo Middle School, Lincoln

Jodie Green, Rachael Kluck-Spann, and Renee McClure

2012

Lincoln Northeast High School, Lincoln

Ruth Lohmeyer, Mandy Berlin Coyle, Steve Burbach, Marilyn Peaslee and Ralph Schnell

Southwest High School, Lincoln

Eric Feeken, Tim Ernst, Colleen Finkhouse, Peggy Volker, Dr. Dee Simpson-Kirkland and Dr. Joyce Lehn

Pound Middle School, Lincoln

Jennifer Bass, Rene Hodges and Mary Ann Tomlinson

2011

Omaha South High Magnet School, Omaha

Steve Carlson, Karen Clark, Barb Cotten, John Flemming, Laura Lagana, Micaela Moriarty and Dr. Mary-Beth Muskin, Guidance Director

Randolph Elementary School, Lincoln

Susie Mahoney

Zeman Elementary School, Lincoln

Judy Wittwer

2010

Lincoln East High School, Lincoln

Brenda Leggiadro, Noelle Baker, Karen Dress, Kim Glathar and Diane Nicholson

Exhibitors | Vendors

Nebraska State Colleges

The Nebraska State College System serves close to 9,000 students from Nebraska and surrounding states through three geographically diverse institutions: Chadron State College, Peru State College and Wayne State College. Combined, the three colleges offer more than 200 degree, certificate, and pre-professional programs that are accessible on the three campuses, via the internet, and in several satellite locations throughout the state.

KORINNE TANDE

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ktande@nscs.edu

www.nscs.edu

The Kim Foundation

“Connecting people to resources is central to The Kim Foundation’s mission of improving lives through mental health. Through its work, The Kim Foundation serves to bridge the gaps in mental health services and further encourages innovation that will enhance programs, expand services, strengthen organizational systems, and most importantly, transform lives.

Focused on increasing awareness and promoting continued education related to mental illness, The Kim Foundation strives to break down the stigma often associated with seeking mental health care. The Kim Foundation works to assure individuals and families touched by mental illness that they are not alone on their journey to recovery. For more information, contact Executive Director, Julia Hebenstreit.

JULIA HEBENSTREIT

402-891-6911

jhebenstreit@thekimfoundation.org

Southeast Community College

High value for the dollar and high student/graduate success rates are why students come to Southeast Community College. Over 94% of current SCC Graduates found work or continued their education. SCC offers a 2-Year Education in career fields like Agriculture, Construction, Electronics, Community Services, Business, Arts & Sciences, IT, Health Sciences, Transportation, and Manufacturing. Please contact us if you have questions or would like more information.

JOEL DICKINSON & DOUG MEYER

1-800-933-7223, ext. 8331

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JDickins@southeast.edu

www.southeast.edu

Youth Frontiers

Youth Frontiers is a 501(c)(3) nonprofit, non-partisan organization that partners with schools to build positive communities where students thrive socially, emotionally and academically. Our vision is to change the way kids treat each other in every hallway, lunch line and classroom of every school in America.

SUSAN KNOX & PEGGY BELL

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pbell@youthfrontiers.org

www.youthfrontiers.org

Nebraska Family Help Line

The Nebraska Family Helpline is a free, confidential resource for parents who have questions regarding their child’s behavior. From bullying, drugs and thoughts of suicide to sharing and obedience issues, trained counselors are standing by to help. Any problem. Any time.

KYLE KINNEY

402-498-1970

kyle.kinney@boystown.org

www.nebraskafamilyhelpline.ne.gov

Exhibitors | Vendors

John Baylor Prep

John Baylor Prep helps schools and families create two and four year college graduates with minimal debt. John's newly published book, *Reaching Higher*, provides a simple strategy to transform America's K-12 schools. Learn how to motivate disengaged students and make it easier for your teachers to TEACH, while improving your students' lives for decades to come. Contact Joni Woodruff for more information on how we can help improve the culture at your school!

JONI WOODRUFF
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Joni@johnbaylorprep.com
www.johnbaylorprep.com

ACT

ACT is an international, mission-driven, nonprofit organization with more than 50 years of experience generating data-driven assessments and research. As a trusted leader in the testing field, ACT is known for developing high-quality assessments that determine college and career readiness and provide the most advanced measures of workplace skills.

TIM OSBORN
tim.osborn@act.org
www.improveyourself.org

Ted E Bear Hollow

Research indicates that unresolved grief correlates to issues such as poor school performance and emotional and behavioral concerns, whereas healthy coping leads to long-term success for the child, the family, and the community. Ted E. Bear Hollow (www.tedebearhollow.org) provides free peer support programs as well as training, education, and consultation throughout Nebraska and Iowa. Interested in learning more? Please contact Julianne O'Keefe, Program and Outreach Coordinator.

