

*Welcome*  
Positive Guidance and Discipline for  
Afterschool Programs



School Age Editorial Board  
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# Presenters:

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County

# Agenda

- Why Misbehave
- Assess the Environment
- How Is Behavior Effected
- Strategies
- Scenarios
- Opportunity for Processing
- Preventing Misbehavior
- Evaluation Feedback

# Why Youth Misbehave

- To Gain Attention
- To Maintain a Sense of Control
- They Have Feelings of Inadequacy
- Revenge



# Consider the Environment





# Essential Elements of 4-H



## Belonging



*Health*

1. Positive Relationship with a caring adult
2. An inclusive environment
3. A safe environment

## Mastery



*Hands*

4. Engagement in Learning
5. Opportunity for Mastery

## Independence



*Head*

6. Opportunity to see oneself as an active participant in the future
7. Opportunity for self-determination

## Generosity



*Heart*

8. Opportunity to value and practice service for others

# Search Institute

## Developmental Assets

- External Assets
  - Support
  - Empowerment
  - Boundaries and expectations
  - Constructive use of time
- Internal Assets
  - Commitment to learning
  - Positive values
  - Social competencies
  - Positive identity

### 4-H Essential Elements

- Belonging
  - Generosity
  - Belonging & Independence
  - Mastery
- 
- Mastery
  - Independence
  - Independence
  - Belonging

# Afterschool Programs

- Physical Environment
- Program Schedule
- Social Interaction

***Planning is the***



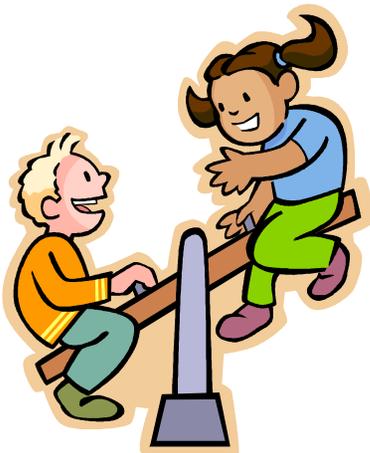
# Physical Environment

- Size of room
- Layout of furnishings
- Use of space
- Lighting
- Sound
- Movement between space



# Physical Environment

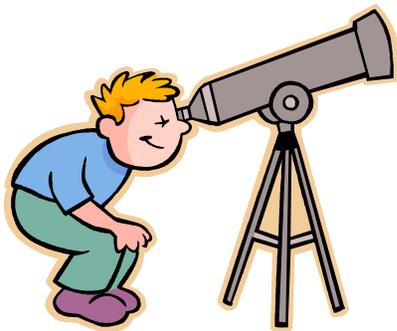
- Lighting
- Sound
- Movement between space



# Program Schedule



- Planning activities
- Materials and supplies
- Transitions
- Cooperative and fun

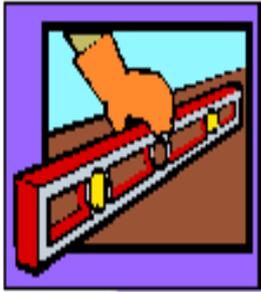


# Social Interaction



Create an environment that allows a child to be “*receptive to learning and eager to experience life.*”

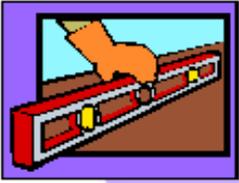
Ron Clark  
The Essential 55



# On the Level ... Positive Discipline and Guidance

Sue Manglallan

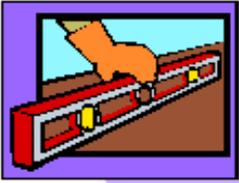
4-H Youth and Family Development Advisor  
University of California Cooperative Extension



# Why Youth Misbehave

- To Gain Attention
- To Maintain a Sense of Control
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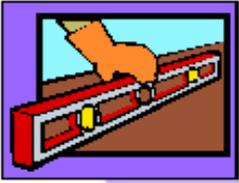


# Discipline Techniques

## Fix-up

If a youth damages something they need to help fix it or clean it up. If they cause someone distress they should help in relieving that.



