Summer Learning Day

JUNE 19

NATIONAL SUMMER LEARNING ASSOCIATION

#KeepKidsLearning

TIPS TO KEEP TWEENS AND TEENS LEARNING DURING THE SUMMER

No matter their age, it's important for ALL kids to keep learning over the summer. Here are some ways to keep your tween or teen learning over the summer.

Talk with your child's teacher.

Attend or ask for parent-teacher meetings to find out how your child can use the summer to get ready for the next grade. Find out what subjects are your child's favorite. Ask the teacher for some fun and creative ideas to practice skills during summer.

Read with your child.

Ask if your child's teacher has a book list or ideas for reading that will interest your tween or teen. You can also check with the school librarian. Let your child choose the books they read. Start a "book club" by reading a book with your child and talking about it.

Talk about college and career.

Summer is a great time to explore college and career options with your child. Visit college campuses. Connect your child with a mentor who works in a career that interests them. Help them write a resume. Find a summer internship or job with websites like www.LandMe.org.

Be active.

Keep your child active in the summer. Kids gain weight two to three times faster during the summer than the school year. Play a game of basketball, visit your community pool, or take regular walks as a family.

Get outside.

Summer is the perfect season to take advantage of outdoor resources in your community. There are a lot of learning opportunities outdoors. Contact your local parks and recreation program to learn more.

Plan a project.

Does your child want to give his or her room a new look? Have them sketch out design ideas, plan a budget, calculate the area needed for paint, price materials, and manage a timeline.

Make it social.

Many tweens and teens want to spend free time with friends. Talk with the parents of your child's friends and plan a group project or series of activities that involve reading, being outside to explore, or even brushing up on math through shopping, cooking, or having a yard sale.

Let them choose.

As they become more independent, tweens and teens want more choices and input into how they spend their time. Give them ideas and options, but let them choose.

Use rewards.

Think creatively about rewards for your tween or teen to keep them learning over the summer. Create "Dad" or "Mom dollars" to complete "learning challenges" that can be spent to purchase privileges or experiences—a sleepover with a friend or their favorite meal or treat.

TAKE THE PLEDGE

Pledge to keep your child learning this summer and find a Summer Learning Day event near you at **www.summerlearningdaymap.org**!

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