JULIANNE O'KEEFE
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<http://www.tedebearhollow.org/>

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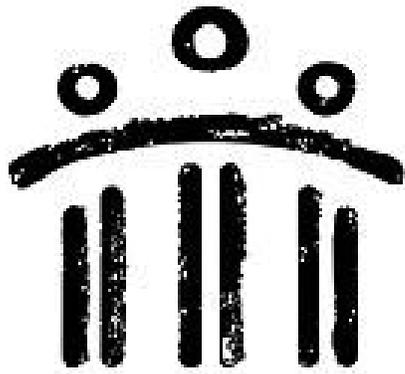
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Hugh O'Brian Youth Leadership Foundation

PAMELA ROWLEY
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<http://www.hobynebraska.org/>
HOBY'S State Leadership Seminar is designed to empower high school sophomores to recognize their leadership talents and apply them to become effective, ethical leaders in their home, school, and community. Selected student attends our three day seminar to participate in hands-on leadership activities, meet leaders in our state, and explore their personal leadership skills, while learning how to lead others and make a positive impact in the community. Your students will have a life-changing experience and develop leadership skills, which will serve them long into the future!

ARMY

Army ROTC provides leadership training along with building critical thinking skills. Additionally ROTC has scholarship opportunities along with summer internship programs.
CHARLES MCKINLEY
402-280-1154
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ASCA Mindsets & Behaviors for Student Success:

K-12 College- and Career-Readiness Standards for Every Student

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career Readiness for Every Student describe the knowledge, skills and attitudes students need to achieve academic success, college and career readiness and social/emotional development. The standards are based on a survey of research and best practices in student achievement from a wide array of educational standards and efforts. These standards are the next generation of the ASCA National Standards for Students, which were first published in 1997.

The 35 mindset and behavior standards identify and prioritize the specific attitudes, knowledge and skills students should be able to demonstrate as a result of a school counseling program. School counselors use the standards to assess student growth and development, guide the development of strategies and activities and create a program that helps students achieve their highest potential. The ASCA Mindsets & Behaviors can be aligned with initiatives at the district, state and national to reflect the district's local priorities.

To operationalize the standards, school counselors select competencies that align with the specific standards and become the foundation for classroom lessons, small groups and activities addressing student developmental needs. The competencies directly reflect the vision, mission and goals of the comprehensive school counseling program and align with the school's academic mission.

Research-Based Standards

The ASCA Mindsets & Behaviors are based on a review of research and college- and career-readiness documents created by a variety of organizations that have identified strategies making an impact on student achievement and academic performance. The ASCA Mindsets & Behaviors are organized based on the framework of noncognitive factors presented in the critical literature review "Teaching Adolescents to Become Learners" conducted by the University of Chicago Consortium on Chicago School Research (2012).

This literature review recognizes that content knowledge and academic skills are only part of the equation for student success. "School performance is a complex phenomenon, shaped by a wide variety of factors intrinsic to students and the external environment" (University of Chicago, 2012, p. 2). The ASCA Mindsets & Behaviors are based on the evidence of the importance of these factors.

Organization of the ASCA Mindsets & Behaviors

The ASCA Mindsets & Behaviors are organized by domains, standards arranged within categories and subcategories and grade-level competencies. Each is described below.

Domains

The ASCA Mindsets & Behaviors are organized in three broad domains: academic, career and social/emotional development. These domains promote mindsets and behaviors that enhance the learning process and create a culture of college and career readiness for all students. The definitions of each domain are as follows:

Academic Development – Standards guiding school counseling programs to implement strategies and activities to support and maximize each student's ability to learn.

Career Development – Standards guiding school counseling programs to help students 1) understand the connection between school and the world of work and 2) plan for and make a successful transition from school to postsecondary education and/or the world of work and from job to job across the life span.

Social/Emotional Development – Standards guiding school counseling programs to help students manage emotions and learn and apply interpersonal skills.

Standards

All 35 standards can be applied to any of the three domains, and the school counselor selects a domain and standard based on the needs of the school, classroom, small group or individual. The standards are arranged within categories and subcategories based on five general categories of noncognitive factors related to academic performance as identified in the 2012 literature review published by the University of Chicago Consortium on Chicago School Research. These categories synthesize the "vast array of research literature" (p. 8) on noncognitive factors including persistence, resilience, grit, goal-setting, help-seeking, cooperation, conscientiousness, self-efficacy, self-regulation, self-control, self-discipline, motivation, mindsets, effort, work habits, organization, homework completion, learning strategies and study skills, among others.

Category 1: Mindset Standards – Includes standards related to the psycho-social attitudes or beliefs students have about themselves in relation to academic work. These make up the students' belief system as exhibited in behaviors.