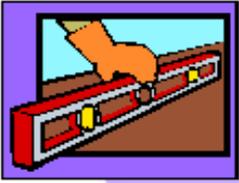


# Discipline Techniques

## Stay In Control

Act before the situation gets out of control-before you get angry or frustrated and before the behavior becomes unreasonable.



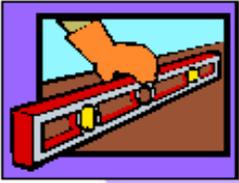


# Discipline Techniques

## Be Firm

Clearly and firmly state what needs to be done. Speak in a tone that lets the youth know that you mean what you say and you expect to him to do as he is told.





# Discipline Techniques

## Behavior Management

Talk with youth calmly to learn what caused a disagreement. Then, talk about ways to deal with it.



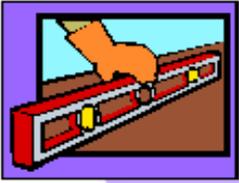


# Discipline Techniques

## Separation/Time Out

When participants irritate one another, have them rest away from the group. Being apart for awhile lets each one calm down.



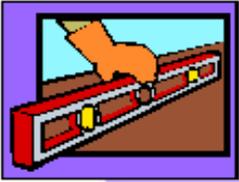


# Discipline Techniques

## Redirection

This strategy can work when you notice that young people are not following the rules and are being uncooperative. Quickly get their attention and introduce another activity.



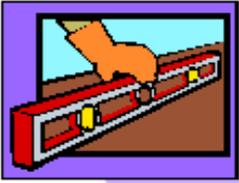


# Discipline Techniques

## Praise

Give more attention and praise for good behavior.



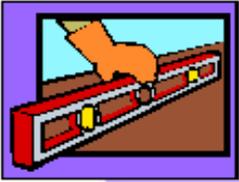


# Discipline Techniques

## Prevent

Look for ways to prevent misbehavior, such as communicating clear expectations, planning transitions and reducing boredom.



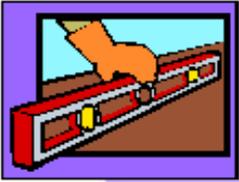


# Discipline Techniques

## *Scenario #1*

Six year old Kisha, was working really hard on a painting of spring flowers. Rachel, who is eight years old, was also painting a picture of flowers. She looked at Kisha's painting and began to make fun of her work. Kisha became very upset and threw paint all over Rachel's painting ruining it. Although Kisha and Rachel are good friends, they often have this kind of trouble getting along.

*What do you think is the cause of this misbehavior?*

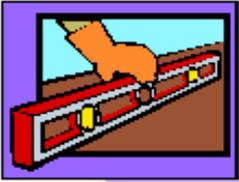


# Discipline Techniques

## *Scenario #2*

Maria is seven years old. She tends to be a loner and doesn't seem to make friends easily. A staff person gets Maria to join them on the playground. She does not join in the game of kickball. Maria sits on the sidelines and watches the group for about 10 minutes and then she wanders off. The staff and several other children find Maria sitting behind a tree playing with a bug she had found.

*What do you think is the cause of this misbehavior?*



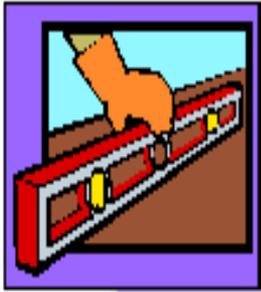
# Discipline Techniques

## ***PREVENTING MISBEHAVIOR STRATEGIES***

- Set clear rules.
- Involve young people in developing rules and consequences for misbehavior.
- Consistently enforce rules.
- Avoid boredom by providing engaging activities.
- Provide choices.
- Whenever possible, keep routines consistent.
- Reinforce positive behavior with your attention.
- Expect the best from each child.
- Make directions clear.
- Be positive and say "yes" as often as possible.
- Model the behavior you expect.







# On the Level ... Positive Discipline and Guidance

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Please complete a training survey.

Fax to: 208-454-7612



Thank you for participating.



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