Category 2: Behavior Standards – These standards include behaviors commonly associated with being a successful student. These behaviors are visible, outward signs that a student is engaged and putting forth effort to learn. The behaviors are grouped into three subcategories.

a. Learning Strategies: Processes and tactics students employ to aid in the cognitive work of thinking, remembering or learning.

b. Self-management Skills: Continued focus on a goal despite obstacles (grit or persistence) and avoidance of distractions or temptations to prioritize higher pursuits over lower pleasures (delayed gratification, self-discipline, self-control).

c. Social Skills: Acceptable behaviors that improve social interactions, such as those between peers or between students and adults.

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards

School counselors encourage the following mindsets for all students.

1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
2. Self-confidence in ability to succeed
3. Sense of belonging in the school environment
4. Understanding that postsecondary education and life-long learning are necessary for long-term career success
5. Belief in using abilities to their fullest to achieve high-quality results and outcomes
6. Positive attitude toward work and learning

Category 2: Behavior Standards

Students will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.

Learning Strategies	Self-Management Skills	Social Skills
1. Demonstrate critical-thinking skills to make informed decisions	1. Demonstrate ability to assume responsibility	1. Use effective oral and written communication skills and listening skills
2. Demonstrate creativity	2. Demonstrate self-discipline and self-control	2. Create positive and supportive relationships with other students
3. Use time-management, organizational and study skills	3. Demonstrate ability to work independently	3. Create relationships with adults that support success
4. Apply self-motivation and self-direction to learning	4. Demonstrate ability to delay immediate gratification for long-term rewards	4. Demonstrate empathy
5. Apply media and technology skills	5. Demonstrate perseverance to achieve long- and short-term goals	5. Demonstrate ethical decision-making and social responsibility
6. Set high standards of quality	6. Demonstrate ability to overcome barriers to learning	6. Use effective collaboration and cooperation skills
7. Identify long- and short-term academic, career and social/emotional goals	7. Demonstrate effective coping skills when faced with a problem	7. Use leadership and teamwork skills to work effectively in diverse teams
8. Actively engage in challenging coursework	8. Demonstrate the ability to balance school, home and community activities	8. Demonstrate advocacy skills and ability to assert self, when necessary
9. Gather evidence and consider multiple perspectives to make informed decisions	9. Demonstrate personal safety skills	9. Demonstrate social maturity and behaviors appropriate to the situation and environment
10. Participate in enrichment and extracurricular activities	10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	

ASCA MINDSETS & BEHAVIORS: PROGRAM PLANNING TOOL

This form is a tool you can use in planning your overall school counseling curriculum. Indicate the grade level you plan to address any standard in the cells below. It isn't necessary to address each standard each year.

Mindsets	Grade Level		
	Academic	Career	Social/ Emotional
1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being			
2. Self-confidence in ability to succeed			
3. Sense of belonging in the school environment			
4. Understanding that postsecondary education and life-long learning are necessary for long-term career success			
5. Belief in using abilities to their fullest to achieve high-quality results and outcomes			
6. Positive attitude toward work and learning			
Behavior: Learning Strategies			
1. Demonstrate critical-thinking skills to make informed decisions			
2. Demonstrate creativity			
3. Use time-management, organizational and study skills			
4. Apply self-motivation and self-direction to learning			
5. Apply media and technology skills			
6. Set high standards of quality			
7. Identify long- and short-term academic, career and social/emotional goals			
8. Actively engage in challenging coursework			
9. Gather evidence and consider multiple perspectives to make informed decisions			
10. Participate in enrichment and extracurricular activities			
Behavior: Self-Management Skills			
1. Demonstrate ability to assume responsibility			
2. Demonstrate self-discipline and self-control			
3. Demonstrate ability to work independently			
4. Demonstrate ability to delay immediate gratification for long-term rewards			
5. Demonstrate perseverance to achieve long- and short-term goals			
6. Demonstrate ability to overcome barriers to learning			
7. Demonstrate effective coping skills when faced with a problem			
8. Demonstrate the ability to balance school, home and community activities			
9. Demonstrate personal safety skills			
10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities			
Behavior: Social Skills			
1. Use effective oral and written communication skills and listening skills			
2. Create positive and supportive relationships with other students			
3. Create relationships with adults that support success			
4. Demonstrate empathy			
5. Demonstrate ethical decision-making and social responsibility			
6. Use effective collaboration and cooperation skills			
7. Use leadership and teamwork skills to work effectively in diverse teams			
8. Demonstrate advocacy skills and ability to assert self, when necessary			
9. Demonstrate social maturity and behaviors appropriate to the situation and environment			



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